

Shenzhen Newchabridge Development NB Series Smart Watch Instruction Manual

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Shenzhen Newchabridge Development NB Series Smart Watch



APP download

Scan the QR code below to download and install the bracelet client "Vfit".



Scan the QR code to download APP to your phone.



Device description

Charging diagram of the watch

This product is wireless charging, please use the attached charging base to charge. Approach and connect to the charging port on the charging base until the charging indicator appears on the watch screen.

Note: Please use the charging base included in the package to charge, and clean the charging port before

charging. Connect the USB interface to the mobile phone charger or the computer's USB interface (output current is 1A) for charging.



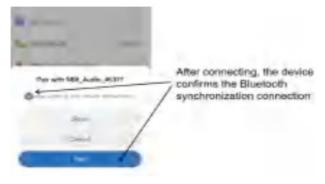
To connect the device



Underscore the watch time page, click on the about icon, the watch MAC address and ID number will be displayed, you can determine your device by the ID number in the device list, after the successful binding of the watch, each time you open the client in the future, the watch will automatically connect with the phone, in the client data page drop-down can synchronize the data.



After the app is successfully connected, a pairing reminder will pop up (as shown in the following figure), please click Pair and Connect to connect the audio Bluetooth before you can make a Bluetooth call.



Message reminders

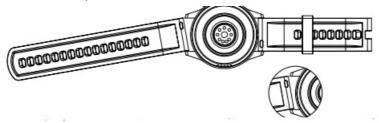


If you need to use the watch to push messages, after the watch is successfully connected to the APP, turn on the message push switch in the APP to allow the message push permission, as shown in the following figure. You can

select the APP reminder you need to receive in the message notification.

Disassemble & assemble the strap

- 1. Adjust the bayonet position according to your wrist.
- 2. If you need to disassemble and install, please refer to the illustration.



concentrate:

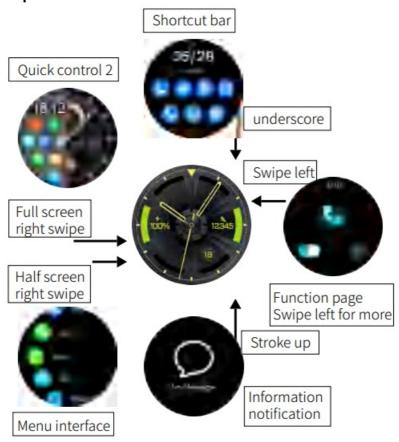
- 1. After installing the strap, please pull the strap appropriately to ensure that the strap is installed successfully.
- 2. The leather strap is not waterproof and avoids contact with liquids; when wearing swimming and other scenes that come into contact with water, please replace it with a fluoroelasto-mer or silicone strap.)

Key function



- Rotate the upper button to switch the dial; short press to enter the menu mode. Rotate the menu rotates.
- Press and hold for 5 seconds to power off and SOS.
- Short press the next button, multi-sport mode. Press and hold for 15 seconds to force restart.

The main interface swipes the indication



Main function Description

Steps

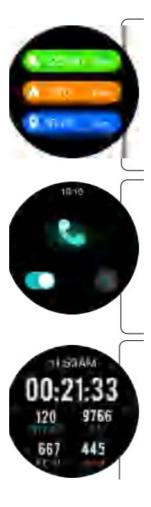
The smart watch will track the number of steps and displays on the screen automatically, showing your calorie burned and distance throughout the day. Note: This data will reset to zero at midnight.

Bluetooth call

When connected, turn on the switch in the watch call interface and tap the keyboard to make a dial-up call. (Please turn on this switch if your watch plays music)

Sport information

The smart watch records and displays how many calories you burned during your workout, as well as mileage and real-time heart rate information. More detailed analysis and data, please check in the APP.

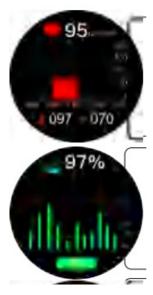


Heart rate

The heart rate page on the watch shows your current heart rate. More detailed analysis and data, please check in the App.

Blood oxygen

You can display your current blood oxygen concentration on the blood oxygen interface of the bracelet.



Password

You can set your password in the function interface inside the menu, if you forget your password, you can unlock it with the super password 8762.

