



NINJA FD100 5-QT Pressure Cooker User Guide

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NINJA®



**FOODI® 10-IN-1
5-QT. PRESSURE COOKER**

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IMPORTANT SAFEGUARDS

SEHOLD USE ONLY HEAD ALL INSTRUCTIONS BEFORE USE



WARNING





1. This appliance can be used by persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involve.
2. Keep the appliance and its cord out of reach of children. DO NOT allow the appliance to be used by children. Close supervision is necessary when used near children.
3. To eliminate a choking hazard for young children, discard all packaging materials immediately upon unpacking.
4. DO NOT place appliance on a stovetop or hot surfaces or near gas or electric burner or in a heated oven.
5. DO NOT use the appliance without the removable cooking pot installed.
6. When removable cooking pot is empty, DO NOT heat it for more than 10 minutes, as doing so may damage the cooking surface.
7. Children shall not play with the appliance.
8. NEVER use electrical outlet below counter
9. NEVER connect this appliance to an external timer switch or separate remote-control system.
10. DO NOT use an extension cord. A short power-supply cord is used to reduce the risk of children grabbing the cord or becoming entangled and to reduce the risk of people tripping over a longer cord.
11. To protect against electrical shock DO NOT immerse cord, plugs, or main unit housing in water or other liquid. Cook only in the pot provided or in a container recommended by SharkNinja. placed in the provided pul
12. Regularly inspect the appliance and power cord. DO NOT use the appliance if there is damage to the power cord or plug. If the appliance malfunctions or has been damaged in any way, immediately. stop use and call a service center.
13. ALWAYS ensure the appliance is. properly assembled before use.
14. Before use, ALWAYS check pressure release valve and float valve for clogging or obstruction and clean them if necessary. Check to make sure the float valve on the pressure lid moves freely. Foods such as apple sauce, cranberries, pearl barley, oatmeal or other cereals, split peas, noodles, macaroni, rhubarb, or spaghetti can foam, froth, and splutter when pressure cooked, clogging the pressure release valve. These and similar expanding foods (such as dried vegetables, beans, grains, and rice) should not be cooked in a pressure cooker.
15. DO NOT cover the air intake vent, air exhaust vent or electrical outlet while crisping lid is closed. Doing so will prevent even cooking and may damage. the unit or cause it to overheat.

16. To prevent risk of explosion and injury, use only SharkNinja silicone rings. Make certain silicone ring is installed and lid is properly closed before operating. DO NOT use if torn or damaged. Replace silicone ring before using.
17. Before placing removable cooking pot into the cooker base, ensure pot and cooker base are clean and dry by wiping with a soft cloth.
18. This appliance is for household use only. DO NOT use this appliance for anything other than its intended use. DO NOT use in moving vehicles or boats DO NOT use outdoors. Misuse may cause injury.
19. Intended for worktop use only. Ensure the surface is level, clean and dry. DO NOT move the appliance when in use.
20. DO NOT use accessory attachments not recommended or sold by SharkNinja. DO NOT place accessories in a microwave, toaster oven, convection oven, or conventional oven or on a ceramic cooktop, electric coil, gas burner range, or outdoor grill. The use of accessory attachments not recommended by SharkNinja may cause fire, electric shock, or injuries.
21. When using this appliance, provide adequate space above and on all sides for air circulation.
22. ALWAYS follow the maximum and minimum quantities of liquid as stated in instructions and recipes.
23. NEVER use SLOW COOK setting without food and liquids in the removable cooking pot.
24. DO NOT use this appliance for deep frying
25. DO NOT cover the pressure valves.
26. DO NOT sauté or fry with oil while pressure cooking.
27. Prevent food contact with heating elements. DO NOT overfill or exceed the MAX fill level of the pot and the Cook & Crisp Basket or Plate, Overfilling may cause personal injury or property damage or affect the safe use of the appliance.
28. When pressure cooking foods that expand (such as dried vegetables, beans, grains, rice, etc.), DO NOT fill pot more than halfway.
29. DO NOT use this unit to cook instant rice.
30. Electrical outlet voltages can vary, affecting the performance of your product. To prevent possible illness, use a thermometer to check that your food is cooked to the temperatures recommended.
31. DO NOT place the appliance near the edge of a worktop during operation.
32. To avoid possible steam damage, place the unit away from walls and cabinets during use.
33. Should the unit emit black smoke unplug immediately and wait for smoking to stop before removing the cooking pot and Cook & Crisp™ Basket or Plate
34. DO NOT touch hot surfaces. Appliance surfaces are hot during and after operation. To prevent burns or personal injury, ALWAYS use protective hot pads or insulated oven mitts and use available handles and knobs.
35. Extreme caution must be used when the cooker contains hot food or hot liquids and/or if the cooker is under pressure. Improper use, including moving the cooker, may result in personal injury such as serious burns. When using this appliance to pressure cook, ensure the lid is properly assembled and locked into position before use. Food is under extreme pressure during pressure cooking. Failure to follow all instructions regarding proper usage of the product may result in unintended contact with hot foods or liquids that have been pressurized, resulting in serious burns.
36. Caution should be used when searing meats and sautéing. Keep hands and face away from the removable cooking pot, especially when adding new ingredients, as hot oil may splatter.
37. When unit is in operation, hot steam is released through the air exhaust vent. Place unit so vent is not directed toward the power cord, electrical outlets, cabinets or other appliances. Keep your hands and face at a safe distance from vent.

