

# PHILIPS Dream Mapper App for iPhone and Android User Guide

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## PHILIPS Dream Mapper App for iPhone and Android PHILIPS Dream Mapper App for iPhone and Android pro

### Welcome!

Welcome to DreamMapper. Here are a few tips to familiarize you with this exciting app.

### Sleep Screen

When you first log on to DreamMapper the “Sleep” screen is displayed and it defaults to the current date. Data is presented in one of three categories: AHI, Usage, and Mask Fit. Usage is the default category. The graph for the category displayed shows values for a period of time that includes the displayed day. The graph highlights the currently-selected day on the graph in dark blue.

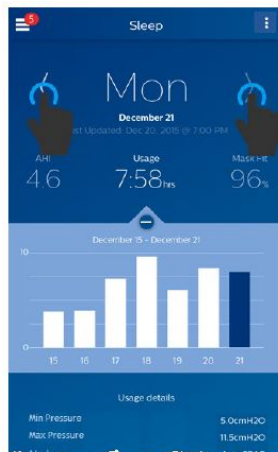


**Note:** Screenshot images included in this document may differ slightly from those on your screen based on the version of the DreamMapper application being used.

## How to navigate

**Changing the Date:** Tap the chevrons

To go backward or forward in time, tap the chevrons (“<”, “>”) located beside the date. As you change the date, the highlighted bar in the graph and the details at the bottom of the screen reflect the selected date. DreamMapper can show data from any day between your registration date and today.



## Changing the Date: Interacting with the graph

The graph responds to your touch so that you can easily see your data for a different day or even a different week. When a specific day of the graph is tapped, the focus of the currently selected Category will change to the tapped day.



Swipe left-to-right on the graph to see the preceding week, or right-to-left to see the following week. The displayed date range confirms the new time period that's being presented by the graph.



## Changing Data Categories

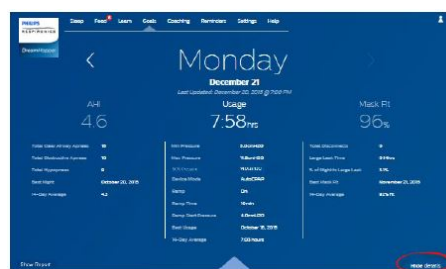
To change the category and graph: tap the desired category

The selected Category will always be in bold, and the default is Usage. To view your AHI or Mask Fit information for a different category tap on the label or value for the category.



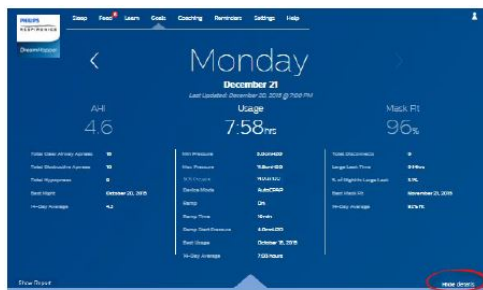
## See Additional Details for the Day and Category – Mobile

The bottom portion of the Sleep screen shows additional details pertaining to the Category you currently have selected in context of that day.



## See Additional Details for the Day and Category – Web

- To see more information: Click Show details
- To see additional details for a specific day, click on “Show details”. When clicked the page expands and additional details are shown.
- To go back to the simplified view: Click Hide details



## View a Report – Mobile

To view a summary report showing Usage, AHI, and Mask Fit.

## View a Report – Web

To view a summary report showing Usage, AHI, and Mask Fit.

To view the report, click on Show Report. Select an End Date and a Day Span for the report then click on the Generate Report button. The report is displayed. You can click on the PDF icon to create a PDF file. To close the report window, click on the X in the upper-right corner of the window.



## Graph Interactions – Web

Changing the Date: Clicking on a graph bar

When viewing the graph you can also click on a specific graph bar to bring the data in context of that date. By doing so you are able to quickly move backward and forwards to view the specific data for a given date that you are interested in seeing. This is especially useful with the graph zoom feature.



## Changing the Graph Zoom: 14, 30, 60, and 90 days views

The default graph zoom is set to 14-days. By using the toggle control in the upper right-hand corner of the graph bar, you can change to 30, 60 and 90 day graph zooms. The current zoom level will be highlighted in white. For 14 and 30 day zoom, the x-axis labels will contain the daily values; however, if 60 or 90 days is selected, only the week labels are displayed. Note that the currently selected data range in the upper left-hand corner of the graph bar is updated based upon the current graph zoom level. Finally, the selected graph zoom will also update the averages displayed in Show Details, for each Category.



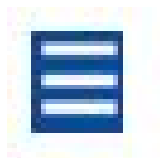
## Graph Hover Information

By moving your mouse cursor over the graph bars you will be able to see information relative to that day and Category.



