



pTron Reflect Pro Bluetooth Calling Smartwatch with SOS Feature User Guide

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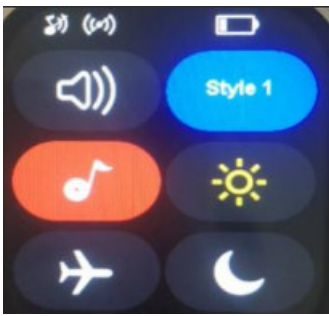

Reflect Pro Bluetooth Calling Smartwatch with SOS Feature



Caution:


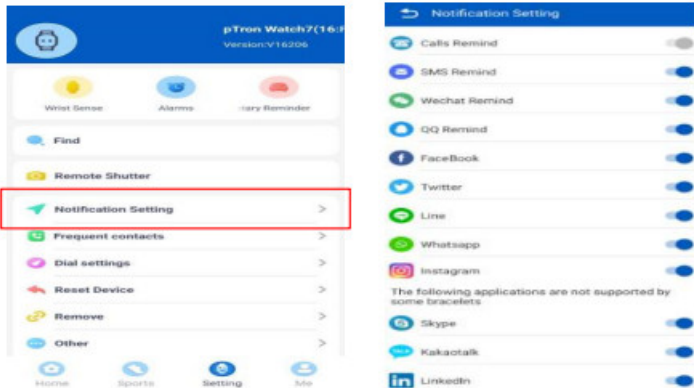
1. This smartwatch is not a medical device.
2. A Thin Transparent Protective Film Covers the Sensor at the Backside of the Dial, protecting the Sensor Glass from scratches.
3. Smartwatch giving reading for non-living objects is normal and common amongst most of the brands

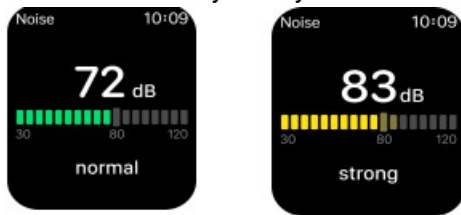
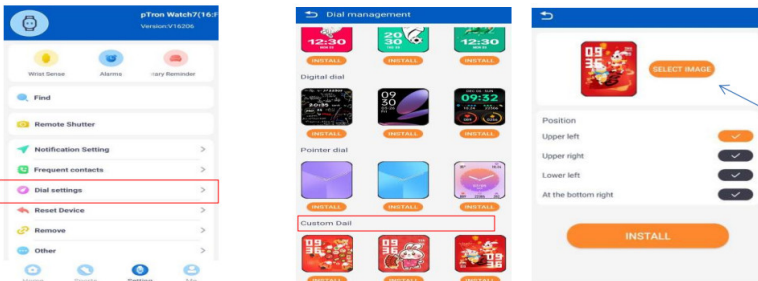
Sr. No	Function	Detailed Description
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1	Charging the Smart watch	<ol style="list-style-type: none"> 1. Turn OFF the Smartwatch before Charging. 2. This watch comes with a magnetic wireless charging cable. Just put the watch on the charging cable's magnetic area and plug the USB end of the cable into a DC5V/1A power source. 3. When the smartwatch is fully charged, remove the watch from charging and unplug the USB charging cable from the power source. <p>NOTE : You can directly check the charging by pressing the crown-like button on the right side of the dial. Pressing once will show the charging status on the display.</p>
2	Downloading 'pTron Fit+' App	<ol style="list-style-type: none"> 1. For downloading the App go to Google Playstore/iOS Appstore and search for 'pTron Fit+'. Now, download and install the app. OR 2. Switch on the smartwatch, then go to the main menu, where you will find a QR icon with the name. You can scan the QR code with your mobile phone. After scanning, you will get a link.  <p>i.e, https://ptron.in/pages/ptron-app-for-smartwatches Just click on this link and you will get app download option for both Android as well as iOS.</p>
3	Pairing	<ol style="list-style-type: none"> 1. After mobile App installation, open the App and set up your profile. 2. Now, go to the app setting option and there you will find "Bind device". 3. Click on "Bind device" & then select your smartwatch i.e, pTron Watch7. 4. In this way your smartwatch will get paired with your smartphone. 
4	Audio Connectivity	<p>After pairing the smartwatch with pTron Fit+ App, you will get a pop up in pTron Fit+ app, just tap on pair, your smartwatch will be get connected with your mobile bluetooth for calling & music purpose. OR</p> <ol style="list-style-type: none"> 1. Press the crown button of the Smartwatch to awaken the smartwatch display. 2. Now, open the Bluetooth function on your smartphone. 3. Search for "pTron_Audio" in the available Bluetooth devices list. 4. Click and connect with "pTron_Audio". 5. Now, the smartwatch is connected with the mobile for calling & music purpose. <p>Important: Keep the smartwatch closer to your mouth while making or receiving calls through this watch for clearer voice capture.</p>

