



## R-Go Tools R-Go Armrest RGOARMC User Manual

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### R-Go Tools R-Go Armrest RGOARMC



### Specifications

- **Product Name:** R-Go Armrest
- **Model Number:** RGOARMC
- **Compatibility:** Fits all desks that comply with European guidelines
- **Maximum Table Edge Thickness:** 2.0 inches (50 mm)
- **Product Languages:** English, German, French, Dutch
- **Product Website:** [https://r-go.tools/arm\\_web\\_en](https://r-go.tools/arm_web_en)

## Product Usage Instructions

### Setup

- **Step A**
  - Identify a suitable desk that complies with European guidelines.
  - Ensure the table edge thickness is within the specified limit.
- **Step B**

Place the armrest on the edge of the desk, ensuring it is stable and secure.
- **Step C**

Adjust the armrest to a comfortable height for your arm support.

### Check if it fits!

- Ensure the desk does not have a sloping or raised edge that may hinder armrest compatibility.
- Verify that the armrest fits securely without any wobbling.
- Make sure the protruding table top is smaller than 2.0 inches (50 mm).

### Final Product

- Once installed, test the armrest for comfort and adjust if necessary.
- For more information or troubleshooting, refer to the product website by scanning the QR code provided.

## Frequently Asked Questions (FAQ)

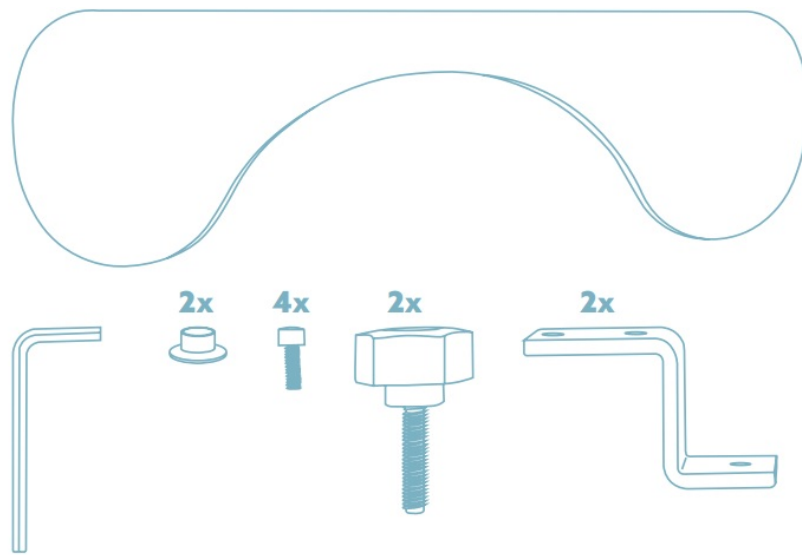
- **What type of desks are compatible with the R-Go Armrest?**

The armrest fits all desks that comply with European guidelines, ensuring a suitable and ergonomic setup.
- **How can I adjust the height of the armrest?**

To adjust the height of the armrest, simply follow Step C in the setup instructions provided in the manual. Ensure it is set at a comfortable level for optimal support.
- **Can the R-Go Armrest be used with a standing desk?**

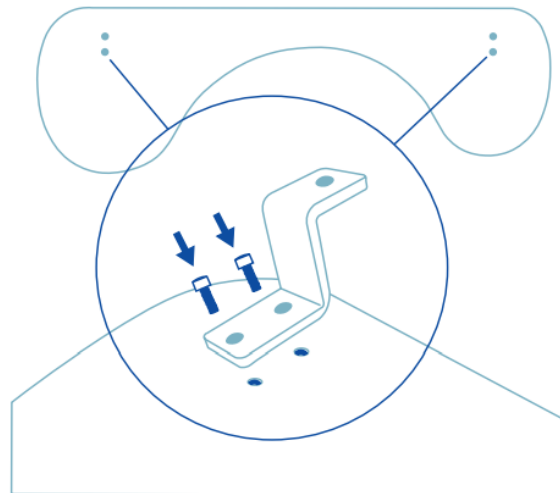
Yes, the R-Go Armrest can be used with standing desks as long as they meet the compatibility requirements mentioned in the manual.

