



r-go RGOCOUSWDBL Compact Break Ergonomic Keyboard User Manual

[Home](#) » [R-Go](#) » r-go RGOCOUSWDBL Compact Break Ergonomic Keyboard User Manual 

Contents

- 1 r-go RGOCOUSWDBL Compact Break Ergonomic Keyboard
- 2 Welcome
- 3 What's in the box
- 4 R-Go Break
- 5 Product overview
- 6 Set up wired version
 - 6.1 Overview USB-ports
- 7 Set up wireless version
- 8 Troubleshooting
- 9 Function keys
- 10 Compliance
- 11 Documents / Resources
 - 11.1 References
- 12 Related Posts



r-go RGOCOUSWDBL Compact Break Ergonomic Keyboard

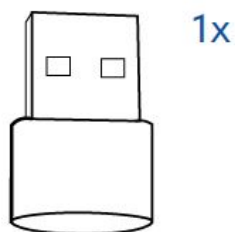
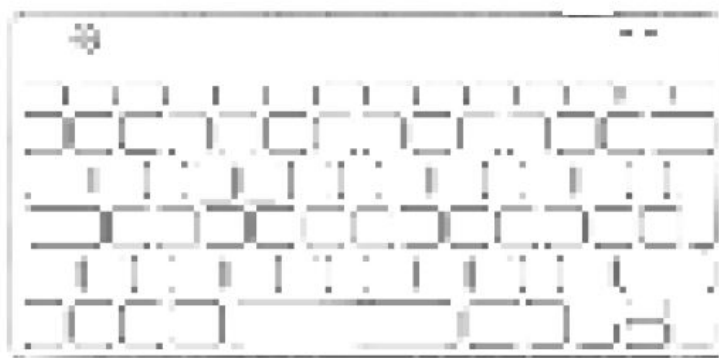
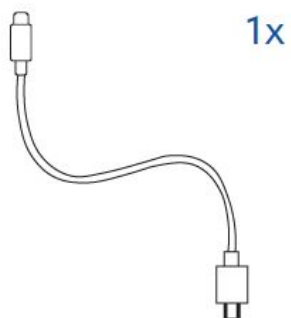


Welcome

Our ergonomic R-Go Compact Break keyboard offers all the ergonomic features you need to type in a healthy way. Thanks to the light keystroke, minimal muscle tension is needed while typing. Its thin design ensures a relaxed, flat position of hands and wrists while typing. When using both keyboard and mouse at the same time, your hands always stay within shoulder width. This natural posture reduces muscle tension in your shoulder and arm and prevents RSI complaints. The R-Go Compact Break keyboard also has an integrated break indicator, which indicates with colour signals when it is time to take a break. Green means you are good to go, orange means it is time to take a break and red means you have skipped a break. #stayfit

