

R-Go B08R3ZXF2W Compact Break Ergonomic Keyboard



# R-Go B08R3ZXF2W Compact Break Ergonomic Keyboard Instruction Manual

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**R-Go B08R3ZXF2W Compact Break Ergonomic Keyboard**



## Specifications

- **Product Name:** R-Go Compact Break
- **Type:** Ergonomic Keyboard
- **Layouts:** All layouts available
- **Connectivity:** Wired | Wireless
- **Compatibility:** Windows XP/Vista/10/11

## FAQ

- I can't find my Break keyboard. What should I do?
- If you can't find your Break keyboard, check if the battery is full and reconnect after charging for at least 5 minutes. Ensure Bluetooth is enabled on your PC.
- How do I know if my device has Bluetooth?
- To check if your PC has Bluetooth, type "device manager" in the Windows search bar. If Bluetooth is not listed, your PC may not have Bluetooth capability.

## Congratulations on your purchase!

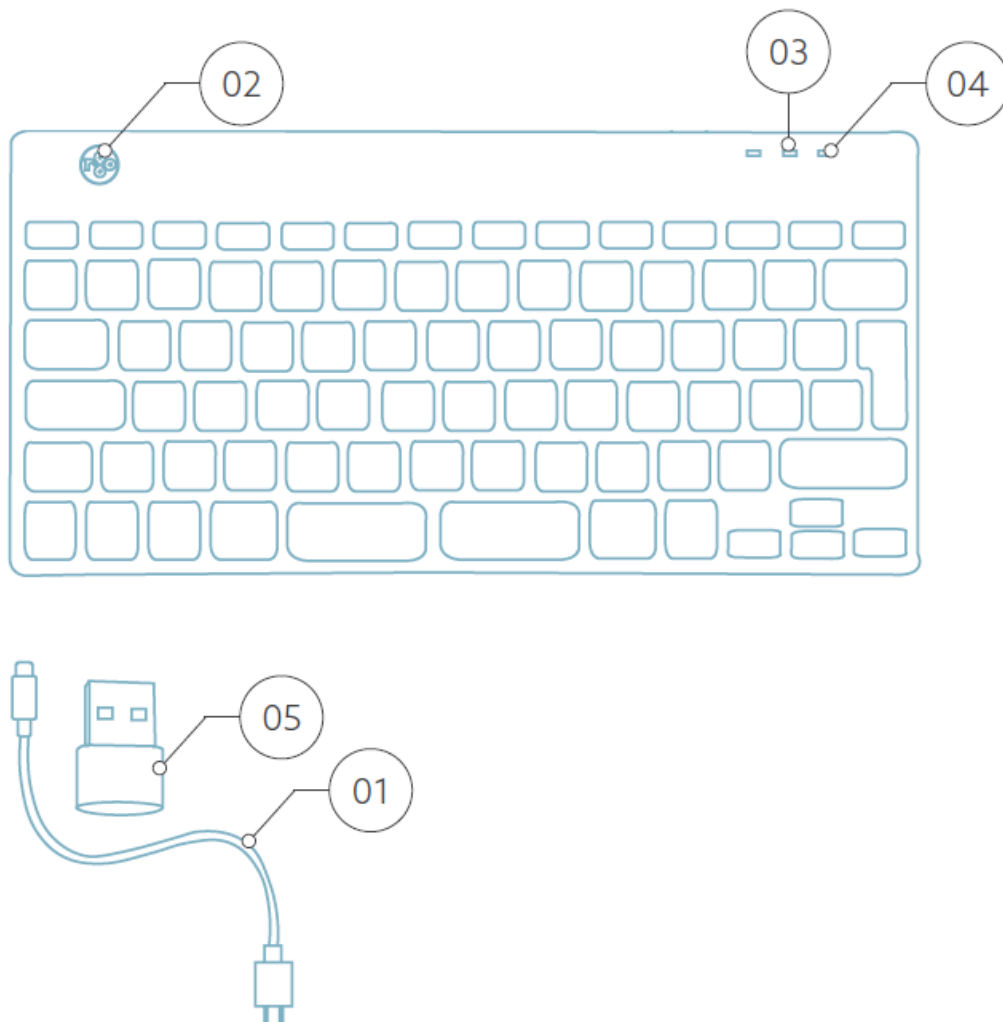
Our ergonomic R-Go Compact Break keyboard offers all the ergonomic features you need to type in a healthy way. Thanks to the light keystroke, minimal muscle tension is needed while typing. Its thin design ensures a relaxed, flat position of hands and wrists while typing. When using both keyboard and mouse at the same time, your hands always stay within shoulder width. This natural posture reduces muscle tension in your shoulder and arm and prevents RSI complaints. The R-Go Compact Break keyboard also has an integrated brake indicator, which indicates with colour signals when it is time to take a break. Green means you are working healthy, orange means it is time to take a break and red means you have been working too long. #stayfit System Requirements/Compatibility: Windows XP/Vista/10/11

