

TIMEX
**732-096000 Analog
Watch**



TIMEX 732-096000 Analog Watch User Guide

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TIMEX

TIMEX 732-096000 Analog Watch



Product Specifications

- **Model:** ENB-8-B-1055-01
- **Type:** Analog Watch
- **Water Resistance:** 30m/98ft, 50m/164ft, 100m/328ft
- **Shock Resistance:** ISO tested

Product Usage Instructions

Water and Shock Resistance

If your watch is water-resistant, the meter marking or (O) is indicated to specify the water resistance depth. It is essential to maintain the water-resistance by following these guidelines:

1. Do not press any buttons underwater to maintain water-resistance.
2. Avoid using the watch for diving as it is not a diver's watch.
3. Rinse the watch with fresh water after exposure to saltwater.
4. Shock-resistance will be indicated on the watch face or caseback. Take care to avoid damaging the crystal.

Setting Time and Date

To set the time:

1. Pull the crown to position C and turn it to adjust the hour and minute hands.
2. Push the crown back to position A.

To set the date (if applies):

1. Pull the crown to position B and turn it counter-clockwise to adjust the date.

2. Push the crown back to position A.

Adjusting Bracelet

There are different methods to adjust the bracelet based on its type:

- **Sliding Clasp Bracelet:**

1. Open the locking plate.
2. Move the clasp to the desired bracelet length.
3. Exert pressure while sliding the clasp back and forth until it engages in grooves.
4. Press the locking plate down until it snaps closed.

- **Foldover Clasp Bracelet:**

1. Find the spring bar that connects the bracelet to the clasp.
2. Push in the spring bar and twist the bracelet gently to disengage.
3. Determine wrist size, insert the spring bar, and lock it in place.

Bracelet Link Removal

To remove links:

1. Place the bracelet upright and insert a pointed tool in the opening of the link.
2. Push the pin forcefully in the direction of the arrow until the link is detached.
3. Repeat until the desired number of links are removed.

Frequently Asked Questions (FAQ)

Q: Can I replace the watch battery myself?

A: The watch button cell or coin battery is not intended for consumer replacement. Only a jeweler or professional should replace the battery.

WARNING

- **INGESTION HAZARD:** This product contains a button cell or coin battery.
- **DEATH** or serious injury can occur if ingested.
- A swallowed button cell or coin battery can cause Internal Chemical Burns in as little as 2 hours.
- **KEEP** new and used batteries **OUT OF REACH** of **CHILDREN**
- Seek immediate medical attention if a battery is suspected to be swallowed or inserted inside any part of the body.
- Remove and immediately recycle or dispose of used batteries according to local regulations and keep away from children. Do **NOT** dispose of batteries in household trash or incinerate.
- Even used batteries may cause severe injury or death.
- Call a local poison control center for treatment information.
- Battery type: silver oxide SR516SW.
- Nominal battery voltage: 1.5 V
- Non-rechargeable batteries are not to be recharged.

- Do not force discharge, recharge, disassemble, heat above 140°F (60°C) or incinerate. Doing so may result in injury due to venting, leakage or explosion resulting in chemical burns.
- Ensure the batteries are installed correctly according to polarity (+ and -).
- Do not mix old and new batteries, different brands or types of batteries, such as alkaline, carbon zinc, or rechargeable batteries.
- Remove and immediately recycle or dispose of batteries from equipment not used for an extended period of time according to local regulations.
- Always completely secure the battery compartment. If the battery compartment does not close securely, stop using the product, remove the batteries, and keep them away from children.

732-096000-03

Register your product at <https://www.timex.com/product-registration.html>

Congratulations on purchasing your TIMEX® watch. Please read these instructions carefully to understand how to operate your Timex timepiece. Your watch may not have all of the features described in this booklet. For more information, please visit: Timex.com


HOW TO START YOUR WATCH

To start your watch remove the plastic guard from under the crown, then press the crown in against the case. The second hand will begin advancing in onesecond intervals.

Some deep-depth water-resistant watches require the setting crown to be screwed in to secure water-resistance. If your watch case has a protrusion with screw threads, the crown must be screwed in after setting the watch.

To screw in, push the crown firmly against the threaded protrusion and hold in while turning the crown clockwise. Continue to screw in the crown until it is tight. You will need to unscrew the crown (counter-clockwise) before pulling it out the next time you want to set your watch.

WATER AND SHOCK RESISTANCE

If your watch is water-resistant, meter marking or () is indicated pounds per square inch absolute

Water-Resistance Depth	p.s.i.a. * Water Pressure Below Surface
30m/98ft	60
50m/164ft	86
100m/328ft	160

WARNING: TO MAINTAIN WATER-RESISTANCE, DO NOT PRESS ANY BUTTONS UNDER WATER.