System requirements/Compatibility: Windows XP/Vista/10

What's in the box

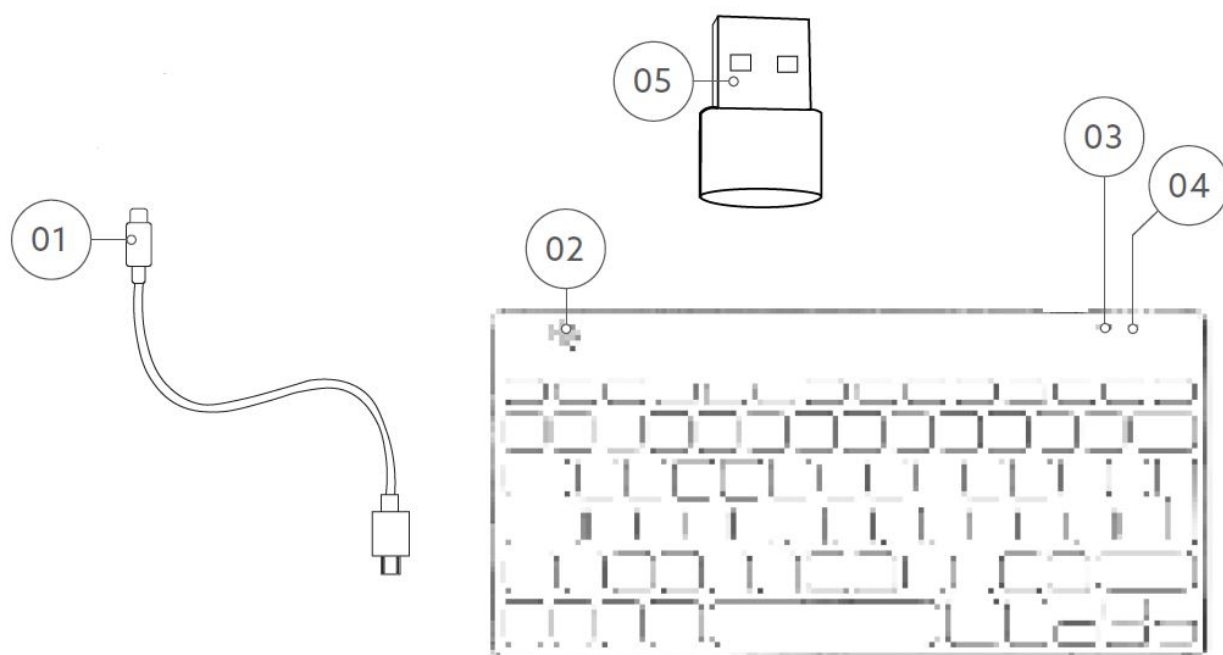


R-Go Break

Download the R-Go Break software at www.r-go-break.com

The R-Go Break software gives you insight into your work behaviour. The R-Go Break devices are equipped with a LED light. This light changes colour during use to indicate when it is time to take a break.

Product overview



1. Wired version: Cable to connect keyboard to PC

Wireless version: Charging cable

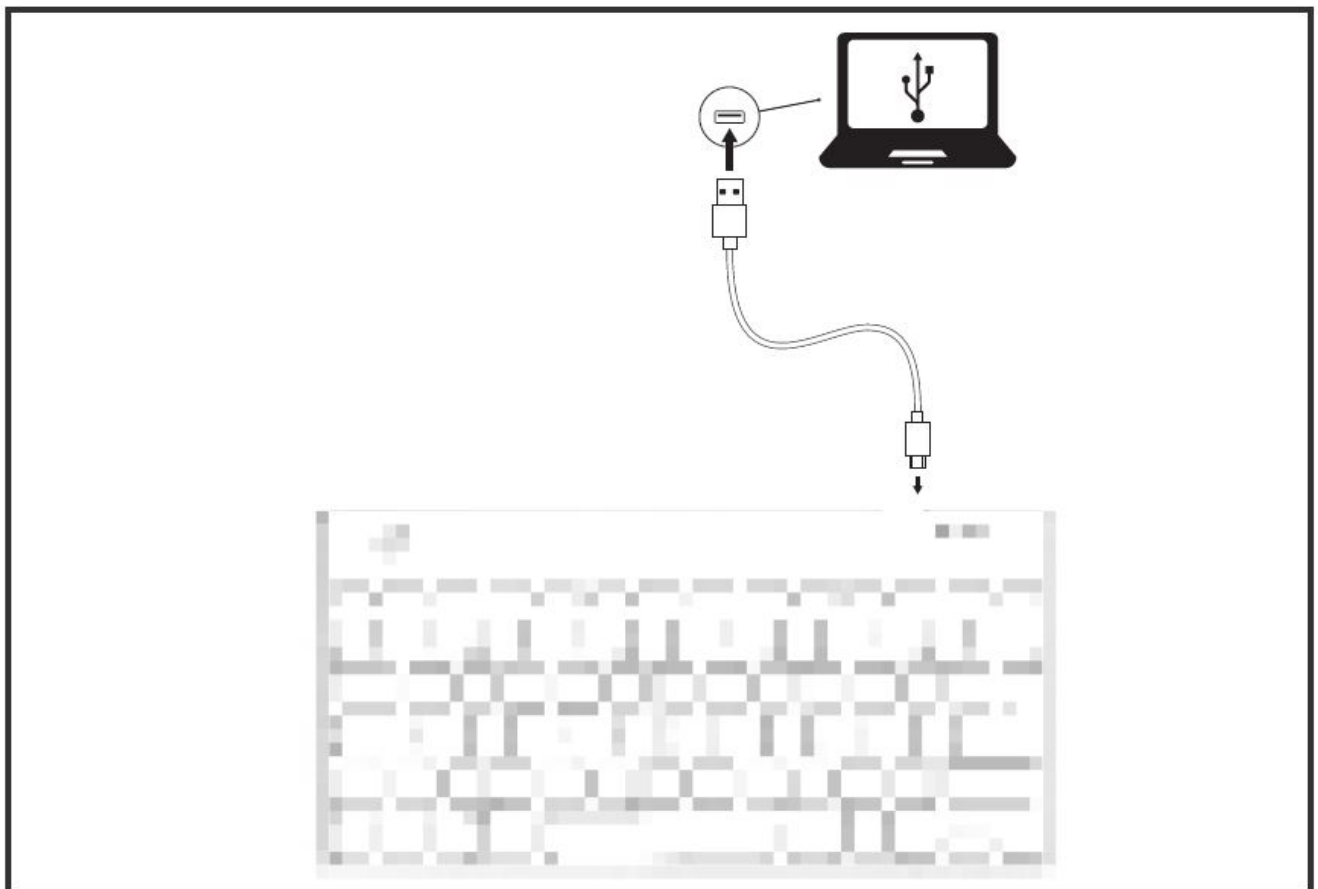
2. R-Go Break indicator
3. Caps Lock indicator
4. Scroll Lock indicator 05
5. USB-C to USB-A converter

