

# R-Go Tools RGOCONMWLBL R-Go Numpad Break User Manual

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R-Go Tools RGOCONMWLBL R-Go Numpad Break



#### **Product Information**

The R-Go Numpad Break is an ergonomic numpad designed to enhance productivity and comfort during computer usage. It is available in both wired and wireless versions. The Numpad features a compact layout with a standard numeric keypad, function keys, and additional navigation keys. It is compatible with Windows XP, Vista, 10, and 11 operating systems. The R-Go Numpad Break can be used as a standalone device or connected to other keyboards, such as the R-Go Split Break keyboard, for a complete ergonomic setup. It also supports the R-Go Break software, which provides insights into work behavior and allows customization of keyboard buttons. The software controls the LED light on the numpad, indicating healthy work periods, short breaks, and extended work durations. For more information about the product, you can visit the official website: <a href="https://r-qo.tools/numbreak">https://r-qo.tools/numbreak</a> web en

## **Product Usage Instructions**

## **Setup Wired**

- 1. Connect the Numpad to your computer by plugging the USB-C end of cable 02 into your computer and the micro USB end into the Numpad. If your computer has a USB-A port, use the USB-C to USB-A converter (04).
- 2. (Optional) Connect the Numpad to another keyboard (e.g., R-Go Split Break) using cable 03.

## **Setup Wireless**

- 1. Turn on the Numpad using the on/off switch located at the back.
- 2. Hold the Tab key to initiate the connection process. The numpad will search for a device to connect with. Release the key when the light indicator on the upper right side turns on.
- 3. Open the "Settings" on your device and set up the connection with the numpad.
- 4. To charge the numpad, connect it to your computer using cable 02.

#### **R-Go Break Software**

To download and use the R-Go Break software:

- 1. Visit the link: <a href="https://r-go.tools/bs">https://r-go.tools/bs</a>
- 2. Download the software compatible with R-Go Break keyboards and mice.
- 3. The software provides insights into work behavior and allows customization of keyboard buttons. It controls the LED light on the numpad, indicating work periods, short breaks, and extended work durations.

## **Troubleshooting**

If you encounter any issues with the product, please contact us via email at <a href="mailto:info@r-go-tools.com">info@r-go-tools.com</a>.

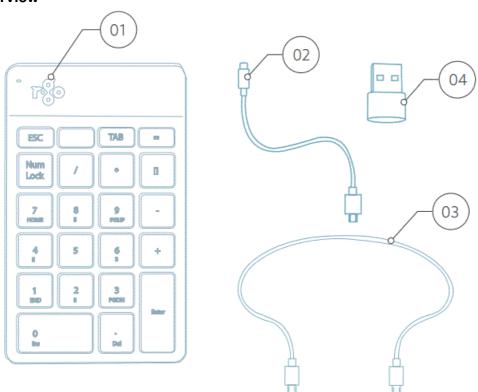
## Congratulations on your purchase!

Our ergonomic R-Go Numpad Break numeric keypad offers all the ergonomic features you need to type in a healthy way. Thanks to the light keystroke, minimal muscle tension is needed while typing. Its thin design ensures a relaxed, flat position of hands and wrists while typing. You can operate this numeric keyboard with your left or right hand and decide yourself where to place it on your desktop. By operating the numpad with the hand that is not using the mouse, both hands remain within shoulder width as you work. The load will be equally divided between both hands. The R-Go Numpad Break keyboard also has an integrated brake indicator, which indicates with color signals when it is time to take a break. Green means you are working healthily, orange means it is time to take a break, and red means you have been working too long. #stayfit System Requirements/Compatibility: Windows XP/Vista/10/11

#### For more information

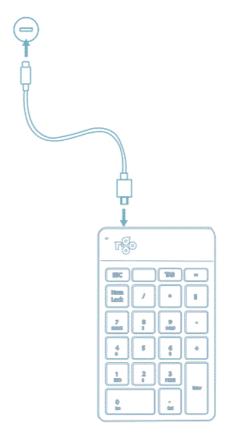
about this product, scan the QR code! https://r-go.tools/numbreak web en

#### **Product Overview**

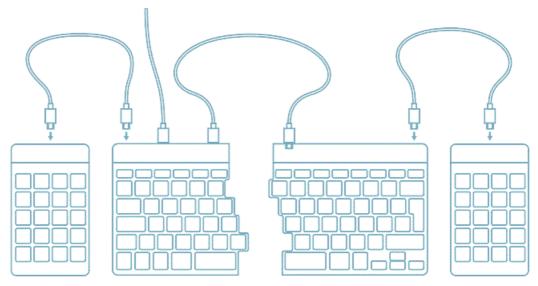


- 1. R-Go Break indicator
- 2. Wired version: Cable to connect Numpad to PC Wireless version: Charging cable
- 3. Cable to connect numpad to R-Go Split Break keyboard or R-Go Compact Break keyboard
- 4. USB-C to USB-A converter

# **Setup Wired**



 A Connect the Numpad to your computer by plugging the USB-C end of cable 02 into your computer and the micro USB end into the Numpad. If you have a USB-A port in your computer, use the USB-C to USB-A converter 04.



• B (Optional) Connect the numpad to another keyboard (for example the R-Go Split Break) by using cable 03.

# **Setup Wireless**

- A Turn the numpad on. At the back of the Numpad, you will find an on/off switch.
- B Connect the number to your computer by holding the tab key. It will search for a device to connect with. Hold until the light indicator on the upper right side turns on.
- C Open "Settings" on the device. Set up the connection.
- D To charge the numpad, connect the numpad to your computer using cable 02.

#### R-Go Break

- Download the R-Go Break software at <a href="https://r-go.tools/bs">https://r-go.tools/bs</a>
- The R-Go Break software is compatible with all R-Go Break keyboards and mice. It gives you insight into your work behavior and gives you the possibility to customize your keyboard buttons.
- The R-Go Break is a software tool that helps you to remember to take breaks from your work. As you work, the R-Go Break software controls the LED light on your Break mouse or keyboard. This break indicator changes color, like a traffic light.
- When the light turns green, it means you are working healthily. Orange indicates that it is time for a short break and red indicates that you have been working too long. This way you receive feedback on your break behavior in a positive way.

For more information about the R-Go Break software, scan the QR code! https://r-go.tools/break\_web\_en



## **Documents / Resources**



RGOCONMWLBL R-Go Numpad Break [pdf] User Manual RGOCONMWLBL R-Go Numpad Break, RGOCONMWLBL, R-Go Numpad Break, Numpad Break

# References

- <u>Qo-tools.com</u>
- OR-Go Break Software R-Go Tools
- O Pauzesoftware R-Go Tools
- O R-Go Nummernblock Break R-Go Tools
- OR-Go Numpad Break R-Go Tools
- O R-Go Numpad Break R-Go Tools

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