5	Phone Calls	<p>1. After connecting the smartwatch with the phone, you can use the smartwatch to dial and to control the phone calls – making & answering calls.</p> <p>2. You can save upto 8 contacts in the smartwatch through the mobile App. Open the mobile App, go to setting option & then go to Frequent Contacts and there you can select 8 contacts in the address book. These selected contacts can be displayed in the smartwatch.</p> <p>Phone – You can dial & make calls at any number from here.</p> <p>Contacts- The number which you have saved in the app can be seen here and from here you can make calls on that number.</p> <p>Notifications – Here you can check the latest messages & social media notifications.</p>
6	Key Function	<p>This smartwatch comes with a full touch control display and crown control. The screen can be navigated by Tap/sliding left/right or sliding up/down.</p> <div> <p>Side key Setting : You can open your favourite menu by just pressing this key.</p> <p>First set side key menu: Main menu > Setting > Side key setting > Select favourite menu</p> </div>  <div> <p>Crown Button: Rotate the crown button to change the watch face menu, and rotate it to scroll the menu. Press the crown button to go to the main menu. Press once if you are on the main menu, you will go back to the previous menu.</p> <p>Side key: Long-press this key to turn on or off the watch, and press this button to go to the home page and sleep mode.</p> </div>
7	Screen Uses	<p>A) Tap one time on home page to go to main menu</p> <p>B) Slide up to view Setting. Here, you will find Flight mode, Torch, Moon, Brightness Control etc.</p> <p>1) Speaker – With this option, you can enable or disable the calling feature.</p> <p>2) Menu Style- There are 6 menu styles in this smartwatch.</p> <p>3) Music – You can control the music here.</p> <p>4) Brightness Control – You can increase and decrease the display brightness.</p> <p>5) Flight mode – If you turn this ON then calls, notifications & music audio will get stopped on the smartwatch.</p> <p>6) Moon (DND) – This icon represents Do Not Disturb mode. Whenever you turn this icon ON then all calls & notifications will get stopped but you can control mobile music through the smartwatch.</p>  <p>C) Slide Right to view dual screen/Quick access tool, Here you will find QR code, SOS calling and some commonly used application.</p>  <p>How do you set a SOS calling contact number? Open pTron Fit+ App > Go to setting > Common contact > Save contacts > Select Any one contact for SOS</p> <p>D) Slide Down to view notification</p>

		<p>E) Slide Left to View: To set your favourite watch face</p> 
8	Heart Rate	<p>1. Tap on the Heart Rate function icon to start measuring your heart rate. The optical sensor at the backside of the dial will start flashing green light.</p> <p>2. On the Heart rate page, you can also view & check the last measured data.</p> <p>Caution:</p> <p>1) This smartwatch is not a medical device.</p> <p>2) A Thin Transparent Protective Film Covers the Sensor at the Backside of the Dial, protecting the Sensor Glass from scratches.</p> <p>3) Smartwatch giving reading for non-living objects is normal and common amongst most of the brands.</p>
9	Blood Oxygen	<p>Tap on the Blood Oxygen function icon to start measuring your SpO2 level.</p> <p>Caution: This smartwatch is not a medical device.</p>
10	Health Tricyclic	<p>Health Tricyclic is a feature that allows you to track physical activity such as steps taken, training time, and stand hours. This information can be used to help you stay motivated and on track with your fitness goals.</p>
11	ECG	<p>Tap on the ECG function icon to start measuring your ECG.</p> <p>Caution: This smartwatch is not a medical device.</p>
12	Sports	<p>There are 8 exercises available in the smartwatch. During exercise you can also control the music.</p> <p>a) Running b) Bike Riding c) Strength Training d) Basket Ball e) Tennis f) Volley Ball g) Football h) Badminton</p> <p>Note: To get the correct data, you must wear the smartwatch properly.</p> 
13	Camera	<p>1. For using this feature, first you need to open the pTron Fit+ app.</p> <p>2. Just tap on camera icon in your smartwatch ,</p> <p>3. You will get the Start option there. Just click on that and you will see that camera will open on your connected mobile phone.</p> <p>4. Just turn your wrist (need to wear the smartwatch properly) or click on Start to capture pictures.</p>
14	Blood Pressure	<p>1. Tap on the Blood Pressure function icon to start measuring your blood pressure. The optical sensor at the backside of the dial will start flashing green light.</p> <p>2. On the Blood Pressure page, you can also view the Blood Pressure data which was measured last time.</p> <p>Caution: This smartwatch is not a medical device.</p>

