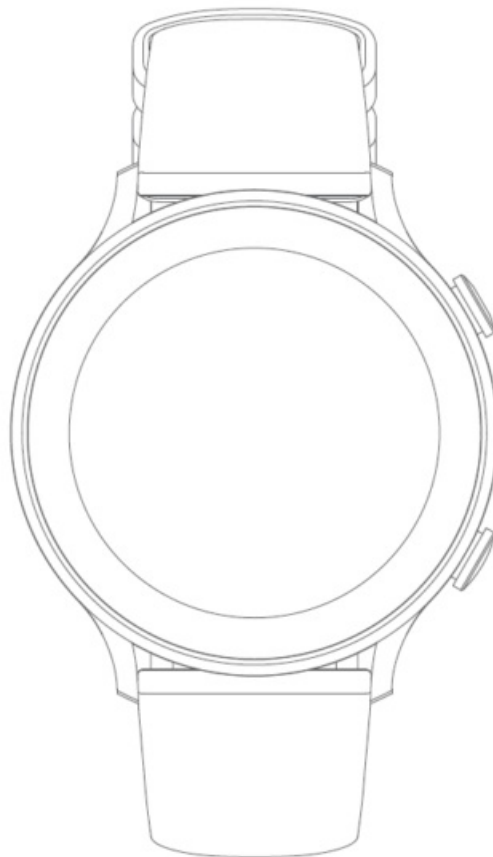




TRANSFORMERS TF-H11 Smart Watch Instruction Manual

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TRANSFORMERS TF-H11 Smart Watch



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Product Specifications

Product model: TF-H 11

BT version: V5.3

Battery capacity: 3. 7V / 260mAh

Rated input: 5V=0.5A

Degree of protection: IP68

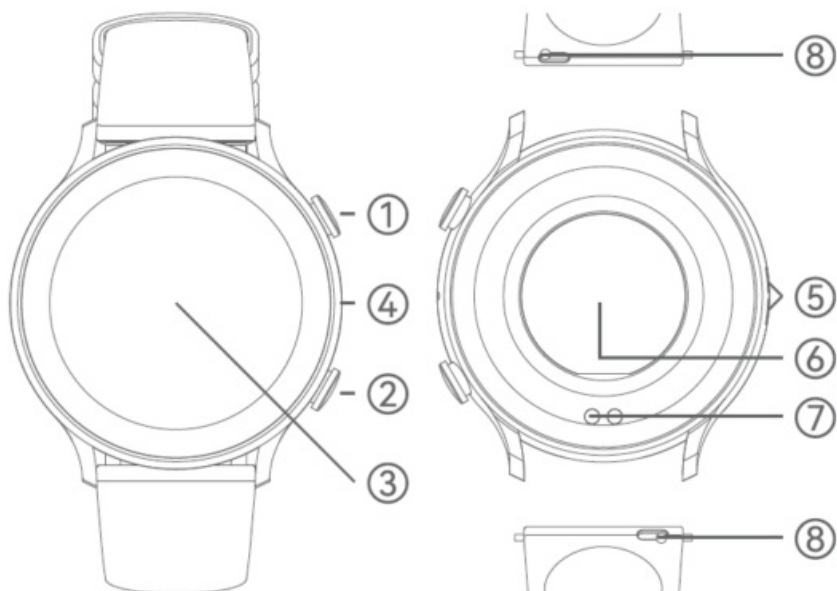
Package includes: smart watch x1, magnetic charging cable x1, instructions and warranty card x1

