



**Pulse 4 Max Color
Fit Smart Watch**



noise Pulse 4 Max Color Fit Smart Watch Instruction Manual

[Home](#) » [Noise](#) » noise Pulse 4 Max Color Fit Smart Watch Instruction Manual 

Contents

- 1 [noise Pulse 4 Max Color Fit Smart Watch](#)
- 2 [Product Usage Instructions](#)
- 3 [PACKAGE CONTAINS](#)
- 4 [WATCH OVERVIEW](#)
- 5 [WATCH NAVIGATION](#)
- 6 [APP SETUP](#)
- 7 [PAIR THE WATCH](#)
- 8 [WATCH FEATURES](#)
- 9 [SETTINGS](#)
- 10 [AND HANDLING INSTRUCTIONS:](#)
- 11 [FAQ](#)
- 12 [Documents / Resources](#)
 - 12.1 [References](#)



noise Pulse 4 Max Color Fit Smart Watch



Specifications

- **Product Name:** ColorFit Pulse 4 Max
- **Screen:** AMOLED touchscreen
- **Battery Life:** Up to 7 days
- **Compatibility:** Android 9.0+ or iOS 11+
- **Features:** Heart rate tracking, sleep monitoring, blood oxygen level tracking

Product Usage Instructions

• Charging the ColorFit Pulse 4 Max Smartwatch

Before using your ColorFit Pulse 4 Max for the first time, charge the battery to its full capacity using the provided charging cable. A full charge can last up to 7 days.

• Waking Up the Watch

To wake up the watch, press the side button.

• Watch Navigation

Navigate the watch by tapping on the screen, swiping side to side, swiping up and down, and pressing the side button. Use the main menu, quick settings, and messages for navigation.

• App Setup and Watch Pairing

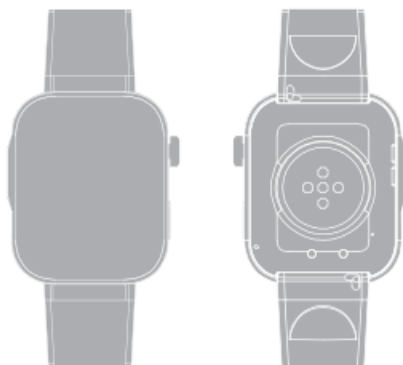
Pair your smartwatch with your smartphone by ensuring they are close to each other. Follow the app instructions to input personal information and health goals. Open the NoiseFit app, turn on Bluetooth and GPS, add the device, search for 'Pulse 4 Max,' and link the watch.

Watch Features

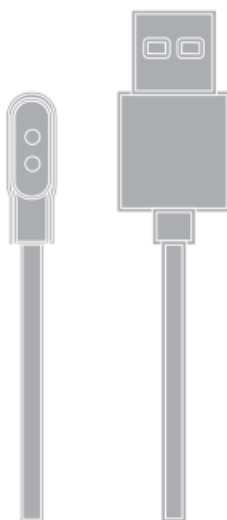
- **Dial Pad:** Make calls
- **Contacts:** View and make calls to stored contacts

- **Call History:** Access recent call logs
- **Activity:** Monitor daily activity including calories burned, steps taken, and distance covered
- **Heart Rate:** Track heart rate 24/7
- **Sleep:** View sleep records and quality
- **Blood Oxygen:** Monitor blood oxygen levels throughout the day

PACKAGE CONTAINS



ColorFit Pulse 4 Max Smartwatch x 1



Charging Cable x 1

WATCH OVERVIEW

- Noise Health
- Sports
- Messages
- Noise Buzz
- QR Code
- Weather
- Camera
- Music
- Clock

