

**TAYLOR**  
**7340 Lithium**  
**Electronic Scale**



# TAYLOR 7340 Lithium Electronic Scale User Manual

[Home](#) » [TAYLOR](#) » TAYLOR 7340 Lithium Electronic Scale User Manual 

## Contents

- [1 TAYLOR 7340 Lithium Electronic Scale User Manual](#)
- [2 General Operation](#)
- [3 Battery Replacement](#)
- [4 Trouble Shooting](#)
- [5 Precautions](#)
- [6 Body Mass Index](#)
- [7 References](#)

**TAYLOR**

TAYLOR 7340 Lithium Electronic Scale User Manual



Thank you for purchasing a Taylor scale. We strive to provide you with a high-quality bath scale that meets your needs. Your opinion and experience with our product is important to us. If you are pleased with your Taylor product, please take a moment to share your thoughts with others by writing an online review. If you have questions or are not satisfied with your purchase, please contact us at [www.prodsupport@taylorusa.com](mailto:www.prodsupport@taylorusa.com) or call 1-866-843-3905. Please read this instruction manual carefully before use. Keep these instructions handy for future reference.

## General Operation

1. There is a strip under the Lithium battery cover to prevent battery drain in shipping. Please remove the strip before continuing with these instructions.
2. Also, some models have a static cling label on the lens to prevent scratching. Please remove it before use.
3. Your scale has been set at the factory to read weight in pounds. You may select kilogram units of measurement by moving the slide switch on the bottom of the scale.
4. Place the scale on a flat, hard surface. Carpeted or uneven floors may affect accuracy.
5. Step onto the scale and remain still. The scale will count up to your weight and beep.
6. Step onto the scale platform and remain still. The display will count up to your weight. The scale will beep when the weight is locked. Your weight is now displayed.
7. The scale will turn off automatically.

## Battery Information

Your Taylor® scale has a lithium battery installed to provide extra long energy life for your scale. Under heavy usage (Health Club, Wellness Clinic, etc.) the battery may eventually need to be replaced.

## Battery Replacement

1. Use a 3-volt CR2032 lithium battery (as installed).
2. Remove the screw (or screws) from the battery compartment cover on the bottom of the scale and remove the cover.

3. Remove the old battery from the compartment.
  4. Place the new battery with the “+” sign up in the battery compartment.
  5. Replace the battery compartment cover and screw(s).
- NOTE:** Please recycle or dispose of batteries per local regulations. immediately.
6. Prove to battery die to see the bullet in use dire long period ode el peak.

### **Low Battery**

Your Taylor® scale is equipped with a low battery indicator. If will displays “LO” readings will grow dim or become irregular if the battery needs replacement.

### **Trouble Shooting**

#### **In Case of Difficulty...**

1. Place your feet in the same position every time you weigh yourself. Stand still during measurement.
2. Weigh yourself without clothing whenever possible. Clothes can vary in weight.
3. Move the scale to a location where it won't be bumped. If your scale is bumped while being activated or while in use, an inaccurate reading may occur.
4. For the most consistent readings, weigh yourself at the same time of day. Allow for weight fluctuations due to food or drink in your system.
5. The maximum capacity of this scale is 440 lbs / 200 kgs / 31 st 6 lbs. Should “O-Ld” appear on the display during a weighing, this indicates that the maximum weighing capacity of the scale has been exceeded.
6. Remove the weight immediately: otherwise, permanent damage may occur.

### **Precautions**

1. Clean exposed parts with a soft, slightly damp cloth. To remove stains, use a mild soap. Never use detergents, excess water, treated cloths, harsh cleaning agents, or sprays. Do not attempt to lubricate or open scale casing as this will void your warranty.
2. Although your scale is designed to be maintenance-free, it contains sensitive electronic parts. Avoid rough treatment. Do not drop, kick, or jump on it. Treat it with care to ensure the best performance.
3. This scale is designed to read weights between 35 and 440 lbs, 15 and 200 kgs, 3 and 31st 6 lbs. To prevent damage, do not place more than 440 lbs / 200 kgs / 31st 6 lbs on it.
4. Do not store scale where you store cleaning chemicals. The vapors from some household products may affect the electronic components of your scale. Do not store scale on its side.
5. This scale is an extremely sensitive weighing device. To prevent a run-down of the battery, do not store anything on the scale.
6. Do not dispose of batteries in a fire. Batteries may explode or leak. Remove the battery if the scale will not be used for a long period.

### **Reaching Target Weight**

Maintaining proper weight is essential to healthy living. Obesity has been linked to a higher risk of heart disease, diabetes, and some forms of cancer. The Body Mass Index (BMI) is the most widely accepted measurement of weight according to health professionals.

Use the chart below to determine your own BMI by matching your height in the left-hand column with your weight in the center. Anyone, male or female, with a BMI of 25 to 29 is considered overweight and a body mass index of

30 is considered obese. Remember to eat right and exercise.

