



SiFENE JS3101 Efficient Masticating Juicers User Manual

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SiFENE JS3101 Efficient Masticating Juicers



Precautions For Safe Use

- The input voltage of this product is 120V~60Hz, please confirm before use.
- Disconnect the power supply before dismantling, assembling, or adjusting any part.
- The product has Y type connection. If the power cable is damaged, contact our customer service department or have it replaced by a designated service center directly.
- Before use, please check if the power cord, plug, fine strainer, auger, noodle extruding body, and other parts are damaged. Please stop using the product if any damage is found and contact support@sifene.com. Do not disassemble and repair yourself.
- If product maintenance is necessary after use, contact support@sifene.com, or have the maintenance done by a designated service center directly. It is dangerous to dismantle the product by yourself.
- Before switching on the power, please make sure that the removable parts are fully installed, such as the juicing body, auger, fine strainer, juicing body cover, etc.
- During operation, to avoid any damage to the operator or the product, it is strictly forbidden to put fingers or sharp objects into the material inlet and directly contact the rotating parts such as the auger, etc.; it is strictly forbidden to use any object to replace the pusher rods. It is strictly forbidden to keep eyes close to the material inlet to avoid injury.
- The ingredients should be cut into small pieces so that they can be put into the inlet of the juicing body. If there are fruits and vegetables with kernels, hard seeds, thick skins, or hard shells, remove them before processing.
- When ingredients are put in, the force to push the ingredients should not be too great.
- It is normal for the fine strainer, juicing body cover, auger, and other parts to be stained after juicing certain fruits and vegetables. It does not affect the quality of the food and will not be harmful to eaters' health.
- The product is equipped with an intelligent protection chip, making it automatically stop after 20 minutes of continuous work. At this time, please stop the operation for 20-30 minutes, and then continue to use the motor after cooling. This method is conducive to extending the service life of the product.
- The product has a current limiting design. When processing harder ingredients, the motor will be locked-rotor

and the current will increase. When the current exceeds 1.9A, the machine will make a “click” sound and the motor will stop working. This method can effectively protect the motor from over-current and extend the service life of the motor.

- If the motor stops automatically due to current-limiting protection or a stalled rotor during operation, press the “Reverse” button to withdraw the ingredients, and then press the “SOFT/HARD” key button to make the machine work normally use. If the rotor is still blocked, it is recommended to clean the ingredients in the auger before continuing to use it. This method is to protect the motor.
- After use, please wait until the motor and auger stop rotating and make sure that the power is disconnected before removing the detachable parts of the machine.
- All parts of this product are not allowed to be disinfected with hot water over 80°C/ 176°F and microwave ovens to avoid thermal deformation damage. Parts and materials in contact with food ingredients are, clean, hygienic, reliable, and in line with food hygiene certifications.
- Do not put the juicer body into water or other liquids, nor flush it with water or other liquids to avoid any damage to the machine body.
- Do not clean the product with steel wool, abrasive cleansers, or corrosive liquids (such as gasoline or acetone).
- Store the product in a place out of the reach of children. Use or play of the product by persons with disabled limbs, sensory or mental disorders, or by persons without relevant experience or knowledge (including children) is forbidden.
- This product is only applicable to individual or home applications.
- This product is a Class I appliance. The grounding wire of the socket must be well-grounded.

What's Included



1. Main Body
2. **Operation Panel:** REV, STOP, SOFT, HARD
3. Unlock Button
4. Juice Cup
5. Pulp Cup
6. Pusher
7. Juice Container
8. Auger
9. Fine Strainer
10. Juicing Body Cover

Method of Application

Before using this product for the first time, please thoroughly wash parts that touch with foods.

Button Operation Instructions



REV button: When the slag discharge is not smooth or clogged the key is used.

STOP button: Motor stops working.

SOFT button: Low-speed working button (suitable for picking soft fruits and vegetables such as tomatoes, watermelons, and grapes);

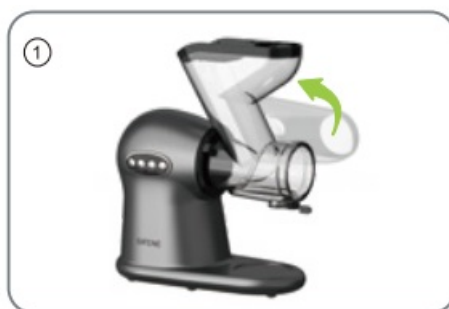
HARD button: High-speed working button (suitable for extracting hard fruits and vegetables such as carrots, and apple pears).

