



## NINJA Professional XL Food Processor User Guide

[Home](#) » [Ninja](#) » NINJA Professional XL Food Processor User Guide 

# NINJA®

PROFESSIONAL XL  
FOOD PROCESSOR  
QUICK START GUIDE



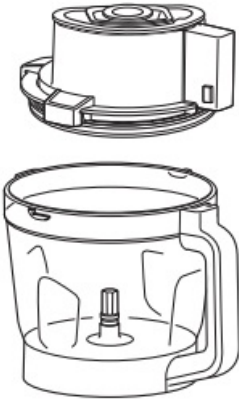

Contents

- 1 Professional XL Food Processor
- 2 USING THE CHOPPING & DOUGH BLADE ASSEMBLIES
- 3 USING THE DISC ASSEMBLIES
- 4 PROCESS & ENJOY (DISCS)
- 5 GET TO KNOW THE ATTACHMENTS
- 6 Documents / Resources
  - 6.1 References
- 7 Related Posts

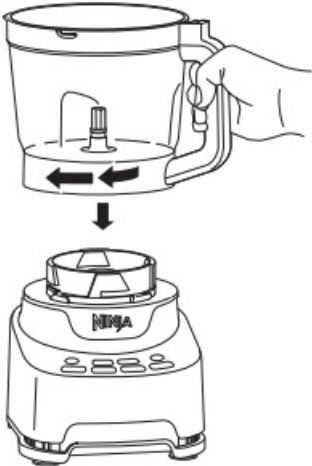
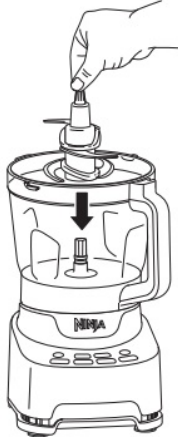
Professional XL Food Processor

Please make sure to read the enclosed Ninja® Safety Instructions prior to using your unit.


USING THE CHOPPING & DOUGH BLADE ASSEMBLIES



PRECISION PROCESSOR® BOWL & LID WITH 3-PART FOOD PUSHER	CHOPPING BLADE ASSEMBLY	DOUGH BLADE ASSEMBLY
		

BLADE ASSEMBLY


1. Place Precision Processor Bowl on base and turn clockwise to lock in place.	2. Holding the blade assembly by the top, install it in bowl.	3. Place clockwise to lock in place.
		

PROCESS & ENJOY

Once the Precision Processor Bowl is locked onto the base, plug in the unit, then press the Power button  to turn the unit on.

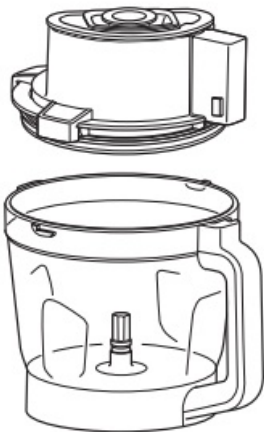


1. Select desired program to begin processing.	2. When processing is complete, press button on feed chute lid near handle to unlock. Turn lid counterclockwise and lift from bowl. Remove blade assembly before emptying bowl.	3. Remove bowl by lifting it up.
		

**NOTE:** Large food pusher must be inserted in the feed chute for the unit to run. For thinner recipes such as sauces and chopping, make sure all 3 parts of the pusher are installed to avoid splatter.


 **WARNING:** Chopping Blade Assembly is sharp and not locked in place. Before pouring, carefully remove Chopping Blade Assembly. Failure to do so will result in a risk of laceration. Refer to the Ninja Safety Instructions for additional information.

USING THE DISC ASSEMBLIES

PARTS

PRECISION PROCESSOR® BOWL & LID WITH 3-PART FOOD PUSHER	DISC SPINDLE	REVERSIBLE SLICING/SHREDDING DISC
		

DISC ASSEMBLY

<p>1. Place Precision Processor® Bowl on base and turn clockwise to lock in place. Install the spindle, then place the disc on the spindle.</p>	<p>2. REVERSIBLE SLICING/SH Use plastic grip to place disc c Use the side labeled SLICER ding.</p>
	

## FOOD PREP

If using the small or medium feed chute, trim ingredients to fit the feed chute height.