For more information about this product, scan the QR code! [https://r-go.tools/compactbreak\\_web\\_en](https://r-go.tools/compactbreak_web_en).



## Product Overview

1. Wired version: Cable to connect keyboard to PC Wireless version: Charging cable
2. R-Go Break indicator
3. Caps Lock indicator
4. Scroll Lock indicator
5. USB-C to USB-A converter



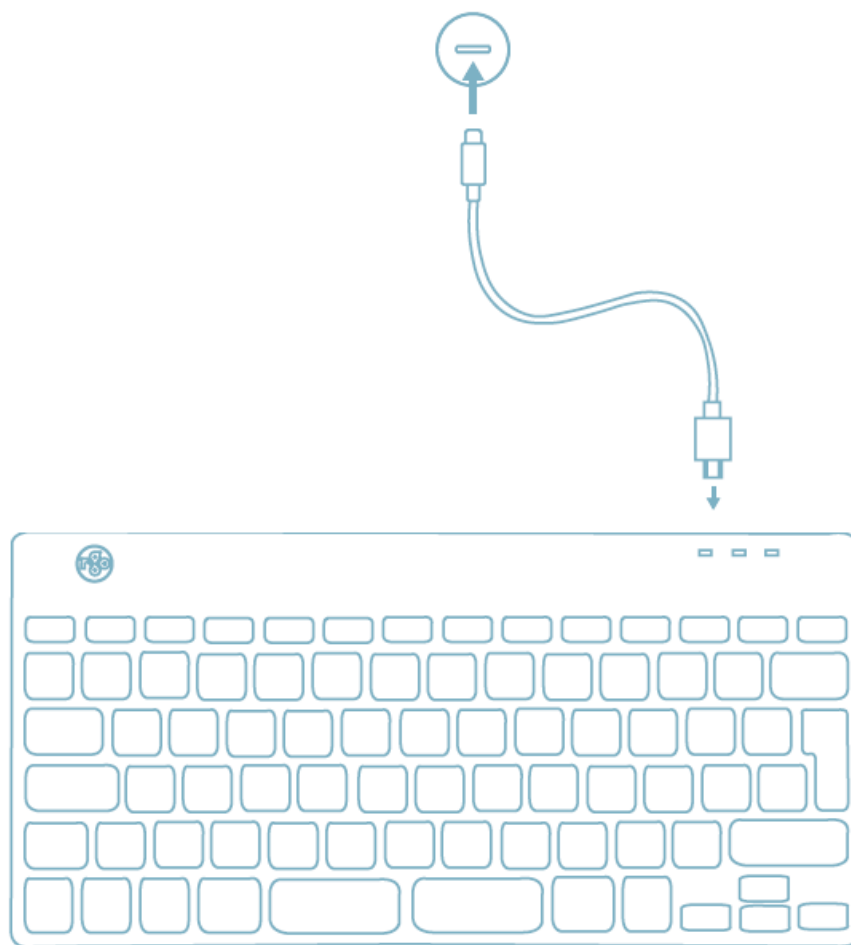
## Setup Wired

### Overview USB-ports

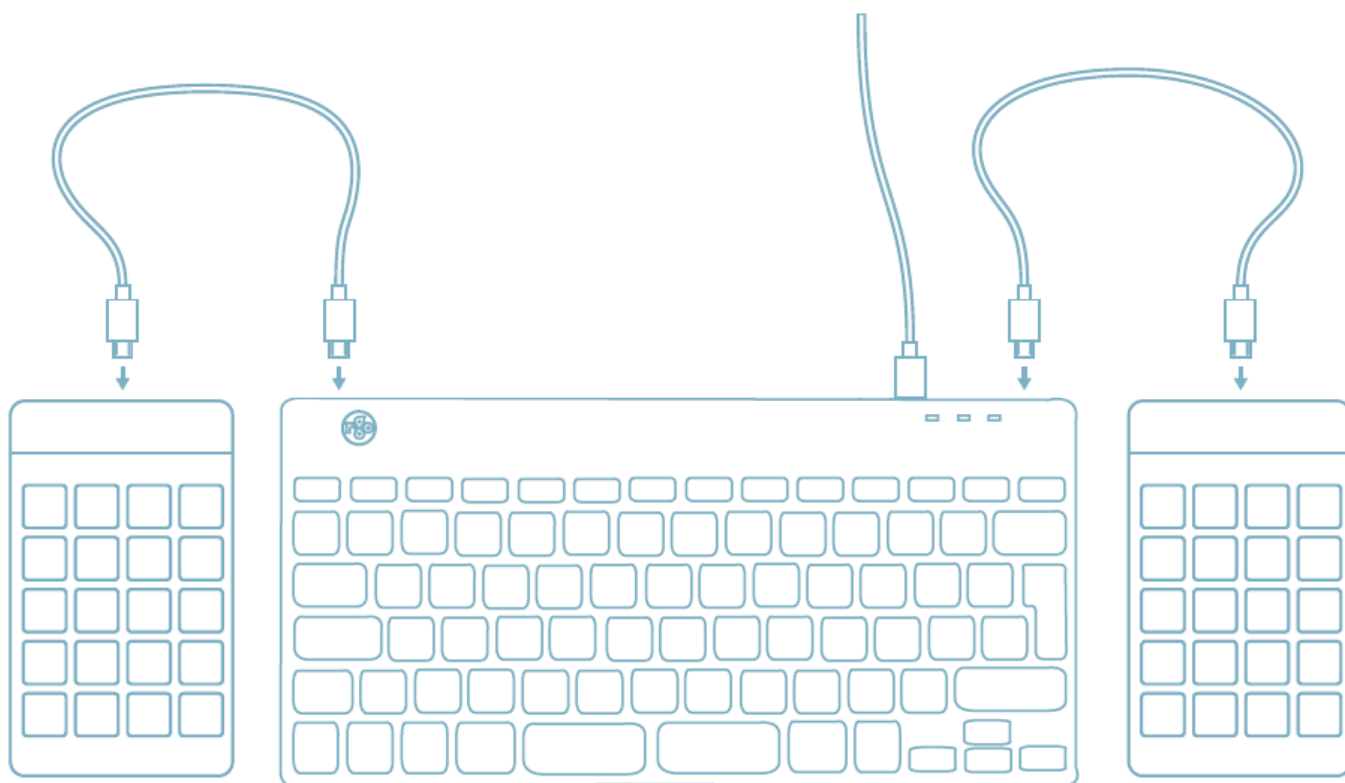
1. Hub – other devices (not to computer)
2. Connect to computer



- **A:** Connect the keyboard to your computer by plugging the USB-C end of cable 01 into port 02 and the USB-C end into your computer.



