



## Trackit Plus Software



# SPRING FORWARD Trackit Plus Software User Guide

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## SPRING FORWARD Trackit Plus Software





## Product Information

### Specifications:

- **Product Name:** EEG Recording Device
- **Manufacturer:** Lifelines Neuro
- **Model Number:** EEG-2021
- **Release Date:** March 2021

## Product Usage Instructions

### Avoid Syncing Interruptions During Daylight Savings Time Changes

If you are running a study overnight during a Daylight Savings Time change, follow these steps:

1. Ensure the “Adjust for daylight saving time” option in your date and time settings on your laptop or tablet is turned off before starting the study.
2. If there is a time difference between the recording and the video, the EEG software may not recognize the association between the video and EEG data.

### Access The Date/Time Settings:

To access the date/time settings:

1. Right-click on the time/date in the taskbar.
2. Select “Adjust date/time”.

### Change The Following Settings:

1. Turn off the option “Set the time zone automatically”.
2. Turn off the option “Adjust for daylight saving time automatically”.

### When Your Study Is Complete

After completing your study, remember to:



1. Turn on “Adjust for daylight saving time automatically”.
2. Turn on “Set the time zone automatically”.

#### FAQ:

- **Q: Why is it important to turn off daylight saving time adjustments during a study?**

A: Turning off daylight saving time adjustments ensures accurate synchronization between video recordings and EEG data.

- **Q: What should I do if there is a time difference between my recording and video?**

A: If there is a time difference, the EEG software may not recognize the video association with the EEG data. Make sure to disable automatic adjustments.

- **Q: How can I get additional assistance?**

A: Contact our Customer Experience Department at Tel: [866-889-6505](tel:866-889-6505) or Email: [support@lifelinesneuro.com](mailto:support@lifelinesneuro.com).

### Avoid Syncing Interruptions

If you are running a study overnight during a Daylight Savings Time change, the “Adjust for daylight saving time” option in your date and time settings on your laptop or tablet MUST be turned off.

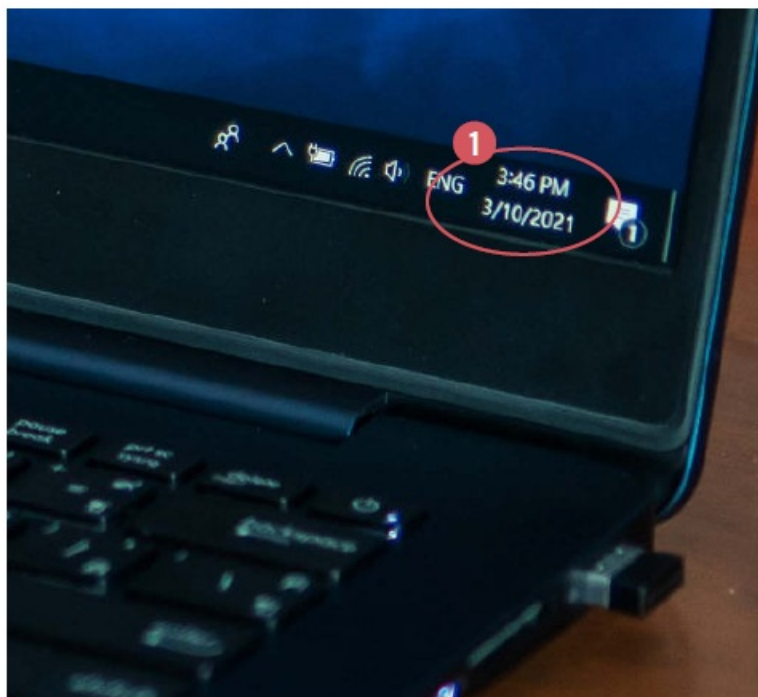
**Make this change BEFORE you begin your study!**

#### IMPORTANT

If there is a time difference between the recording and the video, the EEG software will not recognize the video being associated with the EEG.

