

**SureSafeGO Plus Personal
Alarm Watch**



SureSafeGO Plus Personal Alarm Watch User Guide

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SureSafe

SureSafeGO Plus Personal Alarm Watch



FAQ


- **How often should I test my wristband?**
 - It is recommended to test your wristband at least once a month to ensure it functions correctly.
- **Is the Family & Friends app necessary for the alarm to work?**
 - No, the alarm will work fully without the app. The app provides additional features but is optional.

Product Overview






Get connected in 5 easy steps

1. Charge your device for a minimum of 3 hours.
2. Put your wristband on your wrist.
3. Make a test call from your wristband by pressing and holding the  SOS button for 2-3 seconds.
4. The watch will announce that it is 'calling for help'. Within a few seconds you will hear a voice come out of the wristband asking if everything is OK.
5. Simply confirm that you are OK, and that this is just a test call.


Charging And Power

Charging your device:

- Attach the magnetic charging cable to the four pins on the rear of the watch.



- You can check the battery percentage of your wristband by pressing the  clock button.

Turning your Wristband On or Off:

You can check if your wristband is on by pressing the  button.
Your Wristband will tell the current time if it is turned on.

- To turn your Wristband on press & hold the Power Button for 5 seconds
- To turn your Wristband off press & hold the Power Button for 5 seconds


Other features & buttons

-  Press for 2-3 seconds to make an Emergency Call
 - Cancel – cancel a call, fall alert or medication reminder
-  Press to hear the time and your battery charge status

Making a short test call

- Before you make a test call make sure your Wristband is fully charged for at least 3 hours and you have provided emergency contact details (Family & Friends) to SureSafe.

To make the call:

- Press & Hold the  button for 2-3 seconds, you will feel a short vibration and hear 'Calling For Help'
- Your Wristband will call through to SureSafe's 24/7 Response Centre.
- The Response Centre will answer within a few seconds. You can now talk through the speaker and microphone on the Wristband.
- When the Response Centre hangs up, the call will automatically end.

Tip

- There is a small dimple on the button to help you locate it by feel.
- We advise making a short IO second test call at least once a month.

Setting your Home Location And Your Account

Setting your Home Location:

- Your Wristband can detect your precise location by GPS and by Wifi.
- It is important to set your home location by logging onto your account and following the set 'Home Location'

instructions.

- Your Wristband must be turned on and at your home when doing this.

Other important settings in Your Account:

Your account allows you to set other important settings such as:

- How often your location is updated by your Wristband (default 60 minutes)
- If Automatic Fall Detection is enabled and the sensitivity level (please read our Important Information section later in this guide)
- Medication Reminders – an announcement by your Wristband at set times to remind you to take medication
- Geo-Fence – This will send an alert if you roam outside the area set up in your account. The alert goes to Family & Friends, not the Response Centre.

Your Family & Friends:

Here are some important tips for tell your Family & Friends:

- Add our emergency incoming call number 01625 850 266 to your contacts, example 'Mum's Personal Alarm'
- Download our App to keep aware of your loved-one's location and Wristband status

Troubleshooting

Here are some helpful suggestions in case you experience problems with your Wristband operation:

- **No Operation** – Check your Wristband is charged and turned on.
- **No Emergency Call** – Check you have mobile signal and your SIM has not been removed.
- **Green Flashing Light** – Indicates no mobile data signal. You may be in a bad signal area.
- **Red Flashing Light** – Indicates a possible problem with your SIM. Contact your supplier who can advise.

Optional Additional Set-Up

Optional additional set-up – Family & Friends app:

Your Personal Alarm Watch comes with an optional Family & Friends app.

- The app provides additional information such as on demand location, location history, battery percentage, and other helpful information.
- Use of the app is optional. Your alarm will work fully without it. Here is how to get set up with the family & friends app:

Our Family & Friends App:

- Your family and friends can download our optional App at any time. You can send them an invite via your Account.

- They can see your location and wristband status (such as battery level), and receive important information about any alerts or events.
- They will receive information about our App in the introduction email.

What you will need to get set up:




- A smartphone or a computer with connection to the internet
- The email addresses of family & friends you want to invite to the app

Get connected in 3 easy steps:

1. Log in to your online Account. You will have received an email providing you with your login details and password.
2. Set your 'Home Location'. Check other settings in your Account e.g. fall detection.
3. Invite family and friends to download the app by sending an invitation to them from your Account. Limit of 3 apps per device.

Announcements

Below is a list of audible announcements made by your Wristband:

- **Powering On** – Whenever you power on your Wristband
- **Powering Off** – Whenever you turn off your Wristband
- **Battery Charging** – When you connect your charging adapter
- **Charger Disconnected** – When you unplug your charging adapter
- **Calling For Help** – When you press the  button to make an emergency call.
- The time now is..... – When you press the  button (time)
- **Battery XX Percent** – When you press the  button (battery level)
- Fall detected. Press top side button to cancel – When Automatic fall Detection is triggered. This allows you to cancel a call if it is a false trigger.
- It is time to take your medication – Medication reminder, press Cancel to acknowledge.

