

**TRIACLE**  
**SPARK ONE Kids**  
**Activity Tracker**  
**Smartwatch**



# TRIACLE SPARK ONE Kids Activity Tracker Smartwatch User Guide

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**TRIACLE SPARK ONE Kids Activity Tracker Smartwatch**



### Specifications:

- **Product Name:** TRIACLE SPARK 1 Kids Activity Tracker Smartwatch
- **Compatibility:** Smartphone with Fit4Kid App
- **Water Resistance:** Splash-resistant
- **Battery:** Built-in
- **Charging Method:** POGO PIN charging cable

### Product Usage Instructions

#### Charging the Smartwatch:

Make sure the POGO pins on the charging cable fit correctly onto the charging terminals on the back of your smartwatch. Plug the big end of the USB cable into the power supply and match the magnetic end with the watch. A charging icon will appear on the screen when connected successfully.

#### Connecting with Smartphone:

1. Enable Bluetooth on your smartphone.
2. Install Fit4Kid App on your phone from Google Play or Apple Store.
3. Open Fit4Kid App, set up your kids' profile in Settings.
4. Connect the Smartwatch in Settings by selecting TRISPARK1.

#### Powering On and Navigating:

- **Power on:** Press and hold the button on the side for about 3 seconds.
- **Main menu:** Slide right to left on the main interface; slide up and down for more functions.
- **Select a function:** Slide up and down, tap the icon.
- **Confirm:** Tap the icon.
- **Exit menu:** Slide left to right on the screen.
- **Check notifications:** Slide left to right on the main interface.

Thank you for choosing the TRIACLE SPARK 1 Kids Activity Tracker Smartwatch. Please read this manual carefully and retain it for future reference.

## IMPORTANT NOTES

To achieve optimum performance, please ensure the product is fully charged before attempting to use. Please read this instruction manual completely before use.

This Triacle Kids Activity Tracker Smartwatch is not a medical device. All sports or activity data recorded and outputted by this device are for your exercise reference but not intended for medical or diagnostic information. Always consult your physician for a professional diagnosis.

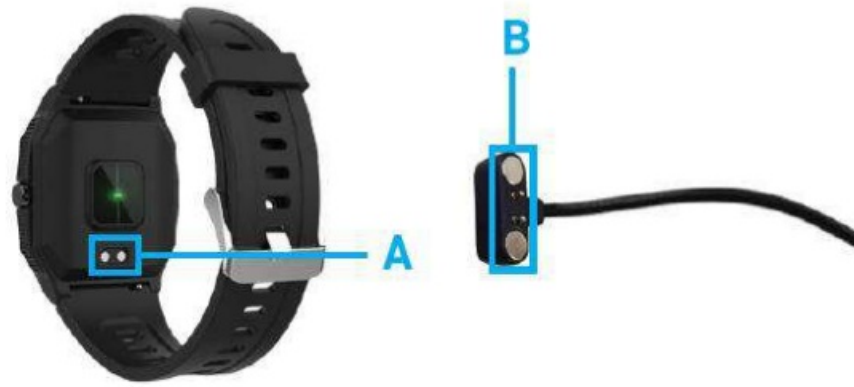
## Warning and Precautions

1. Your Triacle Kids Activity Tracker Smartwatch must be connected with smartphone via “Fit4Kid” App. Use “Fit4Kid” App to search and connect this device, do not search it via Bluetooth setting in smartphone.
2. This device is able to protect against water splashing but cannot withstand immersion in water or long exposure to water such as a shower or swimming. If your Triacle Kids Activity Tracker Smartwatch gets wet, please dry it thoroughly before putting it back on.
3. To prevent fire or shock hazard, do not expose this device to excessive moisture or water.
4. The device has built in battery. Do not place the device near sources of excessive heat. The source or power supply of charging must be located near the device and should be easily accessible.
5. Please note the ‘time’ function cannot be set on this device directly – the time can only be reset when the device is synchronized with your smartphone via the “Fit4Kid” App.
6. Please do not use any corrosive chemical to clean the device. Use a soft cleaning cloth for the tracker and some mild soap and water for the band.

