



## PETERMANN PM-2095 Open Sliding Mat User Manual

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## General Information

Thank you for choosing a Petermann product.

Please read the user manual carefully before using the product for the first time!

The current understanding in modern occupational health and safety is that people in nursing professions experience significant work-related physical strain. Back injuries are common. There are many situations in which a patient has to be transferred from a bed, a wheeled stretcher, ambulance stretcher, an X-Ray table or a wheelchair to a different stretcher or seat. The strain on the user and the patient / care-dependent can be reduced significantly through the use of Sliding Mats.

The use of transfer aids should be conditional upon the user having learned to use the equipment properly. The user has to decide for themselves what equipment is suitable to the patient's situation and the intended sequence of movements.

The inner surface of all Sliding Mats is made from particularly low friction fabric, which allows for easy movement. The outer surfaces consist of a carbon-fibre reinforced, latex-free material, which thanks to its liquid-repellent properties is optimal for use in care settings. The Sliding Mats have soft padding between the surfaces so that the patient can lie or sit comfortably.

The Open Sliding Mats Caremaster are part of a product line which is used specifically to aid in the transfer of patients in home care and other health care facilities, as well as in hospitals.

The product may only be used for the specified purpose and under the specified conditions.

The Open Sliding Mats Caremaster are a safe transfer aid, which allows for a transfer which is pleasant and comfortable for the patient as well as being simple and back-friendly for the users.

The information in this user manual is for the patient who is being transferred and moved, as well as the user performing the transfer / position change.

Contact us if you require additional information or assistance using the Petermann product.

### 1.1 Product versions

**Item no.:** PM-2095 Open Sliding Mat/Caremaster M

**Item no.:** PM-2097 Open Sliding Mat/Caremaster XL

### 1.2 Accessories

No accessories are available for this device.

### 1.3 Scope of delivery

Open Sliding Mat/Caremaster

User manual

### 1.4 Storage, transport

Store/transport	at -5°C – 40°C
Other:	protect from sunlight

### 1.5 Service life / lifecycle

If the product is used in accordance with the safety instructions, then the expected product service life is five years.

However, the effective service life may vary depending on the frequency and intensity of use and the number of

washing and disinfection cycles.

Perform regular function checks on the product and be sure to observe the safety information (see item 2).

## Safety information

**WARNING** indicates a potential danger which could lead to personal injury or material damage.

➤ It is the responsibility of the organisation / the user to determine, on the basis of the circumstances (weight / health condition of the patient) and the capabilities of the user, whether several users may be required for the transfer and/or whether additional safety measures are required.

➤ Defective products may no longer be used.

➤ The smooth surfaces significantly reduce resistance due to friction during repositioning. Check the transfer surfaces carefully to ensure they are fixed in place securely (e.g. wheelchair, bed).

➤ Ensure that the transfers are performed by the users in a back-friendly manner.

➤ Weight limits must be observed (200 kg).















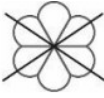
➤ After the transfer / repositioning, remove the Open Sliding Mat Caremaster from under the patient.

If applicable, ask about products which can also be used for “bedding” applications.

➤ Transfer products are subject to a natural ageing process. Inspect the equipment regularly to ensure proper functionality.

➤ The use of non-standard cleaning agents or bleaching agents, alcohols, fabric softeners or other chemical laundry additives may lead to permanent deterioration of the Open Sliding Mat Caremaster properties.

### 2.1 Symbols used

	90°C laundry		max. load capacity see item 6
	Do not bleach		Manufacturer
	Dry at low temperatures		Batch no. / lot no.
	Do not iron		Identification code
	Do not dry clean		Conformity mark
	Warning		Item number
	Observe the user manual		Medical device label
	Do not use fabric softener		

### 2.2 Function check

Transfer products are also subject to a natural ageing process. Inspect the equipment regularly and carefully, in particular before each use.



## Visual inspection

Ensure that material, seams, handle loops and buckles are undamaged and in functional order.



### Load test handles

Pull firmly on the handle loops – Check material and seams

### Load test buckles

Pull firmly on the closed buckle – Check buckle and seams



## Sliding properties

Place the product on a firm surface Pull your hands over the product with pressure

Good glide – easy gliding

Low glide: no gliding/moving possible



> Defective products may no longer be used!

## Using the product

### 3.1 Indication and further use

Due to the wide range of possible applications, the indications cannot be tied to a specific clinical picture, since Open Sliding Mats Caremaster are suitable for all applications involving people who require assistance. Thanks to the reduced friction, the capabilities of the patient can be put to use when Open Sliding Mats Caremaster are used. The effort required on the part of the user is reduced.

This product may be reused.

Before reusing the product, be sure to perform a thorough function check (see item 2.2) as well as cleaning or disinfection of the product. (see item 5)

### 3.2 Contraindications

Contraindications cannot be tied to a specific clinical picture. Observe the safety information under item 2.

### 3.3 Application risks

> The movement is performed surprisingly or too quickly → risk of falling and impact

### 3.4 Areas of application

The product can be used in home care and other health care facilities as well as hospitals.



