



Multisport GPS Watch

KBMSGPSWTCA & KOMSGPSWTCA

Quick Start Guide

Table of Contents

Safety & Warnings.....	1
Overview.....	1
Watch.....	1
Charger.....	2
Interface.....	2
Operation.....	3
Setup.....	3
Menu Options.....	4
Sharing Data.....	5

Safety & Warnings

- Read all instructions before using the appliance and retain for reference.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- This appliance is designed for consumer use: follow directions and use only as described.
- This appliance contains no user-serviceable parts. If it suffers any failure or damage, cease usage and contact Kogan Support.

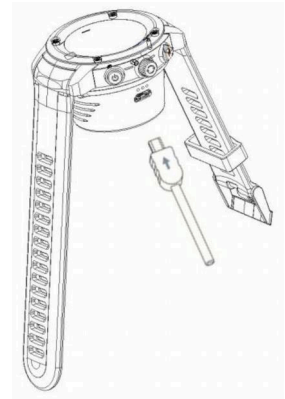
Overview

Watch



- Power button: Power On/Off, Wake/turn off screen, return to main menu
- Turn knob: Flip+Confirm
- Shortcuts: Turn on sports mode, wake screen.

Charger



- The watch can be charged through the included charger or directly via USB (5V 1A).

Interface

- Swipe in from right to access main menu.



- Slide down to access quick settings (brightness, find phone, Bluetooth, GPS, mute, aeroplane mode), weather and calendar.



- Slide up to access daily exercise statistics, single exercise statistics, sleep monitor, heart rate, elevation and air pressure page and GPS page.

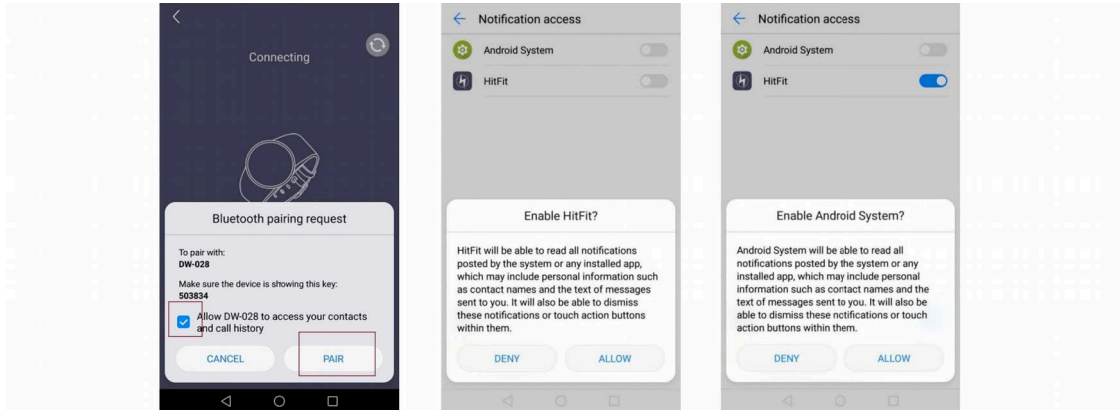


Operation

Setup

System requirements: Android 4.4 +; iOS 8.0 + (iPhone 5 and above)






































1. Install the HitFit app from the Play Store (Android) or App Store (iOS).
2. Locate the watch within the app and connect.
3. Locate the watch within the phone's Bluetooth settings and connect.
4. When prompted, allow notifications & grant permissions.



- Click  to sync data.
- Long press the dial and slide to select your preferred clock interface:



Menu Options

	Profile: Set gender, height, weight, date of birth
	Messages: When connected by Bluetooth, check and quick reply (Android only) to messages
	Calls: When connected by Bluetooth, sync call logs (Android only) and call
	Heart rate: Measure heart rate
	Notifications: For Android, set notification permissions in app
	Settings
	Profile: Set gender, height, weight, date of birth
	Bluetooth: Enable/disable
	GPS: Enable/disable
	Sensor calibration: Calibrate ALT and GPS
	Time and date:
	Units: Set imperial/metric units for distance, height and weight
	Temperature unit: set Celsius or Fahrenheit
	Activate on wrist flick: Enable/disable
	Sound: Set ringtone and volume
	Display: Set brightness and backlight off time
	Info: Display device name and software version
	Language: Sync to device language or set custom language
	Battery: Show battery level
	Factory reset: Restore to factory default
	Siri: Use Siri functionality through Kogan Multisport GPS Watch
	Alarm: Set alarm type (meals, meetings, medication, sleep, exercise, get up), time, schedule and tone
	Target: Set targets for steps, distance, calories and exercise
	Sleep: Set time for sleep tracking
	Music: Control volume and playback
	ALT and barometer: Display altitude and barometer
	Camera: Control phone camera
	Calculator
	Sound recorder: Click  to start recording. Slide from right to left to check.
	Stopwatch: Start/stop stopwatch. Slide from right to left to check.
	Volume: Turn volume up or down.
	Brightness: Turn brightness up or down.
	Calendar: Slide screen to view different months
	Activate on wrist flick: Enable/disable
	Weather: Display local weather once synced
	Movement type: Set walking, running, biking, hiking, indoor run, outdoor run, view whole day's activity