## Overview



1. Touch screen
  2. Heart rate sensor
  3. Charging POGO PIN
- Make sure the POGO-pins on the charging cable fit correctly onto the charging terminals on the back of your smart watch.
  - Plug the big end of the USB cable into the power supply, match the magnetic end with the watch. When it is connected successfully, a charging icon will appear on the screen.



### Install “Fit4Kid” App on phone.

Search “Fit4Kid” App from Google Play or Apple Store, download and install it in your smartphone.

### Connect Kids Activity Tracker Smartwatch with your smartphone.

1. Enable Bluetooth on your smartphone.
2. Open “Fit4Kid” App on your smartphone, set your kids profile in Settings.
3. Tap “Connect Smartwatch” in Settings and select “TRISPARK1” to connect.

### Unbind the Fitness Activity Tracker Smartwatch with mobile phone.

1. Open “Fit4Kid” App on your smart phone
2. Tap “Forget this Smartwatch” in Settings.
3. Please select “TRISPARK1” and click “Forget This Device” in Bluetooth setting on your smart phone. (For iPhone only)

### How to use

- **Power on:** Press and hold the button on the side of the watch for about 3 seconds.
- **Go to the main menu:** Slide from right to left on main interface; slide up and down to check more functions.
- **Select a function:** Slide up and down; tap the icon.
- **Confirm:** Tap the icon.
- **Exit menu:** Slide from left to right on the screen.
- **Check notifications:** Slide from left to right on main interface.



## Main menu



After turning on the smart watch, the main interface will display. From the main interface:

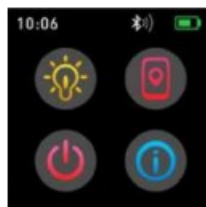
### 1. Go to the main menu.

1. Slide from right to left to enter the main menu.
2. Slide up and down to check more functions.
3. Tap the icon to enter the sub menu. Slide from left to right to return to the previous menu.



### 2. Go to other shortcuts screen

Slide up and down from the main interface.



1. **Brightness:** You can adjust screen brightness by click this
2. **Find phone:** When your smart watch is connected with Fit4Kid, you phone will ring by tapping this icon.
3. **Shut down:** You can shut down your smart watch by tapping this icon.
4. **About:** You will find name, address, and firmware version by tapping this icon.



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## Functions

### Watch faces.



There are 3 watch faces. In current watch face, press and hold the center of the touch screen to choose the one you like.

### Daily activities

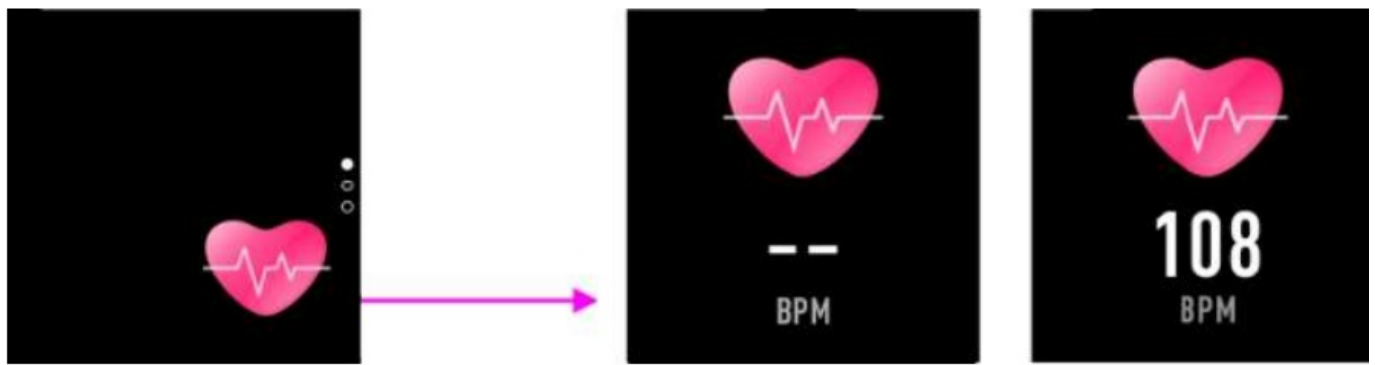


The watch will record your daily activity data automatically. Press the step icon to check pedometer, distance and calories. After synchronizing with APP, these sports data can be checked on APP.

