Smart watch User Guide

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Thanksgiving, I met you in the years like songs.

Thank you for choosing this smart watch. This watch will provide higher help and enjoyment for your exercise and health. For your convenience, please read the instructions carefully and follow the steps in the instructions.

Instructions for the quick use of the watch

The whole machine description

Switch machine /return key
Touch the display

Charging contacts

Photoelectric sensor

Temperature sensor

Note: Press and hold the switch machine key watch to switch the machine

The watch is charged and activated

Charging activation is required before the first use of the watch, using the equipped magnetic suction charging cable to attach to the metal point on the back of the hand table, the other end of the charging line access to the USB charging head or computer USB port.
Install the watch APP

Scan the following QR codes or enter major application markets to download and install “GloryFit”

![QR Codes for Android, iOS, and Google Play](image)

Device requirements: iOS 8.0 and above; Android 4.4 and above, Bluetooth 4.0 and above.

1. Turn on your phone client to set up personal information
2. Switch to the Devices page and click Add device
3. Click on your device in the list of scanned devices
4. The binding is complete

Introduction to the function of the watch
**Blood oxygen**
Switch to the blood oxygen test interface to enter the blood oxygen real-time detection, test data can be synchronized to the APP in a timely manner, and there are test reports.

**Body temperature**
Switch to the temperature test interface to get access to real-time temperature detection, and test data can be synchronized to the APP in a timely manner with test reports.

**Status**
See the number of steps you walk, the distance you walk, and the calories you burn at any time of the day. You can check your motion data in the app in a timely manner.

**Heart rate**
Switch to the heart rate test interface for real-time heart rate monitoring, timely synchronization of measurement data into the APP, and test reports.

**Blood pressure**
Switch to the blood pressure interface for real-time monitoring of blood pressure, and measurement data can be synchronized to the APP in a timely manner, with test reports.
**Multi-sport**
Click on the multi-motion icon to enter the Sport Mode selection, with a variety of motion modes to choose from.

**Sleep**
Your watch can record and show the total amount of sleep you had last night, as well as the length of your deep sleep and light sleep. More detailed analysis and data records can be viewed in the client.

*Note: Sleep data is only available if you fall asleep with your watch*

**Weather**
The weather page displays current weather, air quality information, and tomorrow's conditions. Weather information needs to be connected to the client before it can be retrieved, and weather information cannot be updated if it is disconnected for a long time.
Precautions

1. do not use charging voltage greater than 5V, charging current is greater than 2A adapter, charging time of 2-3 hours.
2. Do not charge in the event of water stains.
3. this product is an electronic monitoring products, not as a medical reference, measurement data for reference only.
4. Why is the blood pressure value deviated from the blood pressure meter?
   The deviation of the measurement value of the watch and blood pressure meter is determined by a variety of factors, the blood pressure meter measurement site is in the artery, the watch measurement site is in the two main branches of the microartery, under normal circumstances the aortic blood pressure measurement and the microarterial blood pressure measurement will be three to forty; Increased vascular tension will cause greater deviation in upper and lower blood pressure measurements.
Can this watch receive calls and make out calls?

This watch can answer calls and dial numbers at the same time. There is a built-in microphone inside, which enables you to answer and make calls while exercising or cooking.

Can you read the time in the sun?

The screen has great visibility in the sun.

What is the difference between the watch and the mobile phone?

The smart watch is a kind of wearable device, which is used to monitor the movement of the body, such as heart rate, blood pressure, sleep quality and other parameters. The mobile phone is a kind of communication equipment, which is used to make calls and send messages.

How can I synchronize my smart watch data with my computer?

You can use a USB cable to connect your smart watch with your computer. Then you can open the software on your computer to synchronize your data.

Why does my smart watch show “no network” or “no signal”?

Please check whether you have turned on the Bluetooth function in your smart watch. If not, please turn it on. If it still doesn’t work after turning it on again, please check whether your mobile phone has Bluetooth function or not. If yes, please turn off it and try again. If no, please restart your mobile phone and try again. If it still doesn’t work after restarting your mobile phone again, please check whether there are other Bluetooth devices around you or not. If yes, please move away from them and try again. If no, please restart your smart watch and try again.

Why does my smart watch show “no SIM card”?

Please check whether you have inserted a SIM card into your smart watch or not. If not, please insert one into your smart watch correctly following the instructions in this manual to activate it. If yes but still doesn’t work after inserting one into your smart watch correctly following the instructions in this manual to activate it again, please contact our customer service for help at any time by emailing us at “service@gloryfit.com”.

Why does my smart watch show “no memory space”?

Please check whether you have installed other applications in your smart watch or not if not please uninstall them firstly then install them again following instructions in this manual to activate them correctly if yes but still doesn’t work after installing them correctly following instructions in this manual to activate them again please contact our customer service for help at any time by emailing us at “service@gloryfit.com”.

Why does my smart watch show “system error”?

Please check whether you have installed other applications in your smart watch or not if not please uninstall them firstly then install them again following instructions in this manual to activate them correctly if yes but still doesn’t work after installing them correctly following instructions in this manual

How do I change Celsius to Fahrenheit on watch, my phone is set to Fahrenheit, how do I change it?

In your set up, under others then scroll to weather, under temperature set change it there.

What is the function of the “Disturb” option?

This is the do not disturb mode. If you do not want to disturb you when the watch receives messages, you can turn on this do not disturb mode, and then your watch will not disturb you when receiving messages.

Will this watch show iMessage and Text messages when connected to an iPhone?

Yes, it will show text messages on your watch that are received on your iPhone once the watch has been setup with the DaFit app for the watch.

Can you change the wallpaper?
Yes. Press the screen of the watch and hold for a few seconds. For more wallpaper options, open the watch App (DA Fit), tap the watch icon on the bottom, and select Watch Faces.

**How we can use it with 240v outside us?**

The charge cable is USB. You would need the correct adapter, or charge from USB port of your computer. I’m assuming USB is the same voltage everywhere.

**Does this product automatically detect workouts? If so how do you set that up?**

You would have to use app on your phone to control that feature.

**Can i send texts with this product?**

When the smart watch is synchronized with the smart phone, you can receive and make calls, receive and view SMS and SNS messages, including Facebook, Twitter, WhatsApp, LinkedIn, Messenger, etc., email, but you cannot send text messages with the watch.

**VIDEO**


**Related Manuals / Resources**

- **TIMEX Smart Watch User Guide**
  TIMEX Smart Watch Side Buttons Charge Your Watch Your watch should be charged for at least two hours…

- **Goodmans 364134 Smart Watch User Guide**
  Goodmans 364134 Smart Watch User Guide Model: 364134 GETTING STARTED: Follow the instructions below to charge and power…

- **TIMEX Metropolitan S Smart Watch User Guide**
  TIMEX Metropolitan S Smart Watch User Guide Charge your Watch Your watch should be charged for at least…
Mobvoi Smart Watch TicWatch User Guide

Mobvoi Smart Watch TicWatch User Guide Charging Switch Magnetic touch charging base: With magnetic touch charging technology, TicWatch…

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