



# Starmax Technology GTS5 Smart Watch Instruction Manual

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**Starmax Technology GTS5 Smart Watch**



Thanks for purchasing this product. Please read this Manual carefully before use.

## Product Information

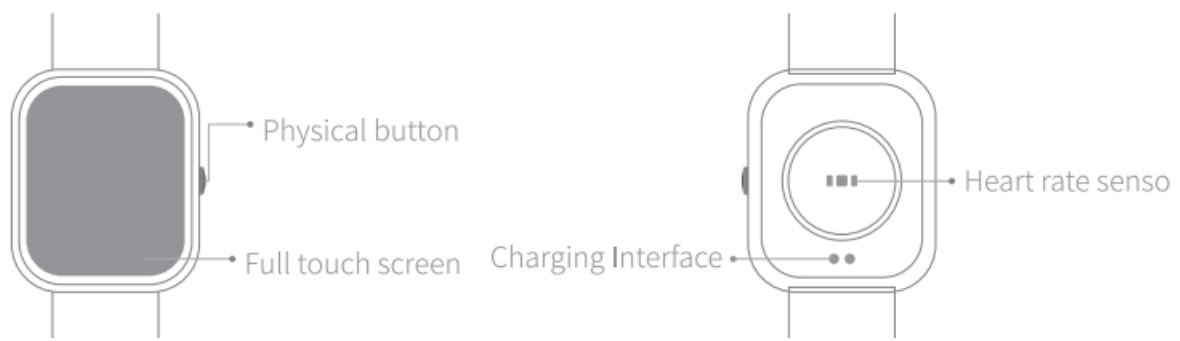
The product is a Bluetooth-enabled device with the model number AC6963A BLE:RTL8762DT. It supports various features such as NFC, PUIFS SFMFWBOU QSPWJTJPOT, and EJSFDUJWF &6 functionality. The product also includes a built-in battery with a capacity of NPVMBUJPO#-&('4,&%3('4,%214. The product is compatible with the following devices: \*NQPSUFS/BNF.+\$.-JNJUFE \*NQPSUFSEESFTT3PPN-JGGFZ#VJMEJOH%VCMJO\*SFMBOE QQMJDBOU. It can be controlled using the provided mobile application and supports various functions and settings.

## Product Usage Instructions

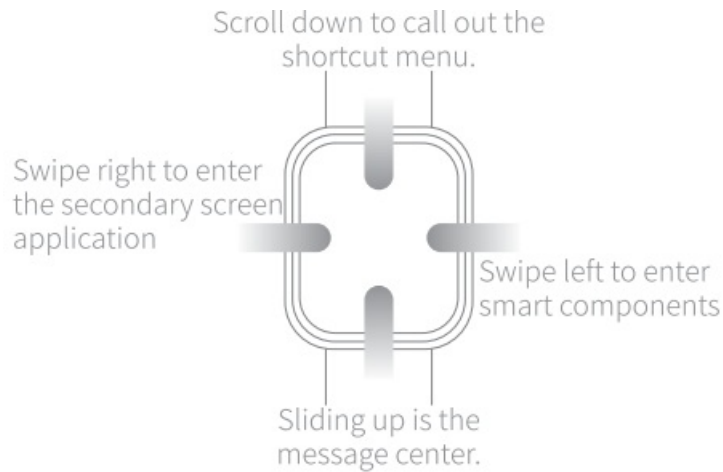
1. Ensure that the product is fully charged before initial use.
2. Download and install the mobile application compatible with your device from the app store.
3. Turn on the Bluetooth on your device and pair it with the product. Follow the instructions provided in the mobile application.
4. Once paired, you can use the mobile application to control and customize the settings of the product.
5. Refer to the user manual for detailed instructions on using specific features and functions of the product.
6. If you encounter any issues or need further assistance, refer to the troubleshooting section in the user manual or contact our customer support.
7. Do not disassemble or modify the product as it may void the warranty.
8. Keep the product away from water and extreme temperatures to prevent damage.

## Use introduction

### Product overview

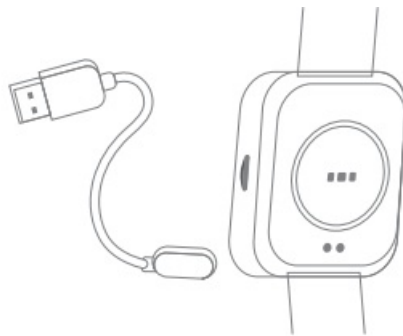


### Physical button function



- When the screen is off, tap to wake up the screen.
- Long press to wake up shutdown/SOS function.
- Click on the main interface to enter the menu function.

### Charging instructions



- Attach the charger interface to the bottom of the watch, charge it for 5 minutes, or press and hold the button for 3 seconds to activate the boot.
- In order to prevent damage to the device during charging, please use a charger with the specified voltage of 5V.

### Feature



Model  
**GTS5**



Screen Type  
**2.0-inch high-definition color screen**



Battery Capacity  
**350mAh**



Charging Voltage  
**5V**



Charging Time  
**About 2.5 hours**



Battery Life  
**10 days**



Waterproof Level  
**IP67**



Bluetooth Version  
**BLE5.2**

## APP download and connection

### APP download

Please download and install the “Runmefit” application in AppStore, GooglePlay or scan the QR code on the right to download.



