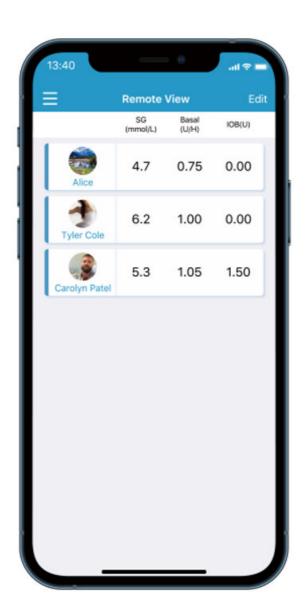


# **Medtrum EasyFollow App User Guide**

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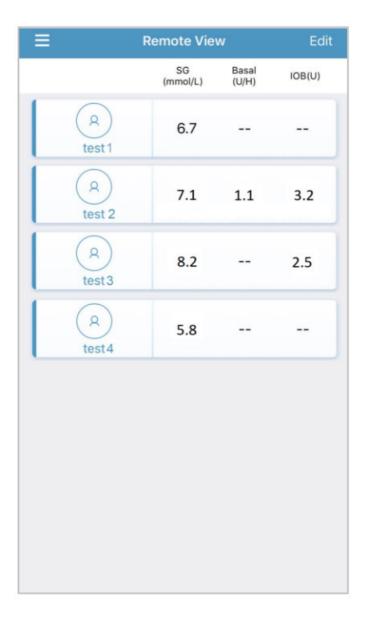
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## Overview

**EasyFollow App** 



With the Medtrum EasyFollow Mobile App, carers can remotely monitor their loved ones' real time pump or CGM data, even when they are far away.

The patient will receive a message asking if she/he allows the applicant to remotely monitor their device data. If the patient selected "Allow", then the caregiver can view the real-time information of the TouchCare® System /EasySense CGM System/EasyPatch Insulin Pump System on the EasyFollow app.

## **Register and Login**

#### 1. Install the app

- IOS Download EasyFollow App from Apple App Store.
- Android Download EasyFollow App from Google Play.

## 2. Register

- Tap Register
- · Enter your email address
- Tap Get code, then check the verification code from the email that you received.
- Enter the verification code, your full name and a password.
- Before tap on the Register, please read and agree to the Privacy Policy and the Terms of Use.







#### 3. Login

Tap the flag on the top right corner and select the country or region you chose upon registration, and then log in with your account and password.

## **Mobile Settings**

#### **Recommended Smart Device Settings**

See your smart device instructions to learn how to change its settings.

If you installed the App on an IOS device:

- Make sure the app is allowed to use WLAN and mobile data.
- Make sure Silent and Do Not Disturb are off.
- Make sure the notifications for the Medtrum EasyFollow Mobile App are turned on.
- Make sure the Medtrum EasyFollow Mobile App is always open and running in the background.
- Restart the Medtrum EasyFollow Mobile App after your smart device is restarted.

## If you installed the App on an Android device:

- Make sure your smart device is always connected to the Internet.
- Make sure the app is allowed to use WLAN and mobile data.
- · Make sure Silent and Do Not Disturb are off.
- Make sure your smart device's volume is loud enough for you to hear alerts and reminders.
- Make sure you permit the Medtrum EasyFollow Mobile App to send notifications when you are using other apps.
- Make sure you allow the Medtrum EasyFollow Mobile App to access photos, media and files on your device so that you can select a photo as your profile photo in the app.
- Make sure the Medtrum EasyFollow Mobile App is open and running in the background.
- Restart the Medtrum EasyFollow Mobile App after your smart device is restarted.

#### **EasyFollow Settings**

1. Set audio options

Main Menu → Settings → General Settings → Audio Options

We recommend that you turn Audio and Vibrate on. If you turn them both off, your might miss an alert.



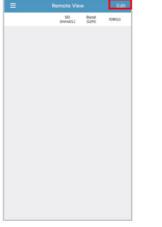
## 2. Set Unit settings

Main Menu → Settings → General Settings → Unit Settings

The Glucose unit is fixed, depending on your App version.



## 3. Add a New Patient







- 1. Tap Edit.
- 2. Tap Follow a new patient.
- 3. Enter the patient's email, and tap Apply to remove view.

#### **Start Remote View**

Remotely Monitor an EasyTouch App Account
 If the person you follow is using an EasyTouch application, you can view his/her real time system information by tapping his/her account from the Remote View screen.



2. Remotely Monitor an EasySense App Account

If the person you follow is using an EasySense application, you can view his/her real time CGM information by tapping his/her account from the Remote View screen.



Remotely Monitor an EasyPatch App Account
 Tap an EasyPatch account from the Remote View screen.



