

TIMEX
T0704-01 Man Analog Watch



TIMEX T0704-01 Man Analog Watch User Guide

[Home](#) » [Timex](#) » TIMEX T0704-01 Man Analog Watch User Guide 

Contents

- [1 TIMEX T0704-01 Man Analog Watch](#)
- [2 TO SET TIME](#)
- [3 TO SET A QUICK DATE FEATURE](#)
- [4 Documents / Resources](#)
 - [4.1 References](#)

TIMEX

TIMEX T0704-01 Man Analog Watch



WARNING

- **INGESTION HAZARD:** This product contains a button cell or coin battery.
- **DEATH** or serious injury can occur if ingested.
- A swallowed button cell or coin battery can cause Internal Chemical Burns for as little as 2 hours.
- **KEEP** new and used batteries **OUT OF REACH** of **CHILDREN** Seek immediate medical attention if a battery is suspected to be swallowed or inserted inside any part of the body.
- Remove and immediately recycle or dispose of used batteries according to local regulations and keep them away from children. Do **NOT** dispose of batteries in household trash or incinerate them.
- Even used batteries may cause severe injury or death.
- Call a local poison control center for treatment information.
- Battery type: silver oxide SR616SW.
- Nominal battery voltage: 1.5 V
- Non-rechargeable batteries are not to be recharged.
- Do not force discharge, recharge, disassemble, heat above 140°F (60°C), or incinerate. Doing so may result in injury due to venting, leakage, or explosion resulting in chemical burns.
- Ensure the batteries are installed correctly according to polarity (+ and -).
- Do not mix old and new batteries, different brands, or types of batteries, such as alkaline, carbon zinc, or rechargeable batteries.
- Remove and immediately recycle or dispose of batteries from equipment not used for extended periods according to local regulations.
- Always completely secure the battery compartment. If the battery compartment does not close securely, stop using the product, remove the batteries, and keep them away from children.

Congratulations on purchasing your TIMEX® watch. Please read these instructions carefully to understand how to operate your Timex timepiece. Your watch may not have all of the features described in this booklet. For more

information, and to register your product please visit: www.timex.com

HOW TO START YOUR WATCH

To start your watch remove the plastic guard from under the crown, then press the crown against the case. The second hand will begin advancing in one-second intervals.

WATER AND SHOCK RESISTANCE

If your watch is water-resistant, meter marking (WR_M) is indicated. pounds per square inch absolute.

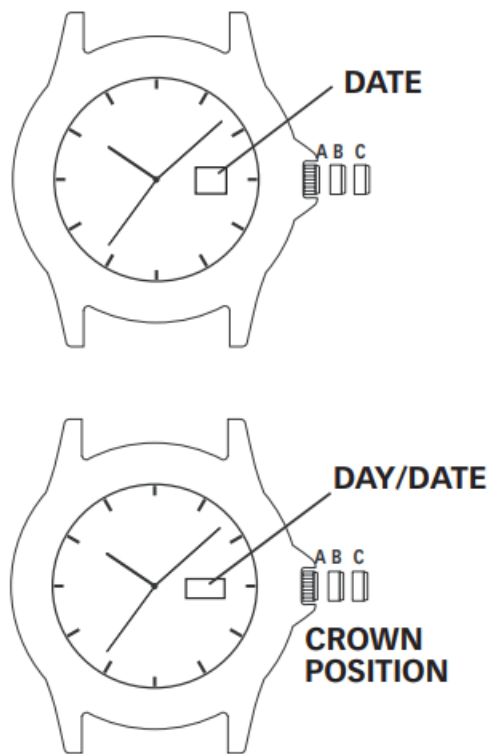
Water-Resistance Depth	p.s.i.a. * Water pressure Below Surface
30m/98ft	60
50m/164ft	86
100m/328ft	160
200m/656ft	284

WARNING: TO MAINTAIN WATER RESISTANCE, DO NOT PRESS ANY BUTTONS OR PULL OUT THE CROWN UNDERWATER UNLESS YOUR WATCH IS INDICATED AS 200 METER WATER-RESISTANT.

1. The watch is water-resistant only as long as the crystal, crown, and case remain intact.
2. The watch is not a diver watch and should not be used for diving.
3. Rinse the watch with fresh water after exposure to salt water.
4. Shock resistance will be indicated on the watch face or caseback. Watches are designed to pass the ISO test for shock resistance. However, care should be taken to avoid damaging the crystal.

TO SET TIME

1. PULL crown out and turn to correct the time.
2. Push the crown in to restart. For screen setting the crown, push the crown in while turning CLOCKWISE to tighten.