## Menu Choices

To navigate to the other menu items, tap the Menu icon



## Feed Screen

The Feed section displays notifications that have been sent to your account: Reminders, Alerts, and Recommendations. All are ordered by date.

## Learn Screen

The Learn section contains links to other helpful information related to Sleep Apnea, Equipment Usage, and Troubleshooting.

## Apnea tab

This page contains links to several videos addressing the causes and treatment of sleep apnea.

## Equipment tab

This page contains links to videos and online guides related to the use of therapy equipment and DreamMapper.

## Troubleshooting tab

This page contains links to videos on the subjects of Mask Issues, Device Pressure Issues, Equipment Issues, and Side Effects.

## Goals Screen

The Goals screen displays several categories of monthly and personal goals:

- Days with 4+ hours of use in a month
- Consecutive days with the use
- Consecutive days with 4+ hours of use
- Consecutive days with >75% Mask Fit

### Reminders Screen

The Reminders screen is where you set the time intervals at which you will be reminded to clean your mask, humidifier, tubing, and device filters. You can also schedule follow-up reminders. The reminders you schedule here will appear on the Feed screen.



Daily

**For the Follow-up Reminder, select or enter a date in the space provided .**

### Settings Screen – Mobile

The Settings screen contains information related to your Account, Equipment, and Contact Preferences.

#### Account

From here you can change your Username and Password, or any of the account information by tapping on them. You can also log out of DreamMapper.

Equipment



### Contact Preferences

Use the options in this section to specify how DreamMapper should contact you with important information about your therapy data. By default, E-mail is turned on and Text Messages is turned off. Note: Texting is available only for select wireless carriers in the USA.

### Settings Screen – Web

The Settings section contains information related to your Account, Preferences, Mask, and Data Connections.

#### Account tab

Click on the Edit button to edit any of your account information, including changing your current password. You can also add a secondary therapy device by entering the secondary device's serial number. Click on Save to store your changes.

#### Preferences tab

Use the options in this section to specify how DreamMapper should contact you with important information about your therapy data.



2. Enter your e-mail address (and confirmation) in the spaces provided.



4. If you choose to receive text messages, select a wireless carrier from the drop-down list and enter your phone number in the space provided.

5. You can also choose to receive news, product and promotion information from Philips.

6. Click on the Apply button to save your selections.

### Mask tab

Use this section to specify the mask you use, and you will receive information specifically for that mask.

1. Click on the Edit button.
2. Specify the mask you have by first selecting the mask type and then the mask model.
3. Click on the Save button to save your selections.

### **Data Connection tab**

Use this section to learn about DreamMapper's data connection methods. The available options are SD Card or USB cable (select devices only), Modem, and Bluetooth.

### **Help Screen**

The Help section contains general information about DreamMapper, terminology definitions regarding sleep apnea and sleep therapy, and Philips contact information.

### **FAQ tab**

Some of this information may be new or unfamiliar to you. In the FAQ section, you will find definitions for all the fields displayed within DreamMapper.

### **Support tab**

If you still have difficulty using DreamMapper, use the contact information displayed in the Support tab for help.

### **About tab**

This section provides DreamMapper's Intended Use, applicable Cautions, Warnings, Password Policy, and other Regulatory information. Some of that information is also replicated for you here.

## **About DreamMapper**

The DreamMapper software provides patients, who are prescribed compatible Philips Respironics PAP therapy devices the ability to view their therapy data via smartphone (Mobile Application) or Internet access (Web Application). The viewable data is to help the patient understand their therapy usage and not to diagnose any condition of the patient as the DreamMapper software does not perform automatic scoring or diagnosis.

DreamMapper is highly secure to help meet requirements for HIPAA compliance and privacy laws; this includes access security, in addition to the privacy and security of transmitted data.

## **Intended Use**

DreamMapper provides compliance, coaching, and motivational feedback to encourage the habitual use of Philips Respironics PAP therapy devices. It also allows data to be transmitted between supported Philips Respironics PAP therapy devices and the healthcare provider.

## **Cautions**

U.S. Federal law restricts this device to sale by, or on the order of, a licensed physician.

## **Warnings**

DreamMapper should not be used to diagnose any condition of the patient. Associated therapy device manuals should be read and understood prior to viewing compliance data. Use DreamMapper with Philips Respironics-supported therapy devices only. DreamMapper is not compatible with therapy devices not supported by Philips Respironics. If you are not sure if your therapy device is supported by DreamMapper, contact Philips Respironics Product Support for information on the supported devices.

## **Documents / Resources**

**PHILIPS**

DreamMapper  
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