

SMARTfit Mini Compact Functional and Cognitive Training System Installation Guide

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System Assembly/Installation and Training

SMARTfit's Neuro-Cognitive Gym offers a feature-rich cognitive-motor assessment, training, and programming solution for every demographic in rehab and performance spaces.

The more you and your staff understand the full capabilities of SMARTfit technology and its ease of implementation through the SMARTfit app, the more you and your clients, patients, or members will benefit from it. We're committed to your success and have learned that comprehensive training makes a huge difference, so we encourage you to take advantage of all we offer. Your SMARTfit consultant will work with you to customize a costeffective training program and schedule that meets your needs.

It starts with a game that triggers the desire to play. Then, through engaging repetition and progressive cognitive demand powered by the desire to achieve, it rapidly develops physical, cognitive, and dual-task skills to improve human performance at all levels.

Measure	Repair	Prevent	Slow	Perform
Cognitive Function While Moving	Ortho-rehab, Neuro rehabVestibular, Aut ism Spectrum	MCI, Dementia, Fall s in Older Adults	The onset of Parkin son's, MCI, dementi a	ADLs, Sports, Fitness, Physical & Cognitive Skills & Endurance

Written and Video Installation instructions are available on the Customer Support sections of our website.

Portable and On-Frame Panel Systems

Initial Training – SMARTfit introduction and basics

- The Science Behind Dual Tasking and SMARTfit
- Setting up and using your SMARTfit system
 - o Using the SMARTfit app user interface to meet the needs of your business individual and group training
 - o Fitness and Rehab Mode choosing the mode that gives you access to programming suited to your needs
 - o Setup entering users, trainers, groups,
 - o Full Review of Categories, Predesigned Activities & Programs, Testing and Baseline Tests, and Report Generation
- Creating a Highly Engaging & Comprehensive Cognitive-Motor Testing and Training Program (Neuro-Cognitive Gym)
- · Free Play with Q&A

Follow-up Training - Thinking and Applying SMARTfit to maximize results (1-4 weeks later)

- Matching clients to the best activities to achieve desired outcomes
- Testing using both neuropsychological and dual-task cost testing
 - o The full battery of tests
 - o Using the test battery to create prescriptions for improved performance
- Designing your own activities and programs
- Customizing and editing activities and programs to ensure appropriate leveling
- · Report generation
- Build tab Spelling lists, creating your own sequences and selections.
- Working with your specific customers
- Exporting data

NOTE: Training videos for the above are located within the App and on the Website.

Future Training

• Draw on a bank of 5-10 hours of additional training and retraining for existing and new staff as needed

Training Options and Fees

- SMARTfit Academy A proprietary online university for you and your staff. Lifetime access is \$100 per person.
- Initial and Follow-up Training
 - o Zoom Training (up to 5 hours) \$500
 - o Live Training \$2,100 in the continental USA for one day (5-6 hours). \$800 for each additional day. All other markets are quoted based on travel requirements.
- Future Training via Zoom- \$500 for 5 hours, \$900 for 10 hours.

On-Wall Systems – Installation and Training

On-wall systems require installation by a qualified person(s) with construction expertise.

NOTE: To ensure long-term customer satisfaction and guarantee product warranties, SMARTfit, Inc. has provided detailed written and video instructions in the Customer Support sections of our website that must be followed to ensure safe and durable installation.

Failure to follow such instructions will cancel the warranty and the company takes no responsibility for damage resulting from such installations.

Systems can be installed on concrete, block, or stud walls. Those being installed on stud walls require a plywood backing which will need to be installed prior to installation. If installed on uneven brick, concrete, or block walls, we suggest doing the same. This ensures the SMARTfit system will attach to the wall safely.

On-site Installation and Training Fees for SMARTfit On-wall Systems

Fees are for the continental USA and include one-day training (5-6 hours). \$800 for each additional day. All other markets are quoted based on travel requirements.

- SMARTfit Mini or Single On-Wall \$2,300
- SMARTfit MultiTrainer
 - o 2 station system: \$2,400
 - o Each additional System: \$100
- SMARTfit ProTrainer
 - o 2 Station System: \$2,800
 - o Each additional station: \$100

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Documents / Resources



SMARTfit Mini Compact Functional and Cognitive Training System [pdf] Installation Guide Mini Compact Functional and Cognitive Training System