15	Music	<p>1. After connecting the smartwatch with a smartphone, you can remote control the music player on your phone through the smartwatch.</p> <p>2. You will get Play/Pause/Next Song/Previous Song options on the display.</p> <p>3. You can Listen Music on your Watch, when it is connected to your Phone Via Bluetooth Mode.</p> <p>Important: pTron_Audio is the BT name of the smartwatch and it must be connected. If this is not connected then please connect it.</p>
16	Reset	<p>This is a feature to reset all data, and when you select the reset option, you will get a confirmation dialogue box after that you need to click on "Yes" to reset the watch. After a reset, you need to re-connect the watch with the mobile app before use.</p> <p>Important: All saved data and statistics will be erased from the smartwatch. Custom watch face will not be removed.</p>
17	Weather	<p>Tap the weather icon to view the current location's minimum and maximum temperatures.</p> <p>Note: This information is synced from your app. It will not be updated if the watch is disconnected from the app for a long time</p>
18	Looking For	<p>You can search (find) your connected phone using this function. When you will click on this you will get an option to Start and as you will click on Start, your mobile phone will start ringing and show "The bracelet is looking for a mobile phone". There will be an OK option in the smartwatch, need to click on it to stop this function.</p> <p>You will also get this option ("Find") in the pTron Fit+ mobile app. When we click on this option, the watch will vibrate 2-3 times and you will receive a Stop icon on the watch screen.</p>
19	Sleep	<p>You need to wear the smartwatch properly while sleeping. It will provide you the data of slept hours for 7 days.</p> <p>Important: Smartwatch will enter sleep mode automatically at 10:00 PM. It will only record the sleep status if it is more than 4 Hours.</p>
20	Menu Style	<p>There are 6 menu styles in this smartwatch, you can choose 1 according to your preferences.</p> 
21	Notification	<p>You can check the latest messages and social media notifications.</p> <p>Note: You need to enable the corresponding "App Alerts" on the pTron Fit+ app and keep the watch and mobile phone connected.</p>  <p>Enable all the notifications for the ease of use</p>
22	Stop Watch	<p>This can be used as a timer.</p>


23	Game	There are 1 game in the smartwatch. 1. F1 Race
24	Noise Detection	<p>Tap on the Noise Detection icon, Smartwatch will start measuring the noise decibel level around you in real time. The result will be displayed on the screen. If strong, you may want to move away from your current location.</p> 
25	Calculator	You can do the basic calculations on the smartwatch.
26	Breath	Tap on the function to perform breathing inhale & exhale exercises as long as you like.
27	More	<p>Voice assistance- You can activate Google Assistant or Siri. About – In this you will find smartwatch related information. Set Language – Can change language from here. Set Time – Can change & update time from here. Set Date – Can change & update Date from here. Backlight Time – You can change the time of automatic display off from here. Go Back Time – As the watch will get off or the display will get off and when you will ON the watch again then the same page will open. Side Key Setting- You can set your favourite menu here. Split Screen – You can enable or disable dual or quick screens from here. Screen – You can enable or disable screen saver. Brightness – You can set the watch's brightness according to your choice. 12- hour Format – You can change the time format with the help of this.</p>
28	Watch Face	<p>A) Replace the Watch Face by Smartphone: You can choose the watch face from the Smartwatch default face, app cloud watch face, or select watch face from your mobile gallery.</p> <p>Watch face from cloud: Open pTron fit+ app > Setting > Dial Setting (Select any one watch face) Watch face from Mobile gallery: Open pTron fit+ app > Setting > Dial Setting > Custom Dial > Select Image (mobile gallery)</p>  <p>You can select a mobile gallery image for the watch face.</p>
29		<p>A) Home: You can see the Target Goal here. Also can get distance, calories & Goal data. By clicking on the Steps you can check the complete summary details.</p> <p>1. Health Report – To get the health assessment report need to click on Reevaluate and then fill in the required details. And you can get your Health Index here. BMI & Body Fat rate can be also seen here.</p> <p>2. Healthy Habits – There are many healthy habits already given in the app. You can add that and can take follow up of it by doing a routine check-up by marking the system in the app.</p>

