



# **GYM MONSTER 2**

**Interactive Multimedia Electronic Fitness Equipment**

**Product Manual**

# Contents

## Safety Warnings

|                                |    |
|--------------------------------|----|
| Prohibitions / Musts / Notices | 01 |
|--------------------------------|----|

## 1 Product Overview

|                          |    |
|--------------------------|----|
| Product Overview Diagram | 04 |
| First use                | 05 |

## 2 Parameters and Maintenance

|                                   |    |
|-----------------------------------|----|
| Parameters                        | 11 |
| Cleaning and maintenance          | 11 |
| Common Faults and Troubleshooting | 12 |

## 3 Warranty and Service

|                |    |
|----------------|----|
| Warranty scope | 14 |
|----------------|----|

# Safety Warning

## ⊘ indicates "prohibitions"



Away from  
flammables



Away from  
damp area



Away from  
open flames



No children  
operation



No inferior  
socket

- When removing the plug, do not pull the power cord, and instead, hold the plug firmly and pull it out directly from the socket. For the sake of use safety, please prevent the power cord from being damaged, and if the power cord is damaged or the plug is worn, stop using the product.
- Neither disassemble or modify electronic elements such as circuit boards without permission nor damage them. Please get the product maintained by professional maintenance personnel. If the product is malfunctioning, please contact Speediance After-sales for repair and maintenance.
- The casters are only for moving on flat surfaces. Dragging on stairs or uneven ground is prohibited.

## ! indicates “musts”



GROUND REQUIRED



PROFESSIONAL MAINTENANCE  
PERSONNEL REQUIRED

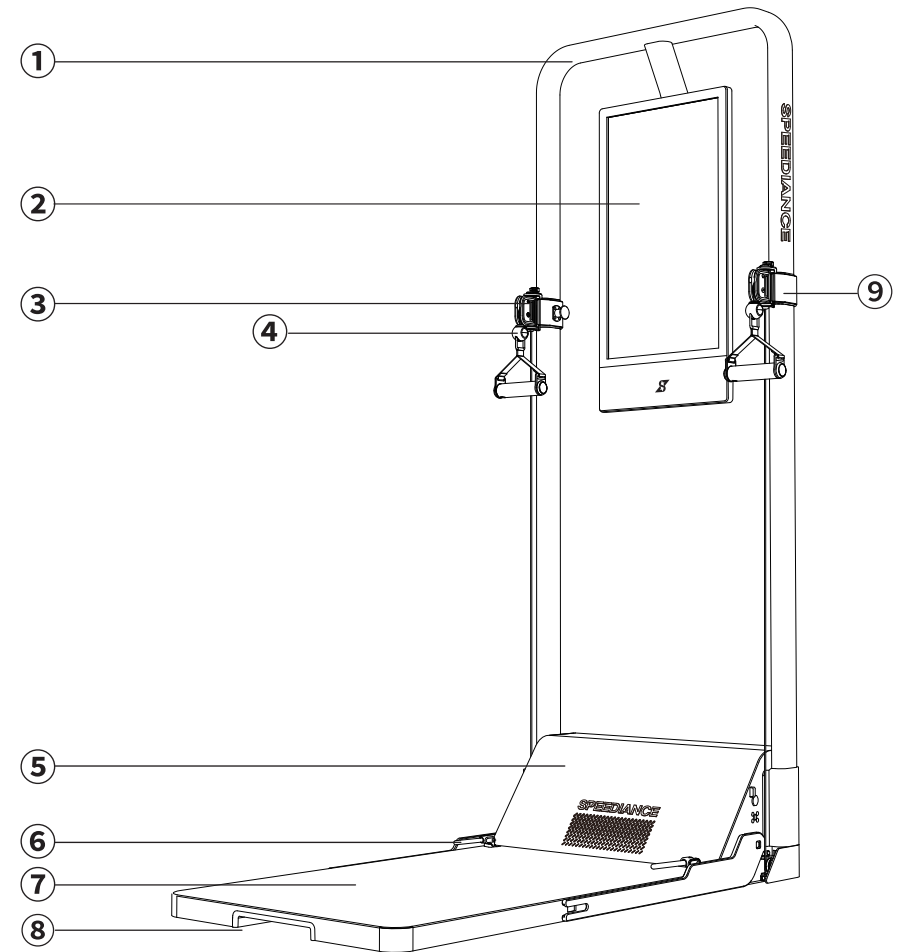
- Please use the original power cord and do not share it with other appliances. Ensure the plug is firmly connected to the socket to prevent fire hazards. The socket must have a reliable grounding wire.
- This product uses an AC power supply of 110V~230V, 50Hz/60Hz. If the voltage fluctuation exceeds the usage range of 260V, it may cause product malfunction or even damage.

