



## TIMEX M03K Command Urban User Guide

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M03K COMMAND URBAN™

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## EXTENDED WARRANTY

Available in U.S. only. Extend your warranty for an additional 4 years from the date of purchase for \$5... You can pay with AMEX, Discover, Visa, or MasterCard by calling 1 800-448-4639 during normal business hours. Payment must be made within 30 days of purchase. Name, address, telephone number, purchase date, and 5-digit model number required. You can also mail a check for \$5 to Timex Extended Warranty, POBox 1676, Dept.EF, Little Rock, AR 72203. Please read the instructions carefully to understand how to operate your Timex® watch. Your model may not have all of the features described in this booklet.

## FUNCTIONS

Real-time calendar clock, Three-time zones, 64 World Time (WT) cities / 30 time zones, Chronograph, and lap/split recording, Countdown timer, Daily/weekday/weekend alarm, hourly chime, and INDIGLO® night-light with Night-Mode® feature

## BASIC OPERATION



When setting, each button has a different function as indicated above. Watch face will indicate when the button changes function.

## TIME/DATE/MODE DISPLAYS

Three-time zones (T1, T2, T3) for quick view of user-selected world cities. World Time cities are selected by the user for each time zone.

TIME/DATE/MODE DISPLAYS Three time zones (T1, T2, T3) for a quick view of user-selected world cities. World Time cities are selected by the user for each time zone.

1. In TIME mode, press and hold **SET**. The Time Zone (1, 2, or 3) will flash, and press + or – to change. Press **NEXT** to select the displayed time zone.
2. Press + to scroll World Time city in ascending alphabetical order, press -to scroll in descending alphabetical order.  
**NOTE:** See Step 11 (below) for changing the World Time city order.
3. Press **NEXT**. DST (Daylight Saving Time) setting will flash.
4. Press + or – to turn DST ON or OFF. If DST is set to ON, the DST indicator will appear and time will advance by 1 hour.
5. Press **NEXT**. Hour digits flash.
6. Press + or – to change hour including AM/PM. (Scroll through 12 hours to get to AM/PM). Hold + or – to change rapidly.
7. Press **NEXT**. Minutes digits flash. Press + or – to change minutes. Hold + or – to change rapidly.
8. Press **NEXT**. Seconds digits flash. Press + or – to set seconds to zero.
9. Press **NEXT**. Month flashes. Press + or – to change the month. Hold + or – to change rapidly.
10. Press **NEXT**. Date flashes Press + or – to change the date. Hold + or – to change rapidly.
11. Press **NEXT** and continue setting pattern for Year, 12-hour or 24-hour Time Display, MM-DD, or DD.MM, Date Format, sort by City Name or UTC Offset, Alert Type (TONE, VIBE or COMBO), Hourly Chime on/off, Button Beep on/off, World Time mode (show or hide), Chrono mode (show or hide), Countdown Timer mode (show or hide), Alarm 1 mode (show or hide), Alarm 2 mode (show or hide), Alarm 3 mode (show or hide).  
**NOTE:** If you select BEEP on, a beep will sound every time you push a button (except INDIGLOr.- button).
12. Press **DONE** to confirm and exit or **MODE** to continue and reset the first time zone or set second and/or third time zones if desired.

## DISPLAYING ALTERNATE TIME ZONES

1. When in Time mode, press START/SPLIT once or twice to “preview” one of the other two time zones for 3 seconds (Ti, T2 or T3 flashes).
2. To switch that time zone to the displayed one, continue to hold START/ SPLIT for 4 seconds.

## WORLD TIME

To view 64 World Time cities / 30 time zones, view and set DST and Sort Order for each of those time zones.

1. Press **MODE** until WORLD appears.
2. Press + to scroll each World Time city in an Eastward direction, press – to scroll in a Westward direction.  
**NOTE:** If you select “City Name” in Step 4 (below), press + to view each city in ascending alphabetical order or press – to view each city in descending alphabetical order
3. Press **SET** for each displayed time zone, and + or – to turn DST ON or OFF. If DST is set to ON, the DST indicator will appear and time will advance by 1 hour.
4. Press **NEXT** to select Sort Order. Press + or – to select UTC Offset or City Name.



5. Press **DONE** to exit World Time set mode.

## CHRONO

|                 |              |              |              |
|-----------------|--------------|--------------|--------------|
| LAP 1 = 7.11    | LAP 2 = 7.50 | LAP 3 = 7.08 | LAP 4 = 7.30 |
| SPLIT 1 = 7.11  |              |              |              |
| SPLIT 2 = 15.01 |              |              |              |
| SPLIT 3 = 22.09 |              |              |              |
| SPLIT 4 = 29.39 |              |              |              |

1. Press **MODE** until CHRONO appears.
2. Press and hold **SET**.
3. The Display will read: FORMAT/SET, then LAP/SPL or SPLJLAP. Press + or – to select desired format. See the table above to explain LAP vs. SPLIT timing.
4. Press **DONE** to confirm and exit.
5. To USE Chrono mode, press **START/SPLIT**. The chronograph continues to run even if you exit the mode.
6. Press **START/SPLIT** to take a split. Lap and split times will then be displayed in the format you selected. The lap number will appear in the top line of the display.  
**NOTE:** Lap and split times will appear for 10 seconds while the chronograph runs in the background. Press **MODE** to release the display and see the running chronograph.
7. Press **STOP/RESET** to pause the chronograph.
8. Press **START/SPLIT** to resume timing or press and hold **STOP/RESET** to reset the chronograph.