Set up wired version

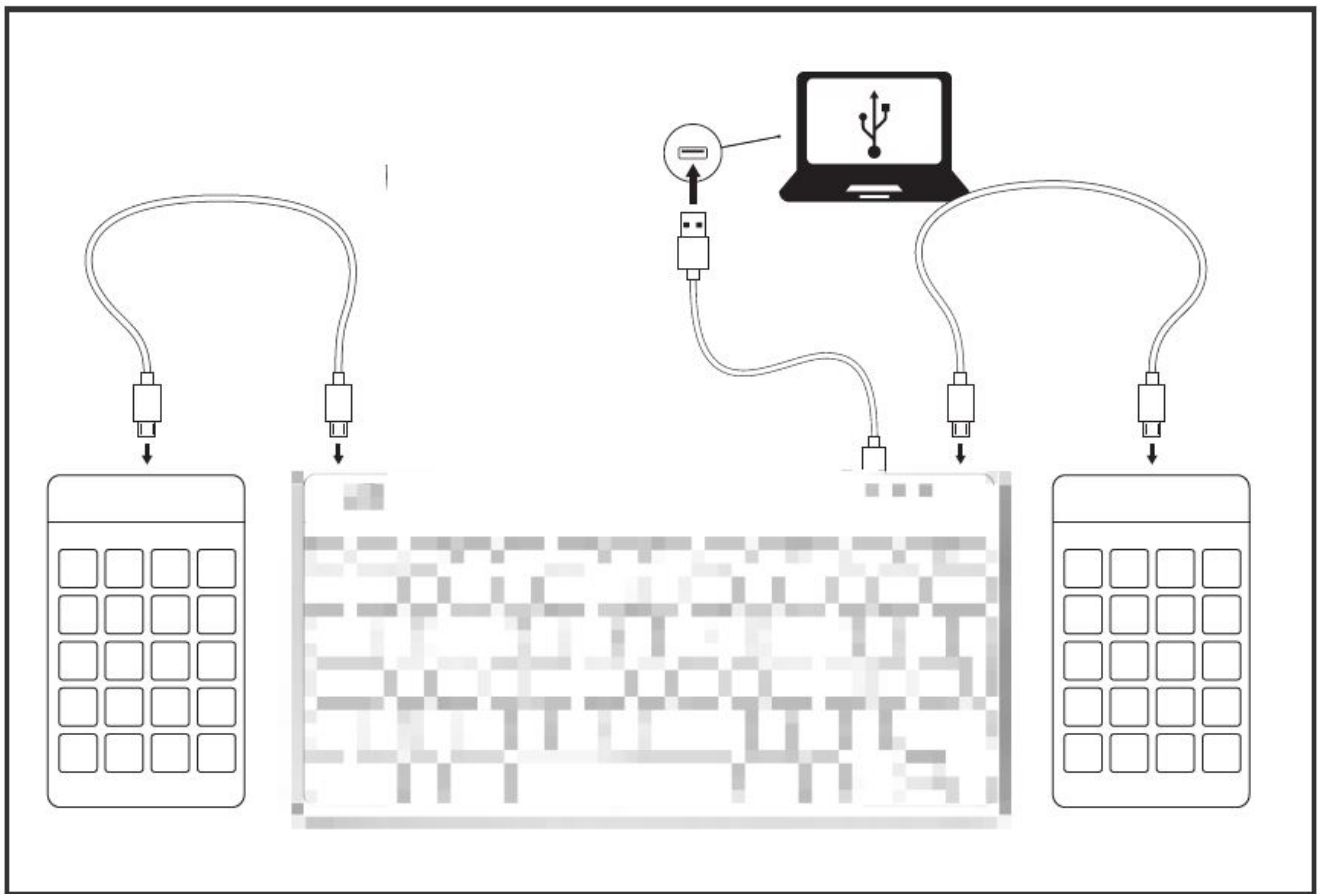
Overview USB-ports



1. Hub – other devices (no connect to computer)
 2. Connect to computer
- **A.** Connect the keyboard to your computer by plugging the USB-C end of cable 01 into port 02 and USB-A end into your computer.

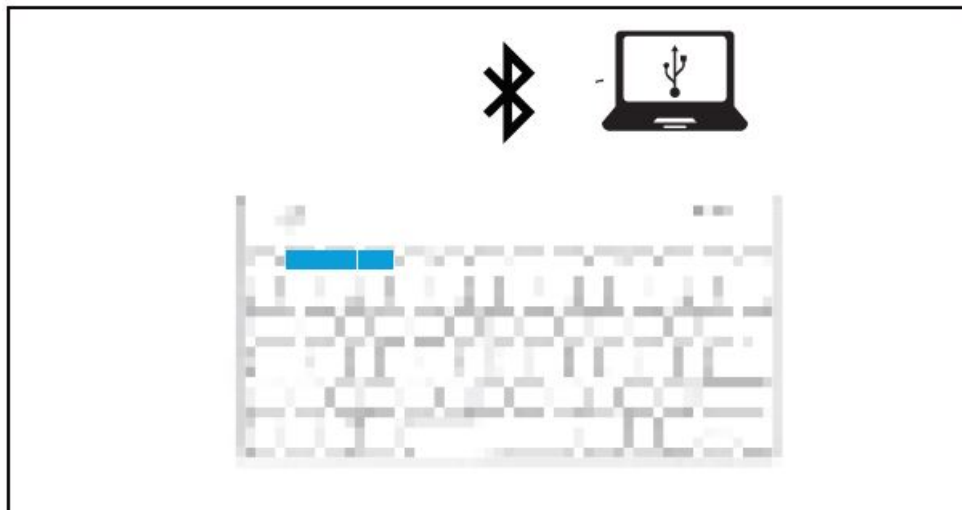