Body temperature

The watch can monitor your body temperature and click on the measurement in the watch body temperature interface to show your current body temperature. Only for some models with body temperature



Sleep

Your watch automatically monitors your sleep after you wear it at night, and you can view your sleep data on the watch and APP side when you get up.

Menu style

You can switch the watch menu UI style display in the watch drop-down view style selection feature, and there are currently three styles to choose from.



Drink water alert

Open a drinking reminder on the APP side, and the watch vibrates every half hour to remind you to drink water. **Sedentary Alerts**

The watch will remind you to get up and take a walk after an hour of sitting. Turn on the sedentary alerts in the App.



FAQ

Why does the test result of blood pressure deviate from the sphygmomanometer?

The watch monitors the trend of ambulatory blood pressure. The test result deviation between the watch and the sphygmomanometer is determined by a variety of external factors. The sphygmomanometer measures at the brachial artery, and the watch is at the two main branches of the micro artery. Under normal circumstances, the aortic measurement and the micro artery measurement will differ by 30 to 40. If you measure blood pressure by watch and the sphygmomanometer at the same time, the blood flowing in the artery is in the direction of centrifugation, when the sphygmomanometer measures, due to the compression of the part below the middle of your elbow, the blood cannot flow smoothly to the lower artery branch temporarily; the sense of vascular tension increases, so the deviation of upper and lower blood pressure measurement will be greater.

Why can't the watch receive notifications?

- 1. Make sure that you have turn on the message push switch in the APP and allow the watch APP to get the relevant control rights.
- 2. Please confirm that whether the message can be displayed normally in the notification bar of the mobile phone, since the message pushing is reading by the notification bar of the mobile phone; if there is no message in the notification bar of the phone, the watch cannot receive the pushing.
 (You need to find out the "Notification Settings" in the "Settings" of mobile phone, and turn on the switch of WeChat, QQ, telephone, SMS and the other app. allows the APP to read message permissions.)
- 3. Open the auxiliary function Settings of the App. (Find the "Auxiliary Function" in the mobile phone "Settings", and open the "Auxiliary Function Settings" in the app of smart watch.)

Apple phone settings:

- 1. Make sure that you have turn on the message push switch in the APP.
- 2. Open the mobile phone settings click Notification click wechat, SMS and Dia open the allow notification, and confirm that the message can be displayed normally in the mobile phone.

Note: After connecting, if the push still not successful, it is recommended that you may click "ignore device" in Bluetooth settings, disconnect the connection, restart the bracelet, and then connect the watch through the APP again.

Why can't this watch take hot showers?

Not recommended for hot showers.

One of the main reasons: water vapor from a hot bath. The temperature of bath water is relatively high, easy to produce a lot of water vapor, and water vapor is a gas, its molecular radius is small, easy to penetrate into the gap from the shell of the watch, when the temperature drops it will gradually condense into water droplets, and the droplets will damage circuit boards of the watch.

Why is GPS not available on the APP?

It is necessary to turn on the GPS function of the mobile phone first, and affected by the GPS signal of the mobile phone, it is impossible to receive the signal indoors. It is necessary to go to an open place to receive the GPS signal.

Why there are no sleep records?

The watch tracks your sleep time from 8p.m. to 10 a.m., and when you wear it, it automatically monitors your sleep.

Should the Bluetooth connection always be on? Will the data be saved if the watch is disconnected? Without syncing data, exercise and sleep data will be saved on the smart watch. When the watch is connected to the mobile APP, the data of the smart watch will be automatically synchronized and uploaded to the APP. The watch can store data for about 7 days. When the watch space is full, the system will cycle and automatically covers the earliest data. Please pay attention to synchronize data to the APP in time.

Note: if you need to open call and message reminder function, you must keep the watch and app connected; it supports offline after the clock reminder is set successfully.

Why can't Bluetooth be connected occasionally?

When turn on Bluetooth, some mobile phones occasionally appear abnormal, and Bluetooth of smart watch cannot be connected. Usually, the connection can be established by restarting the mobile phone or switching on and off Bluetooth again.

Special statement

- System support: Android 4.4, IOS 9.0 and above
- Nonprofessional blood pressure measurement equipment, the smart watch measurement of blood pressure parameters for your reference only, not for medical purposes.
- due to the continuous upgrading of product functions, the specific instructions are subject to the app user manual.

Service mailbox

effie668@163.com If you have any questions, please do not hesitate to contact us.

Documents / Resources



Manuals+