



# MSW ST100 Square Taper Bottom Bracket Instructions

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## MSW ST100 Square Taper Bottom Bracket



Thank you for your purchase! At MSW® we believe having essential accessories makes a good bike ride great.

**WARNING:** Cycling can be dangerous. Bicycle products should be installed and serviced by a professional mechanic. Never modify your bicycle or accessories. Read and follow all product instructions and warnings including information on the manufacturer's website. Inspect your bicycle before every ride. Always wear a helmet. For additional product and safety information go to: [www.mswbike.com/safety](http://www.mswbike.com/safety)

## Compatibility and Intended Use

MSW square taper bottom bracket is compatible with 68 mm width bottom bracket shell and English thread. Designed to work with JIS-style square taper cranksets.

## General Safety Information

### WARNING:

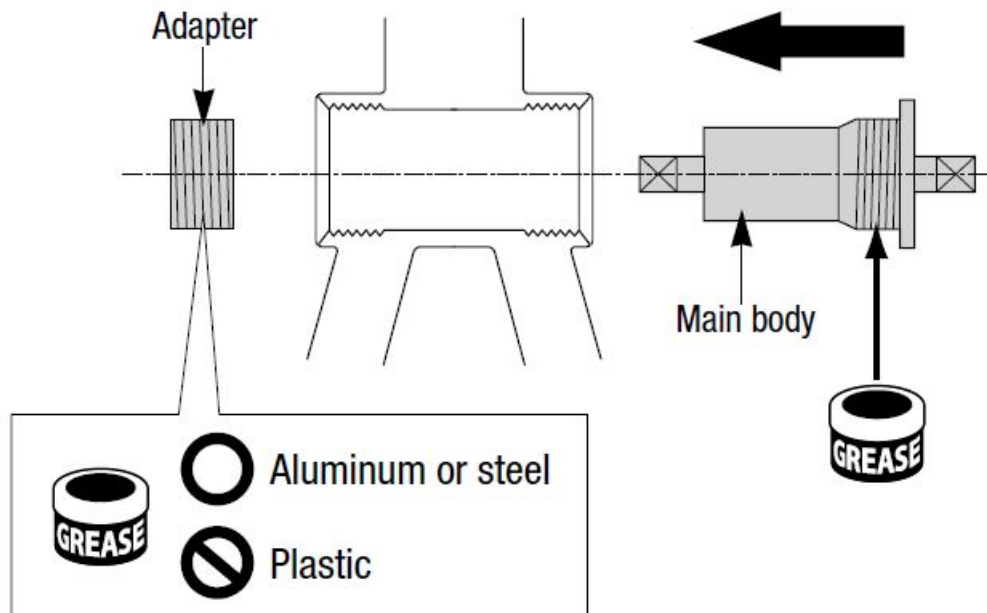
- Be careful not to let the cuffs of your clothes get caught in the chain while riding, otherwise you may fall off the bicycle.
- Check that the tension of the chain is correct and that the chain is not damaged. If the tension is too weak or the chain is damaged, the chain should be replaced. If this is not done, the chain may break and cause serious injury.
- Check that there are no cracks in the crank arms before riding the bicycle. If there are any cracks, the crank arm may break and you may fall off the bicycle.
- Obtain and read the service instructions carefully prior to installing the parts. Loose, worn or damaged parts may cause the bicycle to fall over and serious injury may occur as a result.

### NOTE

- Be sure to use only the applicable chain and bottom bracket.
- Before riding the bicycle, check that there is no play or looseness in the connection. Tighten the crank arms and pedals at periodic intervals.
- If you feel any looseness in the bottom bracket axle, the bottom bracket should be replaced.
- In addition, if pedaling performance does not feel normal, check this once more.
- Do not wash the bottom bracket with high-pressure jets of water.
- Apply grease to the bottom bracket before installing it.
- If the chain keeps coming off the chainrings during use, replace the chainrings and the chain.
- You should periodically wash the chainrings in a neutral detergent and then lubricate them again. In addition, cleaning the chain with neutral detergent and lubricating it can be an effective way of extending the useful life of the chainrings and the chain.
- Parts are not guaranteed against natural wear or deterioration resulting from normal use.
- For any questions regarding methods of installation, adjustment, maintenance or operation, please contact a professional bicycle dealer.

## Installation

Install using the bottom bracket tool. First install the main body, then the adapter.



Adapter/bottom bracket tightening torque:  
50–70 Nm (435–608 in-lb).

## Ongoing Maintenance

Periodically check to ensure the bottom bracket is tight on both left and right cups with compatible bottom bracket tool. Remove any dirt and debris from bottom bracket.

## Warranty Process

If you and your shop think your MSW product is worthy of a warranty inspection, please return the product to the original place of purchase, accompanied by a sales receipt. For complete warranty information, visit [www.mswbike.com/safety/warranty](http://www.mswbike.com/safety/warranty).  
6400 West 105th Street // Bloomington, MN 55438 // 1-855-883-6563 // [www.mswbike.com](http://www.mswbike.com)

## Documents / Resources

	<p><a href="#">MSW ST100 Square Taper Bottom Bracket</a> [pdf] Instructions ST100, Square Taper Bottom Bracket</p>
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