- **B.** (Optional) Connect Numpad or another device to the keyboard by plugging them into port 01 or 03 .

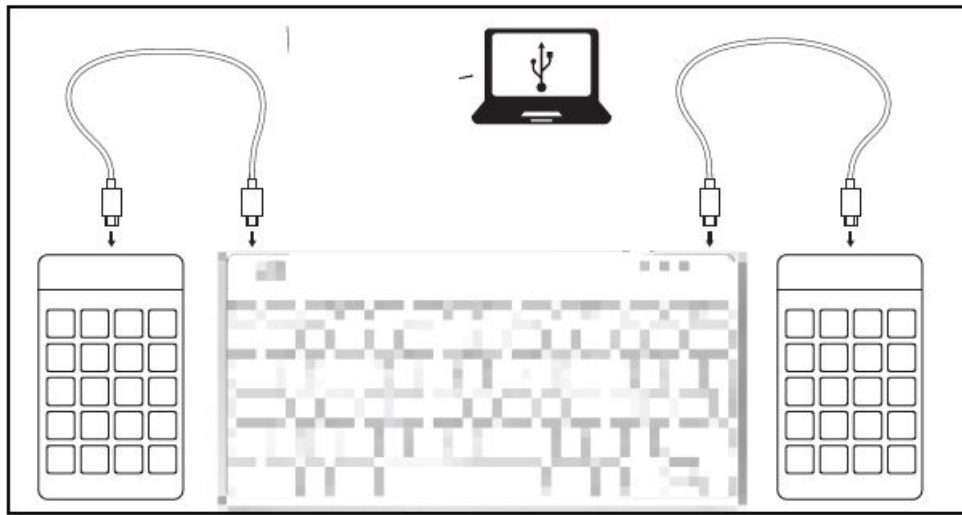


Set up wireless version

- **A.** Connect the keyboard to your computer by holding the Ch. 1* key until the light indicator on the upper right side turns on