Manufacturer: Shenzhen Qishun Innovation Technology Development Co., Ltd

FCC ID: 2BAQF-TF-H11

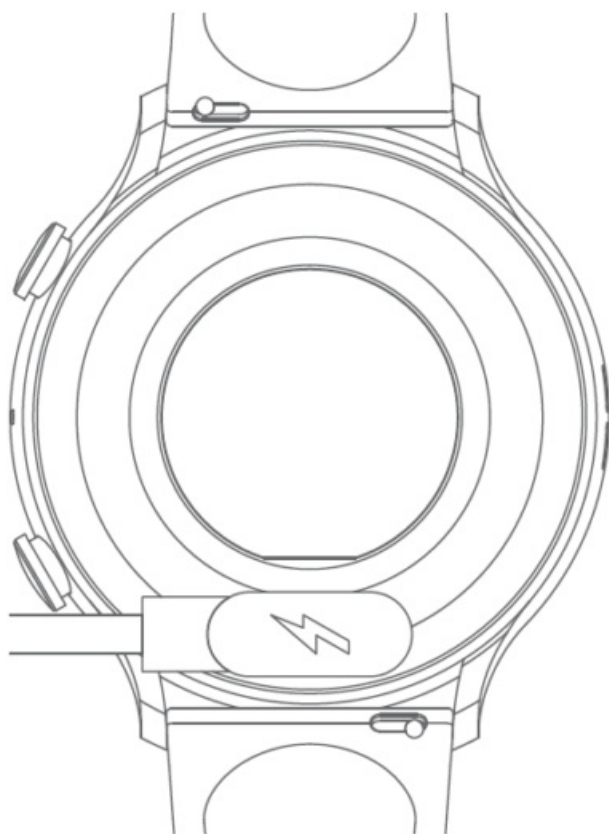
Product Diagram

1. Power key
2. Function key
3. Touch screen
4. Microphone
5. Speaker
6. Heart rate sensor
7. Charging contacts
8. Strap quick disassembly buckle



Product Charging Instructions

1. When the watch indicates low power, please use the charging cable delivered by the watch and the DC5V power adapter to charge the watch in time.
2. Please keep the charging interface clean and dry before charging to prevent short circuit or other risks.
3. When charging, the touch screen displays the current power and turns off after a period of time. After the watch is depleted, it will need to be precharged for a period of time before the current charge will be displayed.
4. When fully charged, the touch screen shows 100% power, and the watch automatically stops charging.



Tips

1. Do not disassemble, repair or replace parts of this product by yourself.
2. Please avoid strong impact on this product or exposure to high temperature, low temperature and extreme temperature difference.
3. Do not use this product in places where wireless equipment is explicitly prohibited, otherwise it will interfere with other electronic equipment or cause other hazards.
4. Do not use this product in high-pressure and high-magnetic environments.
5. Do not wear this product in hot bath or sauna.
6. During daily wear, please pay attention to keep this product clean to avoid being eroded by stains or sweat.
7. This product is not medical equipment, and the data and information provided are for reference only.

Product Operation Instructions

1. Power key

Power on: When it is power off, long press the power key.

Power off: When the screen is on, long press the power key, and the touch screen will display the shutdown option interface.

Bright screen: When the screen is turned off, click the power key.

Enter the function interface: When the touch screen displays the main interface, click the power key.

Back to the previous interface: When the touch screen displays a non-main interface, click the power key.

Switch function interface mode: When the touch screen displays the main interface, double-click the power key.

2. Function key

Bright screen: When the screen is turned off, click the function key.

Click and long press can be set freely in the "Down key settings" in "Settings".

3. Touch screen

Switch the main interface mode: When the touch screen displays the main interface, long press the screen and then slide the screen left and right, click the screen after switching.

Turn off the screen: When the screen is on, the screen will automatically turn off after no operation for a period of time.

Enter Control Center: When the touch screen displays the main interface, slide the screen from top to bottom.

Enter the information interface: When the touch screen displays the main interface, slide the screen from bottom to top.

Enter the functional component: When the touch screen displays the main interface, slide the screen from right to left.

Enter the list of features: When the touch screen displays the main interface, slide the screen from left to right.

Back to the previous interface: When the touch screen displays a non-main interface, slide the screen from left to right.

4. Pairing

Step 1: Use the mobile phone to scan the QR code below or download and install the application "FitCloudPro" in the mobile app market to pair and manage the watch. Mobile phone device requirements: IOS 9.0 and above; Android 5.0 and above.

Step 2: After the watch is power on, open the mobile phone application "FitCloudPro", click Device Binding Device, TF-H11, and then follow the prompts to connect. After the connection is successful, the application will automatically save the MAC address of the watch.

Note: If you can't connect for a long time, please (1) make sure that the BT of the mobile phone is turned on and not connected to other BT devices; (2) make sure that the operation is carried out without magnetic field or interference from many BT devices; (3) restart the application or mobile phone to ensure that the application runs normally in the background.

5. Synchronize data

In the connection state, swipe the application homepage from top to bottom to start synchronizing data. After the synchronization is successful, the application will pop up "Sync Complete The watch can save offline data for 7 days. Please synchronize the data to the mobile phone in time.

