

 **noise**
NoiseFit
Curve
Smartwatch



NoiseFit Curve Smartwatch User Guide

[Home](#) » [Noise](#) » NoiseFit Curve Smartwatch User Guide 

Contents

- 1 NoiseFit Curve Smartwatch
- 2 WATCH OVERVIEW
- 3 PACKAGE CONTAINS
- 4 CHARGING NOISE FIT CURVE SMARTWATCH
- 5 CHARGE NOISE FIT CURVE
- 6 WAKING UP THE WATCH
- 7 WATCH NAVIGATION
- 8 BUTTON NAVIGATION
- 9 HOME SCREEN NAVIGATION
- 10 SETUP
- 11 PAIR THE WATCH
- 12 BT CALL CONNECTIVITY
- 13 SETTINGS
 - 13.1 QUICK SETTINGS
- 14 DEVICE INFORMATION AND TIPS
- 15 DISPOSAL AND RECYCLING INFORMATION
- 16 REGULATORY INFORMATION
- 17 MAINTENANCE INSTRUCTIONS
- 18 SAFETY INSTRUCTIONS
- 19 CUSTOMER SUPPORT
- 20 Documents / Resources
 - 20.1 References



NoiseFit Curve Smartwatch



WATCH OVERVIEW

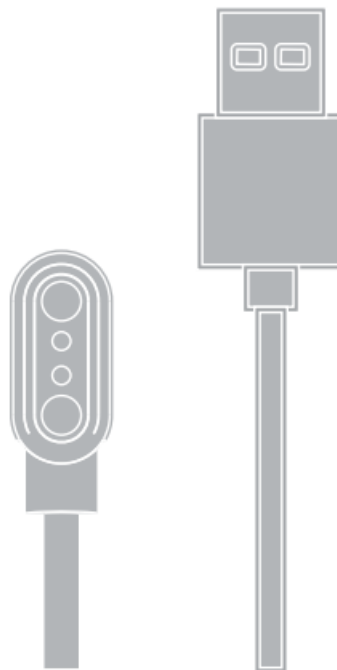
- Noise Health
- Noise Buzz
- Clock
- Workouts
- Sports records
- Reminders
- Music
- Weather
- Calculator
- Watch faces
- Flashlight
- Settings

PACKAGE CONTAINS

- NoiseFit Curve Smartwatch x 1



- Charging Cable x 1



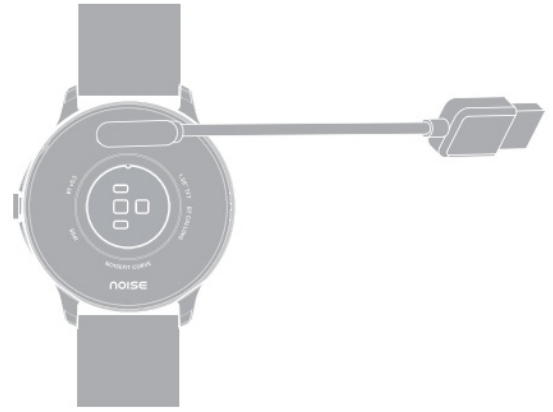
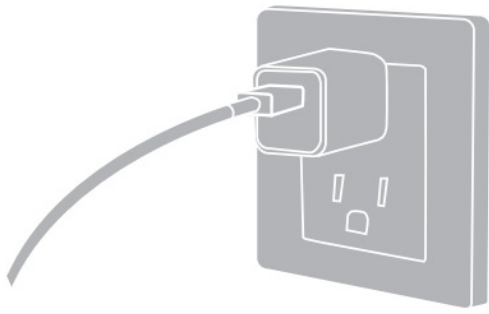
CHARGING NOISE FIT CURVE SMARTWATCH

Before using your NoiseFit Curve for the first time, charge the battery to its full capacity. Use the charging cable provided with the watch to charge. On a full charge, NoiseFit Curve can last up to 7 days of use, 2 days with calling.

Note: The battery life and time to fully charge your device may vary as per usage and other factors.

CHARGE NOISE FIT CURVE

- Plug the USB cable into a power adaptor.
- Plug the power adaptor into an electrical socket. (Power adaptor not included)
- Place the magnetic charger on the magnetic charging points of the watch.
- While your watch is charging, the screen will show the time, battery percentage and charging progress.
- Once the battery is fully charged, remove the charger.