38. DO NOT tamper with, disassemble, or otherwise remove the float valve or pressure release assembly.
39. DO NOT attempt to open the lid during or after pressure cooking until all internal pressure has been released through the pressure release valve and the unit has cooled slightly. Remove lid promptly to avoid re-pressurization of the inner pot.
40. DO NOT use Pressure Lid when Sear/Sauté function is selected.
41. If using SLOW COOK setting, ALWAYS keep the pressure lid closed and the pressure release valve in the VENT position. If the lid is closed and the pressure release valve is in the SEAL position, an audible alarm will sound. "VENT" error code will appear on LED display to signal the need to turn the pressure release valve to the VENT position.
42. When using the PRESSURE COOK setting, ALWAYS keep the pressure. lid locked and the pressure release valve turned anticlockwise to the SEAL position.
43. If the lid will not turn to unlock, this indicates the appliance is still under pressure. DO NOT intentionally press down on float valve. Any pressure remaining can be hazardous. Let unit naturally release pressure or turn the Pressure Release Valve slowly to the VENT position to release steam. Take care to avoid contact with the releasing stearr to avoid burns or injury. When stearr is completely released the float valve will be in the lower position allowing the lid to be removed. If steam does not release when the pressure release valve is moved to vent, unplug the unit from the wall and let the unit. naturally release pressure.
44. Spilled food can cause serious burns. Keep appliance and cord away from children. DO NOT let cord hang over edge of tables or counters or touch hot surfaces.
45. Serious burns can result from the steam and hot foods inside the inner pot. ALWAYS keep hands, face, and other body parts away from the pressure release valve prior to or during pressure release and when removing the pressure lid after cooking.
46. When removing the lid, DO NOT lift the lid straight up as this may not release the seal between the lid and pot, increasing the risk of food splashing.
47. ALWAYS tilt the lid so that it is between your body and the inner pot so that you can be shielded from steam and hot liquids.
48. The cooking pot, Cook & Crisp™ Basket or Plate, and reversible rack become extremely hot during the cooking process. Avoid hot steam and air while removing the cooking pot and Cook & Criso™ Basket or Plate from the appliance, and ALWAYS place them on a heat resistant surface after removing. DO NOT touch accessories during or immediately after cooking.
49. Removable cooking pot can be extremely heavy when full of ingrecients. Care should be taken when lifting pot from cooker base.
50. Cleaning and user maintenance shall not be made by children.
51. Let the appliance cool for approximately 30 minutes before handling, cleaning, or storing.
52. To disconnect, turn any control to OFF, then unplug from electrical outlet when not in use and before cleaning. Allow to cool before cleaning, disassembly, putting in or taking off parts and for storage
53. DO NOT clean with metal scouring pads. Pieces can break off the pad and touch electrical parts, creating a risk of electric shock.
54. Please refer to the Cleaning & Maintenance section for regular maintenance of the appliance.

TECHNICAL SPECIFICATIONS

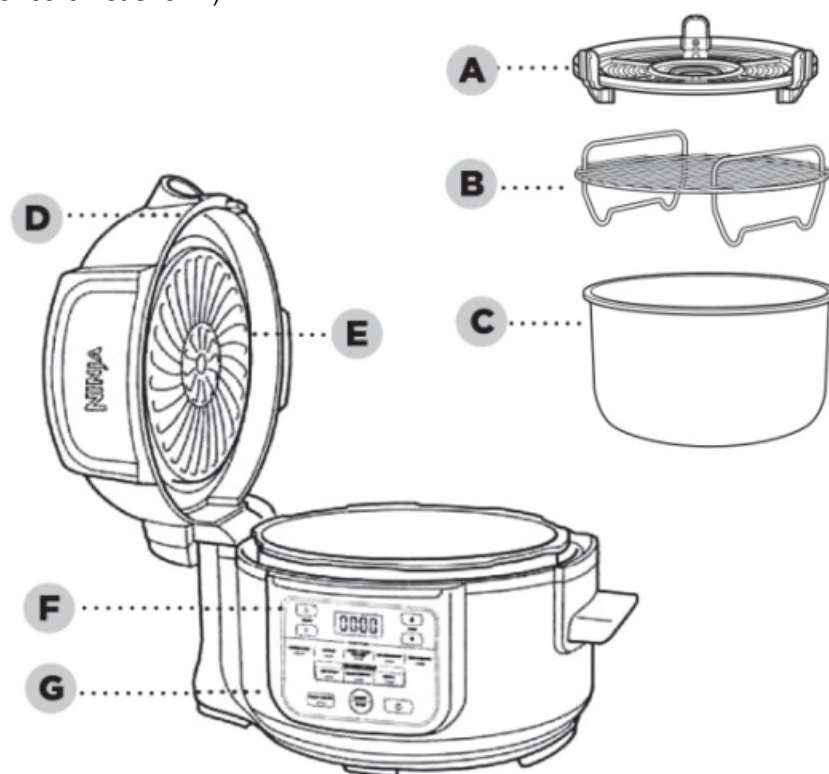
Voltage: 120V-60Hz

	Indicates to read and review instructions to understand operation and use of product.
	Indicates the presence of a hazard that can cause personal injury, death or substantial property damage if the warning included with this symbol is ignored.
	Take care to avoid contact with hot surface. Always use hand protection to avoid burns.
	For indoor and household use only.

SAVE THESE INSTRUCTIONS

PARTS & ACCESSORIES

- A** Cook & Crisp™ Plate
- B** Broil Rack
- C** 5-Quart Removable Cooking Pot
- D** Crisping Lid
- E** Heat Shield
- F** Control Panel
- G** Cooker Base (power cord not shown)

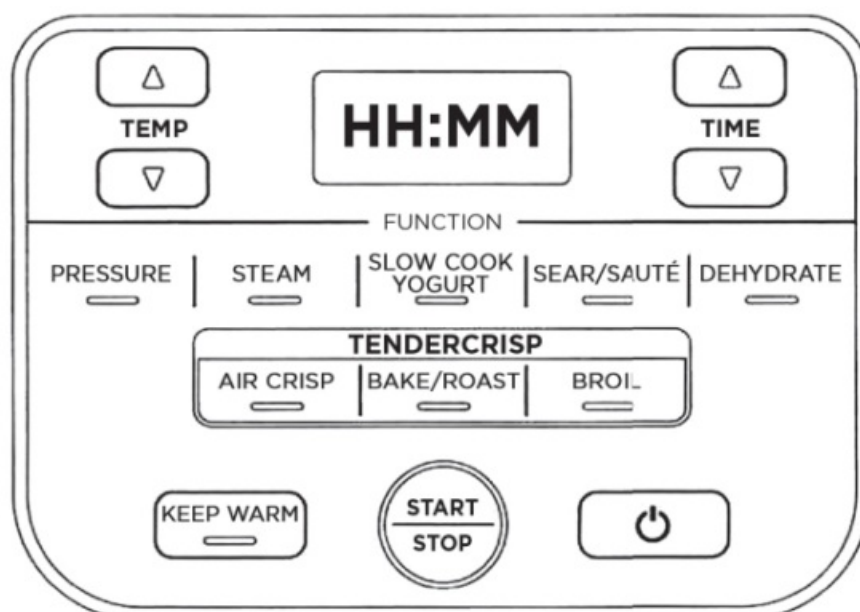


- H** Pressure Lid
- I** Pressure Release Valve
- J** Float Valve
- K** Silicone Ring
- L** Anti-Clog Cap
- M** Air Outlet Vent
- N** Condensation Collector

NOTE: Accessories may vary depending on the model. Refer to quick guide, if available. The images shown here are for illustrative purposes only and may be subject to change.