TO SET DAY

1. PULL crown to the “middle” position and turn CLOCKWISE until the correct day appears.
2. If the day does not change, pull the crown to the “out” position and turn CLOCKWISE or COUNTERCLOCKWISE through the necessary number of 24-hour periods until the correct day appears.

TO SET A QUICK DATE FEATURE

3-Position Crown

Pull the crown to the “Middle” position and turn CLOCKWISE or COUNTERCLOCKWISE until the correct date appears.

2-Position Crown

Pull the crown to the “OUT” position and turn CLOCKWISE until the date changes. Repeat until the correct date appears. Adjust the date when a month has less than 31 days. Push the crown in when finished.

HOW TO ADJUST BRACELET

(Variations of the following bracelet sections apply to all watch models).

SLIDING CLASP BRACELET

1. Open the locking plate.
2. Move the clasp to the desired bracelet length.
3. Exert pressure while holding the locking plate and slide the clasp back and forth until it engages in grooves on the underside of the bracelet.
4. Press the locking plate down until it snaps closed. The clasp can be damaged if excessive force is used.



FOLDOVER CLASP BRACELET

1. Find a spring bar that connects the bracelet to the clasp.
2. Using a pointed tool, push in the spring bar and gently twist the bracelet to disengage.
3. Determine wrist size, then insert the spring bar in the correct bottom hole.
4. Push down on the spring bar, align it with the top hole, and release it to lock it in place.

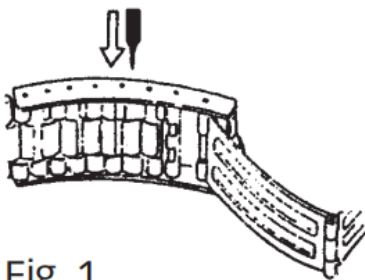


Fig. 1

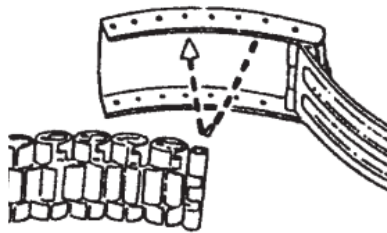


Fig. 2

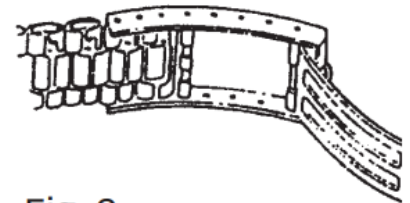
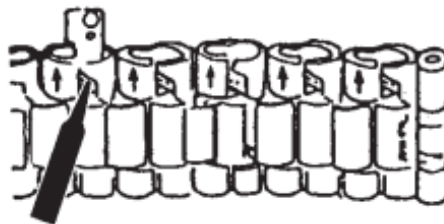


Fig. 3

BRACELET LINK REMOVAL

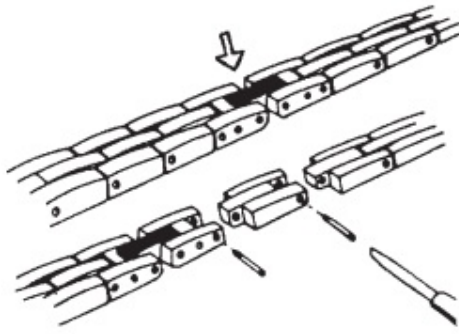
Removing Links:

1. Place the bracelet upright and insert the pointed tool in the opening of the link.
2. Push the pin forcefully in the direction of the arrow until the link is detached (pins are designed to be difficult to remove).
3. Repeat until the desired number of links are removed.



Re-assembly

1. Rejoin bracelet parts.
2. Push the pin back into a link in the opposite direction of the arrow.
3. Press the pin down securely into the bracelet until it is flush.



BATTERY

The watch button cell or coin battery is not intended to be replaced by a consumer. Only a jeweler or other professional is to replace the battery.

TIMEX INTERNATIONAL WARRANTY

www.timex.com/pages/warranty-repair

Documents / Resources

	<p>TIMEX T0704-01 Man Analog Watch [pdf] User Guide T0704-01 Man Analog Watch, T0704-01, Man Analog Watch, Analog Watch, Watch</p>
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References

- [T Watches from Timex | Digital, Analog, & Water Resistant Watches | Timex US](#)
- [T Watches from Timex | Digital, Analog, & Water Resistant Watches | Timex EU](#)
- [User Manual](#)

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