



tracer SM7 Smart Watch User Manual

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Product Overview



Scheme description

1. Power on/off; screen timeout
2. Entering sports modes
3. Inductive charging Please remember the following tips when you maintain your Smart

Watch:

- Clean the Smart Watch regularly, especially its inner side, and keep it dry.
- Adjust the Smart Watch tightness to ensure air circulation.
- Excessive skincare product should not be used for the wrist wearing the Smart Watch.
- Please cease wearing the Smart Watch in case of skin allergy or any discomfort.

Safety information

Charge the battery before first use. If you plan not to use the device for a long time, turn it off. It is recommended to charge the battery, even when the watch is not in use, at least once every 3 months. Avoid flooding, constant

getting wet. Keep the product away from fire and heat sources. Do not disassemble the housing yourself, use only qualified service points.

Charging the Device

The device you have purchased features an inductive charging function. To begin charging, connect the charging module to the electrical outlet. Then, place the bottom part of the watch on the charging module. Charging should start automatically.

Downloading Smart Watch APP



Scan QR code with mobile phone to download APP.

If the scanning does not work please follow below points. For IOS system, select APPstore, search Da Fit. Android system, select Google Play to download and install Da Fit.

Note: your mobile phone must support Android 5.1 or IOS 8.0 or above, and Bluetooth 4.0 or above.

Bind Smart Watch with APP

Please enter APP and try tap the DEVICE icon.

At the top of the screen you will have a full list of all devices found in the close range to your mobile.

Please make sure that your watch is turned on and it is on the list.

Tap its name to get in connected.

Bluetooth call connect

After the APP successfully connects to the watch's Bluetooth.

1. The phone will automatically pop up a «pairing» request, click «Allow».
2. For some brands of mobile phone models, there is no need to pop up the pairing confirmation permission. After connecting to Bluetooth, the call function is also directly connected. After the binding is successful, you can answer and make calls on the watch.

Remove Bluetooth Call connection

Android: For the Android mobile phone, the device can be disconnected from your mobile phone by simply clicking on Remove device.

iPhone: firstly, users need dismiss pair, then enter into mobile phone Setting – Bluetooth, find SM7, click icon on the right, ignore device, watch and mobile phone are disconnection.

Introduction of SM7 functions

Power-on status

To turn on the device, hold the top button on the watch for about 3 seconds.

1. **Step counting, distance and calorie**

The step-counting interface shows steps. Wear the smart bracelet on wrist, and the smart bracelet can automatically count steps, distance and calories.

2. **Sleep monitoring**

Wearing the smart bracelet at night to automatically judge whether you are in the sleep state, to record deep sleep and light sleep respectively, and to summarize the total sleep time to help you monitor your sleep quality. The sensor can measure your sleep quality according to the range and frequency of wrist movements when you sleep.

Note: Because user's sleep time and habits are different, the time of sleep monitoring is only for reference.

3. **Heart rate measurement**

Enter the heart rate test interface, the motor will vibrate once after "Start measurement" and "Stop", and the current measurement data will be displayed.

4. **Exercise**

Sports interface, including a variety of sports, walking, running, cycling, skipping rope, badminton, basketball, football and so on.

5. **AI voice**

Click on the voice, through the connection with the mobile phone, the user's spoken language is converted into text, intelligent dialogue and intelligent interaction of instant question and answer.

6. **Phone**

Turn on the Bluetooth function of your phone and smartwatch. The phone searches for the smartwatch's Bluetooth device and initiates pairing. When both parties confirm the pairing, there will be a prompt that the connection is successful. Click the dial pad of the watch to dial and answer the phone.

7. **Blood pressure**

Enter the blood pressure test interface, the motor will vibrate once after "Start measurement" and "Stop", and the current measurement data will be displayed.

The environment for measuring blood pressure should be quiet with an appropriate temperature. The user should rest for at least 5 minutes, and avoid tension, anxiety and emotional excitement before measurement. Repeatedly measure blood pressure for three times at the interval of 2 minutes. Record the average of three readings.

8. **Blood oxygen**

Enter the blood oxygen test interface, the motor will vibrate once after "Start measurement" and "Stop", and the current measurement data will be displayed.

Note: the data measured for blood pressure and blood oxygen are for reference only, and cannot be used as the basis of relevant medical purposes.

9. **Weather**

The weather page will display the current weather today, and swipe up to display the weather forecast for the next 6 days.

For weather information, it needs to connect with the mobile device.

If the disconnection time is long, the weather information cannot be updated.

10. **Messages**

You can view the content pushed by the message in the information interface. At most five messages can be saved. After five messages are saved, the messages displayed before will be replaced by new messages one by one.

11. Music control

After connecting with the mobile phone, the smart bracelet can control the music player of the mobile phone. When the mobile phone plays music, you can use the smart bracelet to control the mobile phone for playing/pausing, the previous song and the next song.

12. Flashlight

After opening, the screen will be adjusted to the maximum brightness and always on, and you can exit the interface after swiping left.

13. Settings

Click on the «Settings» icon to enter the function list, which includes menu style, screen display, battery, vibration intensity, battery, language, QR code, time setting, system, shutdown, about, and restoring factory settings

Remove Device

For the Android mobile phone, the device can be disconnected from your mobile phone by simply clicking on Remove device.

For Apple mobile phone after binding removal, you need to click on the symbol on the right in Setting- Bluetooth, and choose to ignore the device.

Notes

- The SM7 device, which you have become the owner of, allows you to use in heavy weather conditions. Hard training, during which it will come into contact with sweat is fine for the product.
However, this does not mean that the device is fully water resistant.
Remember to avoid swimming with the device on your hand and avoid being fully submerged in water.
- We also do not recommend wearing the device on your wrist 24/7.
Constant contact with the skin does not allow it to breathe freely.
Also, make sure that the skin-contact side of the watch is dry before wearing it on your wrist.

Maximum Transmitter Power (E.I.R.P) ≤ 20 dBm

The range of which the device operates: 2400 MHz – 2483,5 MHz



The symbol of a crossed-out wheeled bin placed on electronic or electrical equipment, its packaging or accompanying documents means that the product may not be thrown out together with other waste. Used equipment may contain substances with toxic and carcinogenic properties, hazardous to human health and life, and poisoning the soil and groundwater. It is the user's responsibility to hand over the used equipment to a designated collection point for its proper processing. For more information on recycling of electronic and electrical equipment, please contact your local authorities, waste disposal services and the place where you purchased this product.


The household plays an important role in contributing to the reuse and recovery of secondary raw materials, including recycling, waste equipment. At this stage, attitudes are formed that affect the preservation of the common good, which is a clean natural environment.

Producing:

Megabit Sp. z o.o., ul. Rydygiera 8, 01-793 Warszawa



Documents / Resources

 The thumbnail shows the cover of the 'Smartwatch Tracer SM7' user manual. It features the Tracer logo at the top, the title 'Smartwatch Tracer SM7', and a list of contents in Czech. The list includes: 1. Instalace a nastavení, 2. První spuštění hodinky, 3. Návod na využití, 4. Nastavení úspory energie, 5. Přechod na jiný jazyk, 6. Nastavení síťové komunikace, 7. Ládání a nabíjení, 8. Konečná část. The cover has a white background with a grey and black geometric design at the bottom.	tracer SM7 Smart Watch [pdf] User Manual SM7, SM7 Smart Watch, SM7, Smart Watch, Watch
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References

- [User Manual](#)

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