POWER ON

- Press and hold the side button for a few seconds to turn on the watch.

POWER OFF

- Press and hold the side button for a few seconds.
- Select 'Power Off' and confirm to power off.

WAKING UP THE WATCH

To preserve battery, the watch screen turns off when not in use.
Turn the screen back on by:


- Pressing the side button
- Turning on wrist awake

POWER ON

 Press & hold



POWER OFF

 Press and hold the side button for a few seconds.
Select 'Power Off' and confirm to power off.



WATCH NAVIGATION

The NoiseFit Curve smartwatch has a TFT touch screen. Navigate the watch by tapping on the screen, swiping side to side, up and down and pressing and rotating the side button.

BUTTON NAVIGATION

- Press the side button to turn on the watch display.
- Press the side button to exit a feature.

HOME SCREEN NAVIGATION

The home screen is the watch face.
From the home screen:

- Press the side button to access the main menu.
- Swipe right to check your sleep data.
- Swipe left to measure your heart rate.
- Swipe up to go to quick settings.
- Swipe down to check message notifications.



- Main Menu
- Sleep Data
- ← Heart Rate
- ↑ Quick Settings
- ↓ Message Notifications

SETUP

Before pairing, make sure that your smartphone and smartwatch are next to each other.

- Turn on BT and the location on your mobile device.
- In your smartphone, download the NoiseFit app from the Play store or the App store and install it.
- The app will ask for personal information such as gender, birthday, height, weight and step length to calculate your stride length, distance covered and calorie burn rate.

Note: Ensure that your smartphone is running on Android 8.0 + or iOS 10.0 + and is connected to mobile data or a Wi-Fi network.

PAIR THE WATCH

- Open the NoiseFit app and allow the BT and GPS positioning to be turned on.
- Feed-in your personal information and health goals in the app.
- Go to 'Device' page and select 'add device' in the app, select the watch name and MAC address and link the watch. You can also scan the QR code on the NoiseFit Curve from the NoiseFit app.
 - **On iOS:** Choose BT pairing when you receive a pairing prompt.
 - **On Android:** Connect it directly.

BT CALL CONNECTIVITY

To establish BT calling connectivity, follow these steps.

AUTOMATIC CONNECTION

- After pairing the watch with the NoiseFit app, the watch's calling BT would be activated.
- Now connect it to your phone's BT to use the calling feature conveniently.

MANUAL CONNECTION

In case the BT calling connectivity has not been established earlier, you will have to do the steps manually.

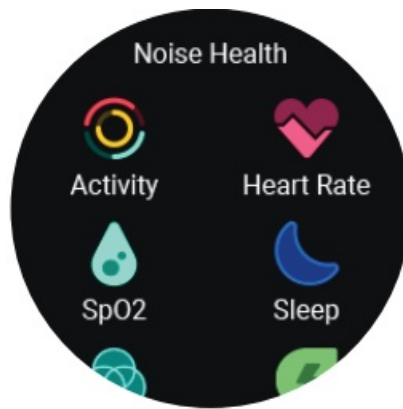
- Go to Settings.
- Search for the device and pair your smartphone to attend calls from the watch.

BT CALL CONNECTIVITY REMOVAL

- In Android devices, to remove the BT connection, you can unpair from the app and the phone's BT settings. Go to the phone's BT settings and forget 'NoiseFit Curve'.
- In iOS devices, to remove the BT connection, you can unpair from the app and the phone's BT settings. Go to the phone's BT settings and forget 'NoiseFit Curve' and 'NoiseFit Curve Calling'.

NOISE HEALTH

Noise health comes with a collection of wellness features so that you can take better care of yourself. You can check your activity, heart rate, blood oxygen, stress and sleep data by tapping on Noise Health.



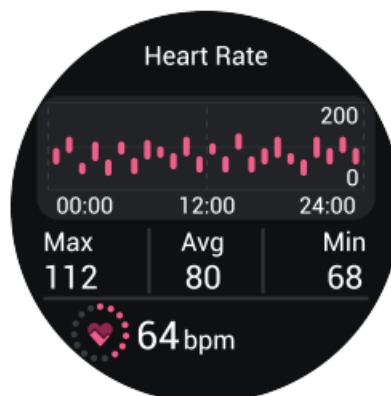
ACTIVITY

Tap on Activity to get a detailed daily activity report on calories burned, steps taken, standing minutes, distance covered and active time. You can set or edit your daily activity goals on the NoiseFit app while setting up the watch.