Tips: When the slag discharge is not smooth or plugged, press this key, the propeller starts to reverse, and after a few seconds press the “HARD” or “SOFT” button, and then the forward turn will continue to work.

How To Assemble

• Step 1

Connecting the juicer:



1. Align the juicer's feed chute with the main body's “unlock mark.”
2. Rotate counterclockwise until it clicks.

• Step 2



Align the screw propeller's shaft with the motor shaft on the body and push until the bottom. (If misaligned, adjust by slightly turning the auger.)

• Step 3



Insert fine strainer's large hole at screw propeller's tail, push positioning ribs into juicer's notch.

• **Step 4**



Stagger the three buckles on the juicer body cover and the three buckles on the juicer body, push them in, and then rotate counter-clockwise to tighten the juicer body cover and the juicer body.

• **Step 5**



Place the juice cup next to the fuselage, and place the pomace cup under the slag outlet of the juice extractor.

Tips For Fruit Selection

- Select and use fresh fruits and vegetables, which contain more juice. Particularly suitable fruits include pineapple, celery sticks, apples, cucumbers, spinach, melons, tomatoes, oranges, grapes, and the like.
- The thin skin of fruits and vegetables need not be peeled.
- Tangerine, pineapple, and other fruits and vegetables with thick skin need to be peeled. The seeds of citrus fruits should also be removed because they make the juice bitter.
- When squeezing apple juice, the concentration of apple juice depends on the type of apple selected: The juicier the apple is, the clearer the juice will be, so please choose the apple type according to the concentration of juice you want.
- Freshly juiced apple juice may quickly turn brown, and you can add a few drops of lemon juice to slow this process.
- Leaves and leaf stems (such as lettuce) can be juiced with this machine. The nutrients of common fruits and vegetables are as follows:

Fruits/vegetables	Vitamins/mineral substances	KJ/Calorie
Cabbage	Vitamin C, folic acid, calcium B6 and dietary fiber	100g=110KJ(26 Calorie)
Carrot	Vitamin A,C, B6 and dietary fiber	120g= 125KJ(30Calorie)
Celery	Vitamin C and kalium	80g=55KJ(13 Calorie)
Cucumber	Vitamin C	280g= 120KJ(29Calorie)

Fruits/vegetables	Vitamins/mineral substances	KJ/Calorie
Foeniculum vulgare	Vitamin C and dietary fiber	300g= 145KJ(35 Calorie)
Grape(peeled)	Vitamin C. B6 and kalium	125g=355KJ(85 Calorie)
Kiwi fruit	Vitamin C and kalium	100g = 100KJ(40Calorie)
Melon	Vitamin C, folic acid, dietary fiber and vitamin A	200g=210KJ(50 Calorie)
Nectarine	Vitamin C, B3, calcium, and dietary fiber	180g=355KJ(85Calorie)
Peach	Vitamin C, B3, calcium, and dietary fiber	150g=205KJ(49Calorie)
Pear	Dietary fiber	150g=250KJ(60Calorie)
Pineapple	Vitamin C	150g=245KJ(59 Calorie)
Raspberry	Vitamin C, ferrum, kalium and magnesium	125g= 130KJ(31 Calorie)
Tomato	Vitamin C, dietary fiber, vitamin E, folic acid and vitamin A	100g=90KJ(22 Calorie)

High Yield Fruit&Veges



Apples



Oranges



Pears



Carrots



Celery



Cucumber



Wheatgrass

Vegan Ice Cream:



1. Peel, core, and cut the fruit into 1-1.5 inch pieces.
2. Place the prepared fruit in the freezer.
3. Remove and thaw; the thawing time may vary depending on the room temperature, usually between 30 minutes.
4. Gradually add small amounts of fruit to a juicer to make nice cream. During the process, you can add yogurt or milk according to your preference for better results.

Note: During the cream-making process, if the juicer automatically reverses and stops working due to blockage, this is normal; simply restart the machine. Recommended fruits: bananas (peeled), strawberries, blueberries, pineapples (peeled), and mangoes (peeled and pitted).

