

MATRIX T3xm Treadmill



MATRIX T3xm Treadmill Instructions

[Home](#) » [MATRIX](#) » MATRIX T3xm Treadmill Instructions 

Contents

- [1 MATRIX T3xm Treadmill](#)
- [2 Product Information](#)
- [3 Product Usage Instructions](#)
- [4 FAQs](#)
- [5 CONSOLE](#)
- [6 FEATURES](#)
- [7 TECH SPECS](#)
- [8 Documents / Resources](#)
 - [8.1 References](#)



MATRIX T3xm Treadmill



Product Information

• Specifications

- **Console Pro:** Idiom-compatible display
- **Display Type:** No Dot-matrix LED with profile display
- **USB Port:** Yes
- **CSAFE Ready:** No
- **FitLinxx Certified:** No
- **Bluetooth Enabled:** No
- **Web Connectivity:** No
- **Multimedia Playback:** No
- **IPTV Compatible:** No
- **Virtual Active Compatible:** No
- **RFID Compatible:** No
- **Secondary Data Display:** No
- **Reading Rack:** No
- **Vista Clear Television Technology:** No
- **FitTouch Technology:** No
- **Personal Trainer Portal Compatible:** No
- **Personal Fan:** No
- **User-defined Multi-language Display:** Yes (Accessible only through the manager menu)
- **Asset Management Compatible:** No
- **Workout Tracking Network Compatible:** No
- **FitConnexion Ready:** No
- **On-the-fly Program Change:** Yes
- **Drive System:** Matrix 4.2 hp AC Dynamic Response Drive System with .1mA current leakage
- **Cushion System:** Yes

- **Deck Type:** Yes
- **Contact & Telemetric HR:** Yes

Product Usage Instructions

- **Starting the Treadmill**
 - To start the treadmill, press the ONE-BUTTON START located on the console. The treadmill will begin operating at a default speed unless otherwise adjusted.
- **Pause Function**
 - To pause the treadmill during your workout, press the PAUSE FUNCTION button. The treadmill belt will stop moving, allowing you to take a break.
- **User-defined Display Settings**
 - To customize the display language, access the manager menu and select from the available languages such as English, German, French, Italian, Spanish, and more.
- **Workout Programs**
 - The treadmill offers various workout programs including Manual, Rolling Hills, Fat Burn, 5k, 10k, Target HR, and more. Select your desired program through the console interface.
- **Contact & Telemetric Heart Rate Monitoring**
 - The treadmill supports both contact and telemetric heart rate monitoring. Use the built-in sensors or connect a compatible heart rate monitor for accurate tracking.
- **Cushion System and Deck Type**
 - The cushion system and deck type provide a comfortable surface for running or walking. Adjust the incline and speed settings to personalize your workout experience.
- **Maintenance and Care**
 - Regularly clean the treadmill surface and ensure all components are functioning properly. Refer to the user manual for maintenance tips and safety guidelines.

FAQs

- **Q: What is the maximum user weight supported by the treadmill?**
 - **A:** The treadmill can accommodate users up to a maximum weight of 400 lbs.
- **Q: Are there pre-set workout programs available on the treadmill?**
 - **A:** Yes, the treadmill comes with pre-set programs like Manual, Rolling Hills, Fat Burn, and more for varied workout options.
- **Q: How do I change the display language on the treadmill?**
 - **A:** You can change the display language by accessing the manager menu and selecting your preferred language from the available options.

CONSOLE

CONSOLE	
PRO: IDIOM COMPATIBLE	No

DISPLAY TYPE	Dot-matrix LED with profile display
USB PORT	Yes
CSAFE READY-FITLINXX CERTIFIED	No
BLUETOOTH ENABLED	No
WEB CONNECTIVITY	No
MULTIMEDIA PLAYBACK	No
IPTV COMPATIBLE	No
VIRTUAL ACTIVE COMPATIBLE	No
RFID COMPATIBLE	No
SECONDARY DATA DISPLAY	No
READING RACK	No
INTEGRATED VISTA CLEAR TELEVISION TECHNOLOGY	No
FITTOUCH TECHNOLOGY	No
PERSONAL TRAINER PORTAL COMPATIBLE	No
PERSONAL FAN	No
WORKOUTS	Manual, Rolling Hills, Fat Burn, 5k, 10k, Target HR, Gerkin Protocol, Army PFT, Navy PRT, Marine PFT, Air Force PRT, Physical Efficiency Battery (PEB), WFI Protocol
USER-DEFINED MULTI-LANGUAGE DISPLAY	Accessible only through the manager menu: English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Turkish, Polish, Russian, Danish
ASSET MANAGEMENT COMPATIBLE	Yes
WORKOUT TRACKING NETWORK COMPATIBLE	No

FITCONNECTION READY	No
ON-THE-FLY PROGRAM CHANGE	Yes

ONE-BUTTON START	Yes
PAUSE FUNCTION	Yes
IPOD / IPHONE COMPATIBLE	Charging only
WIFI ENABLED	Optional
FACILITY COMMUNICATION PORTAL/CALENDAR	No
DISPLAY FEEDBACK	Time of Day, Time Elapsed, Time Remaining, Distance (Kilometers or Miles), Calories, Calories per Hour, Speed, Incline, Pace, Average Pace, Heart Rate, METs, Watts, Workout Profile, Forward/Reverse
DRIVE SYSTEM	
DRIVE SYSTEM	Matrix 4.2 hp AC Dynamic Response Drive System with .1m A current leakage

FEATURES


FEATURES	
CUSHION SYSTEM	Ultimate Deck cushioning system
DECK TYPE	Ultimate hard-wax reversible 1" deck
RUNNING AREA	152 x 51 cm / 60" x 20"
STEP-ON HEIGHT	19 cm / 7.5"
CONTACT & TELEMETRIC HR	Yes
INCLINE RANGE	0-15% (590-kg / 1,300-lb. thrust elevation motor)
SPEED RANGE	0.16 – 19.3 km/h / 0.1 – 12 mph forward / 0.16 – 6.4 km/h 0.1 – 4 mph reverse
BELT TYPE	Habasit, 2-ply commercial grade
TREAD SENSE	Yes. Engages above 0.8 kph / 0.5 mph
CROSSBAR CONTROLS	No

TECH SPECS

TECH SPECS	
SHIPPING WEIGHT	186 kg / 409 lbs.
ASSEMBLED DIMENSIONS	215 x 85 x 142 cm / 84.6" x 33.5" x 56"
ELECTRICAL RECEPTACLE & PLUG	NEMA 220v 6-20R
ASSEMBLED WEIGHT	172 kg / 378 lbs.
MAX USER WEIGHT	182 kg / 400 lbs.
POWER REQUIREMENTS	The 20-amp dedicated circuit required, non-looped grounded



Documents / Resources

	<p>MATRIX T3xm Treadmill [pdf] Instructions 65621, T3xm Treadmill, T3xm, Treadmill</p>
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References

- [User Manual](#)

[Manuals+](#), [Privacy Policy](#)

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