Manuals+ — User Manuals Simplified.

Parsonver PSF1 Smart Watch User Manual

Contents

Parsonver PSF1 Smart Watch

Press and hold the side power button to turn on the watch.
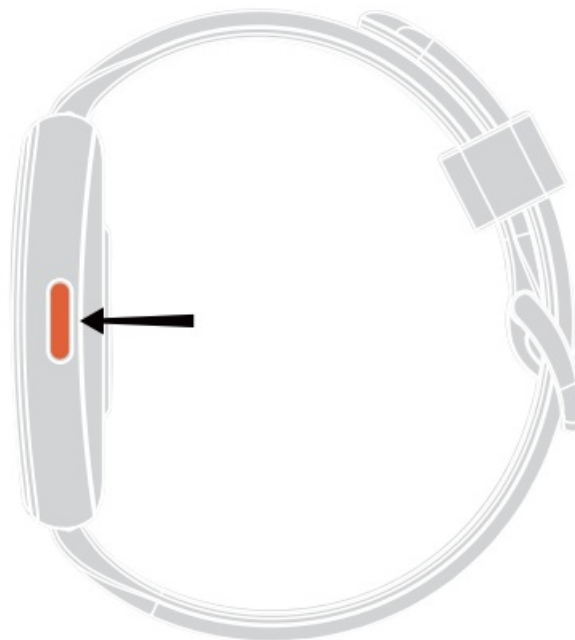
Note: For first use, please charge the watch for 5 minutes, otherwise it cannot be turned on, and it takes about 2 hours to fully charge the watch.
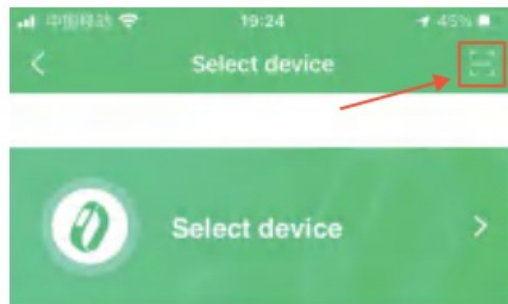
Download app

Power on – Cilek to select the language – Scan the QR code of the watch – Download the "GloryFit' app

For 1OS: Apple App Store
For Android: Google Play Store

Pair With Watch

1. Open the app, register and log in to your account.
2. Click the third small icon 'Device' at the bottom of the page – Click 'J\dd a new device" – Click the icon to scan the code in the upper right corner Ill-Scan the QR code on the watch (Settings – APP download) -on the watch "Bluetooth Pairing Request" that pops up, select"✓" – to achieve a successful connection (Bluetooth Name: Parsonver PSF1)

Note:

1. Turn on the Bluetooth on the mobile phone.
2. Reset the watch when no Bluetooth signal found.
3. Need to enter the app to pair the watch, cannot connect to the Bluetooth in the phone settings.
4. When the Bluetooth is successfully connected, the main interface pulls down and the sign in the upper left corner is Q), if there is no connection, the sign in the upper left corner is C\J .

Basic Operation

1. Swipe Down to access quick settings.

Flashlight mode

Brightness adjustment

Do not disturb mode

Find phone

Setting mode

Menu theme selection

2. Swipe Up to enter messages interface.

3. Swipe Right to enter menu interface.

4. Swipe Left to enter Status, Heart, Sleeping, Weather, Music Control interface

5. Press and hold the main interface to select the screen watch dial.

6. Press and hold the right button for about 3 seconds to shut down.

7. Swipe Right on the interface to exit the current function interface.

8. Press the side button can back to home screen.

More Functions

Training

To select a sports mode, view sports time, heart rate, . steps, calories, etc., swipe right on the interface to return/end sports mode

Status

Can view steps, calories, distance.

Heart

Track your heart rate, and can see a 24-hour real-time heart rate graph.
Note: To view the 24-hour real-time heart rate graph, Open the app and find the third small icon "Device· at the bottom of the page – Click "Heart rate settings" – Open "Automatic monitoring" & "Maximum heart rate reminder 180" (When the measured value exceeds 180, it will vibrate to remind.)

Sleeping

Monitoring sleep data, can view sleep time, light sleep time, deep sleep time.

Message

Open the app – Click the third small icon "Device" at the bottom – select message reminder type

Weather

Check the weather conditions. Swipe down to see the weather for the next week.