If using the larger feed chute, DO NOT exceed the CHUTE MAX FILL line on the large feed chute. Unit will not run if ingredients exceed this line.


Cut both ends off ingredients to create flat surfaces. Trim tapered ingredients like carrots to make them more symmetrical.



**NOTE:** Ensure cheese is well chilled before slicing/shredding. DO NOT slice or shred frozen cheese.

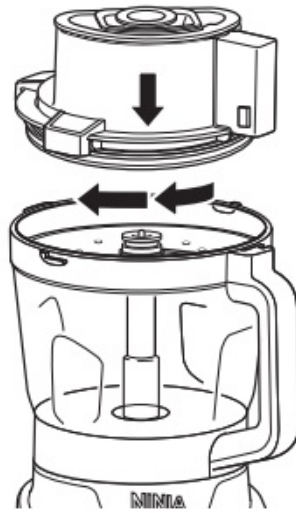
**NOTE:** Keep ingredients as steady as possible when pushing through the feed chute. This will help minimize waste.

## PROCESS & ENJOY (DISCS)

Once the Precision Processor® Bowl is locked onto base, plug in the unit, then press the Power button  to turn the unit on.

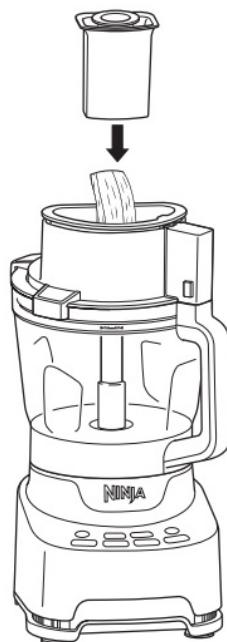
**IMPORTANT:** As a safety feature, the large food pusher must be inserted in the feed chute for the unit to run.

1. Place feed chute lid on bowl and turn clockwise. Based on the ingredient, use the smallest possible feed chute opening for best slicing and shredding results.



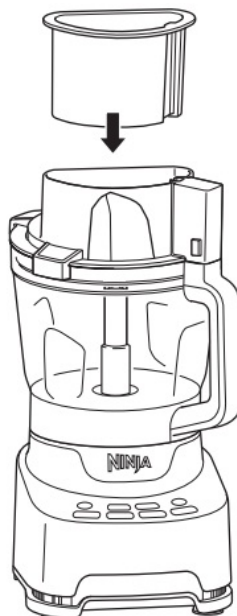
2. A.

If using the small or medium feed chute opening, select DISC or LOW. The disc will begin spinning. Add ingredients through the feed chute on the lid.



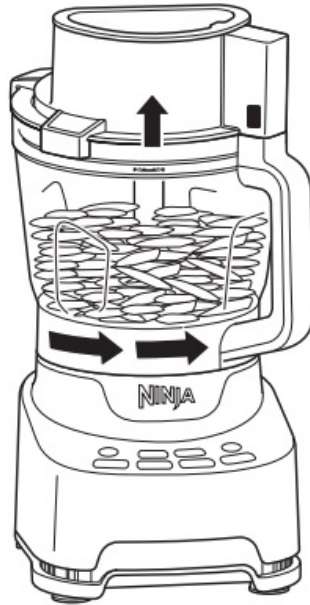
2 B.

If using the large feed chute opening, place ingredients up to, but not exceeding, the CHUTE MAX FILL line. Insert the pusher into the feed chute, then select DISC or LOW. The disc will begin **spinning**.

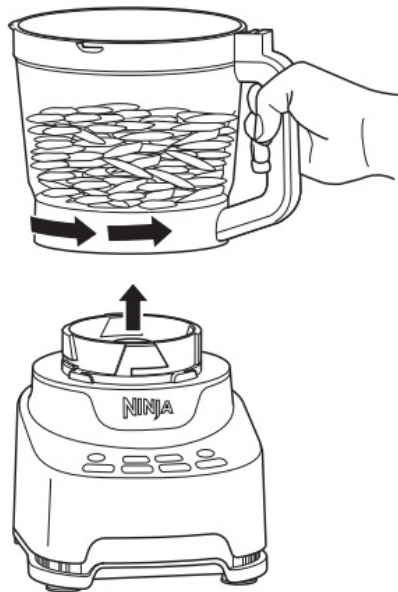


**IMPORTANT:** Use only the DISC program or LOW setting when using the disc assemblies.



3. The disc will automatically stop spinning at the end of the program. Wait for disc to stop turning, then press the button on the feed chute lid near the handle to unlock. Turn lid counterclockwise and lift lid from bowl.