- Breathe
- AI Voice
- Games
- AI Search
- Calculator
- Calendar
- Settings

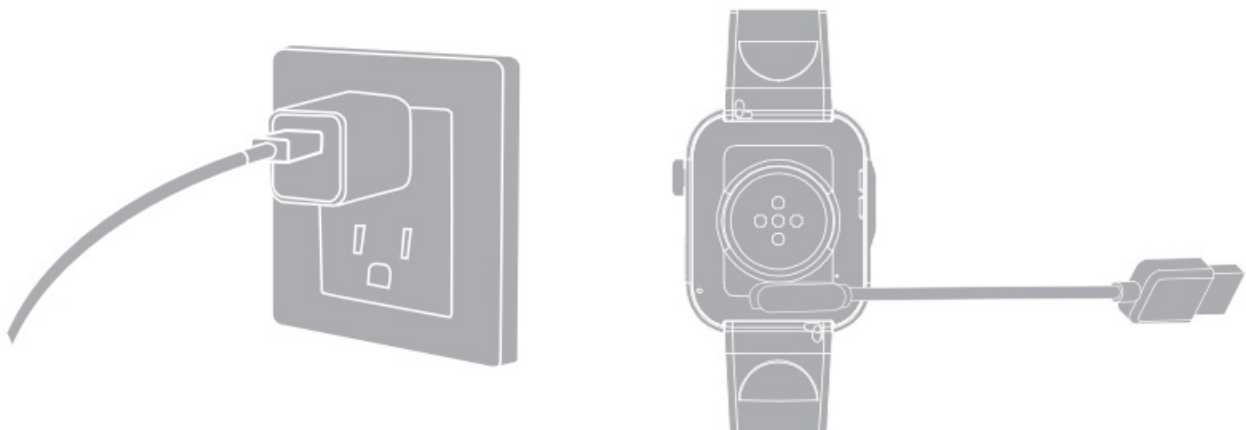
CHARGING COLOR FIT PULSE 4 MAX SMARTWATCH

Before using your ColorFit Pulse 4 Max for the first time, charge the battery to its full capacity. Use the charging cable provided with the watch to charge. On a full charge, ColorFit Pulse 4 Max 4 can last up to 7 days.

Note: The battery life and time to fully charge your device may vary as per usage and other factors.

CHARGE COLOR FIT PULSE 4 MAX

- Plug the USB cable into a power adaptor. Plug the power adaptor into an electrical socket. (Power adaptor not included).
- Place the magnetic pin charger on the charging points of the watch.
- Once the battery is fully charged, remove the charger.



POWER ON

Press and hold the side button for a few seconds to turn on the watch.

POWER OFF

- Long press the rotating crown.
- Select 'Shut down' to confirm.

WAKING UP THE WATCH

To preserve the battery, the watch screen turns on when not in use. You can wake up the watch by pressing the side button.



Press & hold

POWER ON



Long press the rotating crown.
Select 'Shut down' and confirm to power off

POWER OFF

WATCH NAVIGATION

The Pulse 4 Max smartwatch has an AMOLED touchscreen. Navigate the watch by tapping on the screen, swiping side to side, swiping up and down, and pressing the side button.

SIDE BUTTON NAVIGATION

- Press the side button to turn on the watch display.
- Rotate the side button to change the watch face.

HOME SCREEN NAVIGATION

The home screen is the watch face.

From the home screen:

- Swipe left to access the main menu.
- Swipe right to check your steps taken.
- Swipe up to access quick settings.
- Swipe down to check your messages.



Main Menu



Steps



Quick Settings



Messages

APP SETUP

Before pairing, make sure that your smartphone and smartwatch are next to each other. The app will ask for personal information such as height, weight, and sex to calculate your stride length, distance covered, calorie burn rate, and metabolic rate. When you set up your account, your name and profile picture will be visible to other users.

- Turn on the Bluetooth and location on your mobile device.
- On your smartphone, download the NoiseFit app from the Play Store or the App Store and install it.
- Create an account or log in using an existing account.

Note: Ensure that your smartphone is running on Android 9.0+ or iOS 11 + and is connected to mobile data or a Wi-Fi network.