## Product overview

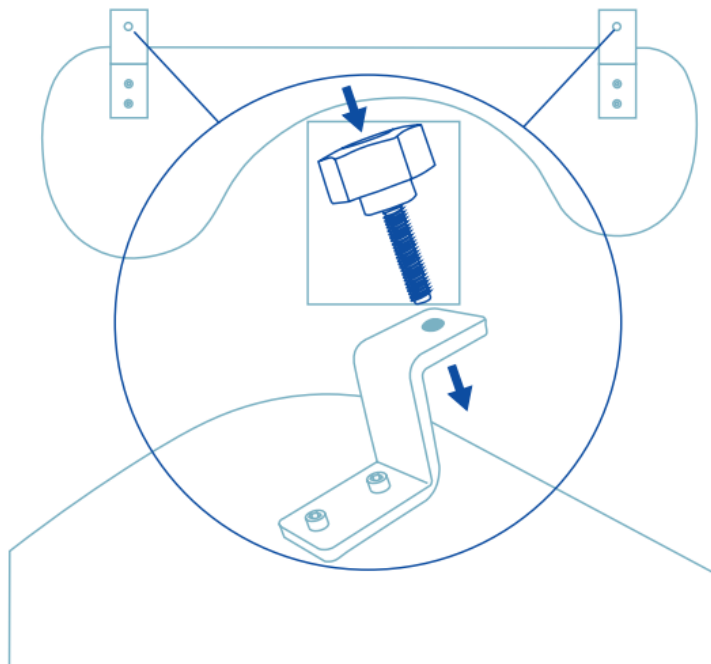


## Setup

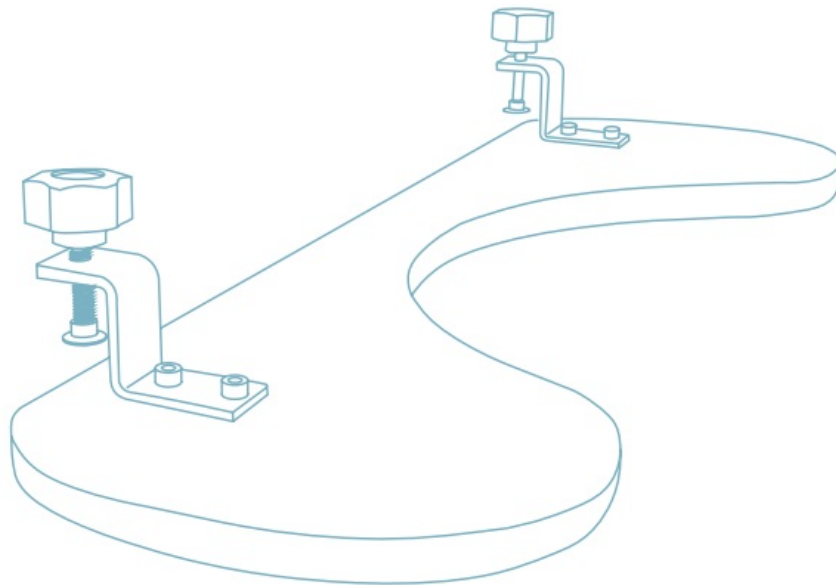
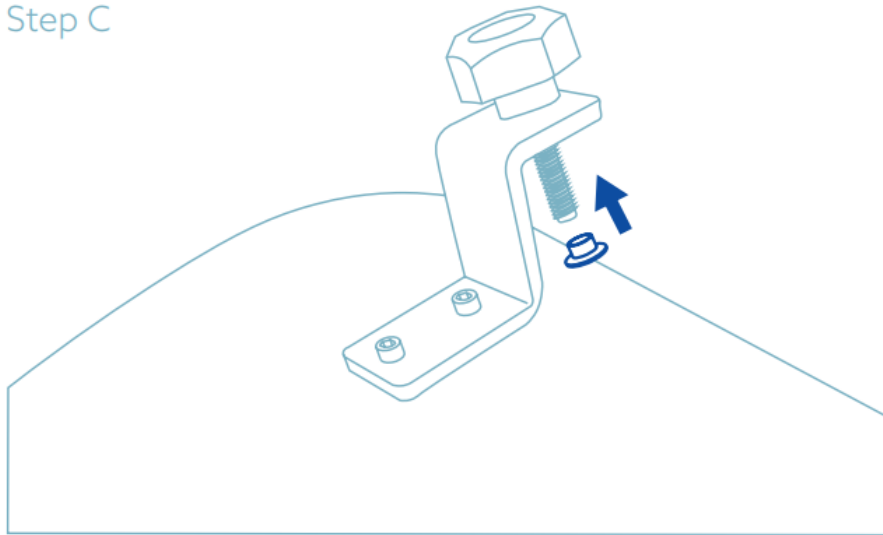
### Step A