Only an Insulin Pump. An Insulin Pump with a glucose sensor

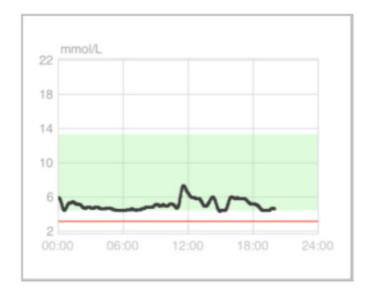
4. Settings for each patient



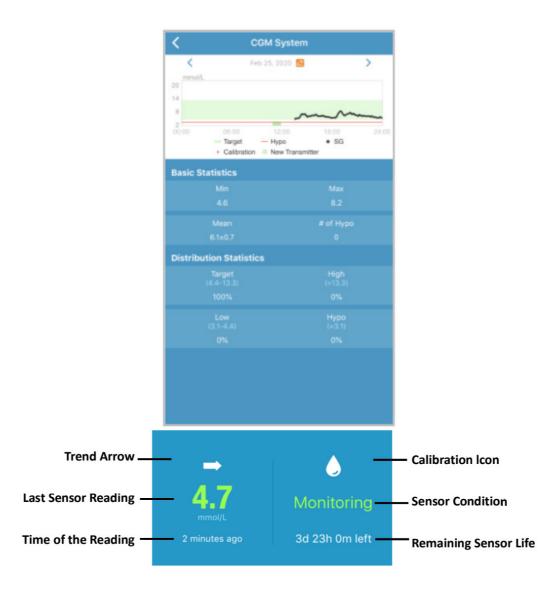
**Note:** When you change settings on your EasyFollow app, no settings on the EasyTouch / EasySense / EasyPatch app will be affected.

## **Read CGM**

The sensor glucose graph shows glucose curve of a day. The 3.1mmol/L of sensor glucose is displayed as a red line.



If you want to see more sensor data, tap on the sensor reading to enter the following screen.



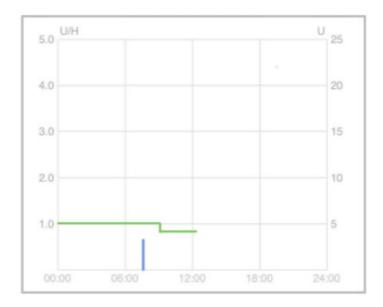
#### **Sensor Condition**

• Not Calibrated : the sensor has not been calibrated after warm up.

- Monitoring: the sensor and transmitter are both working properly, and the transmitter is sending the sensor glucose data to the app.
- Calibration Needed: the last calibration has expired and a new calibration is needed now.
- · Calibration Error: the last calibration failed.
- Lost Sensor: the sensor signal is lost from the app.
- Sensor Expired : the sensor has reached the end of its operating life.
- No Readings : the sensor is not working properly.
- Sensor Failure: the current sensor has failed.
- Transmitter Error: the transmitter is not working properly.
- Connecting Sensor: the transmitter is not properly connected with an active sensor.

## **Read Pump**

The insulin delivery graph shows today's basal and bolus delivery record. The basal rate is displayed as a green line. Each bolus dose is displayed as a blue peak.



If you want to see more pump records, tap on the graph to enter the following screen.



#### The real-time pump status is displayed in the middle:

- Delivering Basal when the patch pump is delivering basal insulin.
- Delivering Normal Bolus when the patch pump is delivering a normal bolus.
- Delivering Extended Bolus when the patch pump is delivering an extended bolus.
- Suspend when all the insulin delivery is suspended.
- · Lost Pump when the PDM has lost pump signal.
- Occlusion Detected when the patch pump is occluded.
- Empty Reservoir when there is no insulin left in the patch pump.
- Patch Expired when the reservoir patch has expired.
- Patch Error when the reservoir patch is not working properly.
- Patch Battery Depleted when the reservoir patch battery is depleted.
- Pump Base Error when the pump base is not working properly.
- Exceeds Max Daily Dose: The daily maximum amount of insulin is exceeded.
- Exceeds Max Hourly Dose: The hourly maximum amount of insulin is exceeded.
- Auto Off: The user has not pressed any PDM button in a set number of hours, and therefore insulin delivery is

suspended.

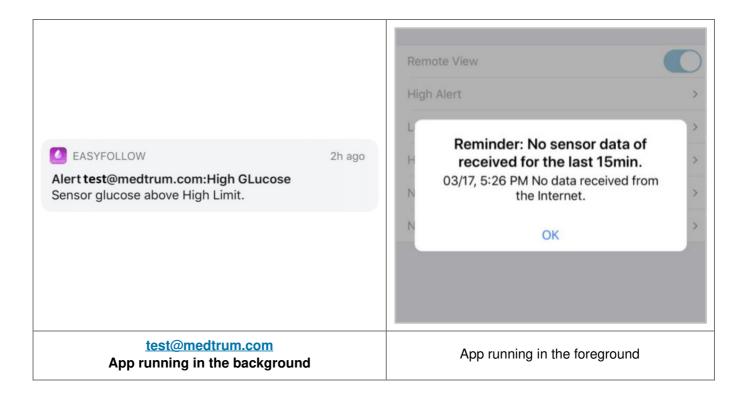
#### **Alerts**

#### Alerts:

Alerts are trigged by conditions that may require your attention. Do not ignore any Alerts.

#### Clear an alert:

- · Read the alert message on the App.
- Tap OK on the App to acknowledge the alert.
- · Follow the instructions of the alerts.



## **Alerts Examples**

App Messages	Actions to Take
High Glucose	Check blood glucose and treat as necessary. Continue to monitor blood glucose.
Low Glucose	Check blood glucose and treat as necessary. Continue to monitor blood glucose.
Below 3.1 mmol/L (Below 56 mg/dL)	Check blood glucose and treat as necessary. Continue to monitor blood glucose.
No Sensor Data	Check sensor status.
No Pump Data	Check Pump status.



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This product complies with Directive 93/42/EEC (MDD) and Directive 2014/53/EU (RED).

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## **Documents / Resources**



Medtrum EasyFollow App [pdf] User Guide EasyFollow App, EasyFollow, App

Manuals+,