- **B.** (Optional) Connect Numpad or another device to the keyboard by plugging them into port 01 or 03 .



- **C.** To charge the keyboard, connect the keyboard to your computer using cable 01 .
 - There are three channels for Bluetooth connection: Ch. 1, Ch. 2, Ch. 3 (marked in light blue)
 - Extra channel Ch. 4 for wired connection

Troubleshooting

Is your keyboard not working properly, or do you experience problems while using it? Please follow the steps mentioned below.

- Check if the keyboard is connected using the correct connector and cable (page 7)
- Connect the keyboard to another USB port of your computer
- Connect the keyboard directly to your computer if you are using an USB hub
- Restart your computer
- Test the keyboard on another computer, if it is still not working contact support (www.r-go-tools.com)

Function keys

The function keys available depend on the version of your keyboard. To identify your keyboard, check the label on the bottom.

The function keys are marked on the keyboard in light blue.

To activate a function, type the Fn-key at the same time as the selected function key.

To activate Insert, click on Fn and Delete simultaneously. This is only possible when software allows this.

Example: To activate the Insert key in Word, go to File, Word options, Advanced and choose Use the Insert key to control overtype mode then check the box Use overtype mode and click Ok.

Note: Fn + A = Break indicator light On/Off

Compliance

Health and safety information

This symbol identifies safety and health messages in the Product Guide and other product manuals.

Warning: Read this safety and health information. Read this guide for important safety and health information and keep all printed guides for future reference. If you do not follow the instruction and do not install, use, and maintain this product properly, you are at greater risk of serious injury, or damage to the device or computer.

For an online version of this manual, go to www.r-go-tools.com/support

Warning: Do Not Attempt Repairs

Repair and maintenance of this equipment should be made only by R-Go Tools authorized technicians. Im-proper repairs and use can create safety hazards. Any evidence of any attempt to open and/or modify the device, including any peeling, puncturing, or removal of any of the labels, will void the limited Warranty.

Product Precautions

- Do not store the device in areas of high humidity.
- Do not expose the device to heat or direct sunlight for an extended period of time.
- Refrain from bending USB cord with unnecessary force.
- Do not disassemble and remodel randomly.
- Do not drop, apply extreme pressures, or otherwise physically damage the device.

For customers in Europe

R-Go Tools b.v. hereby declares that this product is in compliance with the essential requirements and other relevant provisions of the EC EMC directive 2014/30/EU, and RoHS directive 2011/65/EC.

Compliance with these directives is assessed using applicable European Harmonized Standards.

To obtain a copy of the Declaration of Conformity



(DoC) with these Directive, please visit the following URL: <http://www.r-go-tools.com/en/info/ce-compliance/>

Disposal of Old Electrical & Electronic Equipment

(Applicable in the European Union and other Euro-pean countries with separate collection systems)

This symbol on the product or on its packaging indicates that this product shall not be treated as household waste. Instead it shall be handed over to the

Documents / Resources

| | |
|---|--|
|  | r-go RGOCOUSWDBL Compact Break Ergonomic Keyboard [pdf] User Manual RGOCOUSWDBL, Compact Break Ergonomic Keyboard |
|  | r-go RGOCOUSWDBL Compact Break Ergonomic Keyboard [pdf] User Manual RGOCOUSWDBL, Compact Break Ergonomic Keyboard |

References

- [Break.com is For Sale | BrandBucket](#)
- [go-tools.com](#)
- [Download R-Go Break - R-Go Tools](#)
- [Home - R-Go Tools](#)
- [Home - R-Go Tools](#)
- [Support - R-Go Tools](#)
- [Home - R-Go Tools](#)
- [Home - R-Go Tools](#)