



Quick Start Guide

pmd | clean acne™

SMART FACIAL CLEANSING DEVICE

with Acne-Fighting Blue Light Therapy

CAUTION: Please read this manual carefully before using

GETTING STARTED:

Cleansing:

Mode 1: Gentle Vibration

Mode 2: Intense Vibration

Acne Spot Treatment:

3 Minute Blue Light Therapy Spot Treatment

HOW-TO USE

Cleansing:

Instructions: Rinse face with warm water and apply cleanser to the soft silicone bristles. Wet device and power on mode 1 or 2. Move the PMD Clean Acne™ in circular motion, cleansing the entire face. It is safe to spend more time in areas that may be of more personal concern. Cleanse once or twice per day.

Acne Spot Treatment:

Instructions: Wear the protective goggles provided and press the power button on the back side of the device. Hold the blue light side to the affected area. The PMD Clean Acne™ will vibrate to indicate the treatment has started. Each spot treatment is three minutes and the device will vibrate three times to indicate the treatment has ended. Spot treat around face and body as needed. The device is safe to use daily.

Charging:

Charge device for 2-3 hours before first use.

INCLUDES:

PMD Clean Acne™

Goggles

Charging Cord

Storage Case



FAQ's

Is it safe for sensitive skin?

Yes, the PMD Clean Acne's soft silicone bristles are antibacterial and hypoallergenic - perfect for sensitive skin. The Blue Light Therapy Spot Treatment is also gentle, yet effective and safe for all skin types.

How long do I use the Blue Light Therapy Spot Treatment for?

The Blue Light Therapy Spot Treatment is safe for daily use. Hold the blue light over acne for a full 3 minutes. Repeat on affected areas on face and body. The Blue Light Therapy Spot treatment is safe for once daily use. Each spot treatment takes three minutes per area and the device will vibrate to indicate when the treatment has ended. Repeat on affected areas of face and body.

SYMBOLS MEANING:



Batch Code



Refer to Instruction Manual/Booklet



Manufacturer



Serial Number



Type BF Applied Part



Manufacture Date



General Warning Sign

IPX5

IP Classification



"WEEE (Waste Electrical and Electronic Equipment)".
The waste products should be handled legally.



Keep Dry

Caution and Warnings:

Use only as directed. Wear goggles and do not look directly into the LED. Not following instructions may lead to rash, redness, itching, or even injury. If this occurs, discontinue use and consult a medical professional. Light therapy should not be performed on anyone with light sensitivities or who are taking photosensitizing medications. Product is intended for external use only. Avoid sensitive areas, including any area with broken, irritated, or itching skin. Keep product out of reach of children. PMD is not responsible for malfunction or injury if the product is not used as intended. Not intended for clinical or commercial use. The effects of the PMD Clean Acne™ are not always immediately visible and results may vary. If you have any questions regarding application, please reach out to our experts at 888-445-4532.

Contraindications:

Not suitable for people under 18 years old. Not suitable for people with light sensitivity or who are taking photosensitizing medications. Not suitable for pregnant women, or for people who have a pacemaker, implant device, or metal prosthesis. Not suitable for people with current state or history of cancer, especially cancer or premalignant moles. Do not use if your skin in the treatment area is in an active condition such as sores, psoriasis, eczema or rash. Do not use in places with birthmarks, pain, warts, and large areas of freckles.

#BRILLIANTCONFIDENCE

To learn more visit: <https://pmdbeauty.com/product/pmd-clean-acne>

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