



Shenzhen Telconn Technology Q1 Smart Watch User Manual

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Warning

Please consult your doctor before starting a new exercise program. Although the smart watch can monitor your heart rate, it can't be used for any medical purpose. It is designed to help people live healthier lives. Please remember to consult your doctor before starting any exercise and diet plan.

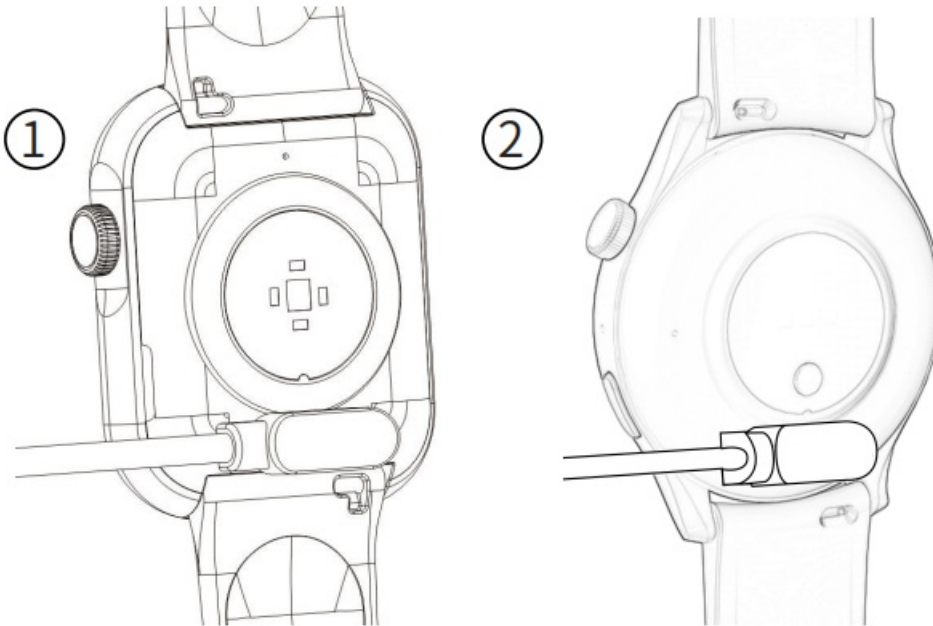
Device requirements

This product supports devices with iOS 9.0, Android 5.0 and above, and Bluetooth 4.0. Android 6.0 and above devices need to open the GPS permission to use.

Charging

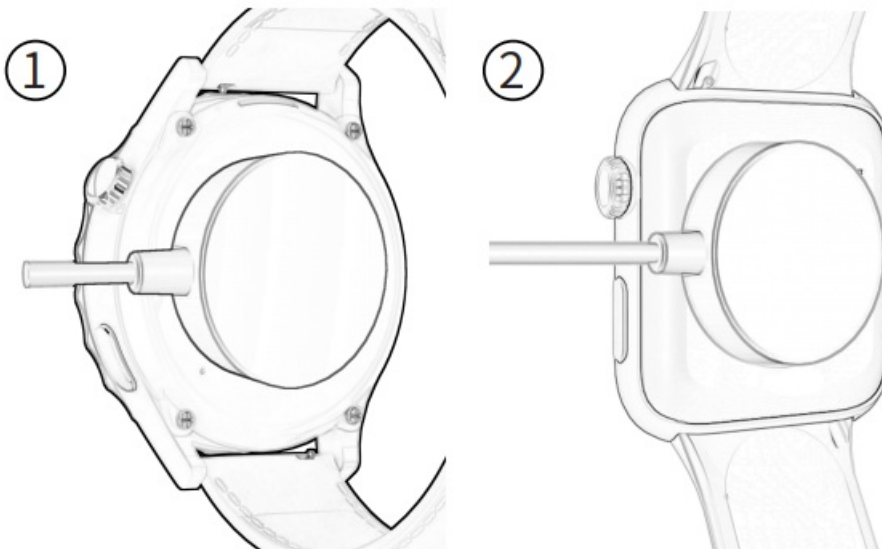
If the device is idle for a long time, please remember to recharge at least once a month.