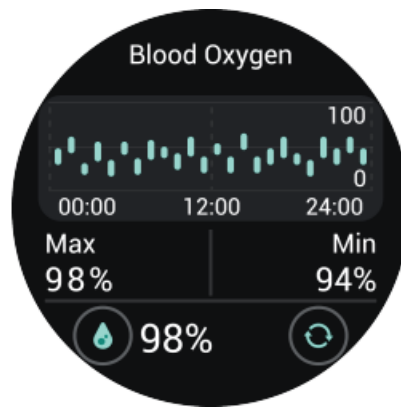
HEART RATE

Select the heart rate feature to start measuring. Ensure that there is no gap between the back panel of the watch and the wrist. Hold still while it measures your heart rate.



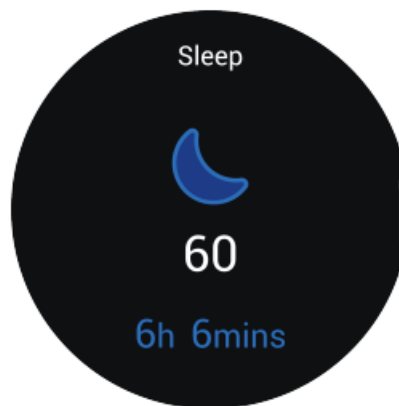
SPO2

The smartwatch supports viewing of the highest and lowest values of blood oxygen level of the day. Ensure that there is no gap between the back panel of the watch and the wrist. Hold still while it measures your Blood Oxygen level.



SLEEP

Tap Sleep to view your previous sleep duration. You can view your most recent sleep records and sleep quality in various sleep stages on the NoiseFit app.



STRESS

Select Stress to start the measurement. Ensure that there is no gap between the back panel of the watch and the wrist.

Hold still while it measures your stress levels.



NOISE BUZZ

Tap on Noise Buzz to access the dial pad, view your contacts and check call history.



CLOCK

Tap on Clock to access the stopwatch, alarm, timer & world clock.

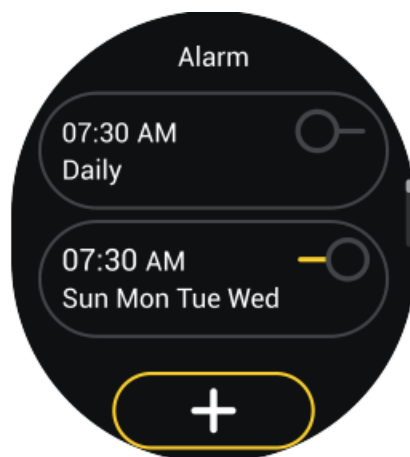
STOPWATCH

You can use the watch as a stopwatch. You can also set lap times in the stopwatch.



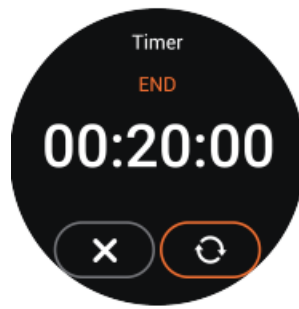
ALARM

You can turn on or off the alarm in the watch after it has been set in the watch.



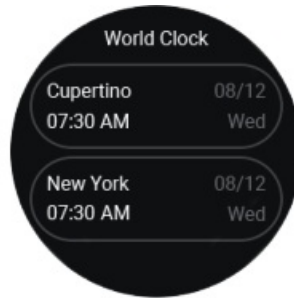
TIMER

You can set a countdown with a pre-set duration on the watch or set your own time and it will remind you when the time is up.



WORLD CLOCK

Save up to 5 world clocks of your choice on the NoiseFit app.

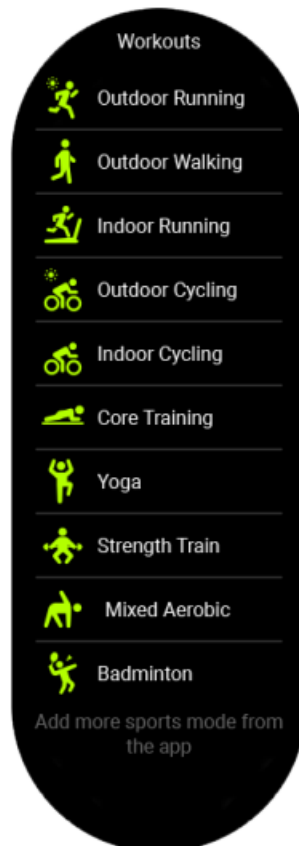


WORKOUTS

Select Workouts & proceed to track your performance to the routine of your choice.