	Features – In Application	<p>B) Sports: You will find a Sports page in the app. There you will find 3 options that are Walk, Run & Riding. Choose any 1 sport and start and then you will get GPS on the page. You need to login, otherwise, GPS will be not shown. Also, you will get score of Average Pace, Total time & Heat consumption. Need to login, otherwise GPS will be not shown.</p>
	Features – In Application	<p>C) Setting: From here you can bind the device with the app. You can check the connected watch name here and can also get the version here.</p> <p>1. Wrist Sense:- You can enable or disable that option. If you enable the option, you can activate the watch screen via wrist movement. Also, there is a starting and ending time for this option. We can adjust this as per our convenience.</p> <p>2. Alarm: This Alarm option you will find in the app. Open the app and go to Setting option and in that page you will get this option. You can set alarm time as you wish. Total 8 alarms can be set in a single time. The watch will vibrate/ring/mute to remind you that the alarm is ringing, Note : Smartwatch alarm sound depends on the sound mode set by the user.</p> <p>3. Sedentary Reminder: This reminder option you will find in the app. Open the app and go to the Setting option and on that page, you will get this option. Just click on this Sedentary Reminder and there you can adjust this reminder as per your requirement.</p> <p>Note: You can turn on/off this feature via the App. The starting time is 08:00 and the ending time is 22:00.</p> <p>4. Find: When you click on this option, the watch will vibrate/ring/mute. You will receive a Stop icon on the watch screen after clicking on this Find option.</p>
30	Features – In Application	<p>5. Notification Setting : Calls, Remind, SMS Remind, We Chat Remind, QQ Remind, Facebook, Twitter, Line, Whatsapp, Instagram, etc. You need to enable these setting from here for receiving messages & calls and the notifications of the social media platform which you want.</p> <p>6. Frequent Contacts: Can save 8 contacts here.</p> <p>7. Dial Setting : Can change the wallpaper/watch faces from here. You can also select wallpaper from your mobile Gallery.</p> <p>How to set mobile gallery image as watch face or wallpaper? pTron Fit+ app > Setting > Dial setting > Custom Dial > Tap on any image > Select image (mobile gallery) > Install</p> <p>8. Reset Device : You can reset smartwatch through this function.</p> <p>9. Remove : All data will be deleted and the connected device will also be removed.</p> <p>10. OTA Upgrade: If there is any update then can be checked and updated from here.</p> <p>11. Background Setting: The mobile phone brand which is connected with the app will show here. Need to open the given permissions in the App, safe & effective to prevent the App from being misunderstood.</p> <p>D) Me – You can see your login ID here.</p> <p>Also can view Step summary here as you can get the Steps this week, Miles this week & Best record of the week data here.</p> <p>User profile – The profile details & Goal step are given here and can be also updated here.</p> <p>Change Password – You can change password here.</p> <p>About – Here, you will get QR code of the app. You can scan and directly go to download option.</p> <p>Feedback – You can give important feedback or suggestions here.</p>

31	Important	<ol style="list-style-type: none"> 1. This smartwatch is NOT a Medical Device. 2. During swimming adhere to IP68 waterproof protocol. 3. Please connect the band when synchronizing data. 4. Use the 5V USB charging adapter only. 5. Do not expose the band in high moisture or extreme high temperatures or dry/liquid chemicals. 6. When the APP crashes or reboots, please check the phone memory, clear it and try again, or exit the app to reopen it. 7. Smartwatch giving reading for non-living objects is normal and common amongst most of the brands. 8. Metal Buckle, Strap and Display Glass are not covered in manufacturer warranty. 9. Manufacturer/brand owner reserves the right to modify the content of this user manual, product and mobile App without prior notification. Some functions are different in the various software versions, which is normal.
32	Disclaimer	The colors and specifications shown/mentioned in the user manual may differ from the actual product. The images shown are for representation purposes only. Other product logos and company names mentioned herein may be trademarks or trade names of their respective owners.
33	Customer Care	Customer Care Details: support@ptron.in and 040-040 – 67138888 Product Registration/Warranty Registration: https://ptron.in/apps/product-registration Service Centers List: https://ptron.in/pages/ptron-service-centers



Documents / Resources

	pTron Reflect Pro Bluetooth Calling Smartwatch with SOS Feature [pdf] User Guide Reflect Pro Bluetooth Calling Smartwatch with SOS Feature, Reflect Pro, Bluetooth Calling Smartwatch with SOS Feature, Smartwatch with SOS Feature, SOS Feature
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References

- [@pTron India](#)
- [@pTron App for Smartwatches - pTron India](#)
- [@Our Service Center's - pTron India](#)
- [User Manual](#)