Schematic diagram of the magnetic charger:



1. please align the magnetic charging cable with the metal sheet of the bottom shell, the magnet will automatically adsorb the positive and negative poles for charging.
2. Please ensure that the charging contacts are free of dirt and impurities, if any, please wipe them clean, otherwise it will not charge.
3. Plug the USB into a 5V500MA adapter and it will be fully charged in 2- 3 hours.

Schematic diagram of wireless charger:



1. Please align the charging base with the bottom shell, and the concave surface of the base will automatically align with adsorption charging.
2. Ensure that there is no foreign matter adsorbed on the wireless charging position and the bottom of the watch, otherwise it will lead to poor charging.

3. Plug the USB into the 5V500MA adapter, and it will be fully charged in 3-4 hours.

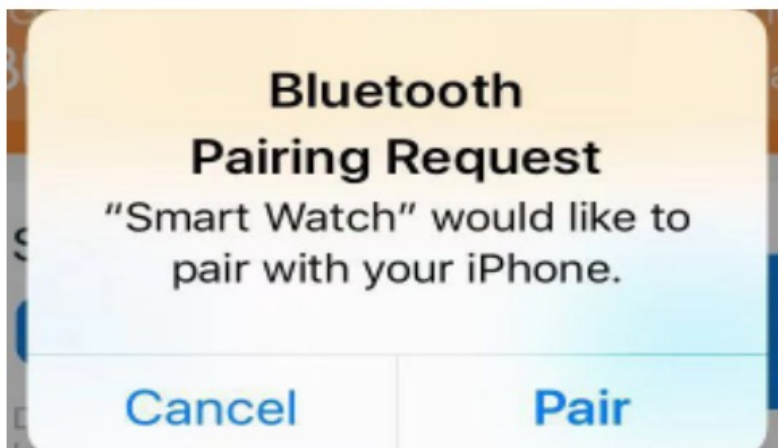
How to connect smart watch with mobile phone

1. Power on: charge or press the smart watch side button for 3 seconds.
2. Install APP: Scan QR code through mobile phone, or search "GloryFit" APP in Apple APP store, Google Play Store to download and install.
3. How to connect smart watch through mobile APP: First, put the smart watch close to the mobile phone, and then turn on the Bluetooth and GPS of the mobile phone according to the APP connection guide. Then search the APP for the Bluetooth name is "Smart Watch". Click the smart watch to connect. Set personal information according to APP prompts, and allow APP to obtain mobile authority to complete the connection.

