

Sensing tomorrow™

OMRON Remote Patient Monitoring Program Instruction Manual

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WHY PARTICIPATE?

The greatest challenge in quality heart care is detecting the signs of a heart attack or stroke **BEFORE** it happens.

The OMRON® REMOTE PATIENT MONITORING PROGRAM can help!

Your doctor decides which devices you will receive

The devices are delivered to your home

You set up the devices as directed

Your daily measurements are sent to your doctor

Your doctor contacts you if changes to your treatment are needed



Participation in this program provides us with the best chance of preventing cardiac events.

COST-EFFECTIVE

The **OMRON® REMOTE PATIENT MONITORING PROGRAM** is designed to help save you money

When you proactively monitor your heart health at home—in collaboration with your doctor—you can reduce your risk of a cardiac event.

It is more responsible and less expensive than being treated in the emergency room and hospital after a cardiac event.

Lowering your diastolic blood pressure by 5mm Hg, reduces your risk of:

Stroke by 34%¹

Heart Attack by 21%¹

Heart Failure
Event by 50%²

The average cost for each event per Medicare Beneficiary is: Stroke : \$15,624

Heart Attack : \$14,621

Heart Failure : \$17,063

References: 1. Park C, Fang J, Hawkins NA, Wang G. Comorbidity status and annual total medical expenditures in U.S. hypertensive adults. *Am J Prev Med.* 2017 Dec;53(6S2):S172-S181. doi: 10.1016/j. amepre.2017.07.014. **2.** Benjamin EJ, Blaha MJ, Chiuve SE, Cushman M, Das SR, Deo R, et al. Heart Disease and Stroke Statistics—2017 Update: A Report From the American Heart Association. 2017; 135:e1-e458. DOI:10.1161/CIR.000000000000485.

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ATTENTION MEDICARE PATIENTS



Want to reduce your number of visits to the doctor's office?

Ask your doctor about THE OMRON® REMOTE PATIENT MONITORING PROGRAM

A Medicare-sponsored program that provides medical devices to you at home and sends the data to your doctor.

IS THIS PROGRAM FOR ME?



The OMRON® Remote Patient Monitoring Program is for everyone who takes their overall health seriously—and wants to try to prevent a heart attack or stroke.

With an order from your doctor and just a few minutes of your day, you and your doctor can strive to prevent a cardiac event together.

WHAT WILL IT COST?

The devices are provided at no cost to you! Depending on your coverage, many patients will pay nothing for the service— specifically those with Medicare, Medicaid and Medicare Advantage.

That's a wise investment!

CONNECTED TO YOUR DOCTOR – 24/7

Heart disease is often referred to as the "Silent Killer" because it rarely has symptoms. But what if, together, we could identify and even prevent a heart attack—*from the convenience of your own home?*

YOUR DOCTOR WILL DETERMINE WHICH OF THE FOLLOWING DEVICES YOU'LL RECEIVE:



■ AN OMRON BLOOD PRESSURE MONITOR

Your blood pressure is one of the best insights into your real-time heart and overall health. OMRON monitors are the #1 doctor and pharmacist recommended brand, so we are confident in the readings.



☐ AN OMRON BODY WEIGHT SCALE

No, it's not always about losing weight, but monitoring your weight regularly can uncover insights about your heart health. In fact, your body composition can help predict cardiovascular disease.



A MOBILE DATA HUB (with charger)

This is how your readings get from your home to your doctor's office. You simply plug it into your wall, near your other devices and your measurements are sent directly to your doctor.



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Documents / Resources



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