MindLax M3 Sleeping Mat User Manual

MindLax M3 Sleeping Mat User Manual

MindLax® Sleeping Mat
Manual

After-sale email address: support@mindlax.com
Made in China
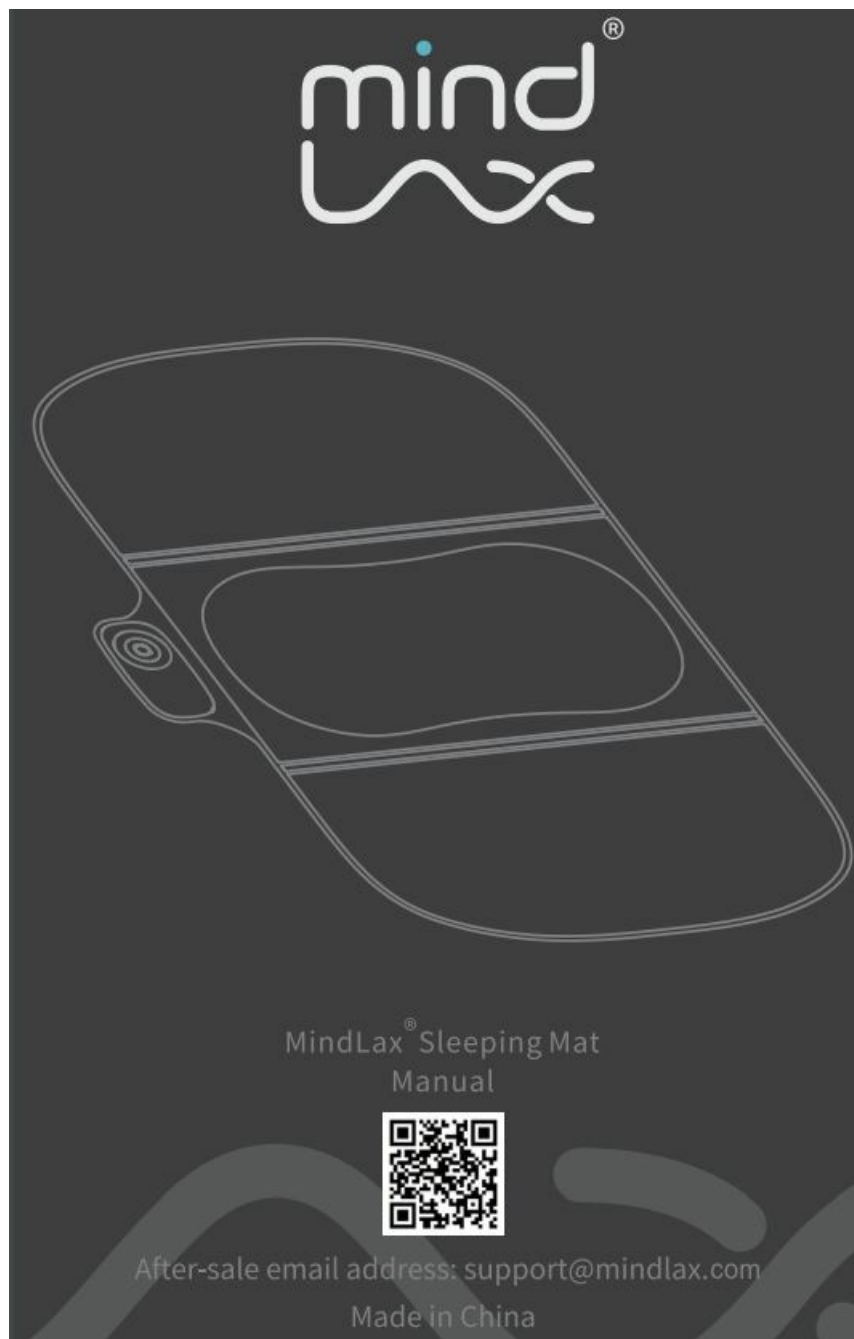
Contents

Electrical and performance specifications

Model: MindLax M3
Device type: Bluetooth device

Connection method: Bluetooth V4.2 or above,
Transmit power: <10dBm
Connection distance: <10m in open environment

Preface

Dear customer,
Thank you for choosing MindLax products. In order to provide you with a better user experience, please carefully read this
manual before use. We wish you a pleasant experience !