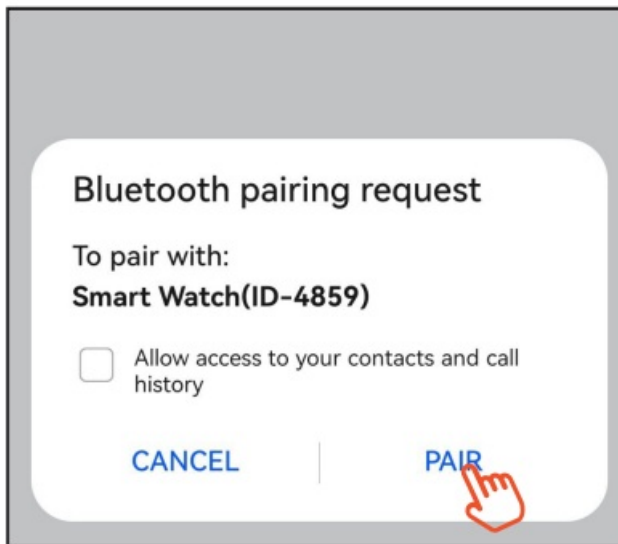


1. Apple device connection:

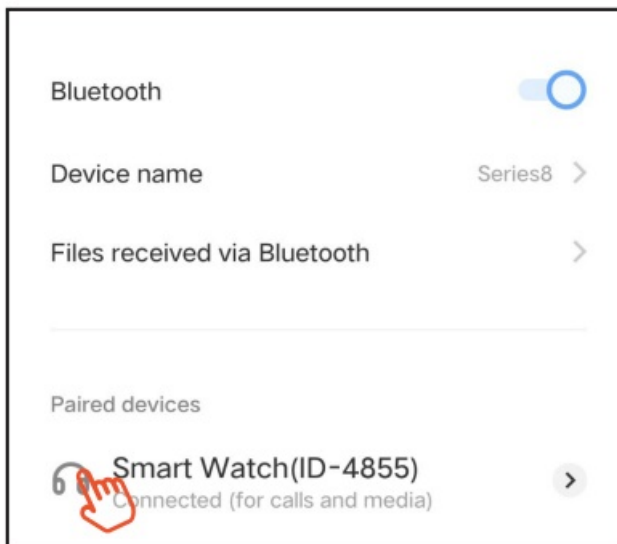
After the smart watch and Apple App are connected for the first time, the "Bluetooth pairing request" will be prompted. Please click "Pair" to complete the connection. After pairing, it is allowed to display a notice to check whether the Bluetooth settings are connected. Then enter the system to check whether the sharing notice is turned on, and then the smart watch can receive from iOS system push Calls, SMS, QQ, WeChat and other notification reminders, otherwise can not receive the reminders.



2. Android device connection: When connecting with Android system, you need to open the APP background operation permission in the mobile phone manager or system settings (please open the options such as self-start, high power consumption, white list, etc., otherwise the APP will be cleared by the system, and the connection with the smart watch will be disconnected.)
3. Connection call Bluetooth Android devices connect to Bluetooth for calling:
After the APP is connected, the watch turns on the Bluetooth call, and the phone will pop up the call pairing prompt. Click on the pairing to complete the Bluetooth call connection with "Smart Watch".



Some phones require manual access to settings, Bluetooth, search for “Smart Watch (xxxx)” and click connect.



Apple devices connect to Bluetooth for calling: (iOS13 and above systems will automatically connect to Bluetooth for calling after connecting to the APP, and iOS13 and below systems need to manually connect to Bluetooth for calling.)



System under iOS13



iOS13 system and above

After connecting the APP watch, turn on the call Bluetooth switch of the watch, then turn on the phone settings, Bluetooth, search for Smart Watch (xxxx), and click Connect.

4. Unbind:

Unbind Android device: Click unbind on the app device to unbind the smart watch and the APP.

Unbind Apple device : Click on the device in the app to unbind the smart watch and the app; Enter the phone settings-Bluetooth, click the exclamation mark behind the name Smart Watch, and click Ignore this device in the pop-up dialog box. The phone will be completely disconnected from the watch.

Note: After unbinding the watch from the Apple APP, you will also need to unbind and unpair of phone's Bluetooth.

Precautions

1. In theory, the smart watch supports operating system iOS9.0, Android5.0or above and Bluetooth 4.0 devices, but not all mobile device models. Please refer to the actual conditions for details.
2. The product is charged with 5V500MA. It is strictly forbidden to use the over-voltage load power supply to avoid hardware damage.
3. The smart watch battery is built-in and cannot be removed. Please do not try to replace the battery.
4. The operating environment of the wristband is 0°C to 45°C ;Charging temperature: 0°C to 45°C .
5. Please note when wearing: if you are sensitive skin or wearing the wristband too tightly, you may feel uncomfortable.
6. Please wipe the smart watch dry before charging. Otherwise, it will lead to failure or corrosion of charging contact point.

FCC Warning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, macaques harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does

cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules.

Operation is subject to the following two conditions:


1. This device may not cause harmful interference, and
2. this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.



GloryFit

Documents / Resources

	Shenzhen Telconn Technology Q1 Smart Watch [pdf] User Manual Q1, 2AZUR-Q1, 2AZURQ1, Q1 Smart Watch, Q1, Smart Watch, Watch
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