- When flammable gas (such as gas) leaks, close the leaking valve, open the doors and windows, and do not pull out the plugs of the product and other electrical appliances, as electric spark may occur and cause fire at this time.
- Do not use flammables, explosives, liquid and corrosives near the product to avoid product damage or fire accident. Do not place or use combustibles near the product to prevent conflagration.
- When the discarding the product, please send it to the designated recycling station for disposal to keep away from children and accidents.
- Place the product in an open area without any obstacles around.
- Do not clean the product by water spraying or rinsing, and do not place the product in a damp place or a place in which it can be splashed with water, so as to guarantee its electrical insulation function of the product.

## ⚠ indicates "notices" that may cause minor injuries or property losses

- For the sake of safety, it is recommended not to place other items than those recommended by the supplier on the product.
- After use, make sure that the product is off or standby, and do not stretch your hand out into the small gap to avoid finger pinching. Release the accessories as gently as possible to avoid injury.
- To avoid unexpected accidents, prevent the children from accessing the product, pulling wires, handles and other mechanical structures, or operating the power button without the attendance of adult.
- When folding the footboard, ensure the footboard folded in the correct position and locked, so as to prevent personal injury or other property loss when it drops down caused by improper locking.
- In case of power failure or cleaning, remove the power plug, and if the power supply is to be connected again, wait for at least 30 seconds to prevent motor damaging or other electronic component damaging resulted in continuous starting-ups.

## Product Overview Diagram



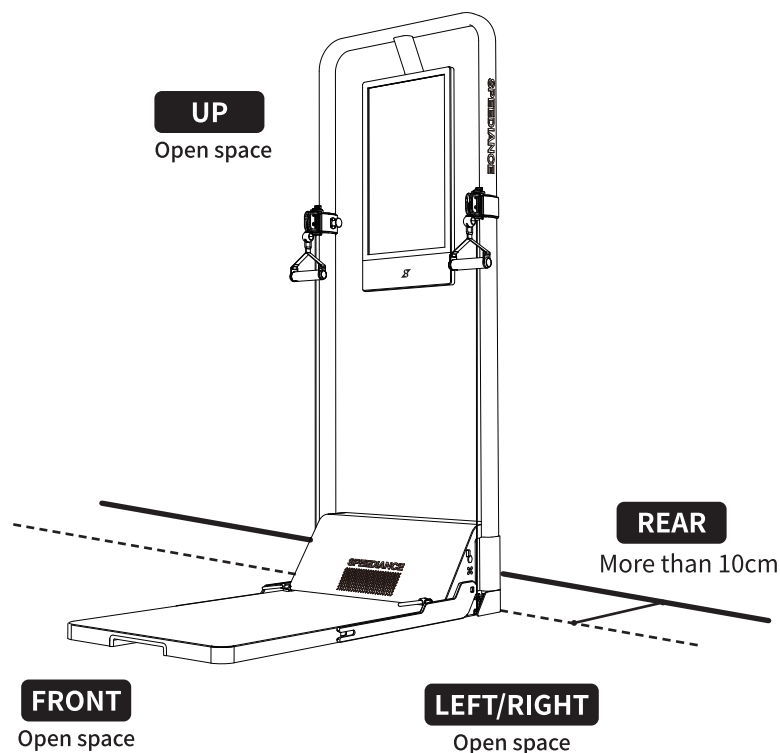
- |                      |                              |
|----------------------|------------------------------|
| ① Main Frame         | ⑤ Motor Compartment Hatch    |
| ② Touchscreen        | ⑥ Latches of Footboard       |
| ③ Detachable Pulleys | ⑦ Footboard                  |
| ④ Ball connector     | ⑧ Finger Groove of Footboard |
| ⑨ Adjustable Height  |                              |