Packing list

Sleep Mat x 1

Tepy-C charging x 1

Charger x 1

instructions x 1

Product display

Main functional area
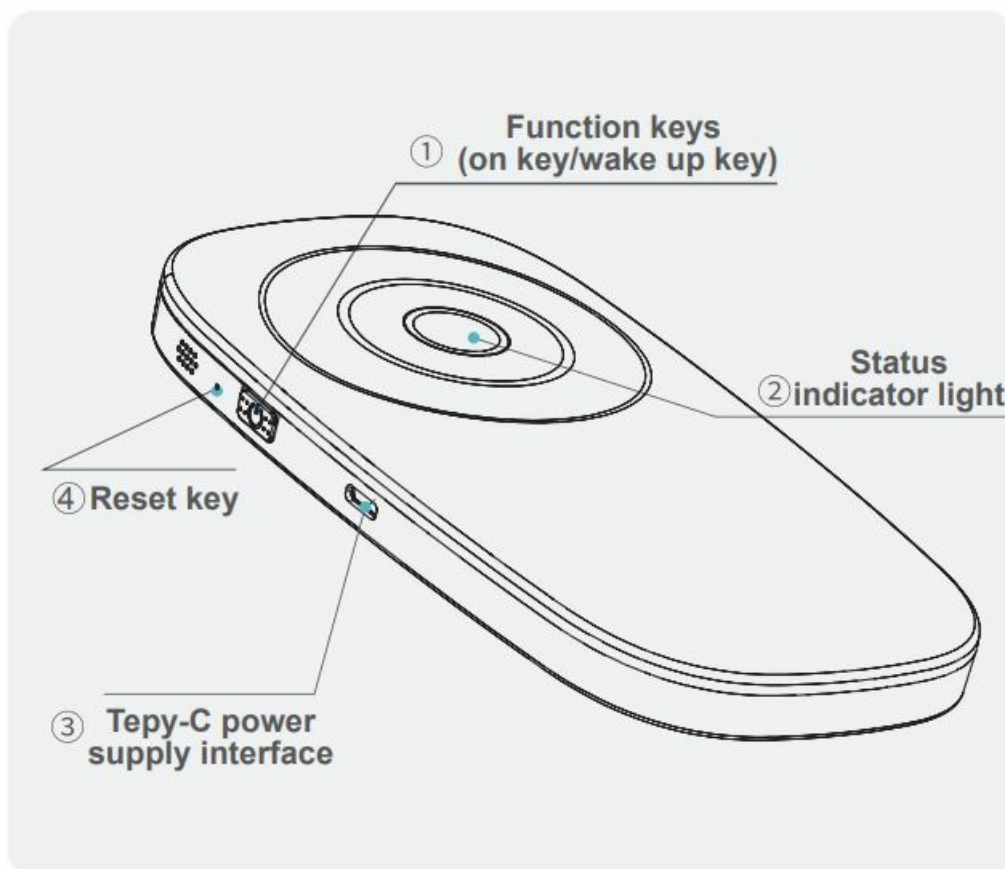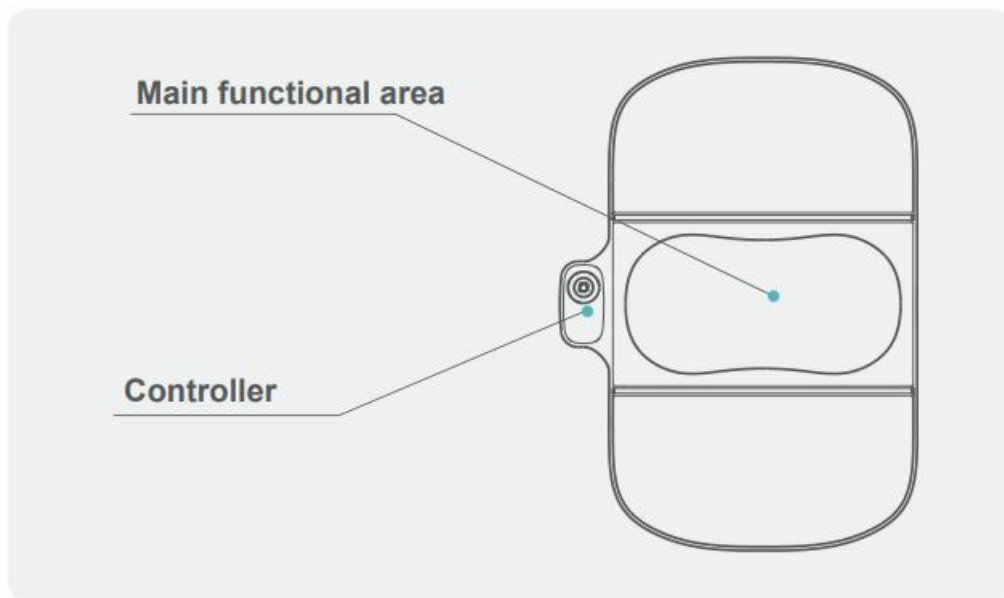
Controller

Function keys
① (on key/wake up key)

Status
② indicator light

④ Reset key

③ Tepy-C power
supply interface
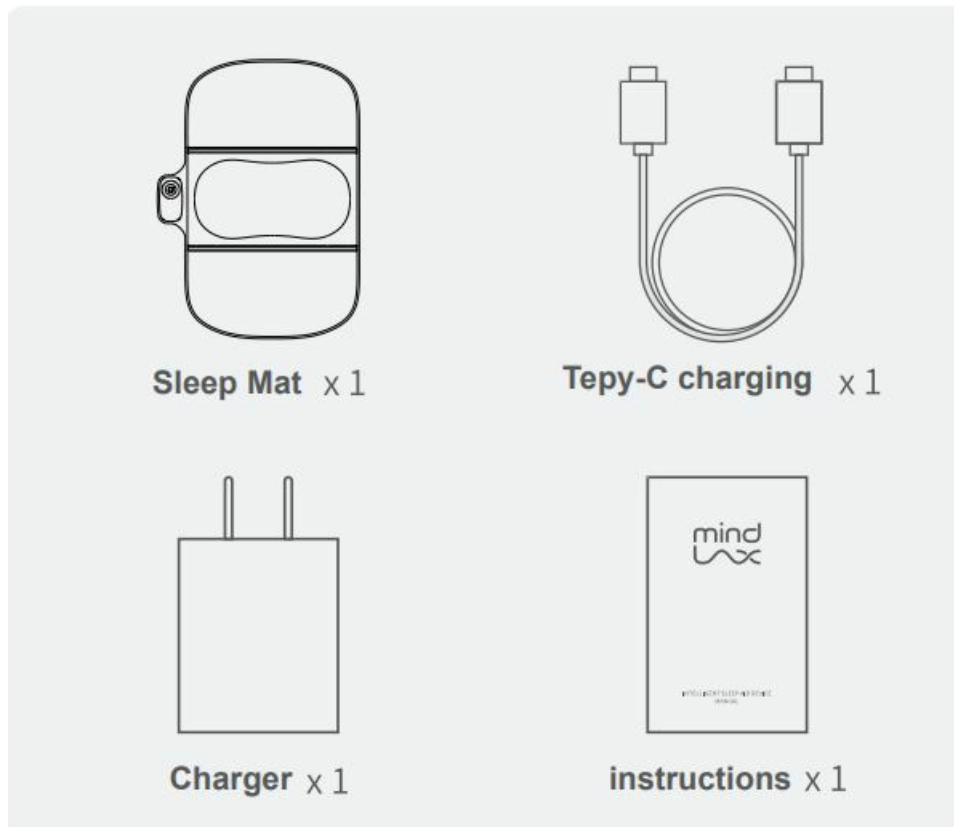
1. Function keys (power key)

   Power on: Press and hold for 3 seconds Power off: Press and hold for 3 seconds Play/Pause: Single click Stop playing: Double click Quick Start: Double click (see "Quick Start" for detailed steps)

   Reset Button Reset: Press and hold for 5 seconds in the reset hole

2. Status Indicator Light Power on: Green light continuously flashes, waiting for Bluetooth connection Bluetooth connection successful: Green light flashes 3 times then turns off Breathing light: when in standby, the green light slowly changes from dark to bright every 4 seconds, and then from bright to dark Power off: green light flashes quickly 3 times and then goes out Low battery: the power value is detected when the device is turned on, and the red light stays on for 5 seconds when the power is less than 20% Reset: After long pressing for 5 seconds, the green light flashes 2 times Charging: green light flashes Fully charged: green light stays on

3. Type-C power interface

To ensure safety, limit the use of devices during charging. If the machine is new or has not been used for a long time, it is recommended to fully charge it before use.

