



SMARTY2 0 K22 Smart Watch User Manual

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SMARTY

SMARTY2 0 K22 Smart Watch



Please make a full charge before using it.

APP: Dafit

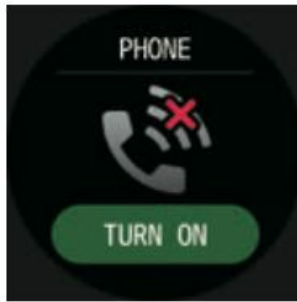
Download & Pairing

1. Long press the side button to turn on.
2. Scan below QR code below to install the Dafit APP. Or download "Dafit" from the App Store, or Google Player then install it.

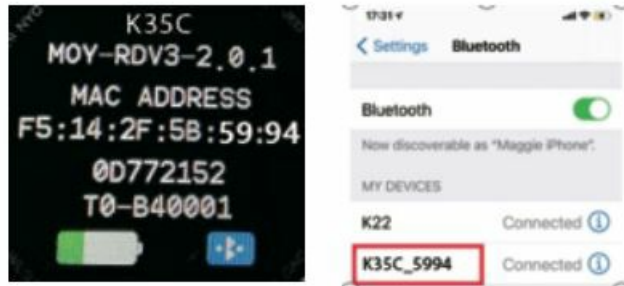


Compatible System: Android 4.4 and above, iOS 8.0 and above

3. Open the mobile APP, select the device to be bound in the APP device list
 - **Step1:** Turn on mobile phone Bluetooth
 - **Step2:** Open the "Dafit" APP, Tap "Add a device" to connect
 - **Step 3:** Turn on the phone menu on the watch.



- **Step 4:** Check the watch menu" about"MAC address last four numbers like "5994", then go to mobile phone "setting-bluetooth" to search the same Bluetooth name with the last 4 numbers "5994" to finish BT connection as below operation.



Functions

Time Interface

1. Power on: Long press side button for 3 seconds.
2. Power off: On the time interface, press side button for 3 seconds, then click" ✓ "icon to turn off
3. Switch watch face: Long press the screen based on the main watch face,4 interface options, and the 4th dial can manually replace user-defined pictures or photos on the APP

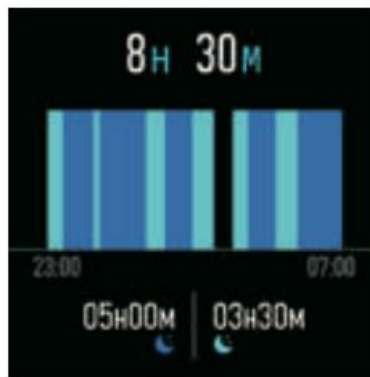
Functions menu

1. Activity records (Step records)

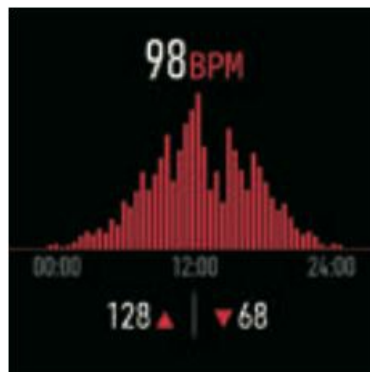


Sleep monitor

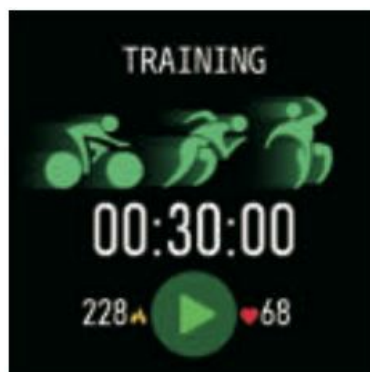
1. Sleep monitor period: 20:00PM to 10:00AM Pls make sure to wear the bracelet device



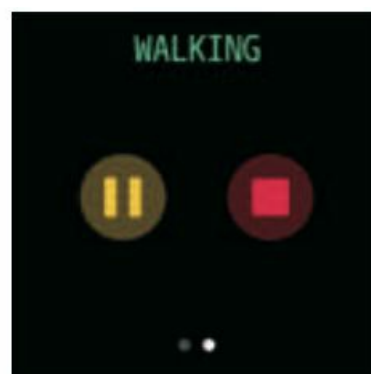
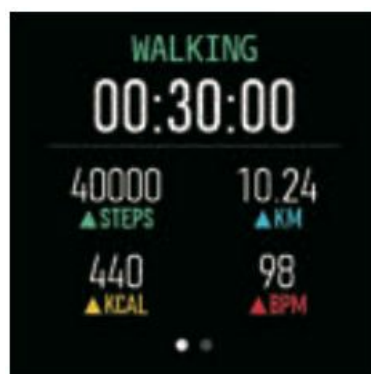
2. Heart Rate Monitor (If need a 24-hour monitor pls turn on "Full-day Heart rate" on the Daft app under the "Other" menu)



3. Exercise Multiple sports modes: Walking, Running, Cycling, Skipping, Badminton, Basketball, Football, all exercise data will be synced to a mobile phone Dafit App)



4. Select the sport mode you want, start to test, and show all exercise data: mileage, calorie, and heart rate as in the below picture; The Slide screen on the left can exit or pause the sport testing.