# 1 Product Overview

## First use

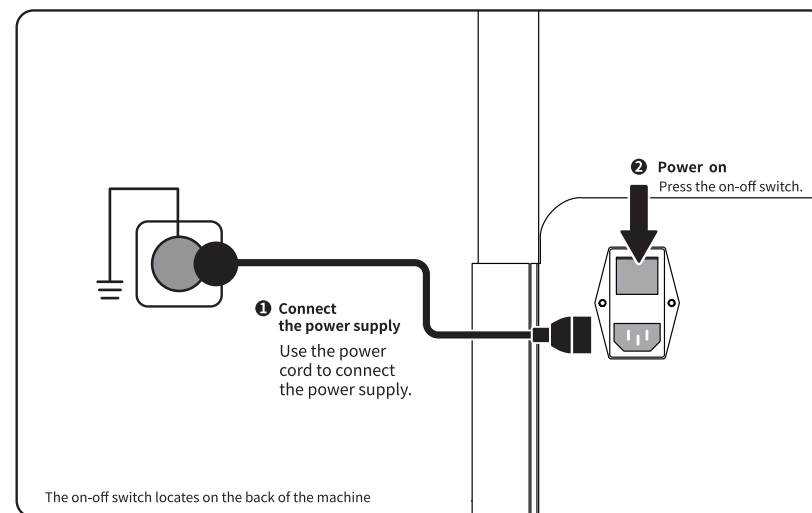
- Before first use, remove all packaging materials including outer carton, PE foam and gummed paper bag, etc., and tear off the protective film on the product, if any.
- Place the product in an indoor well-ventilated place with flat and solid ground.
- Keep the product away from heat sources and prevent it from being exposed to direct sunlight. Do not place it in wet or watery places, so as to prevent rust or degradation of insulation effect.

## Considerations for placement



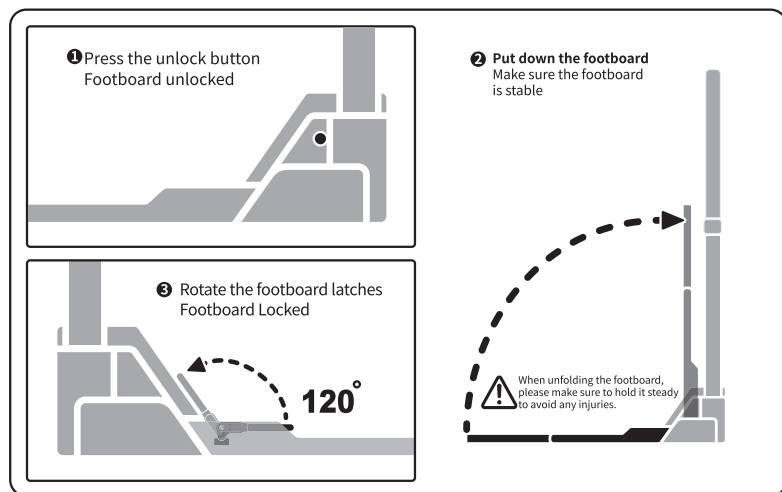
- Be sure to place the product on the ground, with an open space reserved above its top, a distance more than 10 cm reserved between its back and the wall, and no other obstructions on both sides of the product.
- Except for rear side, reserve an open space in front, on left and right and above the top of the product to facilitate the normal use and avoid injury.
- Place the product in a dry environment, and do not use it outdoors.

