



Picooc Technology S3LITE Smart Body Fat Scale User Manual

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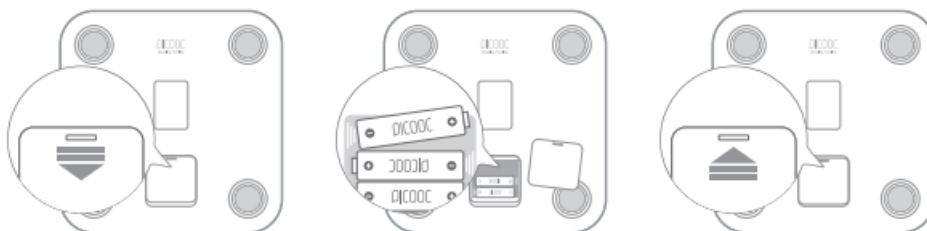


Picooc Technology S3LITE Smart Body Fat Scale

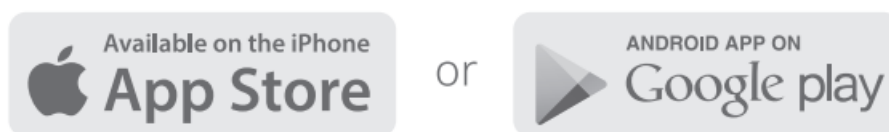


Please read this User Manual carefully, before using the device.

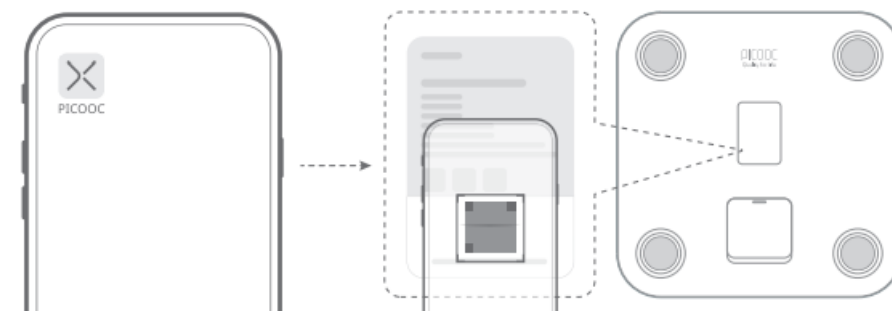
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Security Information

- Patients with pacemakers or other medical equipment should not use this device!
- If you are pregnant, please consult a doctor for advice before using!
- Do not place the device on slippery surfaces when using!
- The device is covered by glass. In order to prevent injury, please make sure that the glass is not damaged before using.
- Any data or advices in the APP are for reference only, and they do not replace or stand for professional diagnosis of medical institutions.
- Please keep the manual properly, and offer it to others before they use the device, the manual should be included for sales.
- For more security considerations, Please check your local dealer supporting websites or visit <https://www.picooc.com>

Measuring Instructions

Mesurement error may be larger for the following users:

- Growing children
- Elderly people
- Fever patients due to cold and other reasons
- Osteoporotic patients with very low bone mineral density

- Edema patients
- Artificial dialysis patients
- People who are involved with fitness or sports (or similar activities)

Please avoid using the scale in the following situations, as far as possible:

- After strenuous exercise
- After sauna or a bath
- After heavy drinking
- After ingesting significant food and/or water

Other measurements

- Light object weighing

Pressing the scale surface until the LED screen display 0.00, place the object on the scale and the LED screen would display its weight (measurement range: 200 g to 10 kg)

- **Heart rate measurement**

Keep measuring posture for a few seconds after measuring body fat, LED screen will show resting heart rate value (measurement range: 40-125 beats/min)


- **Balance ability test**

Please follow the operation guide and particularly be sure to comply with the safety precautions in the app

Warranty and Support

- You may consult your dealer for warranty and service support policies of the device.
- You may check the dealer information on supporting websites and learn about more information of the device.
(<http://www.picooc.com>)

Documents / Resources

	<p>Picooc Technology S3LITE Smart Body Fat Scale [pdf] User Manual S3LITE Smart Body Fat Scale, Smart Body Fat Scale, Body Fat Scale, 2ALE7-S3LITE, 2ALE7S 3LITE</p>
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