## COUNTDOWN TIMER

1. Press MODE repeatedly until TIMER appears.
2. To SET the Timer, press and hold **SET**. Hour digits flash, and HOURS appears on the bottom line.
3. Press + or – to change the hours. Hold + or – to change rapidly.
4. Press **NEXT**. Minutes digits flash and MINUTES appear on the bottom line.
5. Press + or – to change the minutes. Hold + or – to change rapidly.
6. Press **NEXT**. Seconds digits flash and SECONDS appear on the bottom line.
7. Press + or – to change the seconds. Hold + or – to change rapidly.
8. Press **NEXT**. STOP or REPEAT (AT END) flash. Press + or – to change the action.
9. Press **DONE** to confirm and exit.
10. To USE the Timer, press **START/SPLIT** to begin the countdown. **NOTE:**
  - a. If REPEAT (AT END) was selected, the REP # will appear on the top line
  - b. If STOP (AT END) was selected, the  will flash
  - c. If REPEAT (AT END) was selected, the  will flash

11. At the end of the countdown, your watch will alert you. Press any button to stop the alert.

**NOTE:** Your alert is based on the Alert Type selected in Time set mode.



- a. For TONE, the watch will sound and the INDIGLO® night-light will flash when the timer has reached zero, or when it starts to count down again.
- b. For VIBE, the watch will vibrate and the INDIGLO® night-light will flash when the timer has reached zero, or when it starts to count down again.
- c. For COMBO, the watch will vibrate and the INDIGLO® night-light will flash and then the watch will sound and the INDIGLO® night-light will flash when the timer has reached zero, or when it starts to count down again.
- d. For REPEAT (AT END), settings under 30 seconds will be alerted by a single beep, no matter the selected Alert Type.

12. Press **STOP/RESET** to pause the Timer.

13. Press **START/SPLIT** to resume the Timer or press **STOP/RESET** to reset countdown time to its last setting.


## ALARM

Setting the Alarm is similar to setting Time. Your watch model has three alarms. Follow the below procedure to set each alarm.

1. Press **MODE** repeatedly until ALARM 1, ALARM 2, or ALARM 3 appears, and stop at the alarm you want to set.
2. Press **SET** to set alarm.
3. Hour digits flash. Press + or – to change an hour. Hold + or – to change rapidly.
4. Press **NEXT**. Minutes digits flash. Press + or – to change minutes. Hold + or – to change rapidly.
5. Press **NEXT**. If in 12-hour format, AM/PM flashes. Press + or – to change.
6. Press **NEXT**. Press + or – to select DAILY, WEEKDAYS, OR WKENDS frequency.
7. Press **NEXT** to go back to change other settings, or press **Done** to confirm and exit.
8. Press **START/SPLIT** or **STOP/RESET** to arm or disarm the alarm. When  armed, OFF will be displayed. When armed, and the alarm frequency will appear in the lower line of the display.
9. When the alarm time is reached, the INDIGLO® night-light flashes and the selected alert runs for about 10 seconds.
10. Press any button to stop the alert.
11. A one-time backup alarm will sound after five minutes if no button is pressed during the alert. The  flashes indicate the backup alarm is pending.

## INDIGLO® NIGHT-LIGHT / NIGHT-MODE® FEATURE

Press INDIGLO® button to activate the nightlight. Electroluminescent technology used in INDIGLO® night-light illuminates the entire watch face at night and in low light conditions. While the night light is on pressing any button keeps it on for three seconds.

Press and hold INDIGLO® button for 4 seconds to activate NIGHT-MODE® feature. Moon icon  will appear. Once activated, any button pushed will cause INDIGLO® night-light to stay on for 3 seconds. NIGHT-MODE® feature will stay activated for 8 hours or until deactivated by pressing and holding INDIGLO® button again for 4

seconds.

## WATER AND SHOCK RESISTANCE

If your watch is water-resistant, meter marking or(  ) is indicated

| Water-Resistance Depth | p.s.i.a. * Water Pressure Below Surface |
|------------------------|---|
| 30m/98ft               | 60                                      |
| 50m/164ft              | 86                                      |
| 100m/328ft             | 160                                     |

\*pounds per square inch absolute

**WARNING:** TO MAINTAIN WATER RESISTANCE, DO NOT PRESS ANY BUTTONS UNDERWATER.

1. Watch is water-resistant only as long as a lens, pushbuttons, and case remain intact.
2. Watch is not a diver watch and should not be used for diving.
3. Rinse watch with fresh water after exposure to saltwater.
4. Shock resistance will be indicated on the watch face or caseback. Watches are. designed to pass ISO test for shock resistance. However, care should be. taken to avoid damaging crystal/lens.

## BATTERY

Timex strongly recommends that a retailer or jeweler replace the battery If applicable, push the reset button when replacing the battery. Battery type is indicated on the case back. Battery life estimates are based on certain assumptions regarding usage; battery life may vary depending on actual usage.


**DO NOT DISPOSE OF BATTERY IN FIRE. DO NOT RECHARGE. KEEP LOOSE BATTERIES AWAY FROM CHILDREN.**

## TIMEX INTERNATIONAL WARRANTY

<http://www.timex.com/productWarranty.html>

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## Documents / Resources

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|---|--|
|  | <a href="#">TIMEX M03K Command Urban</a> [pdf] User Guide<br>M03K, Command Urban |
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## References

- [T Garantie internationale de Timex | Timex](#)
- [T Timex International Warranty | Timex](#)
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