


**Sleep
Headphones
with Memory**



MyWaves Sleep Headphones with Memory Instruction Manual

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MyWaves Sleep Headphones with Memory



FAQs

- **Q: How can I switch between Bluetooth Mode and Memory Card Mode?**

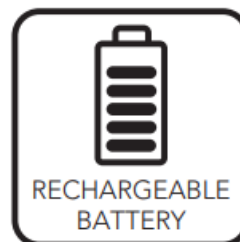
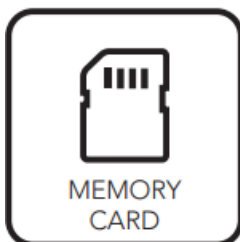
- A: By default, the headphones start in Memory Card Mode. To switch to Bluetooth Mode, short press the B button. If no music file is in the memory card, the headphones will switch to Bluetooth Mode automatically after being powered on.

- **Q: How can I adjust the volume?**

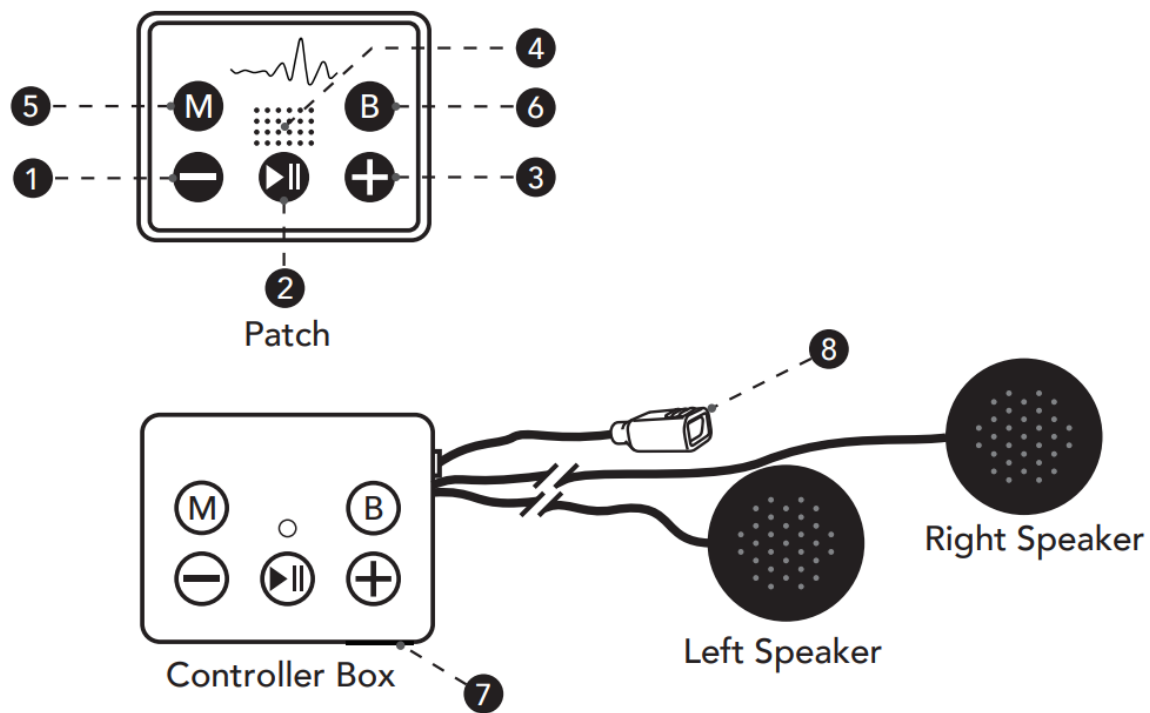
- A: In Bluetooth Mode, short press the M button to switch to Memory Card Mode. Then, short press the + or – buttons to increase or decrease the volume.

FEATURE

Speakers are found inside the headband and can be adjusted over your ears by moving the materials around the speaker.







OVERVIEW



1. Volume Down/Previous Song
2. Play/Pause
3. Volume Up/Next Song
4. LED Status Light
5. Memory Card Mode Button
6. Bluetooth Mode Button
7. TF Memory Card Slot
8. Type-C USB Charging Port/Data Port

Button Functions

- Power on: Hold Down the  button for 3 Seconds
- Power off: Hold Down the  button for 3 Seconds
- Increase Volume: short press + Button
- Decrease volume: short press – Button
- Previous Music: Hold press the – Button
- Next Music: Hold press the + button
- Play Music: Short press  button
- Pause Music: Short press  button
- Switch to Memory Card Mode: Short press M button
- Switch to Bluetooth Mode: Short press B button
- When powered on the headphone will be in Memory Card Mode by default.

How to Charge

1. Open the Zipper on the headband and find the USB Type C charging port/data port #8 in the diagram.
2. Connect the USB Type C cable provided to the charging port and the other side of the cable to a power source (Computer or Power Socket).
3. LED light on the front of the headband will turn red while charging and change to blue when fully charged.