Sharing Data

Once movement data has been synced with the app, you can share the data to Strava or other services including saving to device, etc. by clicking the share button in the top right corner. The data shared to Strava must have a trajectory.

1. iOS

Tap on “share” in the top right corner to bring up the sharing prompt with Strava (Fig.1).

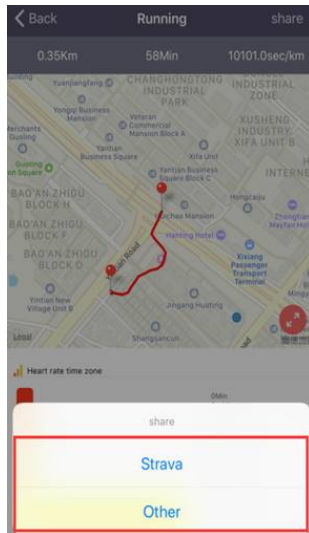


Fig.1

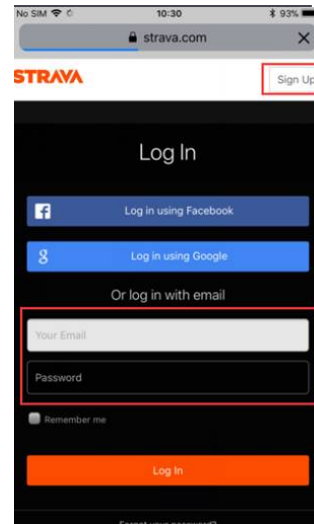


Fig.2

If you are not already logged in, you will need to log in to Strava or create an account (Fig.2) before returning to the movement data view and tapping Share again. Due to limitations with the Strava app, you may receive a prompt that synchronization has failed although it has succeeded. See Fig.3-5 below.

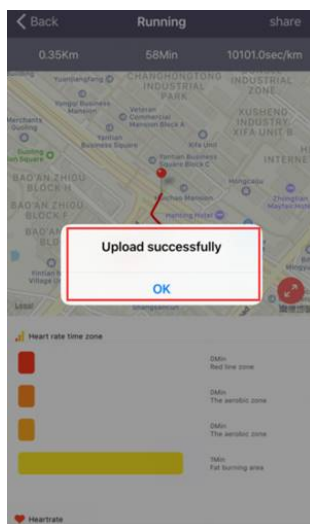


Fig.3



Fig.4

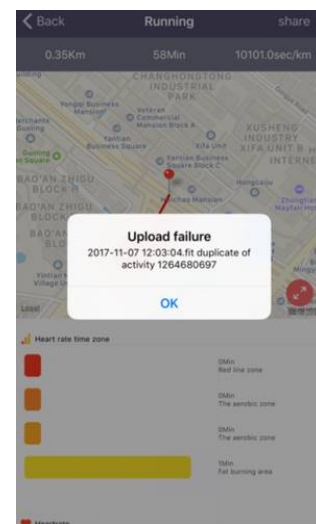


Fig.5

After uploading, you can view the corresponding sports data on Strava (See Fig. 6-9 below). Due to data processing, there will be differences between the data on Strava and the Multisport GPS Watch.

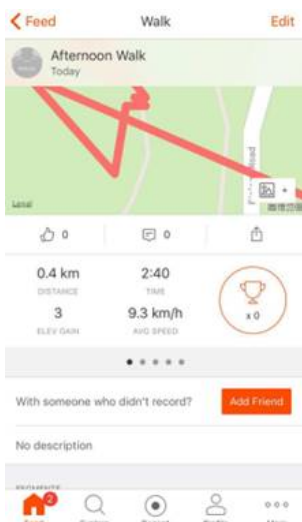


Fig.6



Fig.7



Fig.8



Fig.9

2. Android

Tap on "share" in the top right corner to bring up the sharing prompt with Strava (Fig.10).