4. Remove the disc assembly by grasping the plastic grip, then remove the disc spindle. Remove bowl from base by turning it counterclockwise, then lifting it up.



## CLEANING

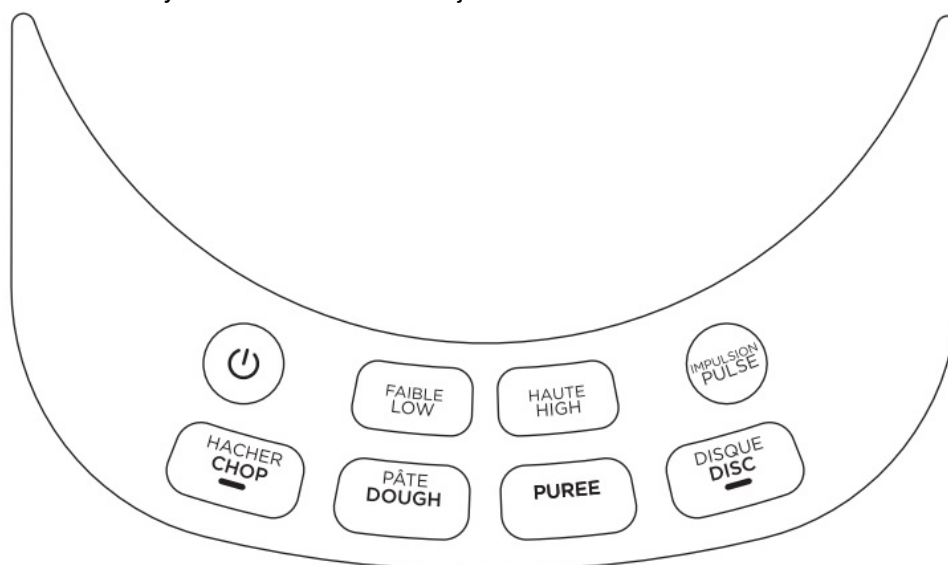
	<p>Dishwasher: The bowl, lid, disc, and blade assemblies are dishwasher safe. Ensure the blade assembly is removed from the bowl before placing in the dishwasher. Exercise care when handling blade assemblies.</p>
	<p>Hand-washing: Wash bowl, lid, disc, and blade assemblies in warm, soapy water. Exercise care when washing the blade assemblies. Use a dishwashing utensil with a handle to avoid direct hand contact with blades. Rinse and air-dry thoroughly.</p>

 **WARNING:** Always unplug the base before cleaning.

### AUTO-IQ® PROGRAMS

Intelligent preset programs combine unique blending and pausing patterns that do the work for you. Once an Auto-iQ program is selected, it will start immediately and automatically stop when processing is complete. To stop processing before the end of a program, press the currently active button again.

**NOTE:** Program run times vary from a few seconds to just over a minute.



### CHOP

Timed pulses and pauses give you consistent chopping results.

Run program once for a large chop, twice for a small chop, and three times for a mince. Use with chopping blade assembly.

### DOUGH

Ideal for creating delicious dough, from pie to pizza to cookie doughs. Use with the dough blade assembly.

**NOTE:** Use PULSE to add mix-ins, such as chocolate chips or raisins, after dough program has completed.

### PUREE

Create anything from silky-smooth sauces to the perfect hummus.

Use with the chopping blade assembly or nesting workbowl with small chopping blade assembly.

### DISC

Slice and shred a variety of ingredients, such as vegetables, cheese.

Use with reversible slicing/shredding disc.

### MANUAL PROGRAMS



LOW and HIGH: When selected, each of these speeds runs continuously for 60 seconds. They do not work in conjunction with any Auto-iQ programs

**PULSE:** Offers greater control of pulsing and processing. Operates only when PULSE is pressed. Use short presses for short pulses and long presses for long pulses.