Battery Note

- It will take approximately 2-3 hours to be fully charged.
- Charging via a computer cannot be done at the same time as listening to sounds, but charging via a power socket allows simultaneous listening and charging.
- Battery when fully charged will last approximately up to 9 hours.
- The red light will flash 5 times if the battery is low.

LED Indicator Chart


STATUS	INDICATOR
Bluetooth Pairing Mode	Red and blue light flash alternately
Bluetooth Connected	Blue light flashes slowly
Memory Card Mode	Blue light flashes twice slowly
Charging	Solid red light
Charging Complete	Solid blue light

Upload MP3 Sound file into Memory Card:

This will allow you to play your sound on the headband without being connected to Bluetooth.

1. Make sure your MP3 file is saved on the computer so it can be copied or saved to the Headband Memory Folder.
2. Unzip the headband to find the USB Type C charging port/data port #8 in the diagram.
3. Connect the cable to the USB Type C charging port/data port #8 and the computer.
4. Go to File Folder inside the Computer and go to the bottom of the list to find a new drive named "myWaves". Ensure the headband is switched on.
5. Copy your MP3 or Drag the file to the "waves" folder in the new drive for the Headband that is showing in file folder.

To Play Sound in Memory without Bluetooth:

1. First, upload the MP3 file to Memory using the steps outlined in 'Upload MP3 Sound file into Memory Card'.
2. If there are MP3 files on the memory card, press  to play sound. If there is no music file in the memory card, the device will automatically switch to Bluetooth mode when powered on. Short press the B button to switch to Bluetooth mode if needed.
3. The status light #4 will start flashing red and blue when in Bluetooth pairing mode.

4. Short press the + and – buttons to increase or decrease the volume.

Volume Notes:

When in Bluetooth Mode, short press the M button will switch to Memory Card Mode.


Pair with Bluetooth Device:

1. Hold Down the play button for 3 Seconds until Status light #4 starts flashing red and blue.
2. Turn the Bluetooth function on the device to be paired.
3. Select, on a paired device, the device name “Musical Eye Mask” from the list of found devices.
4. The passcode is 0000 if asked.
5. Blue light will flash slowly if successfully paired with the headband.

Note:

By default, the headphones start in Memory Card Mode when powered on. To switch to Bluetooth Mode and pair with a device, short press the B button. If there's no music file in the memory card, the headphones will switch to Bluetooth Mode automatically after being powered on.


Play Music with Bluetooth Pairing:

1. Hold down the  button quickly to start music or pause.
2. Adjust Volume by pressing + Up or – Down with a short press of a button.

Note:

After pairing with a Bluetooth-enabled device, you may need to open the music player on your device to start playing music.

Stop Bluetooth and Use a Memory Card Sound:







1. Short press the M button to enter the memory card mode.
2. Hold the Down  button to start Memory Card Music.
3. Adjust Volume by Pressing + Up or – Down with on short press of each button.

Troubleshooting

1. Ensure the product is fully charged, switched on, paired, or connected to the memory card.
2. If using Bluetooth, make sure your device is within 10 meters/33 feet range and no obstructions are between the devices.
3. Turn off all past Bluetooth devices that were previously connected to the device.

Washing Guidelines:

Please unzip the headband and remove the electronic parts that are connected before hand washing the product.

	Wash with cold water		DO NOT dry clean
	Hand wash ONLY		DO NOT bleach
	DO NOT tumble dry		DO NOT iron

Specifications

- Bluetooth Version: V5.2
- Frequency: 2.402 GHz – 2.480GHz
- Transmission Range: 20M/66FT
- Rated Power: RMS 10mW x 2
- Speaker Unit: 32Ω x 20mm
- Battery: 3.7V 300mAh Rechargeable Li-Polymer Battery
- Charge Time: 2-3 hours
- Battery Length: Approx 12 Hours

Dangers of Injury:

- Keep the product and the package away from children and animals, as they can swallow small parts.
- Supervise children using the product. It is not a toy.
- Always maintain a gap of at least 10 cm between the headphones and a pacemaker or an implantable cardioverter defibrillator (ICD) as the product generates magnetic fields.


Danger of Fire:

- Caution! Don't expose the headphones to any high temperatures over 70 degrees Celsius (Like hair dryers, heating, prolonged sunlight etc.). The battery inside the headphones may overheat.
- Only charge the headphones in an ambient temperature area from 10 degrees Celsius to 40 degrees Celsius.
- Do not crush or pierce the battery! Do not expose the battery to high pressure, as this may cause an internal short-circuit and overheating.

Customer Support

- Please contact info@mywaves.tech if you have further questions.

Documents / Resources

<div data-bbox="140 107 276 297"><p>Sleep Headphones with Memory</p><p>Download the Sleep Headphones with Memory PDF manual from Manuals+ and save it to your device. You can also view the manual online.</p></div>	<div data-bbox="317 174 1321 241"><p>MyWaves Sleep Headphones with Memory [pdf] Instruction Manual</p><p>Sleep Headphones with Memory, Headphones with Memory, with Memory, Memory</p></div>
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References

- [User Manual](#)

Manuals+. [Privacy Policy](#)

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