



# Shenzhen Do Intelligent Technology GT02 Smart Watch User Manual

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## SHENZHEN

Do Intelligent Technology GT02 Smart Watch  
User Manual



Thanks for purchasing this product\_ Please read this manual carefully before use.

Model	GTO2	Screen Type	1.32" – inch color screen
Battery capacity	300mAh	Charging Voltage	SV±0.2v
Charging Time	1 hour	Battery Life	7 Day
Waterproof level	IP68	Weight of Product	49g
Operating Temperature	0°C-60°C	Bluetooth Version	BLE5.1
Product Frequency	2402-2480MHz	Max. transmission Power Consumption	4dBm



<https://t.ido.ink/IJJRRv>

Scan the OR code for more function information



4.SM.GT02XXX000 V1.0



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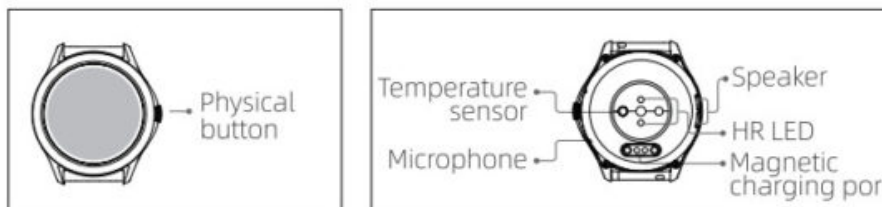
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## Quick Start

### Know the Device



### Physical Button

#### Press the physical button

1. Return; or
2. Turn on the screen when the screen is off.
3. Access the function list.

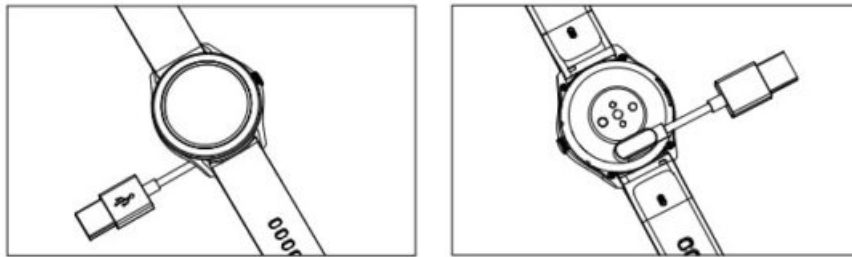
#### Press and hold the physical button

1. To turn on the device in a power-off state;
2. In the charging state, press and hold the physical button for 5s to reset the program without clearing data.

### Power On/Off

#### Power On

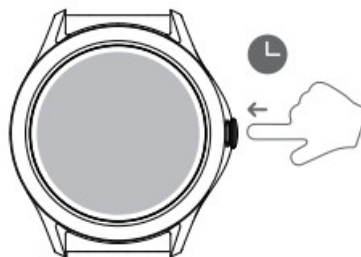
When you start charging the device, it will be turned on automatically.



Note: the device must be charged and activated before the first use; please always use the original charger to charge the device.

Press and hold the physical button to turn on the device.

## Power Off



Shutdown path:  
[Setup]—>[Power Off].

## Downloading and Pairing

### App downloads



<https://t.ido.ink/eABjlr>

Download and install the “VeryFit” app on the App Store, Google Play, or by scanning the QR code below.

### Pairing

Turn on the VeryFit app -> Activate Bluetooth connection on your phone -> Search on the app for the device to pair with (or scan the QR code on the device) -> Finish binding on the app (or on the device).

## Screen Operations

### Swipe the screen up/down

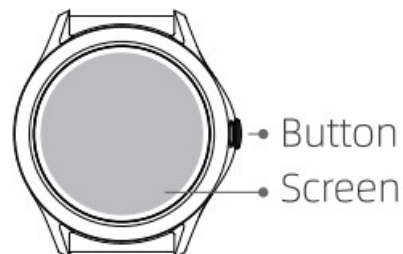
1. To switch among pages at the same level; or

2. To view long text or details.

### **Swipe the screen left/right**

1. To switch among pages at the same level.

### **Click the screen**



1. To go to the sub-page;
2. To complete the corresponding action, depending on which on-screen button is clicked.

## **Functions**

GTO2 supports features such as: multiple exercise modes, weather, watch face store, breath training, heart rate monitoring, sleep monitoring, stress level monitoring, blood oxygen level detection, notifications, Call via Bluetooth, skin temperature monitoring, Noise monitoring, etc. For instructions and FAQs for these functions, open the app to access the user guide for answers.

## **Maintenance**

Below are three recommendations on wearing and maintenance:

1. Keep the device clean;
2. Keep the device dry;
3. Do not wear the device too tight
  - Do not use household cleaners to clean the device. Use soap-free cleaners instead.
  - For stains that are difficult to remove, it is recommended to scrub with alcohol

waterproof performance: the device is not suitable for diving, swimming in the sea or sauna; it is suitable for swimming pool, shower (cold water), and swimming in shallows.

## **Safety**

- To prevent device failure, fire and explosion, never place the device or its accessories in any extremely-high-temperature or extremely-low-temperature area.
- To prevent device damage, accessory damage, and device failure, always protect the device against strong impact or shock.
- Do not disassemble or modify the device or its accessories without authorization. Any device failure should be referred to our after-sales service personnel



Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycling valuable raw materials and the treatment of toxic substances.

If you experience discomfort or skin irritation when wearing your smartwatch, then we recommend you try cleaning your device. Sometimes residue or foreign materials build up around your device and may aggravate your skin. It's also possible that you are not wearing the watch correctly. We recommend making sure to clean and adjust your watch regularly for a more comfortable fit.

#### Caution:

- If you experience skin irritation when wearing your watch, please refrain from wearing, it and wait two to three days to see if your symptoms ease. If symptoms persist or worsen, please consult a physician.
- If you have eczema, allergies, or asthma, you may be more likely to experience skin irritation or allergy from a wearable device.

#### CAUTION

- Risk of explosion if the battery is replaced by an incorrect type
- disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery, that can result in an explosion;
- leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas;
- a battery subjected to the extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.



The device meets the EU ROHS criterion.

Please refer to IEC 62321, EU ROHS

Directive 2011/65/EU and revised directive.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. this device may not cause harmful interference, and
2. this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could avoid the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in

accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

#### CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE DISPOSE OF USED BATTERIES  
ACCORDING TO THE INSTRUCTIONS

### Documents / Resources

	<a href="#">Shenzhen Do Intelligent Technology GT02 Smart Watch</a> [pdf] User Manual 440, 2AHFT440, GT02, Smart Watch
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