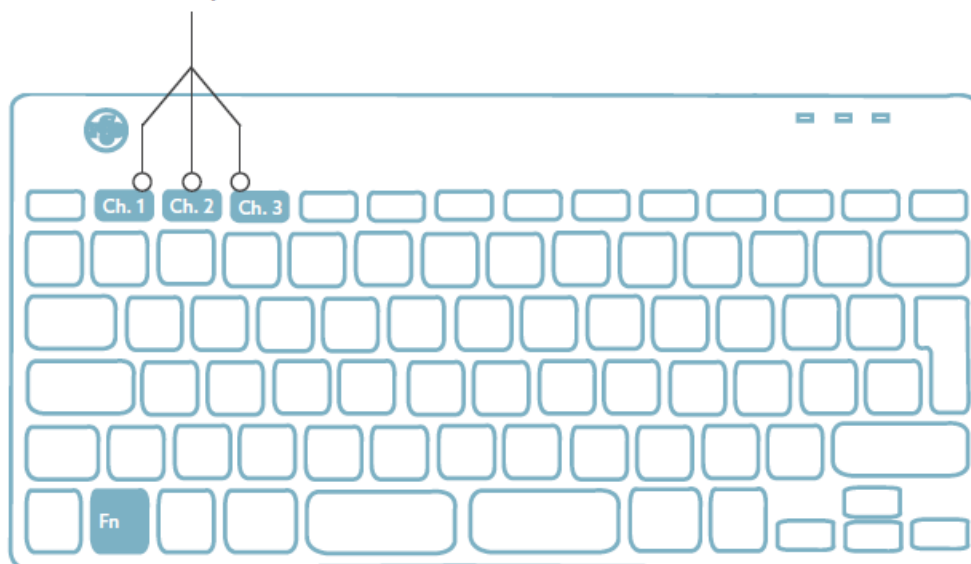
- **B:** (Optional) Connect Numpad or another device to the keyboard by plugging them into port 01 or 03 .



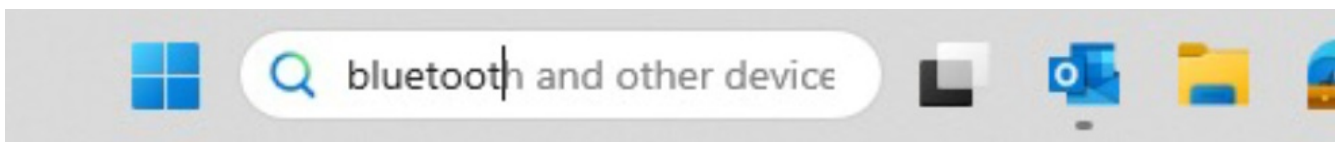
## Setup Wireless

1. Turn your Break keyboard on. At the back of the keyboard, you will find the on/off switch. Turn the switch to 'on' or, depending on the version, to green.

### Channel 1,2 and 3



2. It is possible to connect this keyboard to 3 different devices, such as your PC, laptop or mobile phone. To connect it, you can choose channel 1,2 or 3. Each channel can be connected to one device. To connect the keyboard to one device, for example, your laptop, press and hold the Fn- key together with the key of your chosen channel for at least 3 seconds. It will search for a device to connect with. You will see the Bluetooth light on the keyboard blinking.
3. Go to the Bluetooth & other devices menu on your computer. To find this you can type "Bluetooth" in the left corner of your Windows bar.



4. Check if bluetooth is on. If not, turn on bluetooth or check if your PC has got Bluetooth.





5. Click on "Add device" and then "Bluetooth". Select your Break keyboard. The keyboard will then connect to your chosen device.



## Add a device

Choose the kind of device you want to add.

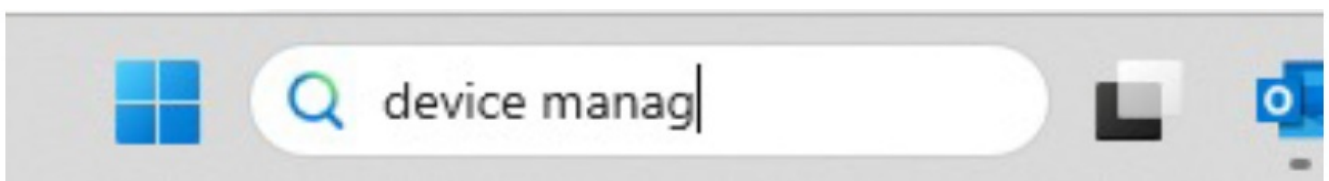
-  **Bluetooth**  
Audio devices, mice, keyboards, phones, pens, controllers, and more
-  **Wireless display or dock**  
Wireless monitors, TVs, or PCs that use Miracast, or wireless docks

