




Parsonver SR1 Smart Watch Instruction Manual

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PARSONVER

Parsonver SR1 Smart Watch



Product Information

The SR1 is a smartwatch that offers a range of features to enhance your daily activities and monitor your health. It can be connected to a mobile app for seamless synchronization of data and notifications.

Here are some key features of the SR1:

- Dial interface with various gesture controls
- Frequent contacts for easy dialing
- Call log to view and make calls
- Motion data tracking including steps, distance, and calories
- Information push for receiving notifications
- Language assistant for voice control
- Heart rate monitoring
- Blood oxygen monitoring
- Sleep monitoring
- Motion modes for different sports activities
- Sports record to track your exercise data
- Alarm clock function
- Weather synchronization
- Secondary watch functions like stopwatch and timer
- Music control
- Camera control
- Respiratory training

Product Usage Instructions

Dial Interface Gesture Controls

To navigate the dial interface, use the following gestures:

- Swipe from top to bottom to enter the shortcut interface.
- Swipe from bottom to top to enter the information list interface.
- Swipe from left to right to enter the function menu list interface.
- Swipe from right to left to enter steps, heart rate, sleep, and other interfaces.

SR1 User Instructions

Please read the instructions before use:

- The company reserves the right to revise the contents of this notice without prior notice. Under normal circumstances, some functions differ in specific software versions.
- The product should be charged for more than 2 hours before use, but avoid long-term charging in an unattended environment when charging.
- Please attach the magnetic charging cable to the charging port of the bracelet automatically.
- Please use the input voltage: 5V/1A charging head, with the original charging cable provided by the manufacturer.
- Before using the product, please download the login application to your mobile phone and set your personal information.
- It is forbidden to use the car charger to charge (the car voltage is unstable when the car is turned off).

APP download login

- APP download method "OnWear Pro":
 1. Apple mobile phones can be downloaded from the App Store;
 2. Android phones can be downloaded from Google play store and App Store;
 3. Or scan the QR code in the watch to download the APP (compatible: IOS12.0 or above/Android6.0 or above);
- To install the APP, please follow the interface prompts to register and log in, and you need to turn on Bluetooth;
- Select the Bluetooth name SR1 on the APP device interface to bind. After the binding is successful, the BT binding interface pops up on the phone. Please click Allow Bluetooth pairing. Watch calls and other functions can be used normally.

How to operate

- In the dial interface, draw from top to bottom, Enter the shortcut interface
- In the dial interface, draw from bottom to top,

Enter the information list interface

- In the dial interface, draw from left to right, Enter the function menu list interface
- In the dial interface, draw from right to left, Enter steps, heart rate, sleep and other interfaces

More function introduction



Frequent contacts

Adding commonly used contacts through the app, contact information will be synchronized to the watch side, clicking the contact person to dial.



Dial

After connecting the APP, match the watch BT Bluetooth with the mobile phone, the Bluetooth display connection state, you can call from the watch.



Call log

If there is an incoming call after connecting BT Bluetooth, the incoming call information will be saved in the call record. Click the record to make a call.



Motion data

Swipe the touch screen from the right to the left, enter the sports data interface, and check the data of the day: the number of steps, distance, calories.



Information

After the watch is connected to the mobile app, the newly popped information of the mobile phone will be pushed to the watch end simultaneously. The watch will store multiple pieces of information.



Language assistant

After the watch is connected to the mobile phone app, light the voice ball to wake up the voice assistant.



Heart rate monitoring

Heart rate measurement The bottom green light starts to measure, and the measurement is completed in about 30 to 60 seconds. At this time, the measurement value is based on PPG technology measurement.



Blood oxygen monitoring

Blood oxygen measurement The red light at the bottom starts to measure, and the measurement is completed in about 30 to 60 seconds. At this time, the measurement value is based on PPG technology measurement.



Sleep monitoring

Display the sleep monitoring status of the day, the data is updated every day, and the specific data can be used to the APP to view.



