



NuStep T5 Recumbent Cross Trainer Instruction Manual

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NuStep T5 Recumbent Cross Trainer



Supplies

- EPA-registered quaternary ammonium disinfectant wipes, e.g., Super Sani-Cloth® or other disinfectant wipes with similar formulations.
- Mild, non-toxic, and non-abrasive spray cleaner
- Soft cloth

Do not use bleach or hydrogen peroxide-based cleaners. They may discolor or degrade certain contact surfaces over time. Do not use cleaners or disinfectants with concentrations of isopropyl alcohol greater than 70%.

Frequency:

For best results, clean after every use.

Directions

1. Dispense disinfectant wipe from the container. Follow manufacturer guidelines for use and disposal as shown here (for reference). — OR — Spray cleaner onto cloth (do not spray directly on the display screen)
2. Wipe all contact surface areas shown below.
3. Allow disinfected surfaces to air dry before NuStep use.

NuStep Cross Trainers



NuStep cross trainer features vary based on models. The T6 is shown above.

NuStep Upper Body Ergometer



NuStep Recumbent Bike



For questions or more information, please contact NuStep at:

- 800-322-2209 or support@nustep.com.

Documents / Resources

	NuStep T5 Recumbent Cross Trainer [pdf] Instruction Manual T5 Recumbent Cross Trainer, T5, Recumbent Cross Trainer, Cross Trainer, Trainer
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References

- [NuStep - Makers Of The Original Recumbent Cross Trainer](#)