## Body Mass Index

| Height (inches)        | Body Weight (pounds) |           |           |           |           |           | Overweight |           |           |           |           | Obese     |           |           |           |           |           |
|------------------------|----------------------|-----------|-----------|-----------|-----------|-----------|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
|                        | 91                   | 96        | 100       | 105       | 110       | 115       | 119        | 124       | 129       | 134       | 138       | 143       | 148       | 153       | 158       | 162       | 167       |
| 58                     | 91                   | 96        | 100       | 105       | 110       | 115       | 119        | 124       | 129       | 134       | 138       | 143       | 148       | 153       | 158       | 162       | 167       |
| 59                     | 94                   | 99        | 104       | 109       | 114       | 119       | 124        | 128       | 133       | 138       | 143       | 148       | 153       | 158       | 163       | 168       | 173       |
| 60                     | 97                   | 102       | 107       | 112       | 118       | 123       | 128        | 133       | 138       | 143       | 148       | 153       | 158       | 163       | 168       | 174       | 179       |
| 61                     | 100                  | 106       | 111       | 116       | 122       | 127       | 132        | 137       | 143       | 148       | 153       | 158       | 164       | 169       | 174       | 180       | 185       |
| 62                     | 104                  | 109       | 115       | 120       | 126       | 131       | 136        | 142       | 147       | 153       | 158       | 164       | 169       | 175       | 180       | 186       | 191       |
| 63                     | 107                  | 113       | 118       | 124       | 130       | 135       | 141        | 146       | 152       | 158       | 163       | 169       | 175       | 180       | 186       | 191       | 197       |
| 64                     | 110                  | 116       | 122       | 128       | 134       | 140       | 145        | 151       | 157       | 163       | 169       | 174       | 180       | 186       | 192       | 197       | 204       |
| 65                     | 114                  | 120       | 126       | 132       | 138       | 144       | 150        | 156       | 162       | 168       | 174       | 180       | 186       | 192       | 198       | 204       | 210       |
| 66                     | 118                  | 124       | 130       | 136       | 142       | 148       | 155        | 161       | 167       | 173       | 179       | 186       | 192       | 198       | 204       | 210       | 216       |
| 67                     | 121                  | 127       | 134       | 140       | 146       | 153       | 159        | 166       | 172       | 178       | 185       | 191       | 198       | 204       | 211       | 217       | 223       |
| 68                     | 125                  | 131       | 138       | 144       | 151       | 158       | 164        | 171       | 177       | 184       | 190       | 197       | 203       | 210       | 216       | 223       | 230       |
| 69                     | 128                  | 135       | 142       | 149       | 155       | 162       | 169        | 176       | 182       | 189       | 196       | 203       | 209       | 216       | 223       | 230       | 236       |
| 70                     | 132                  | 139       | 146       | 153       | 160       | 167       | 174        | 181       | 188       | 195       | 202       | 209       | 216       | 222       | 229       | 236       | 243       |
| 71                     | 136                  | 143       | 150       | 157       | 165       | 172       | 179        | 186       | 193       | 200       | 208       | 215       | 222       | 229       | 236       | 243       | 250       |
| 72                     | 140                  | 147       | 154       | 162       | 169       | 177       | 184        | 191       | 199       | 206       | 213       | 221       | 228       | 235       | 242       | 250       | 258       |
| 73                     | 144                  | 151       | 159       | 166       | 174       | 182       | 189        | 197       | 204       | 212       | 219       | 227       | 235       | 242       | 250       | 257       | 265       |
| 74                     | 148                  | 155       | 163       | 171       | 179       | 186       | 194        | 202       | 210       | 218       | 225       | 233       | 241       | 249       | 256       | 264       | 272       |
| 75                     | 152                  | 160       | 168       | 176       | 184       | 192       | 200        | 208       | 216       | 224       | 232       | 240       | 248       | 256       | 264       | 272       | 279       |
| 76                     | 156                  | 164       | 172       | 180       | 189       | 197       | 205        | 213       | 221       | 230       | 238       | 246       | 254       | 263       | 271       | 279       | 287       |
|                        | <b>19</b>            | <b>20</b> | <b>21</b> | <b>22</b> | <b>23</b> | <b>24</b> | <b>25</b>  | <b>26</b> | <b>27</b> | <b>28</b> | <b>29</b> | <b>30</b> | <b>31</b> | <b>32</b> | <b>33</b> | <b>34</b> | <b>35</b> |
| <b>Body Mass Index</b> |                      |           |           |           |           |           |            |           |           |           |           |           |           |           |           |           |           |

**Caution:** Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**Note:** This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, under part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used by the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user

is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and the receiver.
- Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

### **Five (5) Year Limited Warranty**

This scale is warranted against defects in materials or workmanship (excluding batteries) for five (5) years for the original purchaser from the date of retail purchase. It does not cover damages or wear resulting from accident, misuse, abuse, commercial use, or unauthorized adjustment and/or repair. Do not return to the retailer. For product support & warranty information: Please contact us with proof of purchase (purchase receipt) at:

Taylor Precision Products, Inc.  
2220 Entrada Del Sol, Suite A  
Las Cruces, New Mexico 88001 USA  
Phone: 1-[866-843-3905](tel:866-843-3905)  
Email: [www.prodsupport@taylorusa.com](mailto:www.prodsupport@taylorusa.com)

There are no express warranties except as listed above. This warranty gives you specific legal rights, and you may have other rights which vary from state to state. For additional product information, or warranty information outside the USA, please contact us through [www.faylorusa.com](http://www.faylorusa.com). 2014 Taylor Precision Products, Inc. and its affiliated companies, all rights reserved. Taylor® and Leading the Way in Accuracy® are registered trademarks of Taylor Precision Products, Inc. and its affiliated companies. All rights reserved. Not legal to trade Made to our exact specifications in China. [www.taylorusa.com](http://www.taylorusa.com)

**Download PDF:** [TAYLOR 7340 Lithium Electronic Scale User Manual](#)

### **References**

- [User Manual](#)

[Manuals+](#), [Privacy Policy](#)

This website is an independent publication and is neither affiliated with nor endorsed by any of the trademark owners. The "Bluetooth®" word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. The "Wi-Fi®" word mark and logos are registered trademarks owned by the Wi-Fi Alliance. Any use of these marks on this website does not imply any affiliation with or endorsement.