### Heart rate monitor




Select the heart rate icon to monitor your current heart rate. To exit the heart rate monitor, please slide to right.

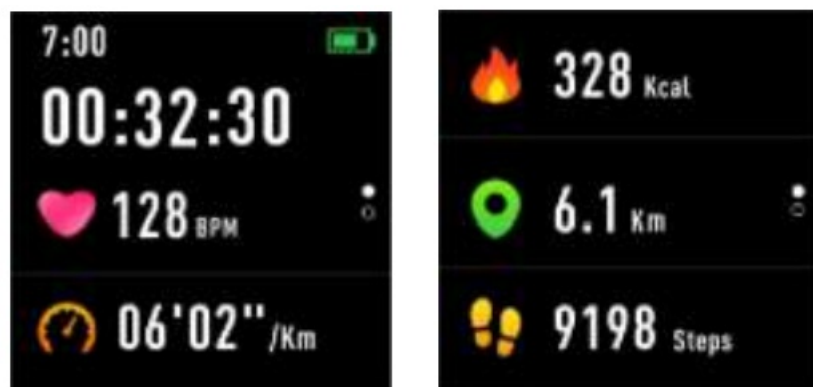


If you've connected your smart watch with APP via Bluetooth, you can also check your heart rate data on the App.

### Multi-Sport



Tap the  sport icon to enter the multi-sport mode. The smart watch has 4 sports modes: walking, running, hiking and cycling. Choose a sport mode you want, and then do sports. The smart watch will record your exercise data.



If you want to end the sports, slide the screen to the right and tap the stop icon to finish your sports and save the data. The smart watch displays your exercise data after that. If you've connected your smart watch with Fit4Kid App via Bluetooth, you can also check your exercise data on the App.





**Note:** if the exercise time is less than 5 minutes, the data cannot be saved.

### Sleep monitor



The smart watch automatically monitors your sleep from 22:00 p.m. to 9:00 a.m. When you get up the next day, the smart watch displays your sleep report about the time of total sleep, light sleep and deep sleep. If you've connected your smart watch with Fit4Kid App via Bluetooth, you can also check more detailed sleep report on the App.

### Weather



If you've connected your smart watch with Fit4Kid App via Bluetooth, the smart watch will display the weather forecast. You can manually set the city or automatically set a city on the App.

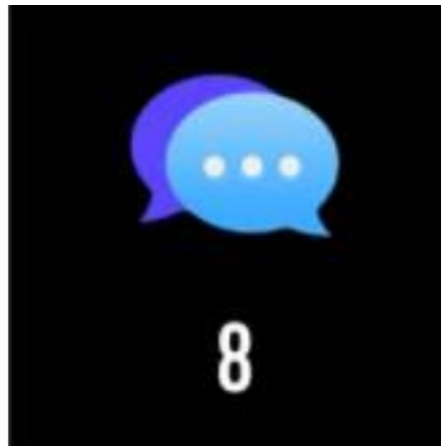
### Alarm





By tapping the alarm icon, you can see the alarm timer you've set on App. When alarm time is up, the alarm icon will be animated, and the smart watch will vibrate.

### Notification



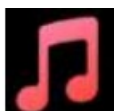
Slide the watch face from down to up, then you can check your phone calls, SMS, QQ, WeChat, WhatsApp, Facebook and Twitter notifications, etc.