USING THE CONTROL PANEL



NOTE: Control panel may differ per model.

FUNCTION BUTTONS

PRESSURE: Cook food quickly while maintaining tenderness.

STEAM: Gently cook delicate foods at a high temperature.

SLOW COOK: Slow cook food at lower temperatures.

YOGURT: Pasteurize and ferment milk for creamy homemade yogurt.

SEAR/SAUTÉ: Use the unit as a stovetop for browning meats, sautéing veggies, simmering sauces, and more.

AIR CRISP: Give foods crispiness and crunch with little to no oil.

BAKE/ROAST: Use the unit as an oven for tender meats, baked treats, and more.

BROIL: Use to caramelize and brown your food.

DEHYDRATE: Dehydrate meats, fruits, and vegetables for healthy snacks.

KEEP WARM: After pressure cooking, steaming, or slow cooking, the unit will automatically switch to Keep Warm mode and start counting up. Keep Warm will stay on for 12 hours, or you may press KEEP WARM to turn it off. Keep Warm mode is not intended to reheat food, but to keep it warm at a food-safe temperature.

OPERATING BUTTONS

TEMP arrows: Use the up and down TEMP arrows to adjust the cook temperature and/or pressure level.

TIME arrows: Use the up and down TIME arrows to adjust the cook time.

NOTE: The temperature and time can be adjusted anytime during cooking by using the up and down TEMP and TIME arrows. The unit will then resume at those settings.

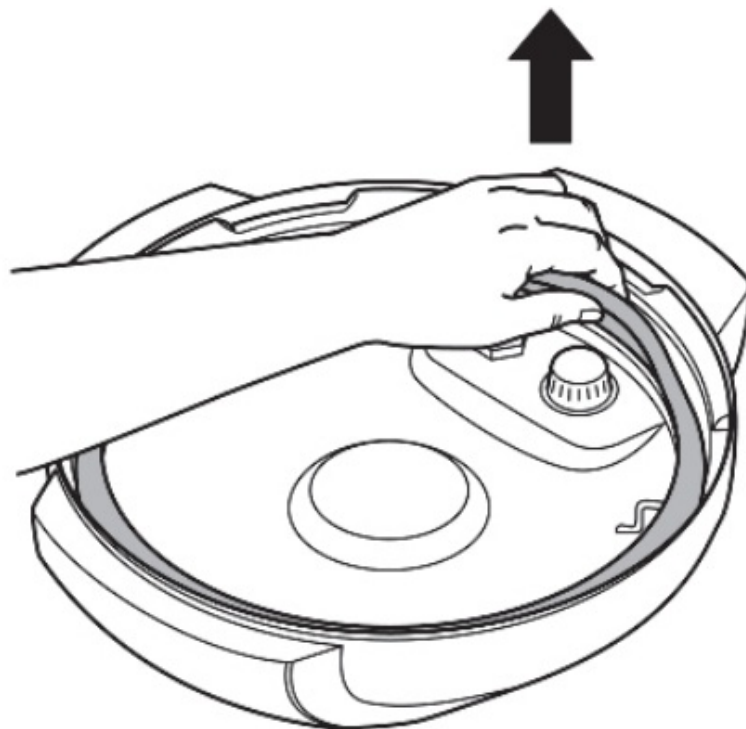
START/STOP button: Press the START/STOP button after selecting your temperature (or pressure) and time to start cooking. Pressing this button while the unit is cooking will stop the current function.

POWER button: The Power button turns the unit on and off and stops all cooking modes.

BEFORE FIRST USE

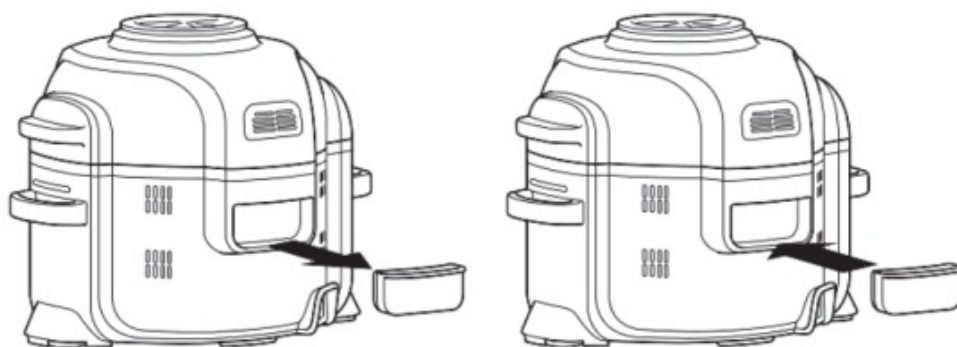
1. Remove and discard any packaging material, from the unit,

2. Please pay particular attention to operational instructions, warnings, and important safeguards to avoid any injury or property damage.
3. Wash the pressure lid, silicone ring, removable cooking pot, Cook & Crisp™™ Plate, and condensation collector in hot, soapy water, then rinse and dry thoroughly. NEVER clean the cooker base in the dishwasher. Inspect the pressure lid to ensure there is no debris blocking the valves.
4. The silicone ring is reversible and can be inserted in either direction. Insert the silicone ring around the outer edge of the silicone ring rack on the underside of the lid. Ensure it is fully inserted behind the silicone ring rack.