## Connect to the power supply



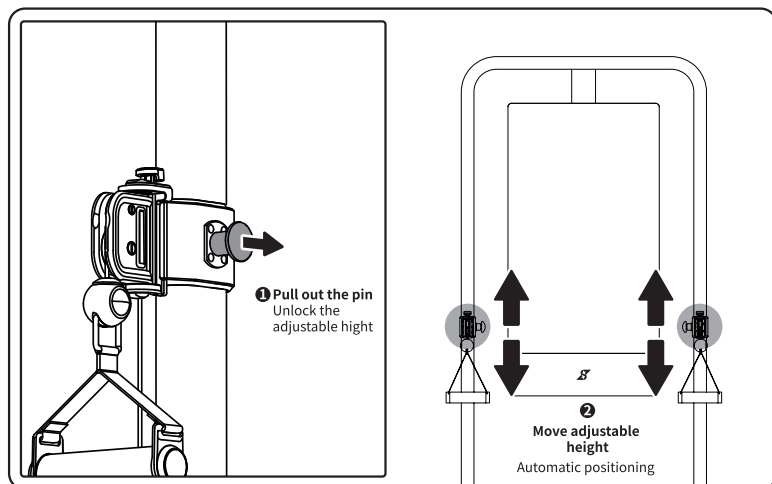
- Use a grounded outlet and ensure proper grounding.
- After the product is turned on with power supply connected for the first time, rest it for 5-10 min to check the product for appearance defects or unusual operating noise, and if any abnormality is found, turn off the power supply, and contact the after-sales service personnel.
- After power-on, verify that the environment around the product meets the use standard, and the footboard is flat without tilting.
- After the above inspections and confirmations can the product be used.

## Folding/unfolding footboard

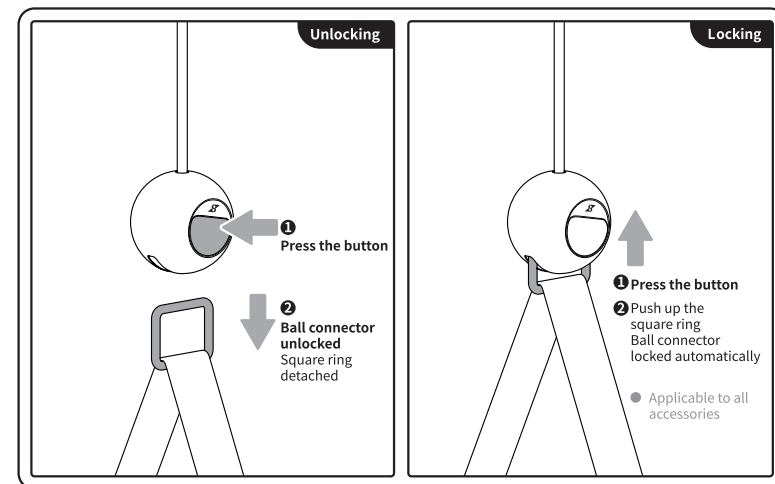


- The operation logics for unfolding and folding of footboard are the same.
- Before unfolding the footboard, always check that there are no other objects in the unfolding area, so as to avoid potential safety hazards due to an uneven footboard
- After folding the footboard, please ensure that the unlock button is locked to prevent the footboard from accidentally falling, which could cause accidents and property damage.