### Remote capture



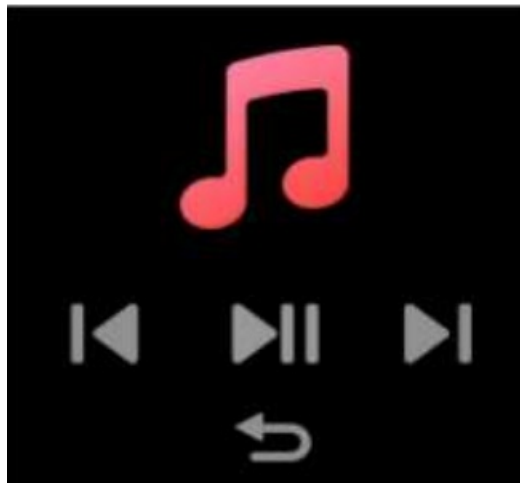
To use this feature, enable the camera of your smartphone, tap this icon on your watch to remotely capture a picture on your smartphone.

### Music playback control



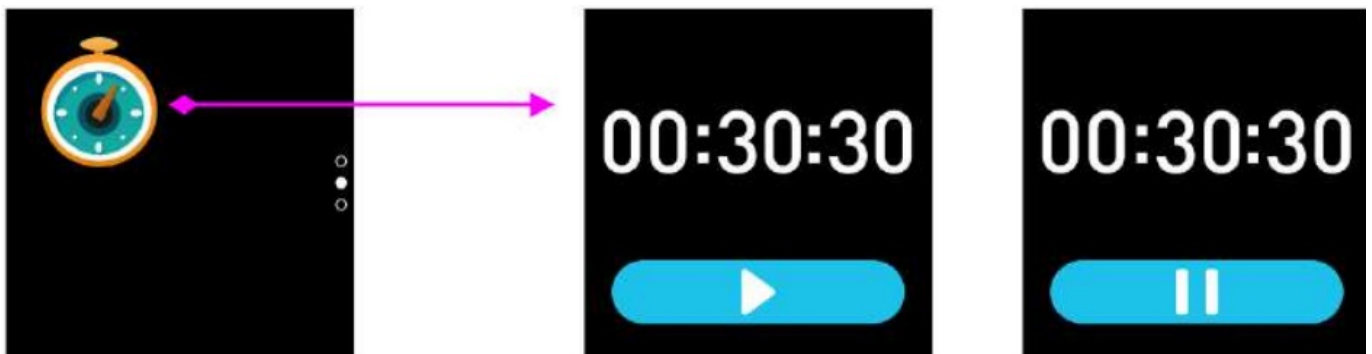
Tap the music icon to enter the music playback control interface. You can select the previous/next song, and play/pause music. To exit music playback control, slide the screen

from left to right.




### Stopwatch

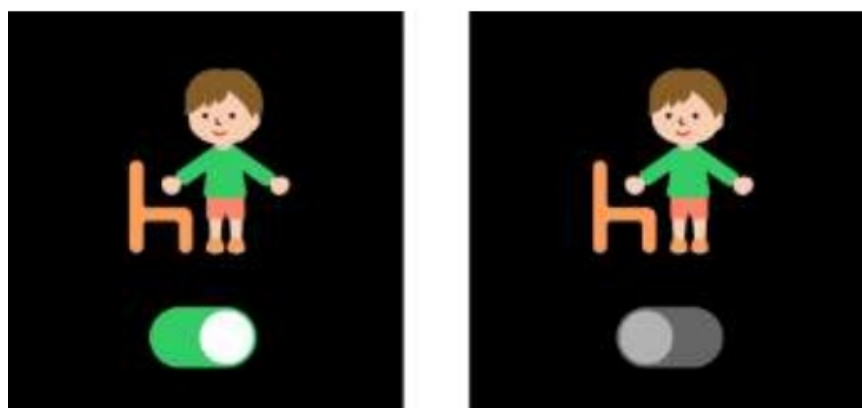
Press Start to time. To exit Stopwatch, slide the screen from left to right.