PAIR THE WATCH

Open the NoiseFit app and allow the Bluetooth and GPS positioning to be turned on. Feed in your personal information and health goals in the app. Go to the 'Device' section in the app, tap on 'Add Device' then 'Search'. Select 'Pulse 4 Max' and link the watch.

WATCH FEATURES

- **DIAL PAD**

Access the dial pad to make calls.

- **CONTACTS**

This feature allows you to view your stored contacts and make calls.

- **CALL HISTORY**

Tap on 'Call history' to access your recent call logs.

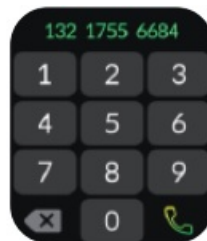
- **ACTIVITY**

Tap on 'Activity' to get a detailed daily activity report on calories burned, steps taken, and distance covered. You can set or edit your daily activity goals on the NoiseFit app while setting up the watch.

- **HEART RATE**

ColorFit Pulse 4 Max supports 24/7 heart rate tracking. Tap on 'Heart rate' to start measuring. Ensure that there is no gap between the back panel of the watch and the wrist. Hold still while it measures your heart rate.

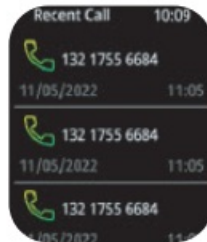
DIAL PAD



CONTACTS



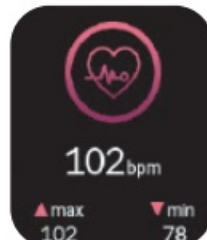
CALL HISTORY



ACTIVITY



HEART RATE



- **SLEEP**

Tap on 'Sleep' to view your previous sleep records. You can view your most recent sleep records and sleep quality in various sleep stages on the NoiseFit app.

- **BLOOD OXYGEN**

ColorFit Pulse 4 Max supports viewing the highest and lowest values of blood oxygen levels throughout the day. Ensure that there is no gap between the back panel of the watch and the wrist. Tap on 'Blood oxygen' to track. Hold still while it measures your blood oxygen level.

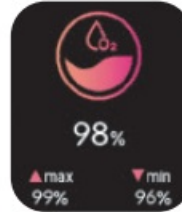
- **STRESS**

Select Stress to start the measurement. Ensure that there is no gap between the back panel of the watch and the wrist. Hold still while it measures your stress levels.

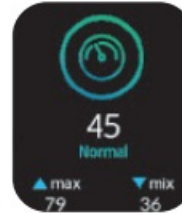
SLEEP



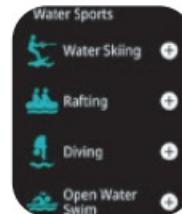
BLOOD OXYGEN



STRESS



SPORTS



- **SPORTS**

Tap on 'Sports' to select your preferred form of exercise.

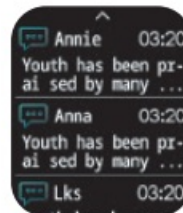
- **MESSAGES**

Tap on 'Messages' to view the received messages on the watch.

- **QR CODE**

Tap on 'QR Code' to access your saved QR code. You can save the QR code in the app.

MESSAGES



QR CODE



- **WEATHER**

Tap on the Weather app on your watch to see the weather of your current location.

- **CAMERA**

Tap on the camera to take a picture remotely from your phone.

- **MUSIC**

You can control songs and podcasts that play from your phone, right from your wrist as long as the watch is connected to the NoiseFit app on your phone.

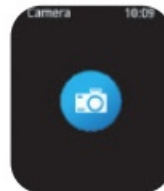
- **STOPWATCH**

Tap on 'Stopwatch' to use the feature.