### 3.5 Application illustration



### 3.6 Application

The Open Sliding Mat Caremaster is used primarily for repositioning in bed. The inner surface consists of low friction material. The outer surface consists of carbon-fibre reinforced latex-free material which has breathable and liquid-repellent properties. Thanks to the pulling loops, the Open Sliding Mat Caremaster can also be used for heavy patients.

#### **Placing the Open sliding mat Caremaster**

Optimal application of the Open Sliding Mat Caremaster is achieved by having the sliding surfaces on top of one another.

- Place the patient on their side.
- Fold the Open Sliding Mat Caremaster widthwise, the pulling loops have to be on top!
- Fold the Open Sliding Mat Caremaster under itself by 1/3 of the length.
- Place the top with pulling loops at head height on the patient.
- Adjust the length (the folded end should stop a hand width below the gluteal sulcus).
- Place the patient on their back.
- Pull the folded under third through sideways underneath the patient.

#### **Moving toward the head**

**Prerequisites:** The legs can be flexed. Use of an Anti-Slip Mat is recommended in this case!

- Flex the patient's legs.
- The patient can be pulled upward using the pulling loops.

If the legs cannot be flexed, then an additional Sliding Mat is required (e.g. PM-2010).

#### **Moving to the side**

**Prerequisites:** none

The flexibility of the Open Sliding Mat Caremaster allows for sideways pulling, pushing and lateral positioning.

#### **Removal**

After positioning has been completed, the Open Sliding Mat Caremaster can be removed without moving the patient.

- Support the patient with one hand.
- The Open Sliding Mat Caremaster can be pulled out from underneath the patient with the other hand.

Visit our website at [www.pm-med.de](http://www.pm-med.de) or watch our comprehensive product videos on our YouTube channel.



<https://www.youtube.com/channel/UCZdMwKtd1tGQayGEDHsi7Cg/videos>

### 3.7 Approved accessories, combination with other products

Open Sliding Mats Caremaster are used in combination with the following products:

- PM-7010/7011 Non-Slip Mats
- PM-8010 Bed Wedges

Petermann transfer aids are part of a comprehensive aid product range, which are effective and back-friendly for the user and comfortable and supportive for the patients. Additional Petermann products may be used according to the situation and clinical picture. Ask our experts. We are happy to help you!

### Product marking / CE

The Petermann Open Sliding Mat Caremaster is a Class I Medical Device and meets the EU Regulation 2017/745 of the European Parliament and Council dated 05.04.2017 for medical devices, also called MDR.



Petermann GmbH is certified in accordance with DIN EN ISO 13485 by TÜV Süd, Medical Devices – Quality management systems applicable to the design and development, production and distribution of aids for people of limited mobility.

### Cleaning, care and disinfection

Cleaning	Desinfection (if necessary)
90° washing machine	Recommended disinfectants for wipe disinfection: – Trionic® (DGHM/VAH approval, further information on request) – Mikrobac® Tissues* – Mikrobac® forte* – Bacillol® 30 Foam – Bacillol® 30 Tissues – Bacillol® 30 Sensitive Tissues – Mikrobac® Virucidal Tissues*
Mild detergent	
Do not use cleaning agents with bleaching ingredients or chemical laundry additives! Otherwise the product properties may deteriorate permanently.	
Wash with similar colours only	* wipe with a cloth soaked in water after disinfection to avoid residues or layer build-up. Please always follow the manufacturer's manuals for use when wiping disinfection.
Recommended detergent for industrial washing machines: – – Maximo Liquid as single detergent	
Low dryer temperatures (45° – 50° C)	

Be sure to follow the care instructions on the label of each product as well as the manuals for use.

## Technical Data

Item no.	Material	Colour	Load-bearing capacity
PM-2095	PES/Carbon, latex free	blue/red	200 kg
PM-2097	PES/Carbon, latex free	blue/red	200 kg

Item no.	Description	Dimensions in mm	Weight	UDI
PM-2095	Open Sliding Mat Caremaster M	1750 x 600 x 2,5	485 g	(01)04250355320957(10)x
PM-2097	Open Sliding Mat Caremaster XL	1850 x 700 x 2,5	610 g	(01)04250355320971(10)x

The manufacturing of our products is subject to highest quality standards. Due to usual manufacturing variations published dimensions and further information concerning the condition of the product are defined as target production specifications. Deviations which might occur are monitored by professional quality management procedures and do not represent a reduction in performance of the respective product.

## Warranty

- The company Petermann warrants that the product is free from defects in material and workmanship.
- The warranty period is 3 years. It does not cover defects attributable to abrasion, normal wear, improper use or improper cleaning.
- The company Petermann is not liable for accidental or consequential injury or material damage.

## Disposal information

There are no specific disposal regulations for Open Sliding Mats Caremaster, they can be disposed of in accordance with applicable national and local regulations.



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## Documents / Resources

	<p><b><a href="#">PETERMANN PM-2095 Open Sliding Mat</a></b> [pdf] User Manual PM-2095 Open Sliding Mat, PM-2095, Open Sliding Mat, Sliding Mat, Mat</p>
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## References

- [med.de - Ihr Medizinportal | Chirurgie | Krankheiten | Gesundheit | Arztsuche](#)
- [Innovative Hilfsmittel - Manuellen Transferhilfen - Petermann DE](#)
- [User Manual](#)

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