INSTALLING THE CONDENSATION COLLECTOR

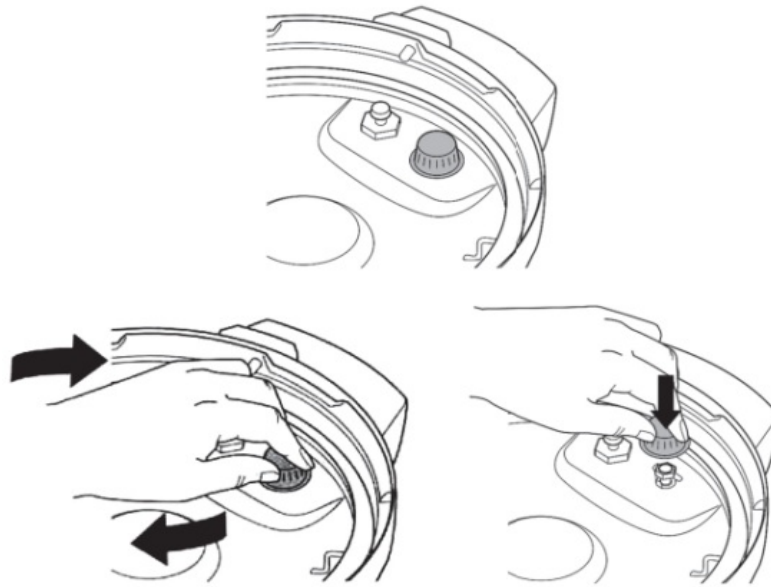
The condensation collector comes installed in the unit. Slide it out to remove for washing after each use.



NOTE: Prior to each use, make sure the silicone ring is well seated in the silicone ring rack and the anti-clog cap is mounted properly on the pressure release valve.

REMOVING & REINSTALLING THE ANTI-CLOG CAP

Make sure that the anti-clog cap is in the correct position before using the pressure lid. The anti-clog cap protects the inner valve of the pressure lid from clogging and protects users from potential food splatters. It should be cleaned after every use with a cleaning brush. To remove, hold the anti-clog cap between your thumb and bent index finger, then rotate your wrist clockwise to remove.



USING YOUR FOODI 10-IN-1 5-QT. PRESSURE COOKER

SWAP THE TOP

The two lids allow you to seamlessly transition between all your favorite cooking methods. Use the pressure lid to tenderize, then use the crisping lid to crisp up your food.

USING THE CRISPING LID

The crisping lid is permanently attached to the unit by a hinge. The lid can be opened when using the AIR CRISP and BAKE/ROAST functions, allowing you to check on or toss ingredients. When the lid is opened, cooking will stop and the timer will pause. When the lid is closed, cooking and the timer will resume.

USING THE COOKING FUNCTIONS WITH THE CRISPING LID

To turn on the unit, plug the power cord into a wall outlet, then press the Power button.

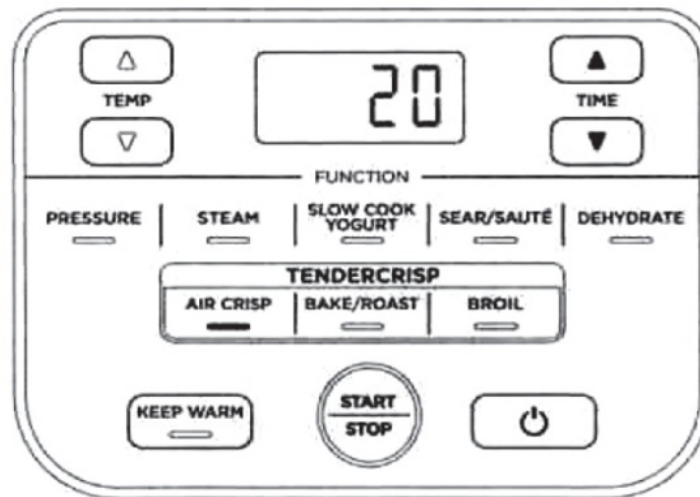
Air Crisp

1. With the pot installed, place the Cook & Crisp™ Plate into the pot.

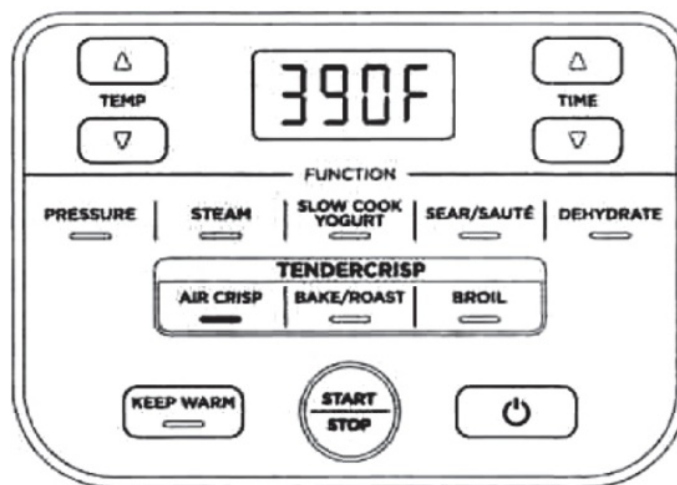


NOTE: It is recommended to let the unit preheat for 5 minutes before adding ingredients. If preheating, before step 4, close the lid, and press the START/STOP button to begin.

2. Press the AIR CRISP button. The default temperature setting will display. Use the up and down TEMP arrows to set a temperature between 300°F and 400°F.



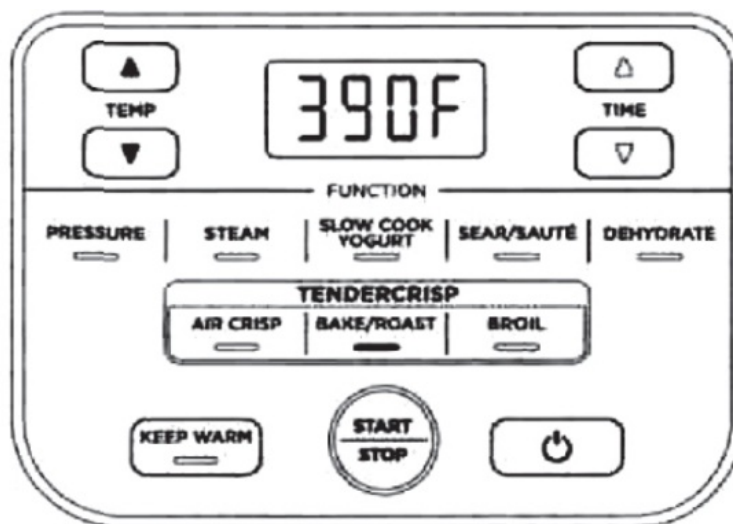
3. Use the up and down TIME arrows to set the cook time in minute increments up to 1 hour,