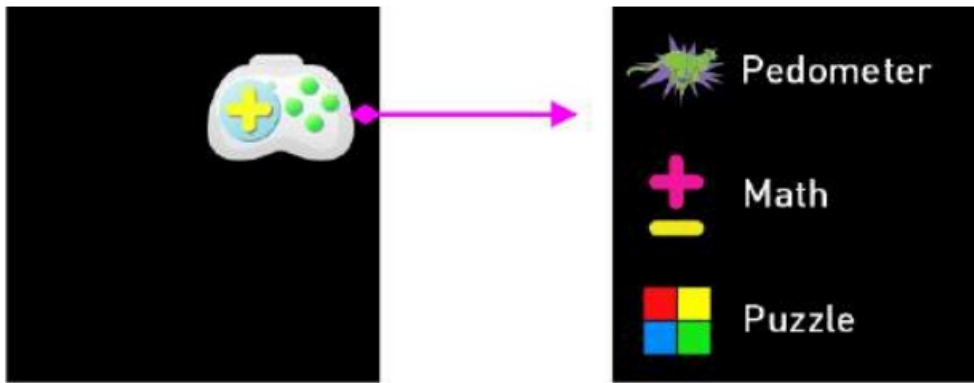
### Sedentary



Tap the  icon to enter the sedentary settings. You can turn the function on or off. Slide the screen to the right to exit. You can also go to the “Activity & Wellness” under the “Health Reminder” on the App to set the time intervals (minutes), start time and end time.



### Children games



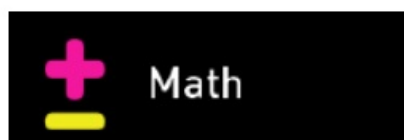
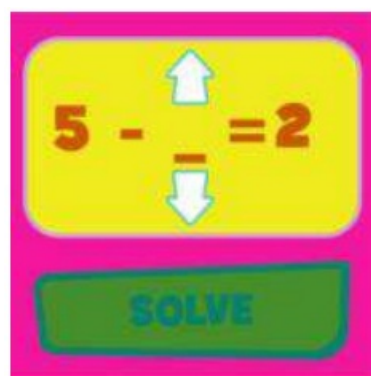
Tap this icon to enter the watch game function.

### Pedometer



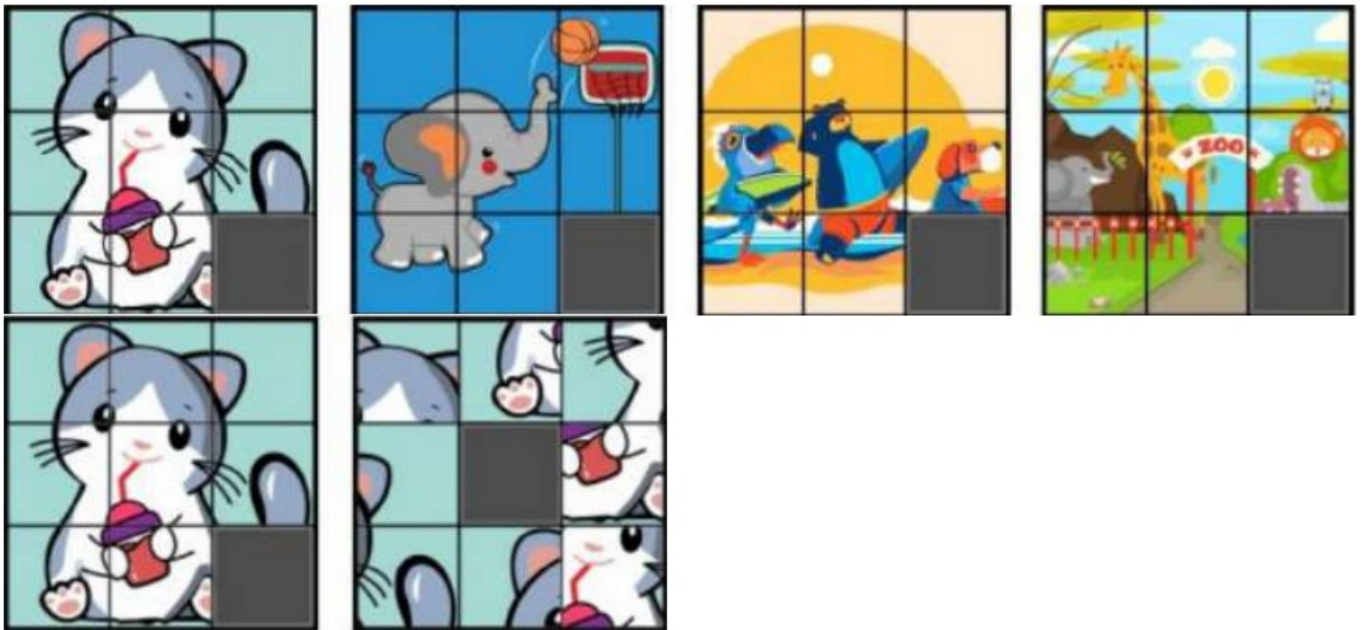
Tap this icon to enter the Pedometer game. Completing the corresponding steps will show different characters.