Female Health

Open the app and find the fourth small icon "Profile" at the bottom of the page – Click "Menstrual cycle" to set reminders

Shake for Photograph

Open the app and find the third small icon "Device" at the bottom of the page – Click ·More settings" – Click "Shake to take picture and shake the watch to take photos
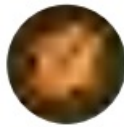
Setting Mode

Dial

Brightness

Bright screen

Vibration strength

About

**Off**

Reset

APP download

Language

1. Set the watch dials.
2. Adjust the brightness.
3. Set the bright screen time.
4. Adjust vibration intensity.
5. Check system info, including Bluetooth name, Mac address, firmware version.

6. Shut down

7. Reset the watch to factory settings .

8. Scan the code to connect to the watch or download the APP.

9. Select language type.

Charge

For charging, please place the watch flat, and make sure the 2 metal holes on the back are aligned with the metal tip of the charging head (charging contact spacing: 4mm).
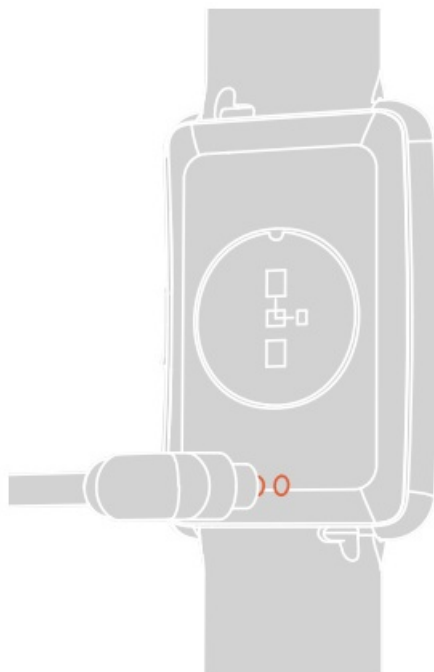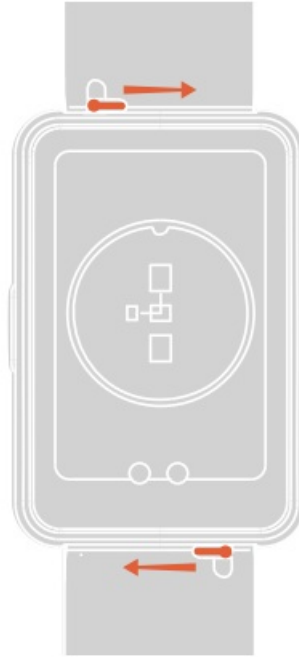
Note:

1) The rated voltage of the charger is SV/0.SA.
2) Please do not use the vehicle power supply to charge, to avoid causing the charging cable to age or burn out due to the unstable voltage.

Replace the watchband

Slide the switch of the watchband, and replace the same specification (watchband width: 20mm).

Precautions

1. If you experience any discomfort or rash after wearing, please stop using and contact us to return the product
2. Do not wear the watch when swimming. Please wipe the watch with a clean cloth when getting wet.
3. Using correctly to avoid allergy
    1. Keep your watch clean, especially after workouts, or when the watch is dirty.
    2. Wear the watch correctly, not too tight or too loose. Don't wear it 24 hours a day, and it is recommended taking off the watch for at least 20 minutes a day.
    3. Strengthen the moisture barrier and use moisturizers containing lipids, glycerol and ceramide.
    4. Use creams such as hydrocortisone to relieve itching.
    5. See a dermatologist to get a conclusive answer.

Specifications

Model Number	PSF1
Display	1.57 inch TFT
Resolution	200*320px
Bluetooth	5.1
Compatible Systems	Android 5.0 or above; iOS 9.0 or above
Battery Capacity	200mAh
Working Time	7-10 days
Working Temperature	0-45℃
Storage Temperature	-20-60℃
Rated Voltage	3.7V
Rated Current	90mA

Statement:

The pictures and legends in this document are provided for illustrative purposes only and may differ from the actual condition of the product. Certain components, functions and features mentioned in this document may only be applicable to certain software versions of the product and are provided for illustration purposes only. In case of doubt, you should check with the seller of the product for confirmation.

Documents / Resources

Parsonver PSF1 Smart Watch [pdf] User Manual
PSF1, 2A7YB-PSF1, 2A7YBPSF1, Smart Watch, PSF1 Smart Watch, Watch

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