### I can't find my Break keyboard. What to do?

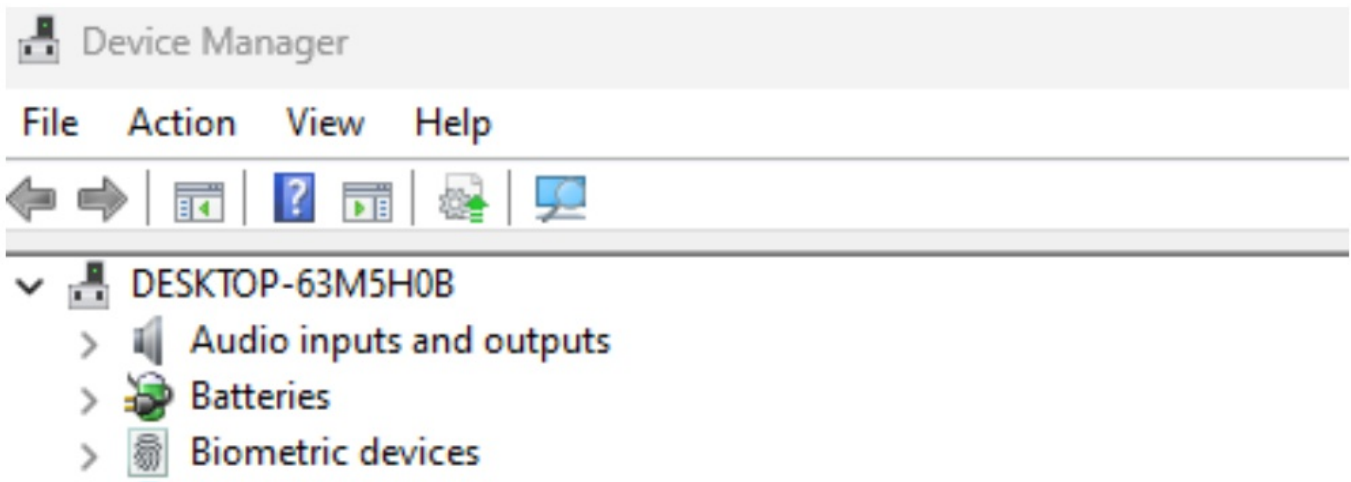
If you can't find your Break keyboard, please check if the battery is full (connect the charging cable with USB-C). When the battery is low the LED light on the keyboard will turn red to indicate that the keyboard is charging. When charged for minimal 5 minutes, you can try to connect again.

### How do I know if my device had got Bluetooth?

To check if your PC has got Bluetooth, type at the bottom in the Windows bar "device manager".