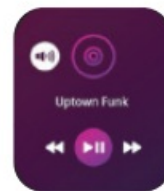
WEATHER



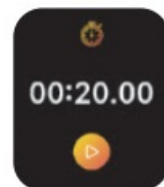
CAMERA



MUSIC



STOPWATCH



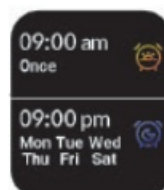
- **ALARM**

You can set alarms from the NoiseFit app.

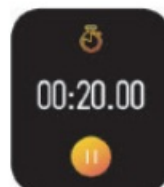
- **TIMER**

You can set a countdown with a pre-set duration on the watch or set your timer. The watch will remind you when the time is up.

ALARM



TIMER



- **BREATHE**

The Breathe feature lets you adjust your breathing rhythm at your convenience. Choose the duration and start.

- **AI VOICE**

Use this feature to activate voice assistance and give commands.

- **GAMES**

Tap on games to try out some in-built games.

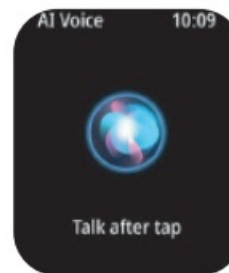
- **CALCULATOR**

You can use this feature to do basic calculations.

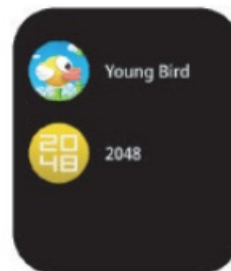
BREATHE



AI VOICE



GAMES



CALCULATOR



- **CALENDAR**

You can use this feature to keep tabs on the day of the week.

- **AI WATCHFACE**

The coolest thing among them was a new AI- watch face called Google/Siri Watch face that automatically suggests content that the wearer might need.

- **AI SEARCH**

ChatGPT is an AI chatbot with natural language processing (NLP) that allows you to have human-like conversations to complete various tasks. The generative AI tool can answer questions and assist you with composing emails, essays, code, and much more.

SETTINGS

- **Watch face**

Tap on 'Watch face' to choose the background of your choice. You can also customize the watch face in the NoiseFit app.

- **Vibration & ring**

You can use this feature to choose vibration levels and turn off the vibration on your watch altogether.

- **Brightness**

Tap on 'Brightness' to adjust the brightness of your device.

- **Password**

You can use this feature to set and change your password on your watch.

- **Menu view**

Choose from 2 formats to view your watch features.

- **Screen clock**

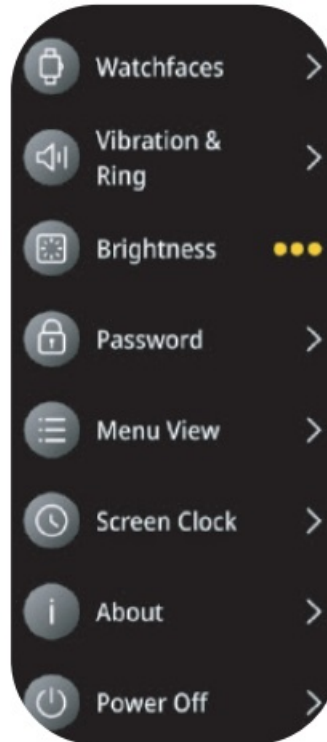
This feature allows the watch to be in Always On Display mode.

- **About**

Tap on About to view the device information.

- **Power Off**

You can select this option to power off the watch.



- **Reset**

You can choose this option to reset the watch. Note – If you choose to reset, all your data and settings will be erased.

- **Restart**

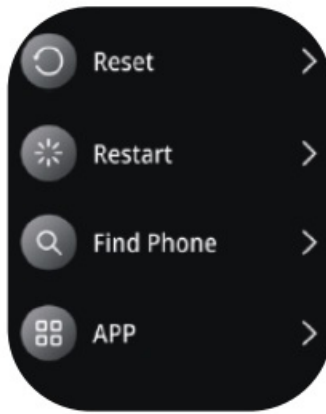
You can choose this option to restart the watch.

