<p align="center">**Hydration Reminder Talking Coaster with Voice Clock**</p>

<p align="center">**Model: HTC**</p>

A smart, stylish coaster designed to support your daily hydration and wellness with gentle voice alerts, lights, and personalized goals.

1.Getting Started

Wake Up the Coaster

- Press and hold the button for **3 seconds**
- Release when the white light flashes

💡 **Tip:** If the light doesn't flash, try pressing again with a firmer touch. The button might need a moment to respond.

Download the Coaster App

- Scan the QR code for iPhone or Android
- Install and open the app

💡 **Tip:** Keep Bluetooth enabled before opening the app for smoother pairing.

Connect to the App

1. Tap **CONNECT** in the app
2. Press the coaster button once
3. Follow on-screen pairing steps
   💡 If pairing fails, tap **OK** to retry

💡 **Tip:** Make sure your phone is within a few feet of the coaster during pairing.

Auto Time Sync

- Date and time update automatically when connected

💡 **Tip:** Reconnect periodically to ensure time stays accurate.

2.Coaster Button Functions

- **Press once** → Hear current time and date
- **Press twice** → Hear total cups/bottles consumed
- **Press and hold (2+ seconds)** → Save a drink record (blue lights flash)
  - 🗒 Open app to view or edit hydration history

💡 **Tip:** Saving records manually is great for when the app isn't nearby—just press and hold to keep track!

3.Hydration Features

Set Your Water Intake Goal in the App:

- Tap **Settings** → **Set Water Intake Goal**
- Input:
  - Cup or bottle size
  - Volume (ml/oz)
  - Weight, height, activity level, and gender
- Your daily goal will be calculated automatically
  - 🏆 Gold cup icon appears when you meet your goal

💡 **Tip:** Update your settings if your lifestyle changes—like during hot weather or increased exercise.

Set Drink Reminders:

- Go to **Settings** → **Drink Water Reminder**
- For each day:
  - Set Start Time, End Time, and Interval
  - Tap **Save**
    - ☑ Use "Apply to All Days" to copy settings

💡 **Tip:** Set reminders to avoid hours when you're likely asleep or busy to reduce interruptions.

4.Light & Sound Customization

In the Drink Reminder Preferences page:

- **Light Color** → Choose colors
- **Light Spin** → Toggle On/Off
- **Brightness** → Adjust intensity
- **Sound** → Mute reminders if preferred

💡 **Tip:** Use dim lighting for nighttime or quiet environments, and mute sound during meetings or shared spaces.

5.Alarm & Timer Features

Set Alarms (Up to 6):

- Tap the **Alarm Clock** icon in the app
- Choose time, repetition (daily/weekdays), and voice message
  🔔 Select from 23 voice messages or choose "None" for beep only
  🎶 Optionally add one of two melodies

💡 **Tip:** Use voice alarms for more personalized wellness prompts, like "Time to stretch" or "Take a walk."

Set Hourly Chime:

- Tap **Set Chime** in the alarm section
- Choose Start Hour and End Hour
  🕐 Coaster announces time hourly during this window

Nap Timer:

- Tap **Nap Timer** → Set duration → Tap **Start**
  ‖ Pause or cancel anytime via the app

💡 **Tip:** Set a nap timer with a gentle alarm tone if you're resting in shared spaces or need a non-jarring wake-up.

6.Troubleshooting

- **Connection Issues?**
  Tap **OK** in the app and follow pairing steps again
- **Voice Not Working?**
  Check **Alarm Settings** and ensure **Sound** is enabled

💡 **Tip:** A quick app restart or coaster reboot can resolve most glitches.

🎉 Enjoy Your Coaster!

Your coaster is more than a hydration tracker—it's a cheerful wellness companion with friendly reminders, vivid light cues, and thoughtful features to support your daily routine. Stay refreshed, stay well! 💧✨

FCC Warning Statement

Changes or modifications not expressly approved by the party

responsible for compliance could void the user's authority to

operate the equipment. This equipment has been tested and

found to comply with the limits for a Class B digital device,

pursuant to Part 15 of the FCC Rules. These limits are designed

to provide reasonable protection against harmful interference in

a residential installation. This equipment generates uses and can

radiate radio frequency energy and, if not installed and used in

accordance with the instructions, may cause harmful

interference to radio communications. However, there is no

guarantee that interference will not occur in a particular

installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-- Reorient or relocate the receiving antenna.

-- Increase the separation between the equipment and receiver.

-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and

(2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement