



Sharper Image T.E.N.S Massager w/ Remote Control User Manual

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Item No. 205073



The Sharper Image T.E.N.S. Massager with Remote Control delivers electric pulses to tired and sore muscles. These pulses are generated by the device and delivered through electrodes on the skin to trigger contractions of the muscles. It is portable, compact and stylish in design. The device has six auto operational programs represented by six selection buttons of body areas. The LCD remote displays information about the mode, intensity and time.

INDICATIONS FOR USE

To be used for temporary relief of pain associated with sore and aching muscles in the shoulder, waist, back, arm, and leg, due to strain from exercise or normal household and work activities.

Features:

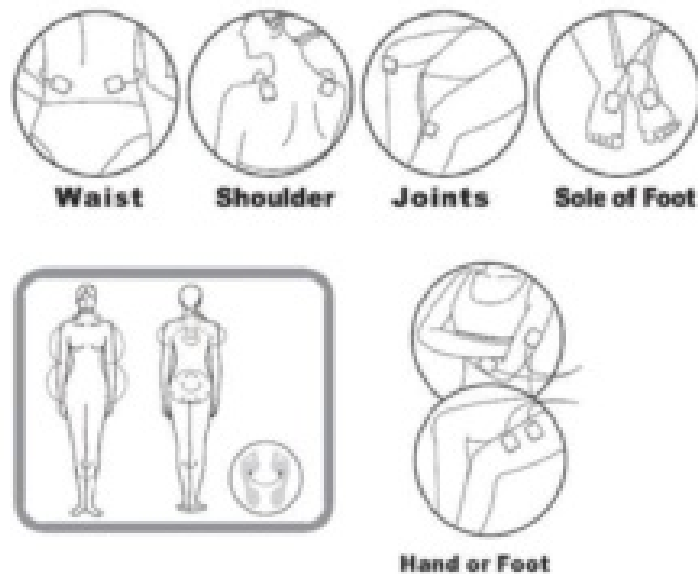
- Touchscreen with backlight
- Lock screen function
- Power: DC 6V, 4 AAA batteries
- Size: 7.4" L x 2.2" W x 0.9" H.
- Weight: 0.3 lbs.
- Two output channels
- Adjustable intensity
- Accessories included: 4 electrode pads, 2 electrode wires and 4 AAA batteries

HOW TO USE

1. Install 4 AAA batteries into the device. Match the positive electrode and negative electrode in the right direction.
2. Connect 1 pair of electrode wire into the upper left hole of the device and another pair of electrode wire in the upper right hole.
3. Attach the electrode pads (connecting to the electrode wire) to the treatment area, such as shoulder.
4. Turn the power/intensity switch knob to 1. The screen should be bright with blue light. This means the device is ready to begin treatment.
5. Press one of the function keys to start treatment, such as Shoulder or Mode1.
6. Rotate the Switch Knob to adjust the intensity.
7. Press TIMER to adjust the time.

Note: Start from the lowest speed and intensity, and then gradually adjust to a comfortable level on a scale level from 1 to 10.

POSITIONS FOR USE



RECOMMENDED PRACTICES:

1. Duration is 10-15 minutes for each treatment area.
2. Frequency is 2 times per day per area.
3. Intensity and speed selections are based upon the level of your comfort.

CLEANING AND MAINTENANCE

Please use water or neutral detergent to clean the device first then using the dry cloth to wipe it again. The electrode pads coming with the device are disposable, and should be replaced when their adhesiveness becomes worse. Contact the seller for replacements. Do not let the sticky side of the pad touch anything, including the greasy finger tips.

TROUBLE SHOOTING

If your device is not operating properly, please check it for the following problems or conditions.

MALFUNCTION	CAUSE	SOLUTION
Stimulation is weak or not existent	Are the electrode heads in close contact with the skin? Do the electrode heads touch each other? Are the wires connected to the electrode heads and the main device properly? Are the batteries dead?	Remove, clean and place back on the skin. If so, then separate. Disconnect, clean and reconnect all the parts. Replace the batteries.
Skin turns red	Is treatment time too long?	Stop and consult your physician if symptom lasted.
Skin feels uncomfortable	Are electrode pads dirty? Do the electrode pads touch the skin closely?	Clean with damp cloth or replace. Remove and place again on the skin
Device does not turn on	Batteries installed correctly? Are batteries dead?	Remove and install batteries. Replace the batteries.
Pads are not sticky	Pads get deteriorative	Contact vendor for replacements.

SAFETY WARNINGS

DANGER

Do not use this device if you have an implanted defibrillator or implanted metallic devices. Such use could cause electrical shock, burns, electrical interference or death.

WARNING

If you have one of the following conditions, please consult with your physician before purchasing or using this device: Acute disease, malignant tumor, infective disease, pregnant, heart disease, high fever, abnormal blood pressure, lack of skin sensation or an abnormal skin condition, any condition requiring the active supervision of a physician.

NOTICE

- Do not use this device while driving.
- Do not use this device while sleeping.
- Do not use this device in high humidity areas such as a bathroom.
- Keep the device away from wet, high temperature and direct-sunlight place.
- Keep this device out of reach of children.
- Stop using this device at once if you feel pain, discomfort, dizziness or nausea and consult your physician.
- Do not attempt to move the electrode pads while the device is operating.
- Do not use the device around the heart, on the head, mouth, pudendum or damaged skin areas.
- Do not apply stimulation of this device across the chest or on painful areas because the introduction of electrical current into the chest may cause rhythm disturbances to the heart, which could be lethal.
- Do not apply over open wounds or rashes, or over swollen, red, infected, or inflamed areas or skin eruptions (e.g., phlebitis, thrombophlebitis, varicose veins). Apply stimulation only to normal, intact, clean, healthy skin.
- Do not use if you are near cardiac monitors or ECG alarms. The electronic stimulator may not operate properly when the electrical stimulation device is in use.
- Consult with your physician before using this device. The simulation with the device may cause lethal rhythm disturbances to the heart in susceptible individuals and disrupt the healing process after a recent surgical procedure.
- Do not use the device as a substitute for pain medications and other pain management therapies.
- The user may experience skin irritation, burns or hypersensitivity due to the electrical stimulation or electrical conductive gel.
- If the user has suspected or diagnosed epilepsy, the user should follow precautions recommended by his or her physician.
- Use caution if the user tends to bleed internally, such as following an injury or fracture.
- Use caution if stimulation is applied over the menstruating uterus;
- Use caution if stimulation is applied over areas of skin that lack normal sensation.
- Stop using the device if the device does not provide pain relief.
- Use this device only with the leads, electrodes, and accessories that the manufacturer recommends.

Medical Electrical Equipment needs special precautions regarding electromagnetic compatibility (EMC) and needs to be installed and put into service according to the EMC information provided. Portable and mobile radio frequency (RF) communication

equipment can affect Medical Electrical Equipment.

WARRANTY/CUSTOMER SERVICE

Sharper Image branded items purchased from SharperImage.com include a 1-year limited replacement warranty. If you have any questions not covered in this guide, please call our Customer Service department at 1 (877) 210-3449. Customer Service agents are available Monday through Friday, 9:00 a.m. to 6:00 p.m. ET.

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