SPORTS RECORDS

Tap on Sports records to check on your recent performance.



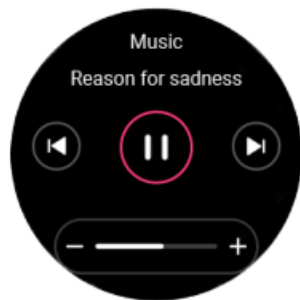
REMINDERS

Select reminders to set your preferred reminder. You can add or edit reminders on the NoiseFit app.



MUSIC

You can control your favourite songs and podcasts that play from your phone, right on your wrist as long as the watch is connected with the NoiseFit app in your phone. You can play/pause music, go to the next/previous track and increase/decrease volume.



WEATHER

NoiseFit Curve supports 5-day weather viewing in a location of your choice as long it is synced with the NoiseFit app. You can view today's current weather and for the next 4 days as well. Go to the NoiseFit app, select 'Devices' click on 'weather settings' to enable the feature.



CALCULATOR

Manage daily calculations by tapping on Calculator.

WATCH FACES

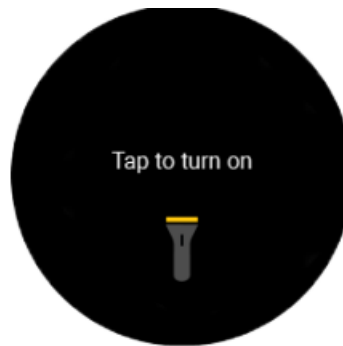
Long press the home screen to access your saved watch faces.

Swipe left/right to navigate. You can customise your watch face on the NoiseFit app.

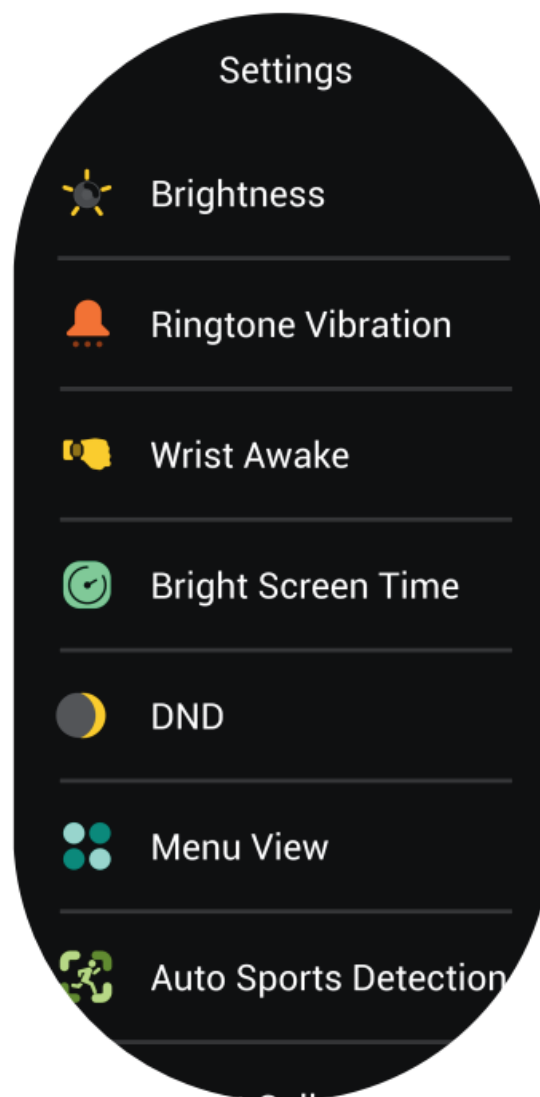


FLASHLIGHT

You can use this feature to turn on the screen brightness and see your surroundings better. Go to the Flashlight. Tap to turn on.



SETTINGS



- **BRIGHTNESS**

You can set the brightness as per your preference.

- **RINGTONE VIBRATION**

You can set the ring and vibration as per your preference. You can also choose to put the device on silent mode.

- **WRIST AWAKE**

Tap on Wrist Awake. Activate the wrist awake feature for a set amount of time or leave it on all-day.