### Math



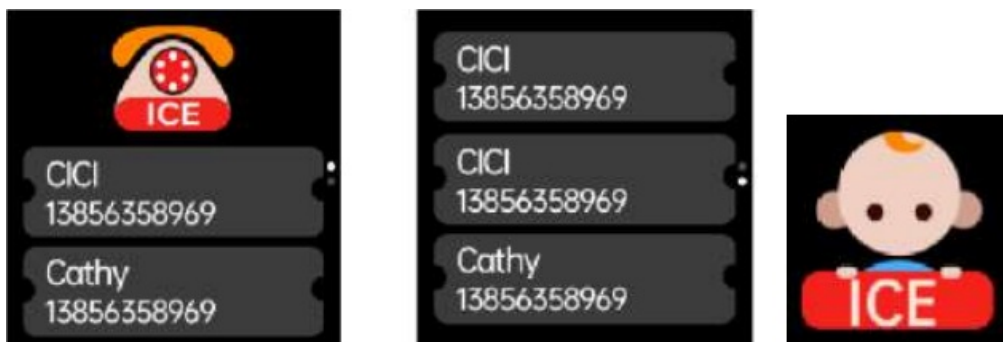
Tap this icon to enter the Math game. Each correct answer endues 10 points. When you collect 100 points, you will pass the game.

### Puzzle



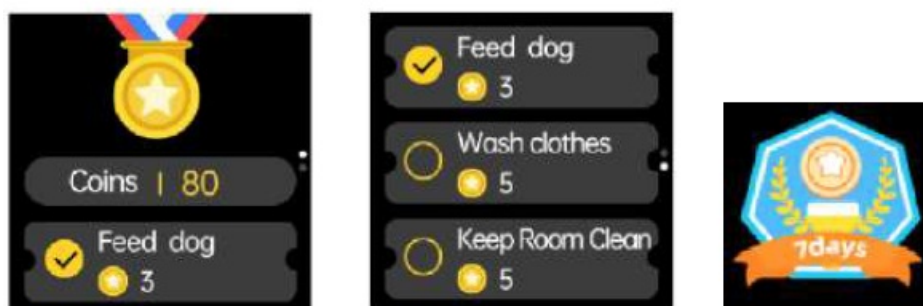
Tap this icon to enter the Puzzle game. Enter the game and the final rendering will appear. Tap 9 pictures on the screen to start the game randomly. Tap the picture next to the space to swap positions with the space. After the puzzle is completed, it will enter the next puzzle.