Motion mode

Enter the interface to carry out various sports modes: outdoor walking, outdoor running, outdoor cycling, mountain climbing, basketball, rope skipping, football, cricket, badminton, elliptical machine, baseball, swimming, rowing

machine, yoga, free training.



Sports record

Sports record can view the sports data you have exercised: duration, distance, calories, pace, etc.



Alarm clock

Find the alarm function in the list and add alarm clock according to the corresponding settings.



Weather

After the watch is connected to the mobile app, the weather will automatically synchronize to the watch end.

Secondary watch

Stopwatch timing – click the triangle to start, click the left button to pause, and then click the right button to restore.



Timer

The timer function -After selecting the corresponding time, open the timer, and the timer end the vibration reminder.



Music

Music function-After connecting the app, open the music player to control the playback of music.



Camera

After the watch is connected to the phone, turn on the camera, click to take a picture, and the photo will be saved in the phone.



Respiratory training

Choose the corresponding time and follow the interface to inhale and exhale to achieve the purpose of practice.



Find your phone

After the watch is connected to the mobile phone, click to find the mobile phone, and the mobile phone will give a vibration prompt.



Female health

Women's Health: APP on the link needs to set the gender to women in the app. According to the prompts of physiological health, the watch will prompt the corresponding state.



Dial switch

Can be selected for dials, which can be switched by long pressing dial to support push dial (multiple dial built-in watches).



Style

Menu style: Adjust the menu style selection in the watch settings, and the menu style supports the list style, simple style, and nine grid mode.



Turn off

Long press the button for 3 seconds to turn on. The watch will automatically turn on when charging. Click the shutdown icon to shut down.



System message

View information about the Bluetooth name, MAC address, firmware version number and other information of the watch.



Restore Factory

It is confirmed that the restoration of the factory setting will clear all personal data.

Product parameters

Please read this manual first to ensure safety and correct use:

- The data of this product is for health management reference only. Please do not serve as medical data. If you find abnormal physical data, you should prevail for hospital testing.
- The waterproof level of the watch is IP68. You can use it normally in life scenarios such as hand washing and rain. Do not place your watch in hot water. Do not perform underwater keys or dives. Do not contact the watch to corrode. Liquid to prevent damage to the watch. The waterproof function is not permanent and effective, and the protection function may decrease due to daily wear.

SPECIFICATION

- Waterproof level: IP68
- Sensor: 3 axis g-sensor
- Battery capacity: 250mAh
- Synchronous method: Bluetooth
- Differential rate: 360°*360
- Show screen: 1.43TFT
- Working hours: about 7-10 days
- Work temperature: -10 °C 50 °C
- Packing list: host, charging cable
- Compatible system: iOS 12.0 or above, Android 6.0 or more

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment. This device complies with part 15 of the FCC Rules.

Operation is subject to the following two conditions:

1. This device may not cause harmful interference, and
2. this device must accept any interference received, including interference that may cause undesired operation.

RF Exposure Information

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Documents / Resources

<div><p>SR1 User Instructions</p><p>Please read the instructions before use.</p><ul style="list-style-type: none">• The company reserves the right to revise the contents of this manual without prior notice. Under normal circumstances, we will not assume the responsibility for any errors.• The product should be charged for more than 2 hours before use. Do not use long-term charging in an unattended environment.• Please attach the magnetic charging cable to the charging port of the device automatically.• Please use the input voltage of 5V/2A charging head with the original charging cable provided by the manufacturer.• When using the product, please read and follow the instructions for personal safety and your personal information.• It is forbidden to use the ear charger to charge the earbuds or earbuds on the earbuds (if).<p>APP download link:</p></div>	<div><p>Parsonver SR1 Smart Watch [pdf] Instruction Manual</p><p>2A7YB-SR1, 2A7YBSR1, SR1, SR1 Smart Watch, Smart Watch</p></div>
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