- **BRIGHT SCREEN TIME**

Select the duration for which you want the screen to stay on. You can even choose to keep the screen always bright.

- **DND**

Tap on DND and select the amount of time you want notifications to be turned on.

- **MENU VIEW**

Tap on menu view and make your selection from a grid or list view.

- **AUTO SPORTS DETECTION**

Tap on Auto Sports Detection to turn it on or off.

- **ABOUT CALLS**

To use this feature connect your phone's Bluetooth with your watch's Bluetooth.

- **DEVICE INFO**

Tap on Device Info to view the device information.

- **QR CODE**

Tap on QR Code to scan your device.

- **REBOOT**

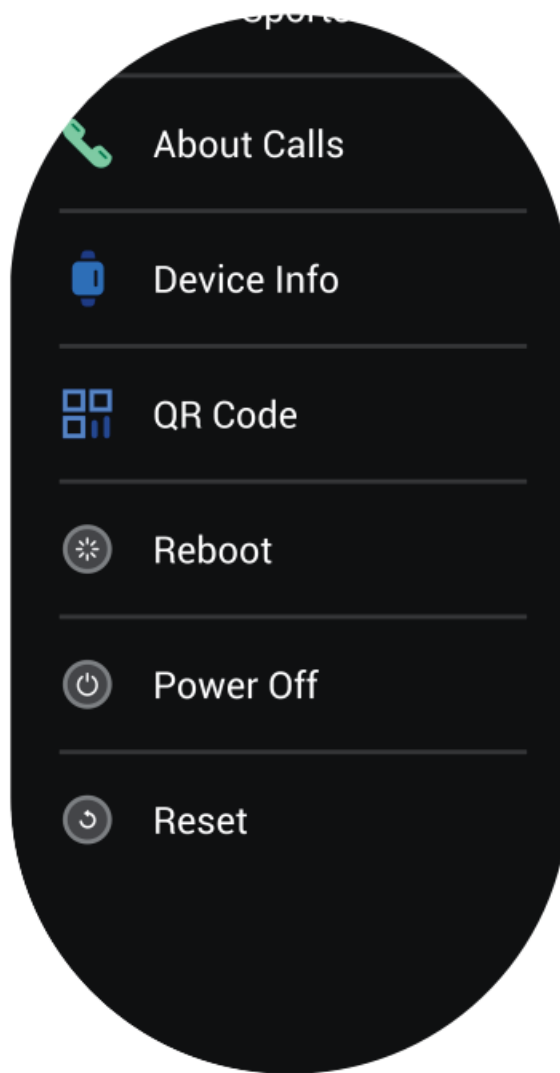
You can choose this option to reboot the watch.

- **POWER OFF**

You can select this option to power-on the watch.

- **RESET**

You can select Reset to choose to reset.



Note: If you choose to reset, all your data and settings will be erased.

QUICK SETTINGS

You can swipe up from the watch's home screen to gain quick settings access.

- **SILENT MODE**
- **BRIGHTNESS**
- **FIND PHONE**
- **DND**
- **POWER SAVING MODE**
- **SETTINGS**

DEVICE INFORMATION AND TIPS

DEVICE INFORMATION

The NoiseFit Curve smartwatch contains the following:

- 1.38" TFT display (240*240 px)
- Bluetooth calling (built-in microphone & speakers, recent calls, dial pad, contacts) 100+ customisable watch faces

- Health tracking with NoiseFit app (Activity tracking, SpO2, sleep tracker, 24*7 Heart Rate Monitor, Stress measurement)
- 300mAh battery (up to 7 days of use, 2 days with calling & 25 days on standby)
- Utility/productivity features (Stopwatch, alarm, timer, reminder, DND, weather, camera/music controls, world clock, calculator)
- 3 colour options – Jet black, Silver grey & Vintage brown

IP68 resistance

TIPS

How do I update my NoiseFit Curve?

You can update your NoiseFit Curve via the NoiseFit app. Go to My Device and select Check for updates.

How do I find my watch's current firmware version?

You can find the watch's current firmware on the watch.

Go to "My Device" on the NoiseFit app. Select "Upgrade", choose Check for updates and update if any update is available.

How do I save battery?

Follow these simple steps to save NoiseFit Curve battery.

- Minimise the screen brightness
- Limit the notification you receive from the NoiseFit app.

How does the watch estimate how many calories have been burned?

