



## **WITHINGS Move ECG Activity and Sleep Watch with ECG Monitor User Guide**

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Thank you for choosing Withings Move ECG.

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## Box contents

- 1 Withings Move ECG
- 1 CR2430 Battery (already inserted)



To change the CR2430 battery, take your Withings Move ECG to a qualified specialist. For additional instructions visit [withings.com/support/move-ecg](https://withings.com/support/move-ecg)

## Quick start from your smartphone or tablet

Visit [go.withings.com](https://go.withings.com) and download the Health Mate app from your mobile device. Create your account or log in. Press the side button of your Withings Move ECG to wake it up. Tap the + button in the Devices menu in the app and follow the instructions.



## **Electrocardiogram (ECG) measurement & atrial fibrillation (AFib) detection**

Visit [withings.com/about-ecg](https://withings.com/about-ecg) to learn more about the ECG features provided with this product. This information will also be presented in the Health Mate app during setup and then available anytime via your device's settings.



## **Warranty**

### **Withings Two (2) Year Limited Warranty – Withings Move ECG**

Withings SA, 2 rue Maurice Hartmann, 92130 Issy-les-Moulineaux (“Withings”) warrants the Withings-branded hardware product (“Withings Product”) against defects in materials and workmanship when used normally in accordance with Withings’ published guidelines for a period of TWO (2) YEARS from the date of original retail purchase by the end-user purchaser (“Warranty Period”). Withings’ published guidelines include but are not limited to information contained in technical specifications, safety instructions or quick start guide. Withings does not warrant that the operation of the Withings product will be uninterrupted or error-free. Withings is not responsible for damage arising from failure to follow instructions relating to the Withings product’s use.

## **Information for users in Canada**

**This device complies with Part 15 of the FCC Rules and with Industry Canada licence exempt RSS standard(s).**

Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation. Changes or modifications made to this equipment not expressly approved by Withings may void the FCC authorization to operate this equipment. Radiofrequency radiation exposure information: the radiated output power of the device is far below the FCC radio frequency exposure limits.

Nevertheless, the device shall be used in such a manner that the potential for human contact during normal operation is minimized.

## Materials

List of materials potentially in contact with the skin during usage: silicone and stainless steel.

For cleaning instructions, please visit [withings.com/support/move-ecg](https://withings.com/support/move-ecg)

**Frequency range: 2402.0 – 2480.0 MHZ Maximum output power: -5.1 dBm**



Withings SA hereby declares that the device Withings Move is in conformity with the essential requirements and other relevant requirements of Directive 2014/53/EU. The declaration of conformity can be found at: [withings.com/compliance](https://withings.com/compliance) “The crossed-out wheeled-bin symbol on your product, battery and/or accessories means that the item is classified as electrical and electronic equipment. Such items should not be mixed with general household waste, and must be taken to dedicated collection points at the end of their working life for proper treatment, recovery and recycling. This way you help save valuable resources and promote recycling of materials.”



**Need help?**



[withings.com/support/move-ecg](https://withings.com/support/move-ecg)

This manual is available in other languages at [www.withings.com/guides](https://www.withings.com/guides)

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## Documents / Resources

Thank you for choosing Withings Move ECG.  
QUICK INSTALLATION GUIDE

[WITHINGS Move ECG Activity and Sleep Watch with ECG Monitor](#) [pdf] User Guide  
Move ECG, Activity and Sleep Watch with ECG Monitor