Maintenance And Preservation

- Before washing this product, be sure to turn off the switch and disconnect the power supply.
- Please timely wash this product after application.
The juicer body must not be washed with water.
- The stains on the body must be wiped with a drying rag or drying cotton cloth.
- Please make sure the product is clean and dry before storage.
- Please refer to the following steps to disassemble the juicer and then clean:

1. Rotate clockwise and remove the juicing body cover.



2. Press down on the button on the top left of the Juicing Body facing you, and at the same time rotate the Juicing Body clockwise to remove the Juicing Body. If the button is not pressed, the Juicing Body can't be removed.



3. After the Juicing Body is removed from the Machine, remove the Juicing Body Cover, the Fine Strainer and the Spiral Presser from each other. All removable parts can be washed with clear water.



Product Safety Indexes

Rated voltage	120V-
Rated power	200W
Rated frequency	60Hz
Continuous Working Hours	s20minutes
Interval	20minutes

Tips to avoid clogging in juicers

1. Cut the ingredients into 1 to 1.5 inches before juicing.
2. Feed the ingredients into the juicer gradually.



3. Ensure the pusher is firmly in place when feeding produce into the juicer.

Troubleshooting

Tips to avoid clogging in juicers:

1. Cut the ingredients into small pieces (1 to 1.5 inches) before juicing. Smaller pieces are easier for the juicer to process and less likely to get stuck, which can cause clogs.
2. Feed the ingredients into the juicer gradually. Do not overload the juicer with too many ingredients at once. Add ingredients one at a time to allow the juicer time to juice them before adding more. This prevents the juicer from jamming up from having to handle too much at once.
3. Ensure the pusher is firmly, in place when feeding produce into the juicer. The pusher helps guide the ingredients into the juicer in a controlled manner. Without it, ingredients can enter unevenly and are more likely to cause clogs.

Fault phenomenon	Analysis of causes	Fault resolution
After connecting the power supply, turn on the switch, but this product cannot work.	1.The power plug is not plugged in properly. 2. The outlet is in poor contact. 3. The internal cable of the main unit is off or the circuit board is damaged.	1. Plug the power plug back in again. 2. Replace the power socket and try again. 3. Please email support@sifene.com with the details to request a replacement.
When this product is used initially, the motor smells terrible.	This is not an abnormal occurrence.	If the product still emits this odor after repeated use, Please email support@sifene.com with the details to request a replacement.

This machine stops during the application.	1. The voltage is too low. 2. Excessive or hard ingredients. 3. The continuous working time is too long.	1. Verify if voltage is low. 2. Unplug, remove excess ingredients (avoid sugar cane; peel hard skin/core fruits and vegetables before juicing). 3. Normal occurrence; motor restarts after a break.
Noise when operating.	1. There is an oil stain on the surface of the juicing body cover. 2. The ingredients in the juice net are not juiced completely.	1. Fully install the auger and fine strainer. 2. Please email support@sifene.com with the details to request a replacement.
Difficult to unscrew the juicing body cover after juicing.	1. Incomplete auger/strainer installation causes unstable operation. 2. Start motor malfunction. 3. Excessive noise with certain ingredients.	1. Clean the surface of the juicing body Cover. 2. Continue to boot and squeeze the ingredients or press the REV button to transfer the ingredients out of the juice net.
Juicer smells like it's burning.	1. The juicer motor is designed with Automatic Overload Protection to protect itself from overheating. 2. If the motor should overheat, it may emit a burning smell.	1. Turn the power off for up to 3 minutes, allowing the machine to cool down or reset. 2. Juicing in smaller batches using a more gentle pressure to push produce down the chute in order to protect the motor.

Recipes

Grapefruit-Lime-Ginger

Makes 1 serving

• Ingredients

- 1 large grapefruit, peeled and cut into quarters ¼ lime, peeled and halved
- 1 ½-inch piece ginger

• Method

1. Close the juice and pulp spouts.
2. Turn the juicer to the ON position and process all ingredients.
3. Once juice has filled the juicing area, slowly open the juice spout to allow it to flow into the Juice Container.
4. Stir and drink immediately, preferably over ice.

Orange PLUS Juice

Makes 2 servings

- **Ingredients**

- 1 medium orange, peeled and cut into quarters
- 3 carrots
- 1 large grapefruit, peeled and cut into quarters
- 1 ½-inch piece ginger
- 1 quarter-inch piece of turmeric root
- ¼ lemon, peeled and halved

- **Method**

1. Close the juice and pulp spouts.
2. Turn the juicer to the ON position and process all ingredients.
3. Once juice has filled the juicing area, slowly open the juice spout to allow it to flow into the Juice Container.
4. Stir and drink immediately.