- **Find Phone**

This feature helps you find your mobile device by making it ring. Just tap on 'Find phone', and your phone will start to ring, even if it is on Silent mode.

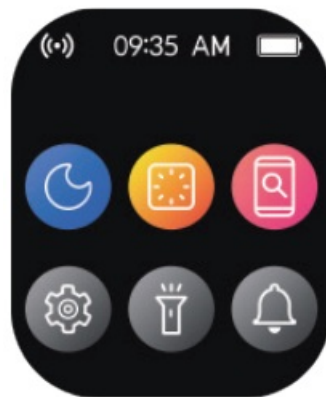
- **App**

You can use this feature to access the QR code to download the NoiseFit app.



QUICK SETTINGS

You can swipe up from the watch's home screen to gain quick settings access.



- DND
- BRIGHTNESS
- PASSWORD
- SETTINGS
- FLASHLIGHT
- VIBRATION & RING

DEVICE INFORMATION AND TIPS

DEVICE INFORMATION

The Pulse 4 Max smartwatch contains the following:

- 1.96" AMOLED display
- Blood oxygen monitor
- IP68 water resistance
- Heart rate monitor
- 20mm silicone and mesh metal straps

The ColorFit Pulse 4 Max smartwatch stores your activity data for up to 4 days in between the time you sync your watch to the NoiseFit app. Activity data includes your steps, distance, calories, active minutes, heart rate, sleep duration, and workout data. We recommend syncing the watch to the app daily.

TIPS

How do I update my ColorFit Pulse 4 Max?

You can update your ColorFit Pulse 4 Max via the NoiseFit app. Go to 'My Profile' and select 'Check for updates.'

How do I find my watch's current firmware version?

You can find the watch's current firmware on the watch. Go to Settings on the NoiseFit app. Select Device information, choose Check for updates, and update if any update is available.

How do I save battery?

Follow these simple steps to save the Pulse 4 Max battery.

- Minimize the screen brightness
- Limit the notifications you receive from the NoiseFit app.
- How does the watch estimate how many calories have been burned?
- ColorFit Pulse 4 Max estimates how many calories you've burned based on the physical data you entered when you set up your account.

How do I change my activity goals?

You can do it through the NoiseFit app. Go to 'My Profile.' Go to 'Setup' and select 'My Objectives.' Change your goals and confirm.

How do I log my weight?

You can log your weight the first time you set up your NoiseFit app. However, you can update the weight later via the NoiseFit app. Go to 'Me', and tap on the section with your name on it to update your weight. You can update your nickname, birthday, sex, and height as well.

AND HANDLING INSTRUCTIONS:

- The device includes an in-built rechargeable battery. The battery life may degrade near the end-of-life of the battery. Do not attempt to change the battery yourself in any event as you may end up damaging the device and/or the batteries posing a safety hazard on subsequent usage.
- Please do not tamper with the battery terminals as it may result in battery leakage, overheating, explosion, or a fire hazard.
- Please do not pierce or disassemble the device as it may damage the battery causing the battery liquid to leak and irritating your skin if exposed to the liquid.
- Damaged batteries may also be prone to overheating or causing a fire hazard.
- Do not place the device near fire or expose it to excessive heating as it may cause the battery to explode posing a safety hazard.
- Only use Noise-approved chargers and cables that are specifically designed for use with the device. Unapproved charges and cables may damage the device and also pose a safety hazard for the user.
- If the device emits a foul smell or burning odor, please stop using the device immediately and contact the Noise-approved service centers.
- The device can be used in ambient temperature ranges of -20°C to 55°C. Using the device outside of the prescribed temperature range may damage the device. Do not use the device in a sauna or steam room.
- Do not use household cleaners to clean the device. Use soap-free cleaners instead.
- The device is dust and water-resistant (rated at IP68). The following tips are to be followed for the safe upkeep of the device:
 - Please make sure that the device is not exposed to seawater or used in deep waters.