## Moving adjustable height

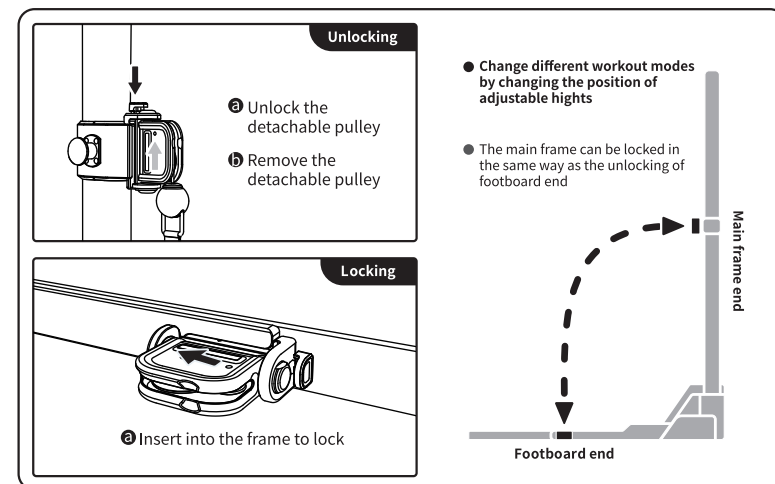


## Replacing accessories

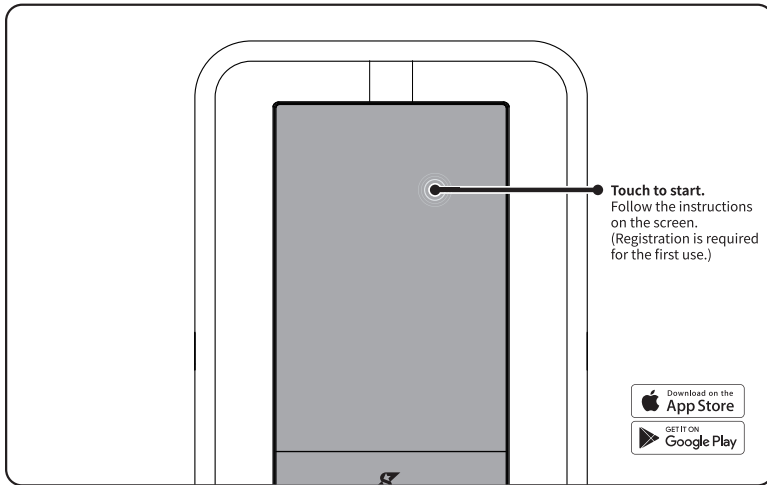


- The connector is compatible with all accessories (including handles, ankle straps, tricep rope, adjustable barbell, etc.)
- If the ball connector becomes loose, stop using the product immediately and contact the after-sales service personnel of SPEEDIANCE for treatment.

## Unlock the adjustable height



## User registration



- Check that all the required information is shown completely on the display, and the touch function of the screen is normal.
- After function confirmation can the strength training be carried out according to your needs.

---

## 2 Parameters and Maintenance

## Parameters

### Notice:

The parameters in this table are for reference only. In case of any information conflict between this table and the machine, please refer to the nameplate.

### Parameters of main unit

|                              |   |
|------------------------------|---|
| Name                         | GYM MONSTER 2   |
| Overall dimensions(unfolded) | 1.22*0.69*1.85m(L*W*H)  |
| Overall dimensions(folded)   | 0.37*0.69*1.85m(L*W*H)  |
| Weight                       | 88kg  |
| Maximum Power                | 1800W   |
| Input Voltage                | 110V~230V 50Hz/60Hz   |
| Resolution                   | 1920*1080   |
| Bluetooth                    | bluetooth5.0  |
| WLAN Frequency               | 2.4GHz/5GHz   |
| Speakers                     | Stereo 2.1<br>Two full-range speakers:2*5W (RMS)<br>One subwoofer:20W (RMS) |

## Cleaning and maintenance

### ⚠ Notice

Before cleaning the product, please remove the power plug.

### Cleaning

- Please clean up the dust on the back of the product and on the ground as scheduled to improve the heat dissipation effect and save energy.
- When cleaning the product, please use a soft towel or sponge dipped in clear water or non-corrosive neutral detergent, and finally wipe it with clean water and dry it with a dry cloth. After cleaning, do not turn on the power supply until the product is naturally dried.
- During cleaning, prevent water droplets flowing into the gaps of product, otherwise, short circuit or electrical element burning may occur.
- When cleaning accessories, please use a soft towel or sponge dipped in clear water or non-corrosive neutral detergent, and finally wipe it with clean water and dry it with a dry cloth. After cleaning, do not use the accessory until it is naturally dried.
- When the product is to be out of use for a long time: remove the power plug to avoid electric shock or fire due to aging of the power cord.

## Common Faults and Troubleshooting

### Treatment of problems other than faults

### ⚠ Notice

If no fault is identified after inspection but the product still malfunctions, please cut off the power supply and contact the after-sales service personnel of SPEEDIANCE.