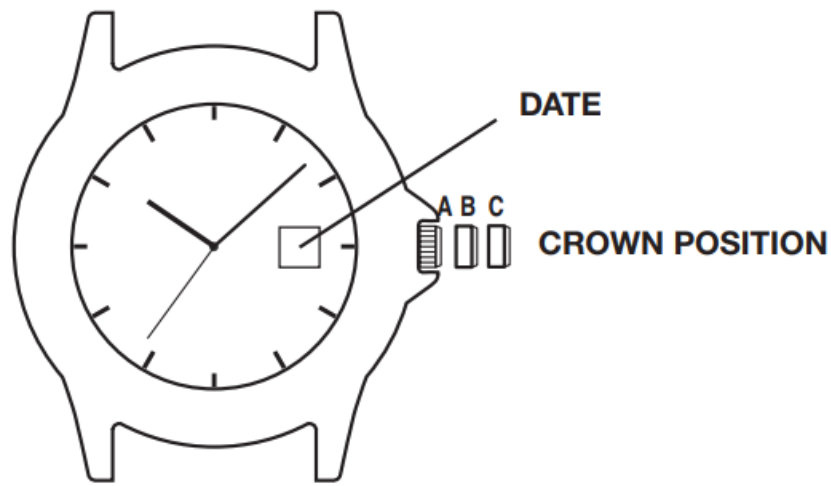
1. Watch is water-resistant only as long as crystal, crown and case remain intact.
2. Watch is not a diver watch and should not be used for diving.
3. Rinse watch with fresh water after exposure to salt water.
4. Shock-resistance will be indicated on the watch face or caseback. Watches are designed to pass ISO test for shock-resistance. However, care should be taken to avoid damaging the crystal.

TO SET TIME

1. PULL crown to position C and turn until the hour and minute hands display the correct time. Note correct time of day (A.M. or P.M.) for proper date function (if applies). The date will advance between 9:00 PM and 1:00 AM
2. Push crown to position A.

TO SET DATE (IF APPLIES)

1. PULL crown to position B and turn COUNTER-CLOCKWISE until correct day appears. Note: if the date is set between the hours of around 9:00 PM and 1:00 AM, the date may not change the following day. If this occurs, reset the Time and Date at any other time than between the hours of around 9:00 PM and 1:00 AM to ensure proper date function.
2. Push crown to position A.



HOW TO ADJUST BRACELET

(Variations of the following bracelet sections apply to all watch models).

SLIDING CLASP BRACELET

1. Open locking plate.
2. Move clasp to desired bracelet length.
3. Exert pressure while holding locking plate and slide clasp back and forth until it engages in grooves on underside of bracelet.
4. Press locking plate down until it snaps closed. Clasp can be damaged if excessive force is used.



FOLDOVER CLASP BRACELET

1. Find spring bar that connects bracelet to clasp.

2. Using a pointed tool, push in spring bar and gently twist bracelet to disengage.
3. Determine wrist size, then insert spring bar in correct bottom hole.
4. Push down on spring bar, align with top hole and release to lock in place.

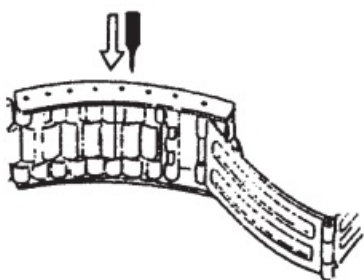


Fig. 1

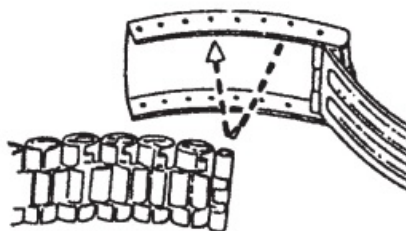


Fig. 2

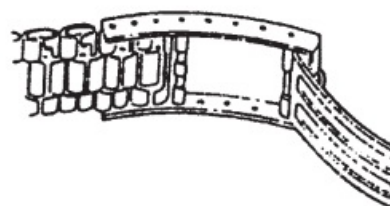
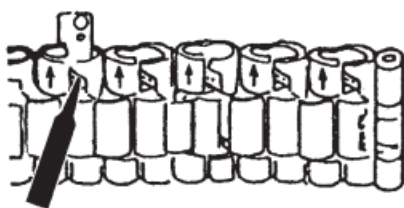


Fig. 3

BRACELET LINK REMOVAL

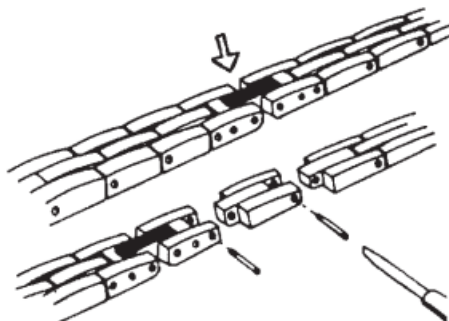
REMOVING LINKS:

1. Place bracelet upright and insert pointed tool in opening of link.
2. Push pin forcefully in direction of arrow until link is detached (pins are designed to be difficult to remove).
3. Repeat until desired number of links are removed.



RE-ASSEMBLY:

1. Rejoin bracelet parts.
2. Push pin back into link in opposite direction of arrow. 3. Press pin down securely into bracelet until it is flush.




Battery

The watch button cell or coin battery is not intended to be replaced by a consumer. Only a jeweler or other professional is to replace the battery.

TIMEX INTERNATIONAL WARRANTY

<http://www.timex.com/productWarranty.html>

Documents / Resources

	TIMEX 732-096000 Analog Watch [pdf] User Guide 732-096000 Analog Watch, 732-096000, Analog Watch, Watch
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References

- [T Watches from Timex | Digital, Analog, & Water Resistant Watches | Timex US](#)
- [T Watches from Timex | Digital, Analog, & Water Resistant Watches | Timex EU](#)
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