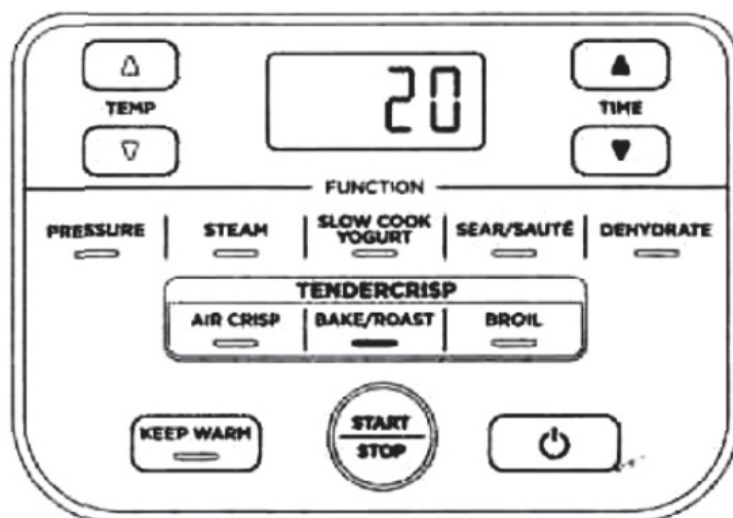
4. Add ingredients to the pot. Close the lid and press the START/STOP button to begin cooking.
5. During cooking, you can open the lid and toss ingredients with silicone-tipped tongs for even browning as needed. When done, close lid. Cooking will automatically resume after lid is closed.
6. When cook time is complete, the unit will beep and display "End".

Bake/Roast

1. Place ingredients in the pot or into the accessory called for in the recipe (then place accessory in the pot). Close the lid and press the START/STOP button to begin cooking.
2. Press the BAKE/ROAST button. The default temperature setting will display. Use the up and down TEMP arrows to set a temperature between 250°F and 400°F.



- Use the up and down TIME arrows to set the cook time in 1-minute increments up to 1 hour, and in 5-minute increments from 1 hour to 4 hours.



NOTE: If running for less than one hour the clock will count down by minutes and seconds. If running for more than one hour, the clock will count down by minutes only.

NOTE: It is recommended to let the unit preheat for 5 minutes before adding ingredients. If preheating, before step 3, close the lid, and press the START/STOP button to begin.

- When cook time is complete, the unit will beep and display “End”.

Broil

- Place the broil rack in the pot and follow directions per recipe.
- Place ingredients on the rack, then close the lid.
- Press the BROIL button.

NOTE: There is no temperature adjustment when using the Broil function

- Use the up and down TIME arrows to set the cook time in minute increments up to 30 minutes.
- Press the START/STOP button to begin cooking.
- When cook time is complete, the unit will beep and display “End”.

Dehydrate

NOTE: The DEHYDRATE function is not included on all models.

- Place the ingredients on the bottom of the Cook & Crisp™ Plate.

2. Press the DEHYDRATE button. The default temperature setting will display. Use the up and down TEMP arrows to choose a temperature between 105°F and 195°F
3. Use the up and down TIME arrows to set the cook time in 15-minute increments up to 12 hours.
4. Press the START/STOP button to begin dehydrating.
5. When cook time is complete, the unit will beep

NOTE: For five levels of capacity, use the dehydrating rack directly in the cooking pot.

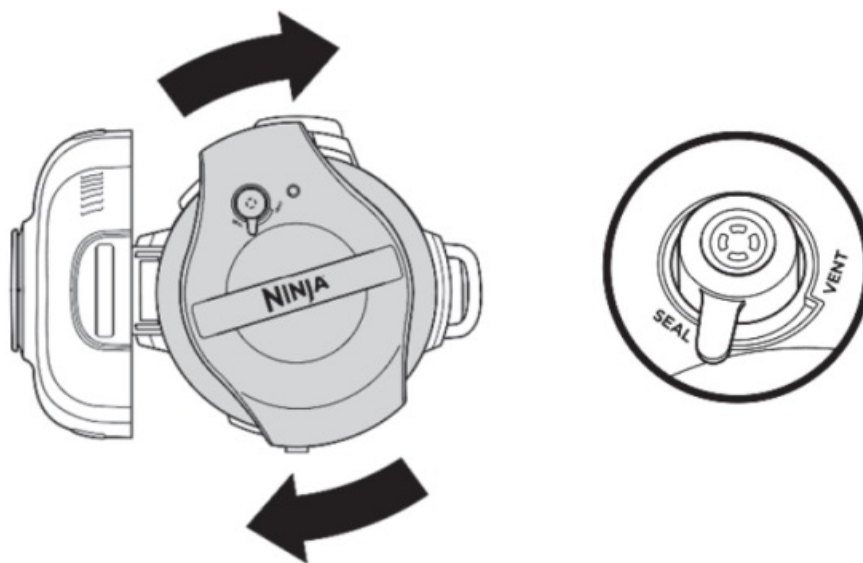
“Dehydrating rack sold separately.

NOTE: To reduce the risk of injury from unintended contact with hot foods, liquids and steam when pressure cooking, you must review and follow all warnings, Failure to follow these safeguards increases your risk of experiencing a burn.

FAMILIARIZING YOURSELF WITH PRESSURE COOKING

In order to familiarize yourself with pressure cooking, it is highly recommended for first-time users to do an initial run.

1. Place the pot in the cooker base and add 2 cups room-temperature water to the pot.
2. Assemble the pressure lid by aligning the arrow on the front of the lid with the arrow on the front of the cooker base. Then turn the lid clockwise until it locks into place.
3. Make sure the pressure release valve on the lid is in the SEAL position .

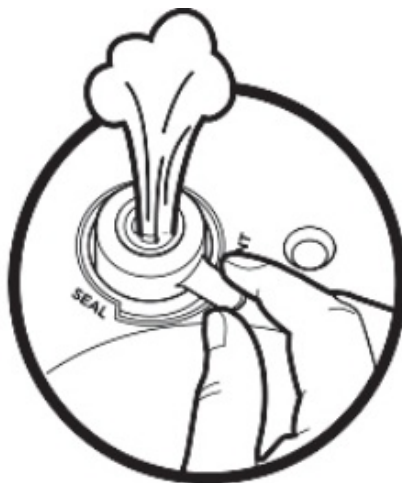


4. Press the PRESSURE button, the unit will default to high (Hi) pressure. Set the time to 2 minutes and press the START/STOP button to begin.
5. The unit will begin building pressure, indicated by the rotating lights. The unit will begin counting down when it is fully pressurized.