### Step B



### Step C

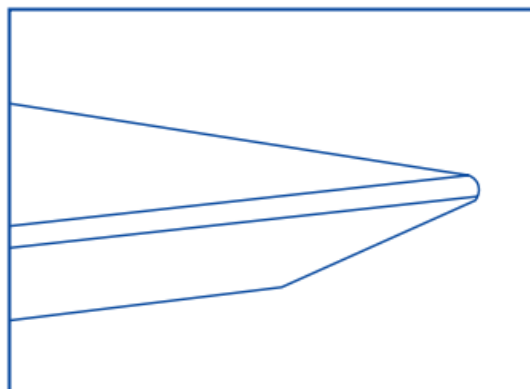


### Check if it fits!

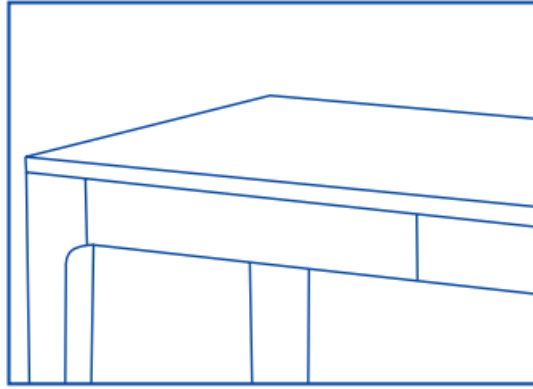
Fits all desks that comply with the European guidelines.

Please note, the armrest does not fit the following type of tabletops:

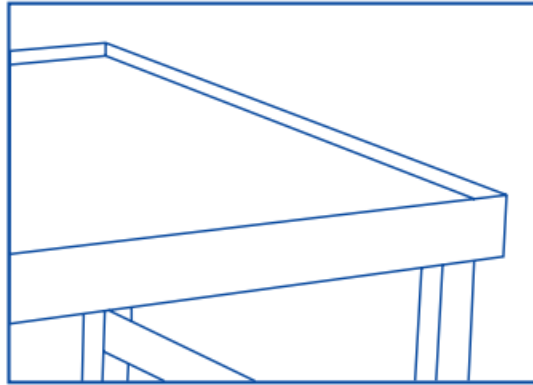
- The table top has a sloping edge.



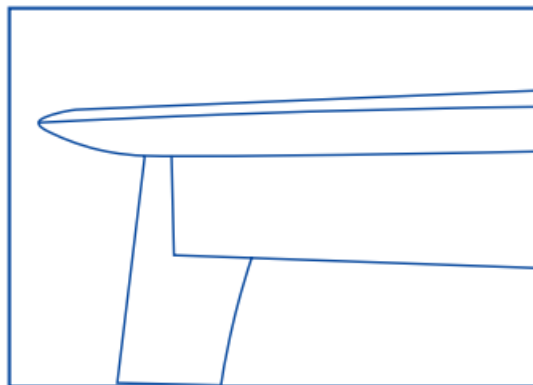
- The table has drawers.



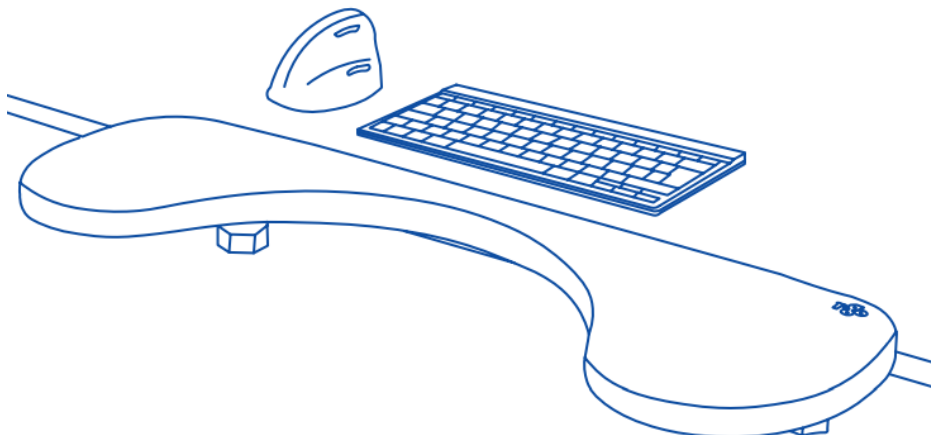
- The edge of the table top is raised.



- Protruding table top is smaller than 2.0 inch (50 mm).



## Final product



## FOR MORE INFO

For more information about this product, scan the QR code! [https://r-go.tools/arm\\_web\\_en](https://r-go.tools/arm_web_en)



## Documents / Resources



**[R-Go Tools R-Go Armrest RGOARMC](#)** [pdf] User Manual  
R-Go Armrest RGOARMC, R-Go, Armrest RGOARMC, RGOARMC

## References

- [R-Go Ergonomische Armlehne - R-Go Tools](#)
- [R-Go Ergonomic Armrest - R-Go Tools](#)
- [Accoudoir ergonomique R-Go - R-Go Tools](#)
- [R-Go Ergonomische Armsteun - R-Go Tools](#)
- [User Manual](#)

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