Main Functions Of The Product

- Call: In the connected state, you can call directly, store 10 phone numbers and recent call records.
- Daily activity: Show the number of steps, distance and calories of the day's exercise.
- Heart rate: Enter the heart rate interface to test the current heart rate. When testing, the sensor should be close to the skin to avoid external light affecting the accuracy of the test.
- Exercise: Enter the selected exercise mode and start. Swiping the screen from left to right will show pause, stop or continue.
- Blood oxygen: Enter the blood oxygen interface to test the current blood oxygen.
- Sleep: Show yesterday's sleep status. Sleep data can be recorded by wearing a watch to sleep.
- Music: In the connected state, the watch can control the pause/play, previous/next song, and volume of the mobile phone music.
- Weather: In the connected state, the weather conditions of the day are displayed.
- Alarm clock: An alarm clock can be set in the application.
- Breathing: After setting the breathing time, breathing training can be carried out.
- Information: The last 15 message records can be stored.

FCC Warning

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
 - (1) This device may not cause harmful interference, and
 - (2) This device must accept any interference received, including interference that may cause undesired operation.
2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.


NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement.
The device can be used in portable exposure condition without restriction.

The Name And Content Of Harmful Substances In The Product

Part name	Harmful substances					
	Pb	Hg	Cd	Cr(VI)	PBB	PBDE
Printed circuit board components	0	0	0	0	0	0
Small structural parts such as shell	0	0	0	0	0	0
<p>This form is compiled in accordance with the provisions of SJ/T 11364.</p> <p>0 : Indicates that the content of the hazardous substance in all homogeneous materials of the part is below the limit requirements specified in GB/T 26572.</p> <p>x : Indicates that the content of the hazardous substance in at least one homogeneous material of the part exceeds the limit requirements specified in GB/T 26572.</p> <p>Note:</p> <p>(1) The parts marked with " X " on the table are unable to achieve the replacement of harmful substances due to limitations in global technological development;</p> <p>(2) Printed circuit board components: including printed circuit boards and their parts, electronic components, etc ;</p> <p>(3) Depending on the product model, the product you purchased may not contain all of the above components.</p>						
		<p>Electronic and electrical products sold in the People's Republic of China must mark this logo, the number in the logo represents the environmental protection period of the product under normal use.</p>				



Warranty Statement

Disclaimer:

This user manual does not have any form of guarantee, position expression or other implication. The products, specifications and information mentioned in this user manual are for reference only, and the content will also be updated on the web at any time without additional separate notice.

Warranty statement:

The product attached to this document is guaranteed as follows: If the product is twelve (12) months from the date of purchase ("Warranty Period"), under normal conditions of use due to quality defects damaged, can be repaired, free repair; free replacement if the manufacturer confirms that it cannot be repaired; repaired or replaced product, continue to enjoy the warranty during the remaining warranty period (the shortest not less than 30 days). The date of purchase is subject to the date of the sales invoice, if the date of purchase cannot be determined, the warranty period shall be thirteen (13) months from the date of production. If you apply for a warranty, please call the product service hotline first and execute it in the manner instructed by us. When applying for warranty, you need to provide an accurate, complete and clearly filled out valid sales invoice.

The above guarantee does not apply to the following situations:


1. Exceeding the validity period of three guarantees;
2. Altering the warranty card, the product code does not match the product body;
3. Failure or damage caused by misuse, abuse or improper transportation, use, maintenance or storage;
4. Failure or damage caused by force majeure (such as earthquake, war, fire, etc.) or accidents;
5. Zipper and tower buckle are damaged due to excessive force;
6. Disconnection or tearing caused by excessive load;
7. Any damage caused by sharp objects;
8. Products with signs of burning or flooding;
9. Damage caused by unauthorized disassembly;
10. Aging, discoloration, abrasion, rupture and other losses that occur during the normal use of the product;
11. If the original identification label of the product is changed or damaged, this guarantee will become invalid.

The completeness and appearance of the product and accompanying materials are not within the scope of the guarantee. You should inspect the product on the spot when you receive it and raise objections to any discrepancies.

The above guarantees are all guarantees we make regarding the products, and are only applicable in Chinese Mainland. Nothing in this document affects consumer rights that cannot be excluded or restricted by law. Service supervision hotline: [400-885-8808](tel:400-885-8808)

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Documents / Resources

	TRANSFORMERS TF-H11 Smart Watch [pdf] Instruction Manual TF-H11, TF-H11 Smart Watch, Smart Watch, Watch
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References

- [User Manual](#)