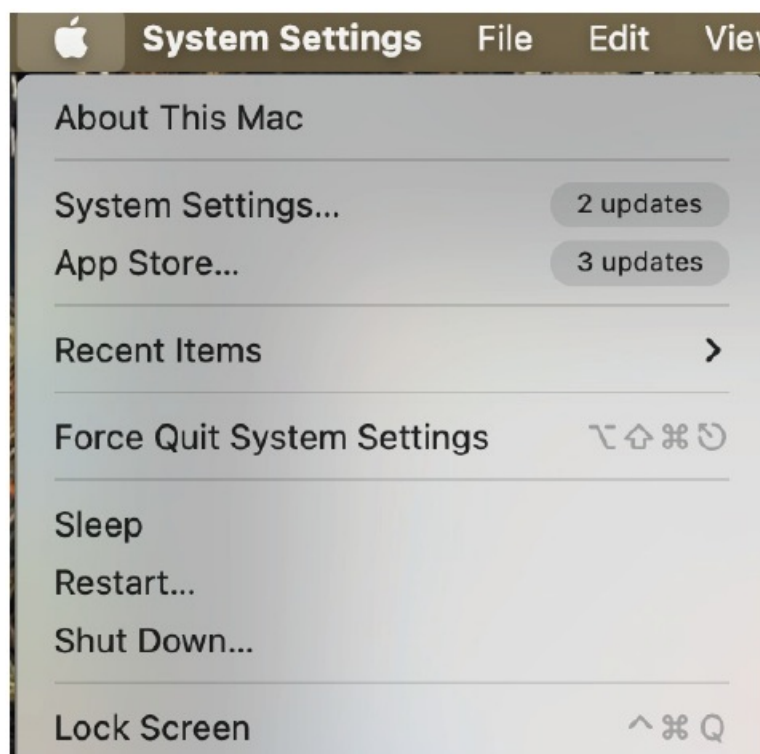
- You will see the following screen (see picture). When your PC hasn't got bluetooth, you won't find 'bluetooth' in the list. You won't be able to use Bluetooth devices'.



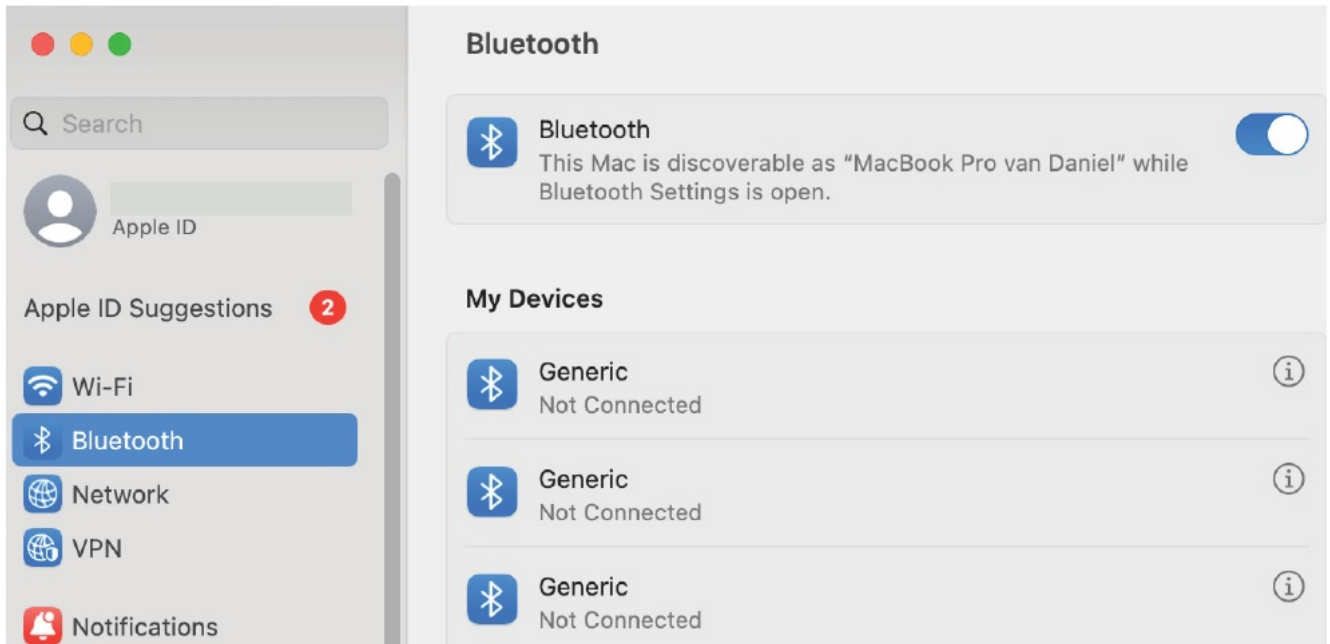
- To connect 3 different devices to 3 channels please repeat steps above for each device.
- Do you want to switch between devices? Press shortly the Fn- key together with your chosen channel (1,2 or 3). Now you are able to quickly switch between for example your PC, laptop and mobile phone.
- To charge this keyboard, connect it to your computer using cable 01 .