**IMPORTANT:** DO NOT run the unit on HIGH if using the dough blade or disc assemblies. The unit is NOT intended to crush ice. Refer to the warnings in the Safety Instructions.

GET TO KNOW THE ATTACHMENTS

BLADE ASSEMBLIES

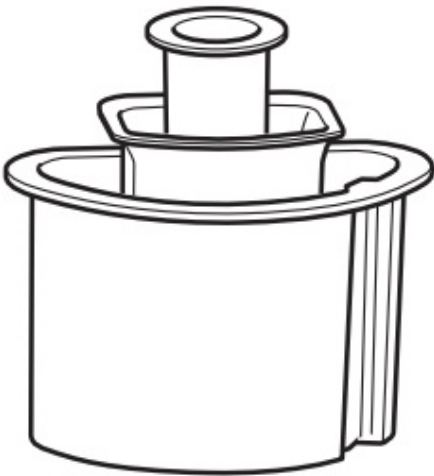
CHOPPING BLADE ASSEMBLY	DOUGH BLADE ASSEMBLY
	

3-PART FOOD PUSHER

3-PART FOOD PUSHER:

The 3-part food pusher separates into small, medium, and large food pushers to guide ingredients through the different-sized feed chute openings. Use the small feed chute opening (which also doubles as a measuring cup) for ingredients like carrots, the medium feed chute for ingredients like cucumbers and zucchini, and the large feed chute for ingredients like potatoes.

**NOTE:** As a safety feature, the large food pusher must be inserted in the feed chute for the unit to run. DO NOT exceed the CHUTE MAX FILL line on the large feed chute. Unit will not run if ingredients exceed this line.

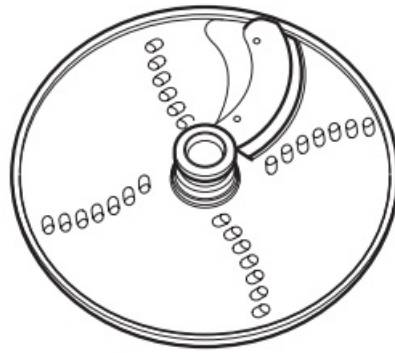


DISC ASSEMBLIES

REVERSIBLE SLICING/SHREDDING:

The reversible slicing/shredding disc is perfect for outputs like thinly sliced cucumbers and shredded carrots. Face the side labeled SLICER up for slicing and face the side labeled SHREDDER up for shredding.





**SLICING   SHREDDING**

**DISC SPINDLE:**

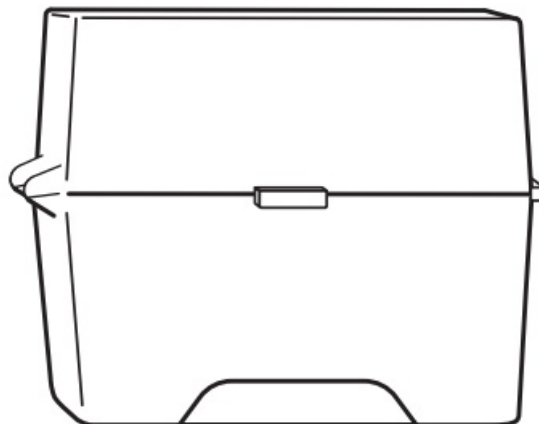
Install disc spindle onto the gear shaft of the Precision Processor® Bowl to use the disc assemblies.



**STORAGE BOX:**

(not included with all models)

Easily and safely store the disc assemblies, disc spindle, and dough blade assembly in the storage box. To purchase, visit [ninjaccessories.com](http://ninjaccessories.com).



Scan the code for online help, FAQs, and How-To Videos. [ninjakitchen.ca](http://ninjakitchen.ca)



<https://qr.ninjakitchen.com/xlprocessor?qr=1>

For questions or to register your product, visit us online at [ninjakitchen.ca](https://ninjakitchen.ca)



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## Documents / Resources



[NINJA Professional XL Food Processor](#) [pdf] User Guide

Professional XL Food Processor, Professional XL, Food Processor, Professional XL Processor

## References

- [N Ninja Kitchen Canada](#)