- Do not expose the device to high-pressure water flow.
- Wipe the device clean of water with a soft and clean cloth if exposed to water.
- Leave the device to dry up naturally.
- Do not open the device if it stops functioning upon exposure to water and despite following the above steps. Visit an authorized service center to get the device checked.

MEDICAL DEVICE INTERFERENCE:

The device includes components that may cause interference when worn with medical devices like pacemakers, and other magnet-sensitive devices. In case If you intend to use a medical device, please consult your physician before using the device. Also, in case the device is allowed to be worn with the medical devices by your physician, ensure sufficient separation between the device and the medical device at all times.

MEDICAL USE ADVISORY:

Unless otherwise specified, the device and any associated app-based or Noise-provided services are not suitable to be used as medical devices. In particular, the device and associated app-based or Noise-provided services are not intended to diagnose, treat, cure, or prevent any disease/health condition. We develop products and services to track daily activity and wellness information as accurately as possible. The accuracy of devices is not intended to be equivalent to medical devices or scientific measurement devices.

HEARING LOSS:

Prolonged exposure to high volumes may result in permanent damage to hearing capability. While using the device, ensure that the sound levels are maintained at optimum levels.

CHOKING HAZARD:

The device is not a toy and it contains small components that could cause a choking hazard. Accordingly, the device is not intended for use by or left unattended around small children or pets.

SKIN IRRITATION HAZARD:

In some cases, prolonged use of or exposure to the device may cause skin irritation or allergies in some users. To reduce the possibility of irritation, keep the device clean and dry. If you feel soreness, tingling, numbness, burning, or stiffness on any part of your skin while or after using the watch, please immediately discontinue use.

DISPOSAL INFORMATION:

At Noise, we are committed to protecting the environment and preventing any damage to the same by way of irresponsible disposal of e-waste generated from electronic devices. In our endeavor to collaboratively protect the environment, we urge our customers to help Noise reduce the impact of e-waste on the environment. The following symbol is indicative that the device and/or any of the associated accessories (like USB cable, charger, and the like) thereof should not be disposed of with household/domestic waste. By the regulation of the Ministry of Environment, Forest and Climate Change, Noise has been granted Extended Producer Responsibility Authorisation (EPR Authorisation number: B-29016 (1910)/(EPR)/20/WM-III Division dated 04.03.2021) by the Central Pollution Control Board. Accordingly, Noise is committed to contributing its bit towards protecting the environment by providing customers with the option of depositing their Noise devices, which have reached their end-of-life, at authorized e-waste collection centers. The details of our e-waste collection centers and our e-waste policy are available at the link: <https://www.gonoise.com/pages/e-waster-management>. By recycling, reusing materials, or other forms of utilizing old devices, you are making an important contribution to protecting our environment. Together we could make a difference!

CUSTOMER SUPPORT

If you experience any problem with the watch, it may be fixed by restarting your watch. For any assistance, please reach out to us at link support.gonoise.com

FAQ


Q: How long does the battery of ColorFit Pulse 4 Max last on a full charge?

A: The battery can last up to 7 days on a full charge, but the actual duration may vary based on usage patterns.

Q: How do I track my heart rate using ColorFit Pulse 4 Max?

A: Tap on 'Heart rate' on the watch to start measuring. Ensure proper contact between the watch's back panel and your wrist.

Documents / Resources

	noise Pulse 4 Max Color Fit Smart Watch [pdf] Instruction Manual Pulse 4 Max Color Fit Smart Watch, Pulse 4 Max, Color Fit Smart Watch, Fit Smart Watch, Smart Watch, Watch
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References

- [@ Support : NOISE](#)
- [@ E-Waste Management – Noise](#)
- [User Manual](#)

[Manuals+](#), [Privacy Policy](#)

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