### Troubleshooting of Common Faults

| Symptoms   | Possible cause(s)  | Solution(s)  |
|--|--|--|
| Main unit not working                                      | <ul style="list-style-type: none"> <li>● Power not connected, plug not securely inserted</li> <li>● Voltage too low, power outage, or partial circuit breaker tripped</li> </ul> | <ul style="list-style-type: none"> <li>● Securely insert the power plug</li> <li>● Have a professional technician resolve the circuit issue</li> </ul>                                   |
| Resistance cable unstable or has abnormal sound during use | <ul style="list-style-type: none"> <li>● Motor cable tanglement</li> </ul>   | <ul style="list-style-type: none"> <li>● Go to free lift, set the weight at 5-7kg then pull out the cable until it cannot be pulled, then slowly return to the starting point</li> </ul> |
| Replace equipment parts that are not securely connected    | <ul style="list-style-type: none"> <li>● Incorrect operation method</li> </ul>   | <ul style="list-style-type: none"> <li>● First ensure the connector is fully pressed down, then accurately insert the connecting buckle into the connector</li> </ul>                    |
| Fans working after the product is turned off               | <ul style="list-style-type: none"> <li>● High temperature takes long cooling time</li> <li>● The machine has a high temperature after use</li> </ul>                             | <ul style="list-style-type: none"> <li>● This is normal, wait a few minutes for recovery</li> </ul>  |
| Wobble   | <ul style="list-style-type: none"> <li>● Uneven ground</li> <li>● Unlocked or half-locked footboard</li> </ul>   | <ul style="list-style-type: none"> <li>● Place the machine in a flat area</li> <li>● Press down the latches to the lowest position</li> </ul>  |
| Unable to fold/unfold the footboard                        | <ul style="list-style-type: none"> <li>● Obstacles around the pivot</li> <li>● Locked footboard</li> </ul>   | <ul style="list-style-type: none"> <li>● Remove the obstacles</li> <li>● Unlock the footboard according to the instruction</li> </ul>  |
| Bluetooth device disconnected                              | <ul style="list-style-type: none"> <li>● Running out of battery</li> </ul>   | <ul style="list-style-type: none"> <li>● Charge the bluetooth device</li> </ul>  |
| High temperature in the motor compartment                  | <ul style="list-style-type: none"> <li>● High temperature caused by long time use</li> </ul>   | <ul style="list-style-type: none"> <li>● This is normal</li> <li>● Place it in a ventilated area</li> </ul>  |
| Pulleys are stuck  | <ul style="list-style-type: none"> <li>● Pulleys are locked</li> <li>● Machine is still in working state, pulleys cannot be removed</li> </ul>                                   | <ul style="list-style-type: none"> <li>● Unlock the pulleys according to the instruction</li> <li>● Pause workout using accessory button or screen</li> </ul>                            |

For regular software issues, please check and seek solution in "Profile".



---

## 3 Warranty and Service

### Warranty scope

---

- Speediance guarantees that if you use, operate, and maintain your Speediance product in accordance with the instructions provided, it will be free from material and workmanship defects during the warranty period. If there are any quality issues caused by material or workmanship defects during the warranty period, Speediance promises to provide free repairs. If the product is beyond the warranty period or is determined by Speediance to have been damaged due to user error, you may opt for paid repairs. All warranty and repair services will adhere to Speediance's after-sales warranty policy, which complies with quality standards and craftsmanship procedures. Speediance's limited warranty policy applies exclusively to Speediance products purchased from Speediance's official channels or authorized dealers. The after-sales warranty services provided by Speediance are limited and not unlimited liability. It is important for you to carefully read this warranty policy to understand the terms, conditions, situations, cost sharing, risks, and other details regarding Speediance repair services.

### Warranty period

---

- The effective warranty period starts from the date the user receives the product and ends at 24:00 on the day before the product exceeds the warranty period. If the user cannot provide the specific receipt date, the warranty period will be determined based on the effective invoice issuance date or order purchase date provided by the user. If the user cannot provide a valid purchase invoice or other valid purchase proof along with order information, the warranty period starts 30 days after the product's factory delivery date. Components replaced during the warranty period are owned by Speediance, while components replaced outside the warranty period are owned by the user.
- The standard warranty period for the whole unit is 24 months, and for accessories, it is 12 months.
- Parts replaced during the warranty period belong to Speediance; parts replaced after the warranty period belong to the user.

### Free warranty service must meet the following conditions:

---

1. Purchased Speediance products from Speediance official channels or authorized distributors.
2. Products that experience non-human-induced performance failures within the specified warranty period.
3. Products purchased for personal or household use (for commercial purposes, a separate purchase agreement and warranty conditions need to be arranged with Speediance).
4. No unauthorized disassembly, modification, or installation not guided by official instructions, and no other non-human-induced faults.
5. Provide valid proof of purchase (e.g., order number, invoice or receipt) and product SN (serial number).

