Shenzhen Doogee Hengtong Technology CS1 Health Detection Smartwatch User Manual

手环渲染图

Contents

USER MANUAL

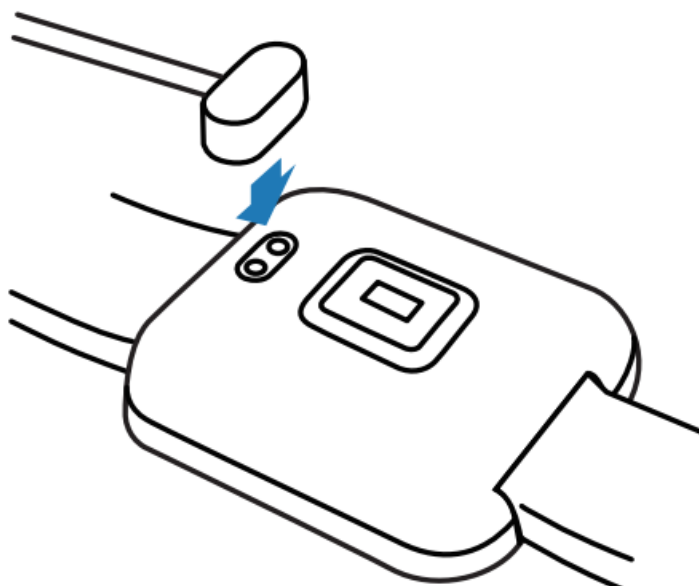**SMART BRACELET**

Downloading the App

Scan the following QR code, download and install the App.

Scan QR Code and Download

Charging and Active

Charging the device to active before the first time using; To charge your device, plug the charging cable into the adapter or USB port on your computer.
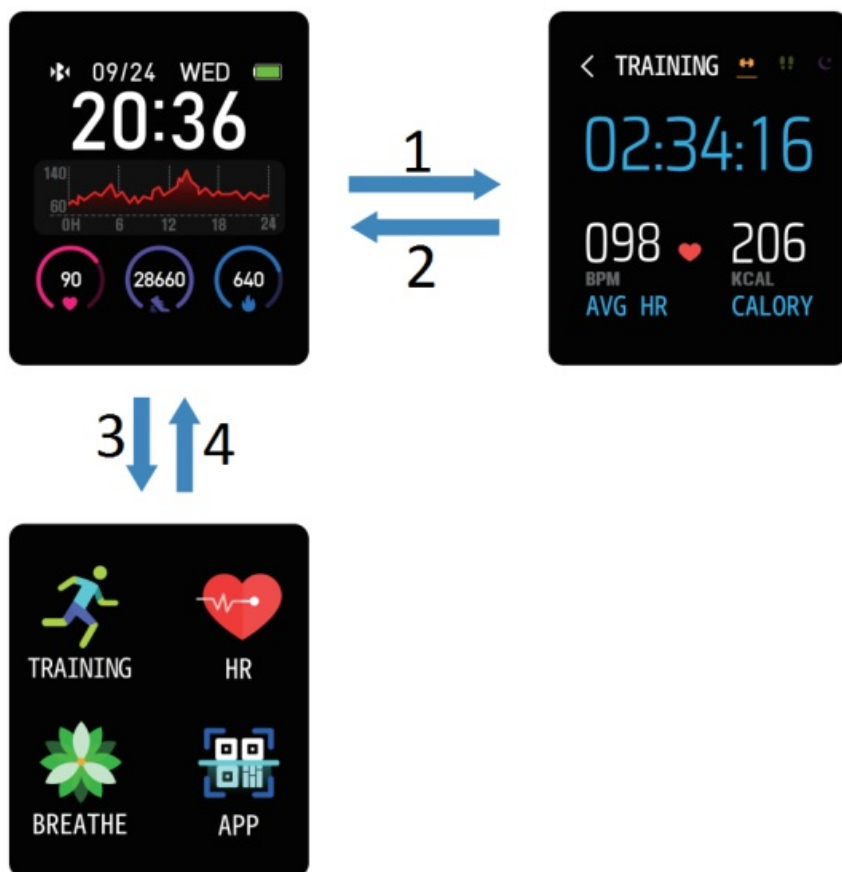