NoiseFit Curve estimates how many calories you've burned based on the physical data you entered when you set up your account.

How do I change my activity goals?

You can do it through the NoiseFit app. Go to "My Profile" and select "Goal".

Change your goals and confirm.

How do I log my weight?

You can log in your weight the first time you setup your NoiseFit app. However, you can update the weight later via NoiseFit app. Go to My Profile and change or update your weight. You can update birthday, height, weight, and step length.

DISPOSAL AND RECYCLING INFORMATION

Electrical and electronic devices may not be disposed of with domestic waste.

Consumers are obliged by law to return the electrical and electronic device at the end of their service lives to the public collecting points set up for this purpose or point of sale. Details to this are defined by the national law of the respective country. By recycling, reusing the materials or other forms of utilising old devices, you are making an important contribution to protecting our environment.

REGULATORY INFORMATION

USA: Federal Communications Commission (FCC) Statement

This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions:

This device may cause harmful interference, and this device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the Max's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation.

If this 76 equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the Max is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The NioseFit Curve watch is not a toy. The watch contains small components that could be a choking hazard and are not intended for use by small children or pets. Unless otherwise specified, devices and services are not a medical device and are not intended to diagnose, treat, cure or prevent any disease. We develop products and services to track daily activity and wellness information as accurately as possible. The accuracy of devices is not intended to be equivalent to medical devices or scientific measurement devices.

In some cases, prolonged use of products may cause skin irritation. Prolonged contact may contribute to skin irritation or allergies. To reduce the possibility of irritation, keep the watch and watch band clean and dry. Don't wear it too tight and give your wrist a rest by removing the watch after an extended period of wear. If you feel soreness, tingling, numbness, burning or stiffness in your hands or wrists while or after wearing the watch, please immediately discontinue use.

MAINTENANCE INSTRUCTIONS

- Keep the device dry and clean regularly and especially after prolonged use as moisture and dirt can build up underneath the band and can cause skin irritation.
- Do not wear the device too tight but make sure that the bottom sensor is lightly in contact with your skin and there is a gap of about one finger's width between the wrist strap and your wrist.
- Do not use household cleaners to clean the device. Use soap-free cleaners instead.
- For stains that are difficult to remove, it is recommended to scrub with alcohol.
- The device is not suitable for diving, swimming in the sea or sauna; it is suitable for swimming pool, shower (cold water) and swimming in shallows.
- Keep it away from direct sunlight, high temperatures or humid conditions as it may damage the band over time.

SAFETY INSTRUCTIONS


- Do not disassemble the battery on your own.
- Do not expose NiseFit Curve to extremely high or low temperatures.
The excessive temperature during charging could cause heat, smoke, fire or deformation of the battery or even explosion.
- Charge the battery in a cool, ventilated room.
- Do not open, crush, bend, deform, puncture or shred secondary cells or batteries. In the event of a battery break or leak, prevent battery liquid contact with skin or eyes. If this happens, immediately flush the areas with water (DO NOT RUB THE EYE) or seek medical help.
- Do not short-circuit. Short-circuiting may damage the battery. Short-circuiting can occur when a metallic object, such as coins, causes the direct connection of positive and negative terminals of the battery.
- Keep the batteries out of children's reach and in a safe place to prevent danger.
- Do not place the batteries in the water.

- Do not use your product in a sauna or steam room.
- Do not dispose of batteries in the fire as that may cause an explosion. Dispose of used batteries in accordance with your local regulations. Do not dispose it as household waste.
- Use only the charging cable supplied to charge the battery. Do not charge for more than 24 hours.
- Do not attempt to repair or maintain the watch yourself, service and maintenance should be performed by authorised technicians only. Any device failure should be referred to our after-sales service personnel.
- To prevent device damage, accessory damage and device failure, always protect the device against strong impact or shock.

CUSTOMER SUPPORT

If you experience any problem with the watch, it may be fixed by restarting your watch. For any assistance, please reach out to us at link: <https://support.gonoise.com/support/home>

Documents / Resources

	<p>noise NoiseFit Curve Smartwatch [pdf] User Guide OL_NF_Curve_UM, NoiseFit Curve Smartwatch, NoiseFit, NoiseFit Curve, Curve, NoiseFit Smartwatch, NoiseFit Curve Smartwatch, Curve Smartwatch, Smartwatch</p>
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References

- [User Manual](#)

[Manuals+](#), [Privacy Policy](#)

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