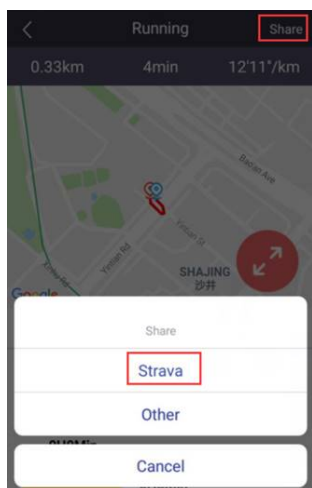


Fig.10

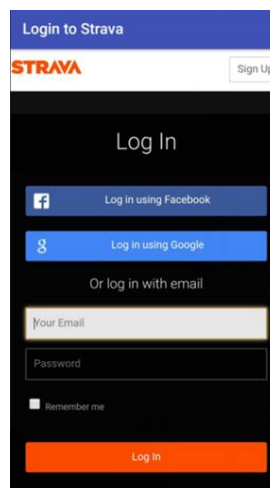


Fig.11

If you are not already logged in, you will need to log in to Strava or create an account (Fig.11) before returning to the movement data view and tapping Share again. Due to limitations with the Strava app, you may receive a prompt that synchronization has failed although it has succeeded. See Fig.12-13 below.

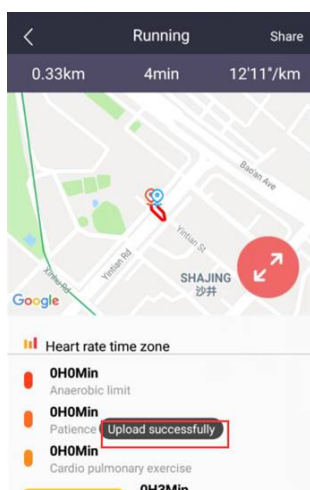


Fig.12

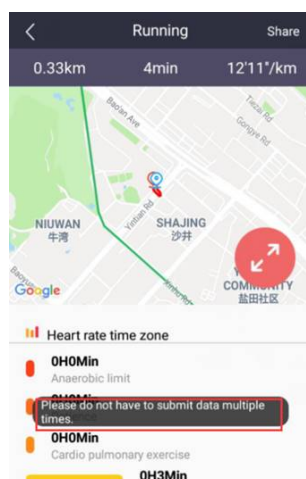


Fig.13

After uploading, you can view the corresponding sports data on Strava (See Fig. 14-17 below). Due to data processing, there will be differences between the data on Strava and the Multisport GPS Watch.

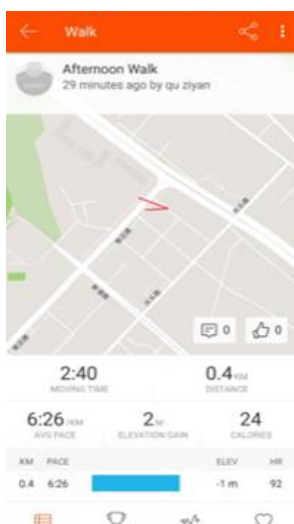


Fig.14



Fig.15

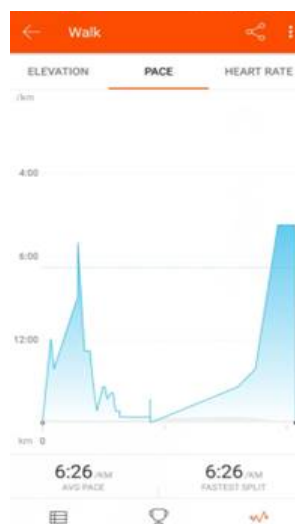


Fig.16



Fig.17

Unlinking Account

After connecting to Strava, the app will be linked. To change your details or unlink from Strava through the app, go to the "Me" interface personal's settings (iOS) or device settings (Android) as per Fig.18-19 below.



Fig.18

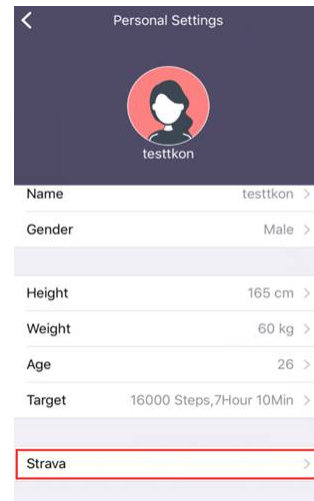


Fig.19

User manual is subject to change without notice. For the latest version of your user manual, please visit <https://www.kogan.com/usermanuals/>