## Mac

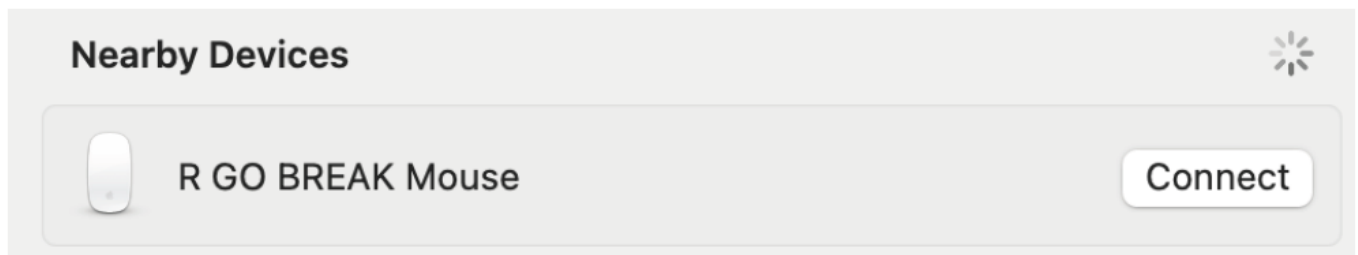
1. Turn your Break keyboard on. At the back of the keyboard, you will find the on/off switch. Turn the switch to 'on' or, depending on the version, to green.
2. It is possible to connect this keyboard to 3 different devices, such as your PC, laptop or mobile phone. To connect it, you can choose channel 1,2 or 3. Each channel can be connected to one device. To connect the keyboard to one device, for example your laptop, press and hold the Fn- key together with the key of your chosen channel for at least 3 seconds. It will search for a device to connect with. You will see the Bluetooth light on the keyboard blinking.
3. Go to Bluetooth on your screen. To find this you click on the Mac icon in the upper left and go to System settings.



4. Check if Bluetooth is on. If not, turn on Bluetooth or check if your PC has Bluetooth.



5. Scroll down to 'Nearby Devices' and click Connect.



## Function keys

The function keys are marked on the keyboard in blue.

To activate a function key on your keyboard, press the Fn key at the same time as the selected function key.

**Note:** Fn + A = Break indicator light On/Off

## R-Go Break

- Download the R-Go Break software at <https://r-go.tools/bs>.
- The R-Go Break software is compatible with R-Go Break keyboards and mice. It gives you insight into your work behaviour and gives you the possibility to customize your keyboard buttons.
- The R-Go Break is a software tool that helps you to remember to take breaks from your work. As you work, the R-Go Break software controls the LED light on your Break mouse or keyboard. This break indicator changes colour, like a traffic light. When the light turns green, it means you are working healthily. Orange indicates that it is time for a short break and red indicates that you have been working too long. This way you receive feedback on your break behavior positively.

For more information about the R-Go Break software, scan the QR code! [https://r-go.tools/break\\_web\\_en](https://r-go.tools/break_web_en).



## Troubleshooting

Is your keyboard not working properly, or do you experience problems while using it? Please follow the steps mentioned below.

- Check if the keyboard is connected using the correct connector and cable
  - Connect the keyboard to another USB port of your computer
  - Connect the keyboard directly to your computer if you are using a USB hub
  - Restart your computer
  - Test the keyboard on another computer, if it is still not working contact us via [info@r-go-tools.com](mailto:info@r-go-tools.com).
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## Documents / Resources



[R-Go B08R3ZXF2W Compact Break Ergonomic Keyboard](#) [pdf] Instruction Manual  
B08R3ZXF2W Compact Break Ergonomic Keyboard, B08R3ZXF2W, Compact Break Ergonomic Keyboard, Break Ergonomic Keyboard, Ergonomic Keyboard

## References

- [Pauzesoftware - R-Go Tools](#)
- [User Manual](#)

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