### Pairing

Please turn on the Bluetooth of the mobile phone before pairing, and then you must perform the Bluetooth pairing in the APP, and the Bluetooth pairing cannot be performed in the mobile phone system. There are two ways to pair:

- Click “Add Device” on the “Devices” interface of the APP, and the Bluetooth search interface will pop up. Next, find the corresponding Bluetooth name to pairing.
- You can also click Scan Code to connect to the APP and scan the connection QR code on the device to pair.

### Pairing Call Bluetooth

After completing the device pairing in the APP, the next step is to pair the audio Bluetooth. Click Next, the APP will automatically jump to the Bluetooth of the mobile phone system, find “GTS5CALL-\*\*\*” in the Bluetooth list of the mobile phone system, and click to connect. If this Bluetooth device is not found in the system, please manually turn on the audio Bluetooth in the watch (Application->Phone), then go to the phone system and click Connect. If you want to turn off Bluetooth calls, please click “Disconnect Audio Bluetooth” at the bottom of the “Phone” function. If you want to use Bluetooth to call again, please turn on the “Audio Bluetooth” switch again, and repeat the above steps to connect. Note: Turning on Bluetooth calls will greatly increase power consumption, and the battery life will be significantly reduced. It is recommended to turn off audio Bluetooth when you do not use Bluetooth for calls. After the audio Bluetooth is turned off, the “Voice Assistant” and “Bluetooth Music” functions will not be available.



## Function introduction

This device has a wealth of functions, mainly including the following:

- **Health functions:** heart rate detection, blood oxygen detection, blood pressure detection, sleep monitoring, stress monitoring, one-key measurement, MAI health vitality index, breathing training, health reminders, etc.;
- **Sports functions:** 100+ sports modes, MET vitality index monitoring, automatic sports recognition, sports data recording, etc.;
- **Others:** Event reminders, voice assistants, Bluetooth calls, Bluetooth music, message reminders, etc.

## Precautions

- The waterproof level of this product is IP67, and can only use it for daily waterproof protection, such as washing hands, raining, Etc.;
- Do not take it for swimming, diving, surfing, and other water sports;
- Do not use it in high-temperature places such as saunas and steam rooms. The high-temperature environment will significantly increase the probability of water entering the watch;
- This product is not a medical device. Therefore, all the measured data and results are for reference only and not for medical evidence.

## FAQ

### 1. Can not search the Bluetooth of the device in the APP.

It is possible that when you connected the device, you linked directly to the Bluetooth of the mobile phone system. Therefore, the connected device needs to be connected to the APP and not join in the phone settings. If the Bluetooth has bound in the phone settings, please unbind in the phone settings first, and then enter the APP to search for Bluetooth to bound.

**Note:** A Bluetooth pairing request will pop up when the watch has connected to the iOs system. You need to click Allow pairing to connect the device normally.

### 2. The APP can't synchronize the data of the smartwatch.

The Bluetooth wireless connection may have signal interference and other reasons, which may cause the link or data synchronization time to be too long. In addition, the Bluetooth of some mobile phones may occasionally be abnormal when starting up. Therefore, it is better to restart the phone's Bluetooth before pairing.

### 3. The watch cannot be charged.

Please make sure that the positive and negative poles of the charging port are not reversed and that the charger is powered on; when the battery of the watch is too low, there will be a period of battery pre-charging time.

### 4. The time of the watch is not accurate.

When the device is fully charged after a dead battery or has not been used for a long time, there may be errors in the time. However, as long as the APP is connected, the time will be automatically synchronized.

#### 5. Heart rate detection will fail or be inaccurate.

These conditions may be caused by non-standard wearing methods, such as light leakage due to incomplete fit to the skin, movement of the watch on the skin, wearing the watch too tightly, raising the arm, and making a fist that affects the blood circulation, Etc. These conditions may affect the heart rate measurement. The correct measurement method requires laying your arms flat, relaxing your body, and keeping it still while ensuring that the watch is close to your wrist.

#### 6. The number of steps recorded by the watch is inaccurate or wrong.

The following conditions may cause it:

- The arm swing amplitude, frequency, and law of the arm swing will have a particular impact on the step count. In addition, the accuracy of the watch's step count is related to the walking posture, walking habits, walking speed, walking continuity, and road conditions.
- Please fill in various information correctly in the APP and synchronize it to the watch, including gender, height, weight, age, all of which will affect the step counting algorithm.
- In daily life, we often shake our arms or bodies. In some scenes, the shaking is regular, and the watch will misjudge it as walking.
- If only a few steps are taken when counting steps and the movement is not continuous, the watch may not record.
- The watch does not have a GPS positioning function, so there will be a specific error in step counting in sports mode.


For more questions (for example, no message reminder), please check "My"- "Questions and Help" in the APP.

Scan the QR code for more function information:



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## Documents / Resources

	<p><a href="#">Starmax Technology GTS5 Smart Watch</a> [pdf] Instruction Manual GTS5 Smart Watch, GTS5, Smart Watch, Watch</p>
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## References

- [User Manual](#)