About the APP

The App will periodically upgrade its software to update features and improve compatibility with more device models and system versions.

Install MindLax App
To install the app on an iPhone please scan the QR code on the right or search for "MindLax" on the AppStore to download and install the app before using it for the first time.

https://apps.apple.com/app/mindlax/id1639909143

To install the app on an Android phone please scan the QRcode on the right or download and install the MindLax App before using it for the first time.

https://play.google.com/store/apps/details?
id=com.mindbend&hl=en&gl=US

Connect to the device
Before connecting, make sure to turn on the device.

- Find and open the phone settings.

- Click on Bluetooth.

  Settings

  ⓑ Bluetooth   on ›

- If Bluetooth is not turned on, please turn it on first.

  Bluetooth

  ⓑ Bluetooth   ⬭

Start using Find the MindLax app, click to open, and follow the app guide to start using

Quick Start

Usage Scenario
When you want to use MindLax M3 more efficiently, you can directly double-click the button on the device (without opening the app) to enjoy the relaxing and sleep-aiding function immediately.

Unlock Method
After completing the account registration and adding/activating the device in the app, you can unlock the device's "Quick Start" function.

Operating Instructions
– Double-click the function key "Start/Stop" to activate the Quick Start function (when the device is turned on) – Single-click the function key "Play/Pause" to activate the Quick Start function (when the device is turned on)

Product specifications
Working environment: 0°C ~ 40°C, relative humidity: 30% ~ 60%
Storage environment: -20°C ~ 50°C, relative humidity: 30% ~ 60%
Input: DC 5V = 2A
Battery operating voltage: 7.4V
Battery capacity: 3000mAh
CMIIT ID:
FCC ID:
Weight: about 1.6kg
Warning: Disassembly, impact, squeezing of the ball, and high-temperature environment are prohibited. The grid voltage and power
supply voltage must match.

Product specifications

Please do not use or consult your doctor before using if you have the following conditions

FCC COMPLIANCE STATEMENT: This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1)This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: Reorient or relocate the receiving antenna. Increase the separation between the equipment and receiver. Connect the equipment io an outlet on a circuit different from that to which the receiver is connected. Consult the dealer or an experienced radio/TV technician for help. Warning: Changes or modifications to this unit not expressly approved by the part responsible for compliance could void the user's authority to operate the equipment. FCC Radiation Exposure Statement The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Name and content of harmful substances in the product

Part name	Harmful substances					
	Pb	Hg	Cd	Cr6+	PBB	PBDE
Sleeping Mat	o	o	o	o	o	o
Charger	o	o	o	o	o	o
Charging line	o	o	o	o	o	o

- "o" indicates that the content of the harmful substance in all homogeneous materials of the component is below the limit specified in the standard.
- "x" indicates that the content of the harmful substance in a homogeneous material of the component exceeds the limit specified in the standard.
- The reason why this product is marked with "*" is that there are no alternative technologies or components available at this stage.

Product warranty card

1. Basic Information

   If the product malfunctions, please contact MindLax customer support directly. The after-sales contact email is: **support@mindlax.com**.

2. Limited Warranty Coverage This limited warranty does not cover all costs and damages caused by the following reasons:

• Non-hardware technical issues;

• Consumables' natural wear and tear, abrasion, aging;

• Malfunctionor damage caused by incorrect installation, operation, or use in a non-specified working environment (e.g. high or low temperature, excessive humidity or dryness, high altitude, unstable voltage or current, etc.);

• Damage caused by accidents, misuse, improper storage (such as rodent damage, liquid infiltration, etc.);

• Damage caused by the use of self-compiled or non-publicly released software that prevents the product from function – ing properly;

• Malfunction or damage caused by unauthorized disassembly, repair, modification, or abuse.

3. Product and After-Sales Service Commitment Schedule

Product type	Warranty period	Service method
Sleeping Mat	12 months	Customer send to repair
Charger	12 months	Customer send to repair
Charging line	12 months	Customer send to repair
User Informations		
Product type		
Product model		

04 Contact Information

After-sales email: **support@mindlax.com**

Documents / Resources

MindLax M3 Sleeping Mat [pdf] User Manual
M3 Sleeping Mat, M3, Sleeping Mat, Mat

References

- **User Manual**