



ZWIFT RIDE Z005 Handlebar Steering Controllers User Guide

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ZWIFT:RIDE Safety Guide



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FOR YOUR SAFETY

- Consult a doctor before beginning a new fitness regime: improper or excessive training may cause serious injury

- If you experience faintness, shortness of breath, chest or knee pain, consult a doctor
- Zwift Ride is for indoor and home use only. Please don't try to ride it outside, you won't get very far!
- There are lots of moving parts when riding indoors, it's important that you don't leave unsupervised children or pets with your Zwift Ride, and make sure they're not in the same area while you're Zwifiting
- Zwift Ride must be installed on a stable and level base
- Zwift Ride ride position adjustments should not be made while mounted on or riding the bike
- Maximum users body mass is 120kg
- Max power output 1800 Watts
- Zwift Ride should only be used by persons aged 16 years and above

Adjustment points should be tightened to a maximum of:

Seat Post Clamp	10NM
Handlebar Post Clamp	10NM
Saddle Clamp Bolt	15NM
Pedals	30NM
Thru Axle	15NM
Phone Tray End Cap	10NM
Tablet Holder (if applicable)	10NM

ZWIFT RIDE CONTROLLERS

- Do not use any power cables or adapters other than those provided by or recommended by Zwift
- The battery charging voltage and the current should not exceed the Zwift controller rated voltage and current

BATTERY SAFETY WARNING

- This device is equipped with built-in rechargeable Lithium batteries that cannot be removed or replaced. DO NOT disassemble or modify the controllers or battery
- Zwift controllers should NOT go in household garbage or recycling bins
- Disposal of a battery into fire or a hot oven or mechanically crushing or cutting the battery can result in an explosion
- Leaving a battery in an extremely high temperature surrounding environment can result in an explosion or the leakage of flammable liquid or gas
- A battery subjected to extremely low air pressure may result in an explosion or the leakage of flammable liquid or gas
- DO NOT use unauthorized or incompatible power adapters or data cables, which may damage the Zwift controllers or cause fire, explosion or other hazards.

ADDITIONAL SUPPORT

Contact Zwift

For more information or support visit zwift.com/support

This quick start guide is also available at zwift.com/ride/setup

Manufacturer Name & Address

Zwift Inc., 111 W. Ocean Blvd, Suite 1800, Long Beach, CA 90802

Importer Name & Address

US: Zwift Inc., 111 W. Ocean Blvd, Suite 1800, Long Beach, CA 90802

EU: AR Experts, PO Box 5047, 3620 AA Breukelen, The Netherlands

Warranty Information

Please see our returns and warranty policy here: zwift.com/ride/warranty

Maintenance Tips

1. Wipe your Zwift Ride and controllers clean after each ride
2. Avoid using detergents, alcohol wipes, cleaning sprays, or any other cleaning products
3. To avoid damage to the controllers, do not submerge in water
4. Before cleaning your Zwift Ride controllers, turn them off by pressing and holding the Z logo button

Regulatory Compliance Information

The device should only be connected to a limited power source (under 100 VA in accordance with IEC 60950-1) or that it is only connected to a power source of classification PS2 under 100W in accordance with IEC 62368-1.

FCC

The user is warranted that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This equipment complies with FCC's RF radiation exposure limits set forth for an uncontrolled environment. End user must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

ISED

This device contains license-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's license-exempt RSS(s).

Operation is subject to the following two conditions:

1. This device may not cause interference.
2. This device must accept any interference, including interference that may cause undesired operation of the device.

This Class [B] digital apparatus complies with Canadian ICES-003.

This equipment complies with Canada radiation exposure limits set forth for uncontrolled environments.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Documents / Resources



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Z005 Handlebar Steering Controllers, Z005, Handlebar Steering Controllers, Steering Controller
s, Controllers

References

- [ZWIFT Ride Setup](#)
- [ZWIFT Support](#)
- [User Manual](#)

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