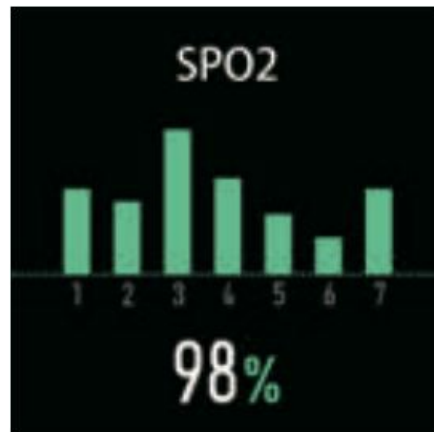
5. Bluetooth call



6. Blood Pressure Detection(click the screen to monitor)



7. Blood Pressure Detection(click the screen to monitor)

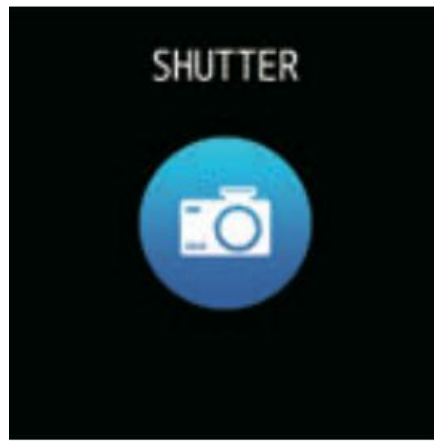


8. Weather (Slide-up screen can check this week's weather information)

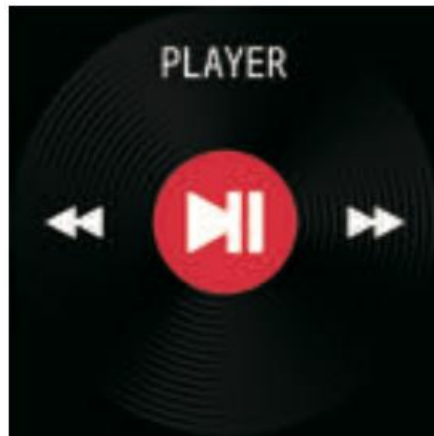


WEATHER		
09/23		20°/ 23°
09/24		23°/ 29°
09/25		20°/ 23°
09/26		23°/ 29°
09/27		20°/ 23°
09/28		23°/ 29°

9. Shutter Android: Turn on the Dafit app, from the smart bracelet enter “shutter” shake the bracelet, or click to take a photo. IOS: Enter smart bracelet “shutter “, make sure to turn on the mobile’s camera, shake the bracelet or click the icon.



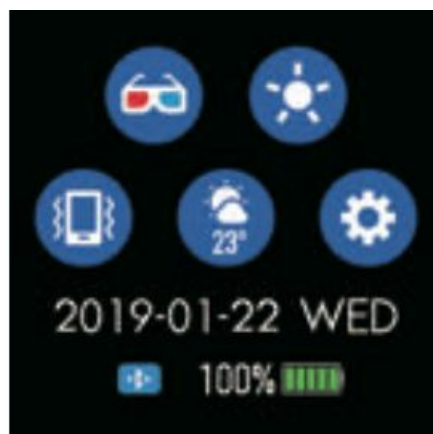
10. Player (Enter BT music, click the middle icon to pause or continue, tap the left icon to play the last song, and tap the right icon to play the next song)



11. Notifications push (Turn on the Dafit app "Notifications" social app like Facebook, Twitter, Skype, etc, Pay attention to Android mobile phone setup: Daft app/Notification/Accessibility to turn on "Dafit")



Pop-up menu (Slide down the screen from the main watch dial)



1. Theater mode
2. Brightness adjustment
3. Vibration or mute mode
4. Weather information
5. Setting: Stopwatch, alarm, countdown, brightness, shake: off, theater, reset, power off, about, APP code

4. Functions on the Daft App

Data sync

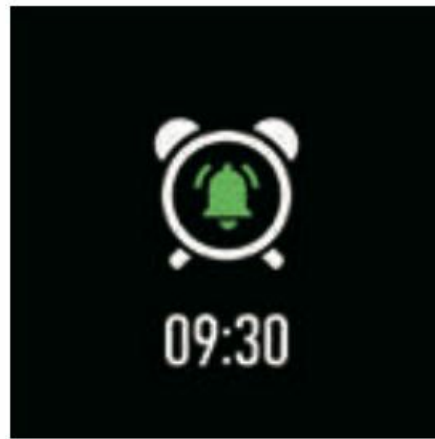
All measured data from the smart bracelet will be synced on the mobile phone Dafit app e.g.: step, sleep monitor, heart rate, blood pressure, blood oxygen, and other data as below Pic.

Smart bracelet connection interface

1. Watch Faces (4 interface options, and users can manually replace user-defined pictures or photos)



2. Notifications (Turn on social apps message push like WeChat, Facebook, WhatsApp, Twitter, etc.)
3. Alarms (3 options)




4. Shutter

5. Others (Find my smart bracelet, Time formats, Setting time of no disturbing, Sedentary reminder, Full-day heart monitor, Quick View screen, Weather, Drink Water reminder, Physiological cycle reminder)

- Power on “Find my bracelet” mode, the bracelet will vibrate when the Bluetooth is connected successfully between mobile phone and smart bracelet.
- Time format (2 options of 12&24hours system)
- Setting mode of no disturbing
- Sedentary reminder(Valid period 10:00AM-22:00 PM)
- Full-day heart-rate monitor Turn on it can detect your whole day’s heart rate)
- Quick view screen: wake up screen (turn on it and choose a valid time period)
- Drink Water Reminder
- Weather (Turn on the weather, choose the city you want or automatic location, and the band will show the located city’s weather
- Physiological cycle reminder

(Notes: Please kindly note above functions are working based on activated and saved the related setup)

Documents / Resources

	<p>SMARTY2 0 K22 Smart Watch [pdf] User Manual sw019-ita, K22, K22 Smart Watch, Smart Watch, Watch</p>
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