6. When the countdown is finished, the unit will beep, automatically switch to Keep Warm mode, and begin counting up.
7. Turn the pressure release valve to the VENT position to quick release the pressurized steam. A quick burst of steam will spurt out of the pressure release valve. When steam is completely released and the float valve

drops down, the unit will be ready to open.



NATURAL PRESSURE RELEASE VS. QUICK PRESSURE RELEASE

Natural Pressure Release: Once pressure cooking is complete, the pressure will start to naturally release as the unit cools down. During this time, the unit will switch to Keep Warm mode. When natural pressure release is complete, the float valve will drop down.

NOTE: Press the KEEP WARM button if you would like to turn Keep Warm mode off.

Quick Pressure Release: Use ONLY when

called for in a recipe. When cooking is complete the unit will switch to Keep Warm mode. Turn the pressure release valve to the VENT position to instantly release pressure through the valve.

When quick pressure release is complete the float valve will drop down. Even after releasing pressure, some steam will remain in the unit and will escape when the lid is opened. Lift and tilt it away from you, making sure no condensation drips into the cooker base.



NOTE: At any time during the natural release process, you can switch to quick release by turning the pressure release valve to the VENT position

PRESSURIZING

As pressure builds in the unit, the control panel will display progress bar. Pressurizing time varies, depending on the amount of ingredients and liquid in the pot. As the unit pressurizes, the lid will lock as a safety measure, and it will not unlock until pressure is released. Once the unit has reached full pressure. The cooking cycle will begin and the timer will start counting down.

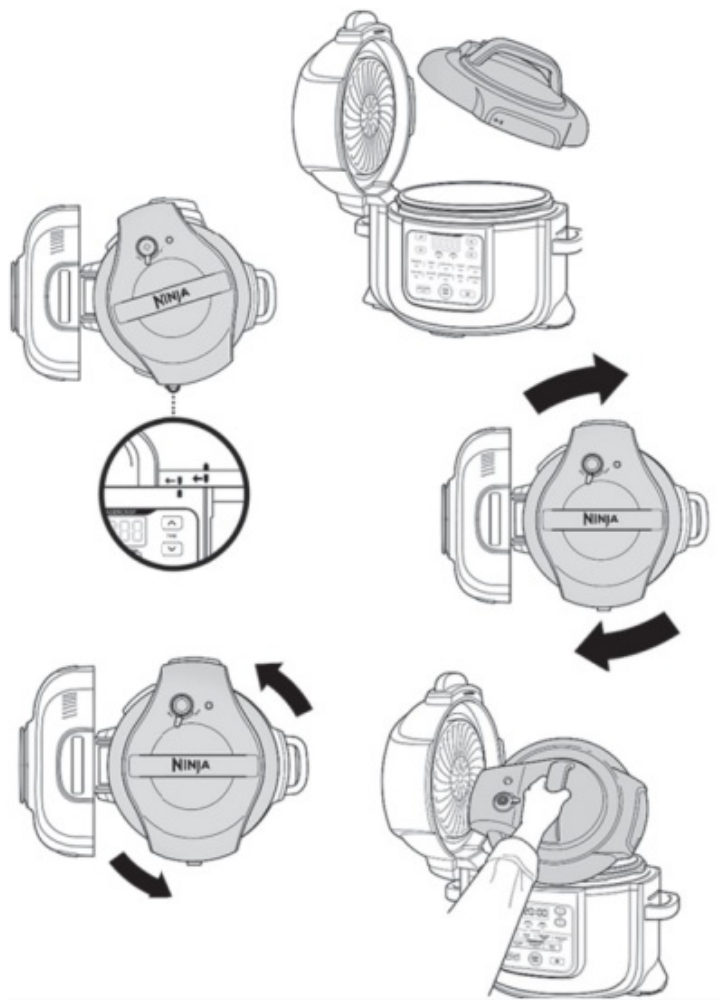


INSTALLING & REMOVING THE PRESSURE LID

Place the pressure lid on top of the unit with the  on the lid and the  on the base lined up evenly. Turn the lid clockwise until it locks in place.

To unlock the pressure lid, turn it counterclockwise. Lift the lid at an angle to prevent splatter. Do not lift the lid straight up.

NOTE: The pressure lid will not unlock until the unit is completely depressurized.



USING THE COOKING FUNCTIONS WITH THE PRESSURE LID

To turn on the unit, plug the power cord into a wall outlet, then press the Power button. Install the cooking pot in the cooker base before starting a function.

Pressure

1. Install the cooking pot in the cooker base. Place ingredients and at least 1 cup of liquid in the pot, including an accessory if your recipe calls for it. Do not exceed the line marked PRESSURE MAX when pressure cooking
NOTE: When cooking rice, beans, or other ingredients that expand, do not fill the pot more than halfway
2. Follow the steps provided earlier to install the pressure lid. Turn the pressure release valve to the SEAL position.
3. Press the PRESSURE button. The default pressure level will display. Use the up and down TEMP arrows to select either Hi or Lo
NOTE: If running for less than 1 hour the clock will count down by minutes and seconds. If running for more than an hour, the clock will count down by minutes only
4. Use the up and down TIME arrows to set the cook time 1-minute increments up to 1 hour, and in 5-minute increments from 1 hour to 4 hours.
5. Press the START/STOP button. The display will show progress bars during this time. When the unit reaches the proper temperature, the time you set will begin counting down.



6. When cook time is complete, the unit will beep automatically switch to keep Warm mode, and start counting up

from 00:00

NOTE: After cooking is complete, you may press the KEEP WARM button to turn the Keep Warm mode off.

7. Let the unit naturally release pressure or if the recipe instructs, turn the pressure release valve to the VENT position, quickly releasing steam through the valve.