### ICE (In Case of Emergency)



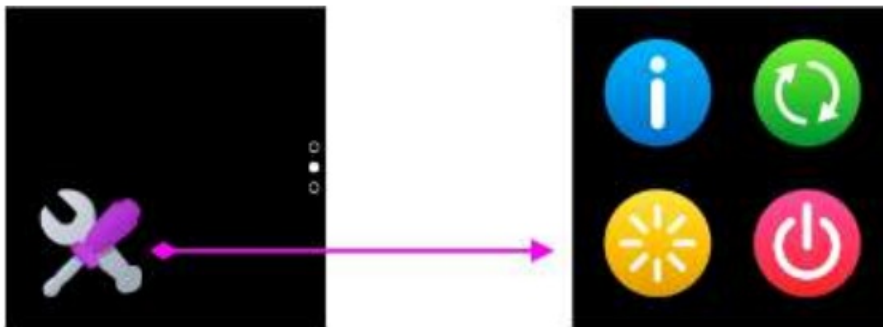
You can add information of 3 contacts to the watch through the App. Input your emergent contact information into the ICE widget, so it can quickly be accessed when necessary.

### Assignment



You can add some tasks and their reward mechanism to your Watch through the APP, then you can see these tasks and the number of rewards on the watch, and confirm the rewards by completing the tasks.

## Settings



Tap the icon to enter the settings menu.

- **About**



Tap this icon to check the Bluetooth Mac address, device name and firmware version of your smart watch.

- **Reset**



Tap this icon to reset your smartwatch.

- **Restart**



Tap this icon to restart your smart watch.

- **Shut down**



Tap this icon to shut down your smartwatch.

## Specification

- Product Kids Activity Tracker Smart watch
- Screen 1,3" IPS Screen
- Battery 155mAh
- Charging Mode USB Charge Cable
- Charging Voltage DC 5V 500mA
- Charging time up to 3 hours
- Working Time up to 4 days
- Standby time up to 12 days
- Operation Full Touch screen
- Waterproof Grade IP68
- Device Requirement Android 6.0+ / iOS 10+
- Operating Ambient Temperature -10°C to 50°C

This symbol on product or in instructions means that your electrical and electronic equipment should be disposed at the end of its life separately from your household waste. There are separate collection systems for recycling in the EU.

### Notes for battery disposal

The batteries used with this product contain chemicals that are harmful to the environment. To preserve our environment, dispose of used batteries according to your local laws or regulations. Do not dispose of batteries with normal household waste.

For more information, please contact the local authority or your retailer where you purchased the product.

**Power International AS, PO Box 523, 1471 Lørenskog, Norway**

- **Power Norge:**  
<https://www.power.no/kundeservice/> T:21 00 40 00
- **Expert Danmark:**  
<https://www.expert.dk/kundeservice/> T:70 70 17 07
- **Power Danmark:**  
<https://www.power.dk/kundeservice/> T:70 33 80 80
- **Punkt 1 Danmark:**  
<https://www.punkt1.dk/kundeservice/> T:70 70 17 07

- **Power Finland:**

<https://www.power.fi/tuki/asiakaspalvelu/> T:0305 0305

- **Power Sverige:**

<https://www.power.se/kundservice/> T: 08 517 66 000

## FAQ

**Q: Is the Triacle Kids Activity Tracker Smartwatch waterproof?**

A: The smartwatch is splash-resistant but cannot withstand immersion in water. It is not suitable for showering or swimming.


**Q: How do I reset the time on the device?**

A: The time can only be reset when synchronized with your smartphone via the Fit4Kid App. You cannot set the time directly on the device.

**Q: Can I clean the device with any chemicals?**

A: Do not use corrosive chemicals to clean the device. Use a soft cleaning cloth for the tracker and mild soap with water for the band.

## Documents / Resources

 <p>QUICK START GUIDE SPARK ONE</p>	<p><b><a href="#">TRIACLE SPARK ONE Kids Activity Tracker Smartwatch</a></b> [pdf] User Guide SPARK ONE Kids Activity Tracker Smartwatch, SPARK ONE, Kids Activity Tracker Smartwatch, Activity Tracker Smartwatch, Tracker Smartwatch, Smartwatch</p>
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## References

-  [Kundeservice - Expert.dk](#)
-  [POWER Kundeservice - Power.dk](#)
-  [Ota yhteyttä - Power.fi](#)
-  [Kundeservice - Power.no](#)
-  [Kundservice - Power.se](#)
-  [Kundeservice - Punkt1.dk](#)
- [User Manual](#)

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