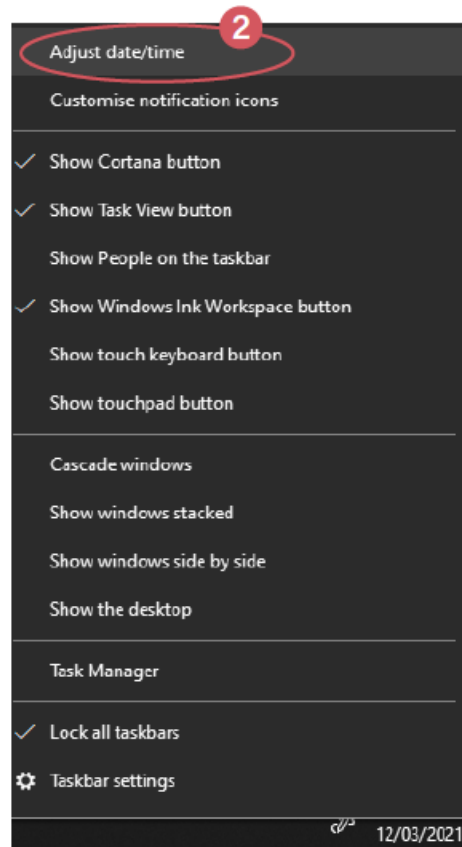
### Access The Date/Time Settings

1. Right-click on the time or date in the taskbar





## 2. Select Adjust date/time



## Change The Following Settings

### 1. Turn off the option

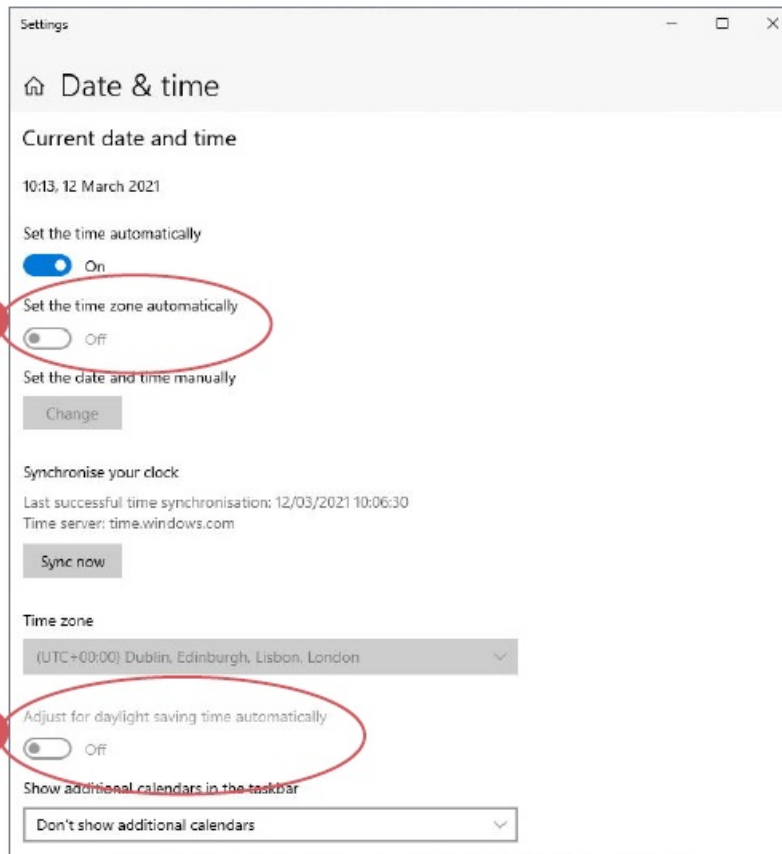
“Set the time zone automatically”

### 2. Turn off the option

“Adjust for daylight saving time automatically”

Now you are ready to record.





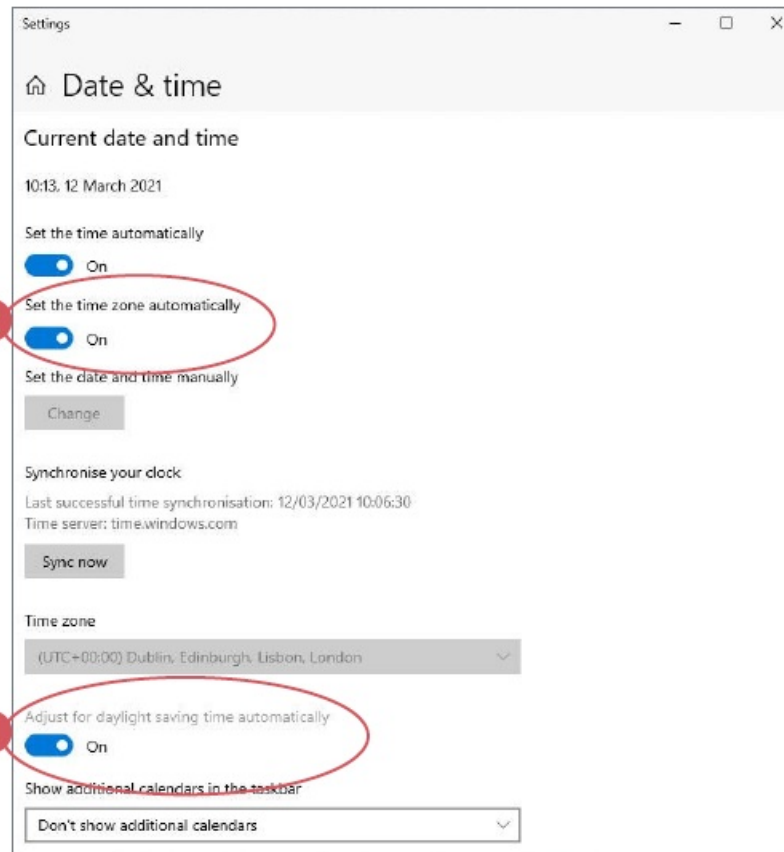
## When Your Study Is Complete

Don't forget to correct your tablet or laptop's time, once your weekend EEG recording is complete.

### To do this:

1. **Turn on**  
"Adjust for daylight saving time automatically"
2. Turn on the option  
"Set the time zone automatically"





## For additional assistance

- Tel: [866-889-6505](tel:866-889-6505)
- Email: [support@lifelinesneuro.com](mailto:support@lifelinesneuro.com).

## Documents / Resources

	<p><a href="#">SPRING FORWARD Trackit Plus Software</a> [pdf] User Guide SPFROIRNWGARD, Trackit Plus Software, Software</p>
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## References

- [User Manual](#)

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