Pairing

Open the App and set up your profile
⇓
Go to the [Device], Click [Add a Device]
⇓
Choose your device on the scanning list
⇓
Finish

Long press the [time page] on your device, go to the detail page. The MAC address on the detail page could help you identify your device on the scanning list.
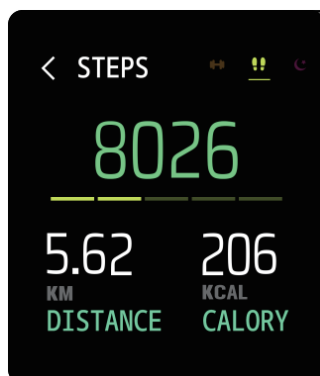
Use the Touch Screen

1. Swipe Left
2. Swipe Right
3. Swipe Up
4. Swipe Down

On the Main Page:

Swipe left/right to the page of Step/Sleep/Training data today.
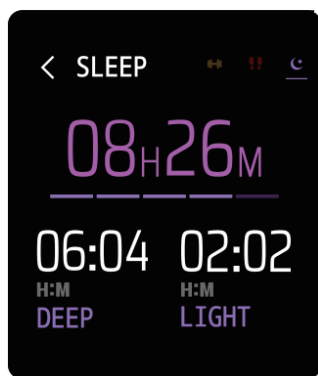
Swipe Up/Down to the main menu page.

Smart Watch Features

Sports
Smart Watch automatically tracks Steps taken, Calories burned, Distance traveled and displays on the screen.
NOTE: Your movement stats reset to zero at midnight.

Sleep

If you keep wearing Smart Watch in your sleep , it can provide the hours slept and quality of sleep stats on both the screen and the APP.
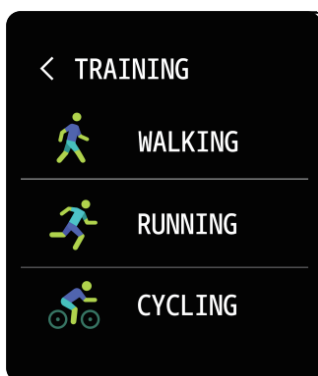
NOTE: Sleep stats reset to zero at 8:00 pm.

Heart Rate Test

Tap the heart rate icon to start measuring your heart rate.
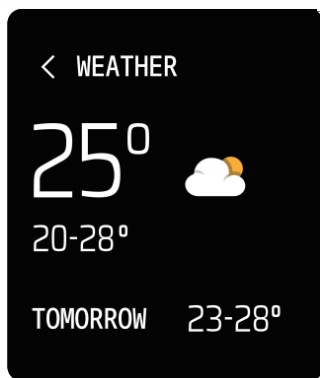
On the heart rate page, It can show the heart rate measured data of the last times.

Training

Tap the training icon on the menu to start a new training measure recording, there are 12 sport modes to be chosen.
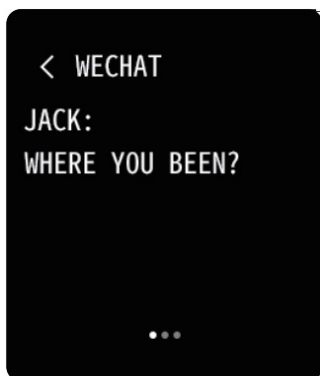
The last training recording will be shown on the training page.

Weather

It could show the weather info of current and tomorrow on the weather page.