PineApple Refresh

Makes 2 servings

- **Ingredients**

- 1 medium green apple, cut to fit the feed tube
- 3 – 4 tablespoons mint (be sure mint is bunched together between two harder items, like the apple and pineapple)
- ¼ pineapple, peeled and cut to fit the feed tube, if necessary
- ¼ lemon, peeled and halved

- **Method**

1. Close the juice and pulp spouts.
2. Turn the juicer to the ON position and process all ingredients.
3. Once juice has filled the juicing area, slowly open the juice spout to allow it to flow into the Juice Container.
4. Stir and drink immediately.

Bright Apple Juice

Makes 2 servings

- **Ingredients**

- 2 medium green apples, cut to fit the feed tube
- ¼ lemon, peeled and halved
- 1 ½-inch piece ginger
- Cayenne (optional), a pinch or more based on personal preference

- **Method**

1. Close the juice and pulp spouts.
2. Turn the juicer to the ON position and process all ingredients except the cayenne.
3. Once juice has filled the juicing area, slowly open the juice spout to allow it to flow into the Juice Container.
4. Add the cayenne, if using, and then stir and drink immediately.

Green Medley

Makes 2 servings

- **Ingredients**

- 4 stems of kale, tough bottom stems removed
- 1 cup packed spinach (baby or not)
- 4 celery stalks, each cut into thirds
- ½ medium cucumber, halved lengthwise ¼ lemon, peeled
- ¼ cup fresh parsley leaves and stems, optional
- Pinch sea salt, optional

- **Method**

1. Close the juice and pulp spouts.
2. Turn the juicer to the ON position and process all ingredients, except for the salt.
3. Once juice has filled the juicing area, slowly open the juice spout to allow it to flow into the Juice Container.
4. Add the salt, if using, stir, and drink immediately.

Veggie Pick-Me-Up

Makes 1 serving

- **Ingredients**

- 2 medium to large carrots
- ¼ cup packed parsley
- 1 cup packed spinach
- ½ large beet, cut to fit the feed tube ½ orange, peeled and halved
- ¼ lemon, peeled

- **Method**

1. Close the juice and pulp spouts.
2. Turn the juicer to the ON position and process all ingredients, in 19 the order listed.
3. Once juice has filled the juicing area, slowly open the juice spout to allow it to flow into the Juice Container.
4. Stir and drink immediately.

Sweet Zinger

Makes 2 servings

- **Ingredients**

- 2 medium to large carrots
- 1 beet, cut to fit the feed tube
- 1 apple, cut to fit the feed tube
- 1 ½- to 1-inch piece ginger, based on personal preference

• Method

1. Close the juice and pulp spouts.
2. Turn the juicer to the ON position and process all ingredients.
3. Once juice has filled the juicing area, slowly open the juice spout to allow it to flow into the Juice Container.
4. Stir and drink immediately. Nutritional information per

Apple-Berry Juice

Makes 2 servings

• Ingredients

- 1 apple, cut to fit the feed tube
- 1 ½ cups strawberries

• Method

1. Close the juice and pulp spouts.
2. Turn the juicer to the ON position and process all ingredients.
3. Once juice has filled the juicing area, slowly open the juice spout to allow it to flow into the Juice Container.
4. Stir and drink immediately.

Warranty

2~4 Years Limited Warranty

Motor: 4-year warranty.

Normal accessories: 2-year warranty. With lifelong technical support and 24/7 customer service

Your purchase comes with a 100% satisfaction guarantee from SiFENE. SiFENE supports free replacement for any problems or refunds for any dissatisfaction under warranty. We will take care of all quality-related issues with a replacement or full refund including any return shipping costs. If your product is defective and under warranty, please contact us at any time.

Email: support@sifene.com

More SiFENE Products

If you're happy with this juicer, the line doesn't stop here. Check out <https://sifene.com/> for a line of all our beautiful and thoughtfully designed appliances. They might be right at home in your kitchen, too!

QUESTIONS OR CONCERNS?

SiFENE supports free replacement for any problems or refunds for any dissatisfaction under warranty.

CONTACT US!

Email: support@sifene.com


Web: <https://sifene.com/>

NEED HELP? CONTACT US!

CUSTOMER SUPPORT

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Documents / Resources

	SiFENE JS3101 Efficient Masticating Juicers [pdf] User Manual JS3101 Efficient Masticating Juicers, JS3101, Efficient Masticating Juicers, Masticating Juicers, Juicers
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References

- [User Manual](#)