

V Step R3-1, R6-1 Remote Heated Insoles



## V Step R3-1, R6-1 Remote Heated Insoles User Manual

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**V Step R3-1, R6-1 Remote Heated Insoles**



## Product Information

### Specifications:

- Compliance: FCC Part 15
- RF Exposure: General RF exposure requirement met
- Usage: Portable with no restrictions

## FAQ

### Q: Can this device be used in all countries?

A: The device complies with FCC regulations. It is recommended to check local regulations in other countries before use.

### Q: Is there a warranty for this product?

A: Please refer to the warranty information provided by the manufacturer for details on warranty coverage.

Dear customer,

Thank you for purchasing V.Step Heated Insoles. Please read all the safety warnings and instructions. Failure to follow the warnings and instructions may result in electric shock, fire and/or serious injury. Save the user manual for future reference. If you need any further assistance, please contact us by sending an email to [service@v-step.cn](mailto:service@v-step.cn).

## IMPORTANT:

1. If there is any discomfort, please stop using it immediately and seek professional guidance.
2. If you have any wounds, seek medical attention immediately.
3. For those who are not sensitive to temperature, or whose wounds do not heal easily, please consult a doctor before use.

## HEAT SETTINGS

| Heating Level  | Temperature (°F/°C) | Heating Time  |
|----------------|---------------------|---------------|
| High(Red)      | 149-158°F / 65-70°C | 2.5-3.5 Hours |
| Medium(Purple) | 131-140°F / 55-60°C | 3.5-4.5 Hours |
| Low(Blue)      | 113-122°F / 45-50°C | 6-7 Hours     |

NOTE: The temperature and time are measured under specific conditions and may vary depending on the ambient conditions.

## HOW TO USE

### 1. To Trim

1. Trim the insoles if necessary.
2. Make sure not to trim the insoles too short. You can use your existing insole as a template.
3. Do not cut to the innermost line to avoid damage to the internal heating system.

### 2. To Charge

1. Charge the heated insoles before use (double-headed cable and charger are included in the package).
2. Charge for 5-6 hours. Red LED light indicates charging, and blue light indicates fully charged.

### 3. Turn On / Off

1. Turn on or off the heated insoles by pressing the power button at the bottom of the insoles.
2. Or use the remote controller to control the insoles. (The insoles have been paired and can be used directly.)

### 4. How to Pair the Remote with the Insoles

If the remote cannot control the insoles, please pair manually.

1. Simultaneously keep pressing the button at the bottom of the insole, and press any button on the remote controller (except the power button) until the blue LED on the insole flashes, which means success.
2. Check by pressing any button on the remote controller (except the power on/off button).
3. Be aware that after pairing the remote with one sock, you have to do the same thing to pair the remote with the other one.

### 5. Replace the Insoles

1. Replace your shoe's existing insoles with the heated insoles.

## GARMENT & BATTERY CARE

### 1. Spot cleaning only, lay flat and dry

1. Please do not rinse or immerse in water. The heated insole contains a built-in circuit, so if water or other conductive liquid flows into the insole, it will cause a short circuit or even cause a fire or explosion.

2. If the insole gets wet, wipe it dry with a cloth and air dry before turning on the power, or seek professional help.
2. Do not bleach, iron and wring.
3. Avoid impact
  1. Do not hit the insole with a pressure exceeding 250 kg/550lb, otherwise, it will damage the circuit.
4. Heated insoles are electronic products. In order not to cause harm, please keep them away from kids.
5. Turn off the device when not in use.
6. Do not use the heated insole if you notice a change in shape (lumps) due to overheating of the internal battery during charging, or rust or corrosion is found.
7. Turn off the insoles and fully charge the battery(s) before storing.

CHARGE EVERY 2 MONTHS TO MAINTAIN THE BATTERY LIFE.
8. Put the insoles in a cool and dry place (around 77°F / 25°C), avoid direct sunlight.

## **TROUBLESHOOTING**

### **Why the insoles don't work?**

1. The built-in batteries run out.

Solution: Press and hold the ON/OFF button at the bottom of the insole for 2 to 3 seconds. If the RED light does not light up, it indicates that the heating system is not working properly. Please fully charge the insole until the blue light comes on.
2. The battery of the remote controller runs out.

Solution: Press any key on the remote controller, if the corresponding LED light on the insole does not light up, it means that the remote controller is out of power. Please replace the battery in the remote controller.
3. If you need further assistance, please send an email to [service@v-step.cn](mailto:service@v-step.cn).

## **GRAPHIC INSTRUCTIONS**

### **TURN ON**

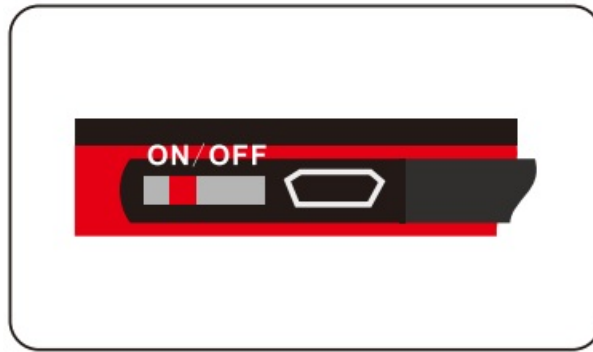
#### **Method 1 – Manually turn on when**

- First use

Insoles turned off over 12 hours
- Manually turn off by pressing the button on the insole

#### **Method 2 – Turn on by remote when**

- Insoles turned off by remote within 12 hours
- Turn on by pressing any “I” “II” “III” buttons on the remote



## ADJUST TEMPERATURE

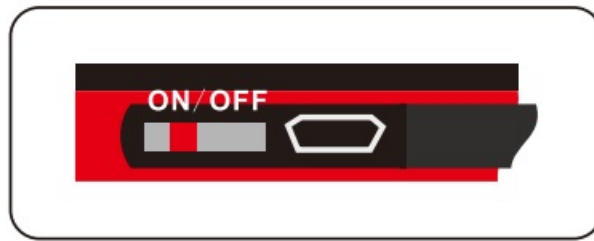
### Method 1

Press the button on the insole in turn

### Method 2

Press "I" "II" "III" on the remote

- "I" – low heat (Blue)
- "II" – medium heat (Purple)
- "III" – high heat (Red)



## TURN OFF

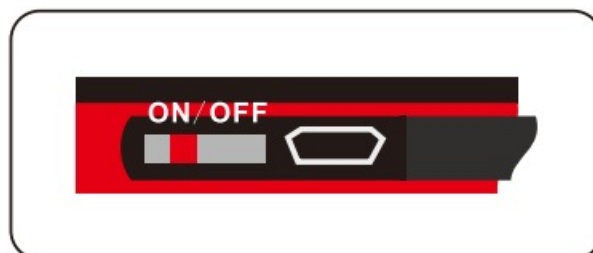
### Method 1

Press the button on the insole until the light is off

### Method 2

Press the power button  on the remote

NOTE: the power button can only turn off, CAN'T TURN ON the insoles.



## FCC

### FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference, and
2. this device must accept any interference received, including interference that may cause undesired operation.


Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

## Documents / Resources

|   |  |
|---|--|
|  | <a href="#">V Step R3-1, R6-1 Remote Heated Insoles</a> [pdf] User Manual<br>R3-1 R6-1 Remote Heated Insoles, R3-1, R6-1, R3-1 Remote Heated Insoles, R6-1 Remote Heated Insoles, Remote Heated Insoles, Remote Insoles, Heated Insoles, Insoles |
|---|--|

## References

- [User Manual](#)

### [Manuals+](#), [Privacy Policy](#)

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