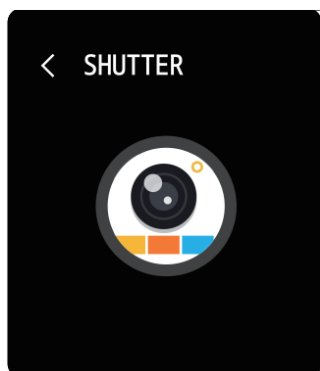Weather info is synced after connecting with the APP, it will not be updated after a long disconneted.
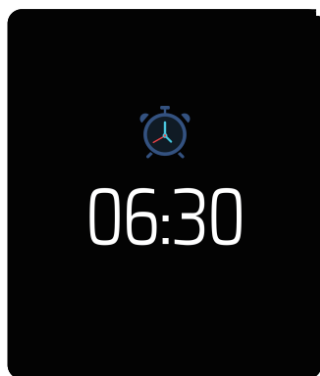

Messages Reminder

The device can sync incoming notifications from Twitter, Facebook, Whatsapp, Instagram etc.

Recently 3 messages can be stored.

Note: You can switch of/off the incoming notification in the APP.

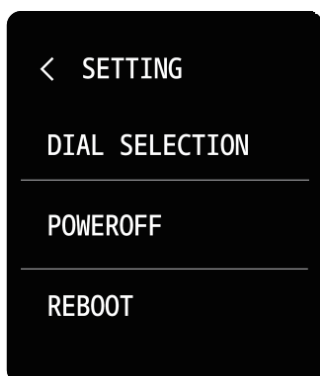**Remote Shutter**

After connecting the device can remote contral the camera on your phone.
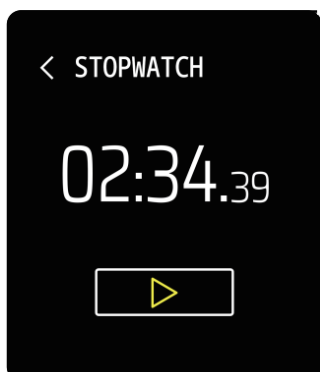
Silent Alarms
Set up the alarm on the APP, the device will vibrate to remind on time.
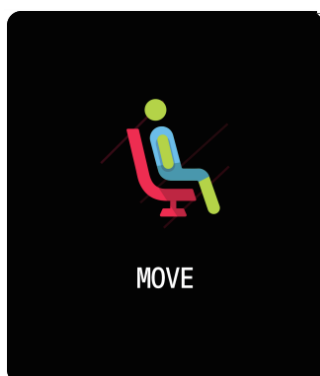

Other Features
Other features include dial selectionse, poweroff, reboot, factory reset, and about.

Stop Watch
Tap the start button on stopwatch page to start timing, and tap the stop button to stop timing.

Remind to Move
The device will vibrate to remind you to make a relax after 1 hour sitting.
Note: You can switch on/off the feature in the APP.

Getting to Know Your Device

Using Quick View
With Quick View you can check the time or the message form your phone on your Smart Bracelet without taping.
Just turn your wrist towards you and the time screen will appear for a few seconds.

General Info & Specifications

1.Environmental Conditions
Operating temperature: 14℉ to 122℉ (-10℃ to 50℃)
Non-operating temperature: -4℉ to 140℉ (-20℃ to 60℃)

2.Size
Fits a wrist between 5.5 and 7.7 inches in circumference.

3.Disposal and Recycling
Please kindly be aware that it is the consumer's responsibility to properly dispose and recycle Smart Bracelet and accompanying components. Do not dispose of Smart Bracelet with common household waste, the Smart Bracelet unit is considered electronic waste and should be disposed of at your local electronic equipment collection facility. For more information, please contact your local electronic equipment waste management authority or the retailer where you bought the product.

FCC:

This device complies with part 15 of the FCC Rules. Operation is subject to the condition that this device does not cause harmful interference (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
— Reorient or relocate the receiving antenna.
— Increase the separation between the equipment and receiver.
— Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
— Consult the dealer or an experienced radio/TV technician for help.
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

FCC ID:2AX4YCS1

Documents / Resources

	Shenzhen Doogee Hengtong Technology CS1 Health Detection Smartwatch [pdf] User Manual CS1, 2AX4YCS1, CS1 Health Detection Smartwatch, Health Detection Smartwatch

References

- **User Manual**