Important Additional Information

Your Wristband is IP67 Waterproof

- This means it is not affected by short periods of immersion underwater.
- It is safe to wear your Wristband in the shower or in the bath.

Regular Testing

- You should test your wristband at least once a month to maintain familiarity on how it works, and to confirm that

it functions as expected.

Important: Automatic Fall Detection (AFD)

- Please be aware that in using the Automatic Fall Detection (AFD) feature of this product, you understand and accept that the equipment will not detect 100% of falls. Falls can come in many different ways and the fall detector is not guaranteed to detect every fall. We recommend that the user manually activates a call whenever possible.
- The fall detection technology in this product does not allow the analysis and interpretation of all fall situations. Soft falls, slumping falls, descent-controlled falls against a wall or a chair, etc... may not be detected by our products.
- Due to limitations of the technology used, and the target to minimise false alarms, not all falls (even some dangerous heavy falls) will be detected. This is the reason why we have the manual call button. We accept no liability for the failure of the automatic fall detection not detecting a fall event.
- You can adjust your Automatic Fall Detection sensitivity in your Account.
- To cancel an AFD call should your Wristband trigger falsely, please press the Cancel button.

Important: Mobile Devices Using GSM/GPS/GPRS/WiFi

By using this product, you understand that these devices work using a combination of mobile phone signal (GSM/GPRS), GPS location signal, LBS signal and Wifi signal (for indoor location detection). We are not responsible, in any way, for any failure of a product or service based upon, arising from, or in consequence of a total or partial failure of the GSM/GPRS, LBS, Wifi or GPS signal.

You acknowledge in purchasing this type of equipment that mobile phone signal can be unreliable, and signal quality can vary dramatically from time to time, even in the same location. We are not responsible in any way when the product does not make a call, or is unable to connect to, the mobile phone or GPS networks.

Important: Location Features Of Your Wristband

- Your Wristband is designed to send your location to our system and your Family & Friends regularly. The settings for how often your Wristband sends these can be adjusted in your Account. The more regularly you send your location, the more battery power will be used.
- We use roaming three-network mobile services (EE, Vodafone and 02) to get the best mobile signal at all times. If you are in a very bad signal area your Wristband may not be able to update your location.

Indoor Location:

- While you are indoors our Wristband can detect your exact location using Google's knowledge of Wifi locations. Not all Wifi locations are known to Google and so there may be occasions when your exact indoor location is not known.
- It is important to set up your 'home location' in your Account, so your indoor location at home is always accurately reported.

Outdoor Location:

- While you are outdoors our Wristband uses GPS signal to detect your exact location.
- If you are outdoors but your Wristband cannot find a GPS signal (such as in a remote covered area) we cannot update your exact location.

LBS Location:

- If Wifi location and GPS location is not available your Wristband can be requested for LBS location. This uses signal levels from local mobile cell towers and is only accurate to 500M at best. It should not be relied on for exact location.
- Our App always states if a location is based on LBS and not GPS or Wifi data.

Cleaning & Disposal

- Your Wristband should be cleaned using a slightly damp cloth. Solvents should not be used when cleaning. The marking on the product, accessories or manual indicates that the product and its electronic accessories (e.g. charger, headset, USB cable) should not be disposed of with other household waste.
- To prevent possible harm to the environment or human health from uncontrolled waste disposal, please separate these items from other types of waste and recycle them responsibly to promote the sustainable reuse of material resources.


Resetting & Clearing Customer Settings

- All user and Family & Friends app user information is stored in your Account dashboard.
- No information or data is stored on the wristband itself. To clear this data simply log in to your dashboard and delete any information that you want to remove.

Contact

- **Call:** 0800 112 3201
- www.personalalarms.org
- info@personalalarms.org

Documents / Resources

 <p>SureSafe SureSafeGO Plus Personal Alarm Watch Quick Start Guide</p> <p>Get started in 5 easy steps:</p> <ol style="list-style-type: none"> 1. Charge your device to ensure full power. 2. Turn on the device. 3. Press the button to test the alarm and ensure it is working. 4. Press the button to test the alarm and ensure it is working. 5. Press the button to test the alarm and ensure it is working. <p>Charging your device:</p> <p>Place the device in the charging dock and connect the USB cable to a power source. The device will be charged automatically.</p>	<p>SureSafe SureSafeGO Plus Personal Alarm Watch [pdf] User Guide SureSafeGO Plus Personal Alarm Watch, SureSafeGO Plus, Personal Alarm Watch, Alarm Watch, Watch</p>
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References

- [S UK's Best Personal Alarms for the Elderly & Alarm Pendants - SureSafe](#)
- [User Manual](#)

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