Steam

1. Install the cooking pot in the cooker base. Add at least 1 cup of liquid (or the amount stated in your recipe) to the pot, then place the Cook & Crisp Plate with ingredients in the pot.
2. Follow the steps provided earlier to install the pressure lid. Turn the pressure release valve to the VENT position.
3. Press the STEAM button. Use the up and down TIME arrows to set the cook time in minute increments up to 30 minutes.

NOTE: There is no temperature adjustment available or necessary when using the Steam function.

4. Press the START/STOP button.
5. The unit will automatically preheat to bring the steaming liquid to a boil. The display will show progress bars during this time. When the unit reaches the proper temperature, the time you set will begin counting down.



6. When cook time is complete, the unit will beep and automatically switch to Keep Warm mode. If the float valve pops up, wait for it to drop and then you can open the lid.

NOTE: After cooking is complete, you may press the KEEP WARM button to turn the Keep Warm mode off.

SLOW COOK

1. Install the cooking pot in the pot in the cooker base. Place ingredients in the pot DO NOT exceed the line marked MAX when slow cooking.
2. Follow the steps provided earlier to install the pressure lid. Turn the pressure release valve to the VENT position.
3. Press the SLOW COOK button. The default temperature setting will display. Use the up and down TEMP arrows to select either Slow Cook HIGH or LOW.
4. Use the up and down TIME arrows to set the cook time in 15-minute increments up to 12 hours. Press the START/STOP button to begin cooking.

NOTE: The Slow Cook H (High) time setting may be adjusted anywhere between 4 and 12 hours, the Slow Cook Lo (Low) time setting may be adjusted anywhere between 6 and 12 hours.

5. When cook time is complete, the unit will beep and automatically switch to Keep Warm mode.

NOTE: After cooking is complete, you may press the KEEP WARM button to turn the Keep Warm mode off.

Yogurt

1. Add desired amount of milk to the pot.

NOTE: If you prefer to pasteurize, cook and add cultures not using the unit, skip steps 1-6. Instead, press the TE TEMP up arrow to select FER (ferment), press the TIME arrows to select desired incubation time, then press START/STOP to begin.

2. Install the pressure lid and turn the pressure release valve to the VENT position.
3. Press and hold the SLOW COOK/YOGURT button to select yogurt. The default setting will display. Use the up and down temp arrows to select either Yogurt or ferment.
4. Press the TIME arrows to adjust the incubation time in 30-minute increments. Use 8 and 12 hours.
NOTE: Selecting a longer time will lead to tangier yogurt with a thicker consistency. Use 121 Greek-style yogurt 2 hours to achieve.
5. Press START/STOP to begin pasteurization
6. Unit will display Boll, while pasteurizing. When pasteurization temperature is reached, the unit will beep and display COOL
7. Once the milk has cooled, the unit will display ADD and STIR in succession
8. Remove the pressure lid and skim the top of the milk
9. Add yogurt cultures to milk and stir to combine. Install the pressure lid the pressure release valve to the VENT position, then press START/STOP to begin incubation process. When the
10. The display will begin counting down. When incubation time is complete, the unit will beep and display "End"
11. Chill yogurt up to 12 hours before serving.

Sear/Sauté

1. Install the cooking pot in the cooker base.
2. Press the SEAR/SAUTE button. The default temperature setting will display. Use the up and down TEMP arrows to select one of the setting options: 1 [low], 2 [low-medium], 3 (medium), 4 [medium-high], Hi 5 [high].

NOTE: There is no time adjustment available or necessary when using the Sear/Sauté function.

3. Press the START/STOP button to begin cooking
4. To turn off the Sear/Saute function, press the START/STOP button. To switch to a different cooking function, press the corresponding function button.

NOTE: You can use this function with either the crisping lid in the open position or the pressure lid with the pressure release valve in the VENT position.

NOTE: ALWAYS use nonstick utensils in the cooking pot. DO NOT use metal utensils, as they will scratch the nonstick coating on the pot,

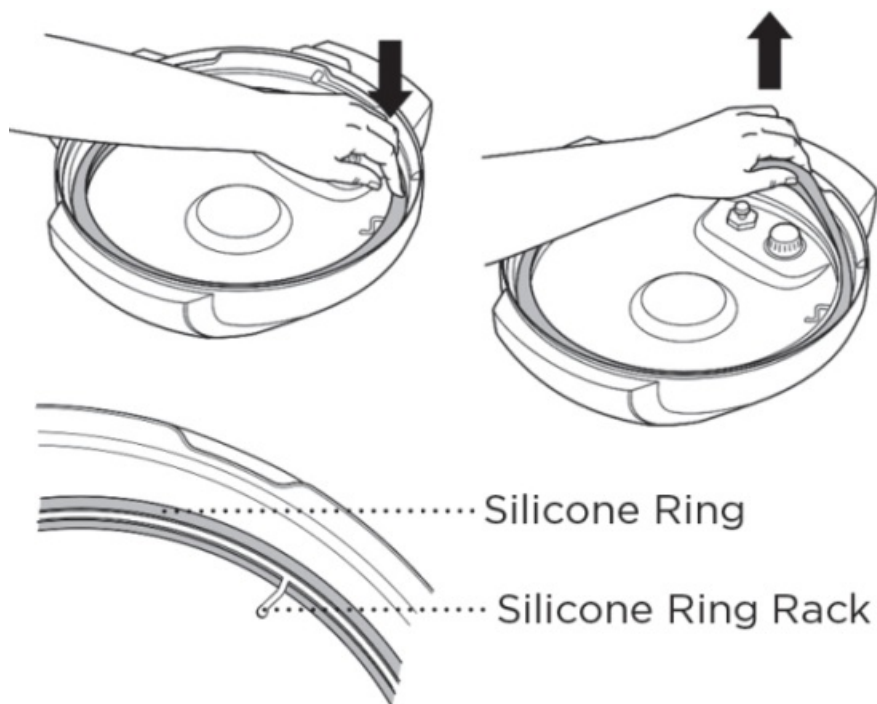
CLEANING & MAINTENANCE

Cleaning: Dishwasher & Hand-Washing

The unit should be cleaned thoroughly after every use.

1. Unplug the unit from the wall outlet before cleaning.
2. NEVER put the cooker base in the dishwasher, or immerse it in water or any other liquid.
3. To clean the cooker base and the control panel, wipe them clean with a damp cloth,
4. The cooking pot, pressure lid, silicone ring, and Cook & Crisp™ Plate can be washed in the dishwasher.