# The warranty service scope does not cover the following:

---

- The Speediance warranty policy does not apply to any non-Speediance branded hardware products or any software (even if packaged or given away with Speediance hardware). Speediance is not responsible for any damage resulting from failure to follow the usage instructions for Speediance products or for any data loss or damage caused by the product. The warranty does not cover the following situations:
  - 1.Damage caused by non-manufacturing factors, including but not limited to operational errors.
  - 2.Damage caused by unauthorized modifications or disassembly not in accordance with official instructions.
  - 3.Damage resulting from improper installation, use, or removal, or from not following official instructions or manuals.
  - 4.Damage caused by unauthorized service providers.
  - 5.Damage resulting from unauthorized circuit modifications, mismatched or misused batteries, and chargers.
  - 6.Damage caused by training not conducted according to the user manual's recommendations.
  - 7.Damage resulting from exposing the product to extreme environments, such as high temperatures or corrosive environments.
  - 8.Damage from operating the product in environments with electromagnetic interference or other wireless device interference.
  - 9.Damage caused by operating the product beyond the initial strength specified in the manual.
  - 10.Damage caused by forced training due to aging or damaged parts.
  - 11.Damage resulting from reliability or compatibility issues with unauthorized third-party parts.
  - 12.Damage caused by operating the device with insufficient or defective batteries.
  - 13.Data loss or damage resulting from not operating the product in accordance with official instructions or manuals.
  - 14.Any software programs, whether provided with the product or subsequently installed.
  - 15.Direct or indirect damage caused by installing or removing the product, such as damage to other personal items, walls, or floors.
  - 16.Wear and tear, metal rust, and performance degradation from normal use of the product.
  - 17.Damage caused by force majeure events, such as fire, flood, earthquake, or power accidents.
  - 18.Damage resulting from using the product for commercial purposes, such as in gyms, hotels, multi-residential facilities, or personal training studios.
  - 19.Any third-party product failures or damages, including those integrated into Speediance products at your request.
  - 20.Damage caused by non-Speediance technical or other support, such as help with "how-to" questions or inaccurate product setup and installation.
  - 21.Products or parts with altered or removed identification labels.
  - 22.Cosmetic damage not caused by manufacturing or shipping factors, including but not limited to scratches, dents, and plastic discoloration.
  - 23.Damage resulting from intentional damage to the product or unauthorized modifications, including tampering with product operation data.

## How to get warranty service?

---

- If the product fails to operate according to the warranty terms within the warranty period, you must contact Speediance at **after-sales@speediance.com** within 30 days of discovering the fault to seek after-sales service. To obtain warranty service, you must provide valid proof of purchase (such as order number, invoice, or receipt) and the product's SN number. Services not covered by Speediance's limited warranty policy may incur charges.



**after-sales@speediance.com**



Address:Room 1901、1902、1903、1905、1906、1907, 19th Floor,  
Gemdale Viseen Tower A, No.16, Gaoxin 10th South Road,  
High-tech Zone, Yuehai Street, Nanshan District, Shenzhen,  
Guangdong Province, China. Zip code:518000

**FCC Warning:**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**Caution:** Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 20cm between the radiator and your body.

## ISED Statement

- English: This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

(1) This device may not cause interference.

(2) This device must accept any interference, including interference that may cause undesired operation of the device.

- French: Cet appareil contient des émetteurs/récepteurs exempts de licence qui sont conformes aux CNR exempts de licence d'Innovation, Sciences et Développement économique Canada. Le fonctionnement est soumis aux deux conditions suivantes :

(1) Cet appareil ne doit pas causer d'interférences.

(2) Cet appareil doit accepter toute interférence, y compris les interférences susceptibles de provoquer un fonctionnement indésirable de l'appareil.

This equipment complies with Canada radiation exposure limits set forth for an uncontrolled environment.

This equipment should be installed and operated with minimum distance 20cm between the radiator & your body.

Cet équipement est conforme Canada limites d'exposition aux radiations dans un environnement non contrôlé.

Cet équipement doit être installé et utilisé avec une distance minimale de 20 cm entre le radiateur et votre corps.

The device for operation in the band 5150–5250 MHz is only for indoor use to reduce the potential for harmful interference to co-channel mobile satellite systems.

L'appareil destiné à fonctionner dans la bande 5150-5250 MHz est uniquement destiné à une utilisation en intérieur afin de réduire le potentiel d'interférences nuisibles aux systèmes mobiles par satellite cocanaux.