5. The broil rack is hand-wash ONLY.
6. The pressure lid, including the pressure release valve and anti-clog cap, can be washed with water and dish soap. DO NOT take apart the pressure release valve or float valve assembly.
7. To clean the crisping lid, wipe it down with a wet cloth or paper towel after the heat shield cools.
8. If food residue is stuck on the cooking pot or Cook & Crisp Plate, fill the pot with water and allow to soak before cleaning, DO NOT use scouring pads. If scrubbing is necessary, use a non-abrasive cleanser or liquid dish soap with a nylon pad or brush.
9. Air-dry all parts after each use.



Removing & Reinstalling the Silicone Ring

To remove the silicone ring, pull it outward, section by section, from the silicone ring rack. The silicone ring is reversible and can be installed with either side facing up. To reinstall, press it down into the rack section by section.

After use remove any food debris from the silicone ring and anti-clog cap.

Keep the silicone ring clean to avoid odor.

Washing it in warm, soapy water or in the dishwasher can remove odor. However, it is normal for it to absorb the smell of certain acidic foods. It is recommended to have more than one silicone ring on hand. NEVER pull out the silicone ring with excessive force, as that may deform it and the rack and affect the pressure-sealing function. A silicone ring with cracks, cuts, or other damage should be replaced immediately.

TROUBLESHOOTING GUIDE

Why is my unit taking so long to come to pressure? How long does it take to come to pressure?

- Cooking times may vary based on the selected temperature, current temperature of the cooking pot, and temperature or quantity of the ingredients.
- Check to make sure your silicone ring is fully seated and flush against the lid. If installed correctly, you should be able to tug lightly on the ring to rotate it.
- Check that the pressure lid is fully locked, and the pressure release valve is in the SEAL position when pressure cooking.

Why is the time counting down so slowly?

- You may have set hours rather than minutes. When setting time, the display will show HH:MM and the time will increase/decrease in minute increments.

How can I tell when the unit is pressurizing?

- The rotating lights will display on the screen to indicate the unit is building pressure.

Progress bars are showing on the display screen when using the Pressure or Steam function.

- The progress bar indicates the unit is building pressure or preheating when using STEAM or PRESSURE. When the unit has finished building pressure, your set cook time will begin counting down.

There is a lot of steam coming from my unit when using the Steam function.

- It's normal for steam to release through the pressure release valve during cooking. Leave the pressure release valve in the VENT position for Steam, Slow Cook, and Sear/Sauté.

Why can't I take the pressure lid off?

- As a safety feature, the pressure lid will not unlock until the unit is completely depressurized. To release pressure, turn the pressure release valve to the VENT position to quick release the pressurized steam. A quick burst of steam will spurt out of the pressure release valve. When the steam is completely released, the unit will be ready to open. To unlock the pressure lid, turn it counterclockwise. Lift the lid at an angle to prevent splatter. Do not lift the lid straight up.

Is the pressure release valve supposed to be loose?

- Yes. The pressure release valve's loose fit is intentional; it enables a quick and easy transition between SEAL and VENT and helps regulate pressure by releasing small amounts of steam during cooking to ensure great results. Please make sure it is turned as far as possible toward the SEAL position when pressure cooking and as far as possible toward the VENT position when quick releasing.

The unit is hissing and not reaching pressure.

- Make sure the pressure release valve is turned to the SEAL position. If you've done this and still hear a loud hissing noise, it may indicate your silicone seal is not fully in place. Press START/STOP to stop cooking, VENT as necessary, and remove the pressure lid. Press down on the silicone ring, ensuring it is fully inserted and lies flat under the ring rack. Once fully installed, you should be able to tug lightly on the ring to rotate it.

The unit is counting up rather than down.

- The cooking cycle is complete and the unit is in Keep Warm mode.

How long does the unit take to depressurize?

- The time it takes to release pressure depends on the quantity of food in the unit and can vary from recipe to recipe. Always ensure the float valve has dropped before trying to remove the lid. If the unit is taking longer than normal to depressurize, unplug the unit and wait until the float valve drops before removing the lid.

“ADD POT” error message appears on display screen.

- Cooking pot is not inside the cooker base. Cooking pot is required for all functions.

“OTHR LID” error message appears on display screen.

- The incorrect lid is installed for your desired cooking function. Place the pressure lid on the unit if you want to use the Pressure, Slow Cook, Steam, Sear/Sauté, or Keep Warm functions and ensure it is in the closed position.

“SHUT LID” error message appears on display screen.

- The crisping lid is open and needs to be closed for the selected function to start.

“TURN LID” error message appears on the display screen.

- The pressure lid is not fully installed. Turn the lid clockwise until it clicks for the selected cooking function to start.

“OPEN VENT” error message appears on display screen.

- When set to Slow Cook or Sear/Sauté, and the unit senses pressure building up, this message indicates the pressure release valve is in the SEAL position.
- Turn the pressure release valve to the VENT position and leave it there for the remainder of the cooking function.
- If you do not turn the pressure release valve to the VENT position within 5 minutes, the program will cancel and the unit will shut off.

“ADD WTR” error message appears on display screen when using the Steam function.

- The water level is too low. Add more water to the unit for the function to continue.

“ADD WTR” error message appears on display screen when using the Pressure function.

- Add more liquid to the cooking pot before restarting the pressure cook cycle.
- Make sure the pressure release valve is in the SEAL position.
- Make sure the silicone ring is installed correctly.

“ERR” message appears.

- The unit is not functioning properly. Please contact a service center.

NOTE:

In order to ensure the highest possible standard for refurbished items, all units are thoroughly inspected as part of the process. For this item, water may be used during the refurbishing process and so; you may notice some condensation in the water reservoir. It is recommended to rinse the water reservoir with fresh water prior to its first use.

NINJA®



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SC: 01-13-2021_TAB

MODEL: FD101_B



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Documents / Resources



[NINJA FD100 5-Qt Pressure Cooker](#) [pdf] User Guide

FD100, FD101, FD100 5-Qt Pressure Cooker, FD100, 5-Qt Pressure Cooker, Pressure Cooker , Cooker

References

- [User Manual](#)

[Manuals+](#), [Privacy Policy](#)

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