

MAXXUS

Freestanding Punching Bag

170cm

GSMX-600082-00019-0001



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DEAR CUSTOMER,

Thank you for choosing our product. Please read this manual carefully to avoid any damage from improper use. If you share the product, be sure to pass on this manual.

General information

Please ensure that everyone using the device has read and understood the assembly and operating instructions. These instructions must be considered part of the product and kept in a safe place for future reference. Adhering strictly to the safety and maintenance instructions is crucial. Any deviation from these instructions may result in health issues, accidents, or damage to the device, for which the manufacturer and distributor cannot be held liable.

Assembly

Check that all parts and tools listed in the parts list are present. Some parts may be pre-assembled. Keep children and animals away from the assembly area. Tools, packaging materials (e.g., foil), or small parts may pose injury or suffocation risks. Ensure enough space to move during assembly. Before using the device for the first time, and at regular intervals, check the tightness of all screws, nuts, and other connections to ensure safe operation. Any use other than its intended purpose is not permitted and may result in accidents, health risks, or damage to the training device. The distributor is not liable for any damage caused by improper or inappropriate handling.

Personal safety

Before using the device, consult your family doctor to determine whether the training is suitable for you from a health perspective. This is particularly important for individuals with a hereditary predisposition to high blood pressure or heart disease, smokers, those with high cholesterol levels, overweight individuals, and those who have not exercised regularly in the past year. If you are taking medication that affects your heart rate, medical advice is essential. Excessive exercise can be harmful to your health. If you experience weakness, nausea, dizziness, pain, shortness of breath, or any other abnormal symptoms during training, stop immediately and consult a doctor.

As a general rule, sports equipment is not a toy. Unless otherwise stated, the equipment may only be used by one person at a time. It should be used as intended and by appropriately informed and instructed individuals. Children and persons with disabilities should only use the device under the supervision of someone who can assist and guide them. Measures should be taken to prevent unsupervised children from using the device. Ensure that no one stands or moves near the moving parts of the device during use.

Training environment

Set up the device on a flat, stable, and dry surface. If available, use adjustable parts of the device to compensate for uneven surfaces. To protect sensitive surfaces from pressure marks and dirt, place a floor protection mat underneath. Remove all objects within the required training radius before starting. Outdoor use or use in rooms with high humidity is not permitted.

Care, Cleaning & Maintenance

Cleaning

Clean your training device after each training session. Use only a slightly damp cloth for cleaning. Never use gasoline, thinner, or other aggressive cleaning products as they may damage the surface. The device is only suitable for private, indoor use. Keep the device clean and dry. Damage caused by body sweat or other liquids is not covered under warranty.

Maintenance

Check the screws and moving parts at regular intervals. The device should only be used for training if it is in proper working condition. For repairs or spare parts, contact customer service.

WARNING: The device must not be used until successfully repaired.

Disposal

Do not dispose of packaging materials, empty batteries, or parts of the device with household waste. Dispose of them in designated collection containers or at suitable collection points. Follow current regulations.

Assembly

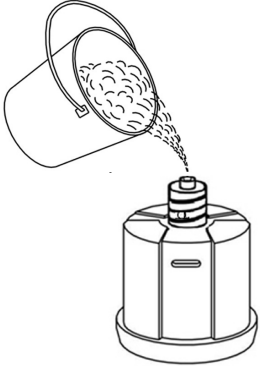
Carefully unpack all parts included in the delivery.

Proceed with the installation carefully, as damage or defects caused by installation errors are not covered by the warranty or guarantee under any circumstances. Therefore, read the instructions thoroughly before beginning and follow the installation steps in the exact sequence provided.

The installation of the training device must be carried out responsibly by adults.

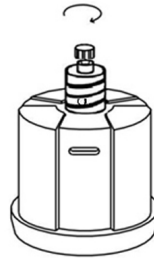
Step 1

Fill the base with either water or sand.



Step 2

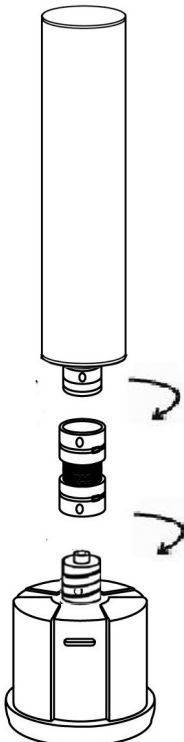
Place the cap on and tighten it securely.



Step 3

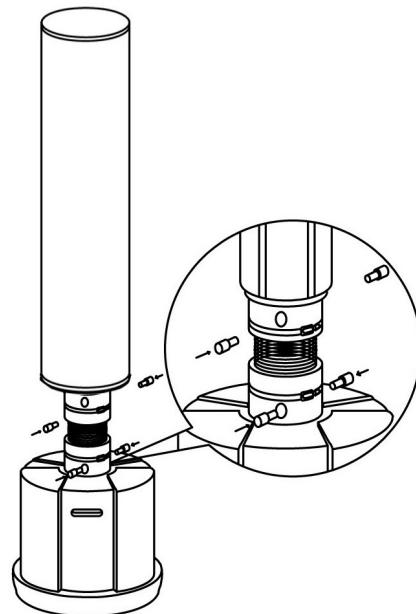
Attach the flexible rubber base attachment to the base, aligning the two holes on both the attachment and the base.

Next, connect the top center pole to the rubber base attachment, ensuring the holes on the bottom of the center pole align with the holes on the top of the rubber base attachment. Finally, tighten the cap securely.



Step 4

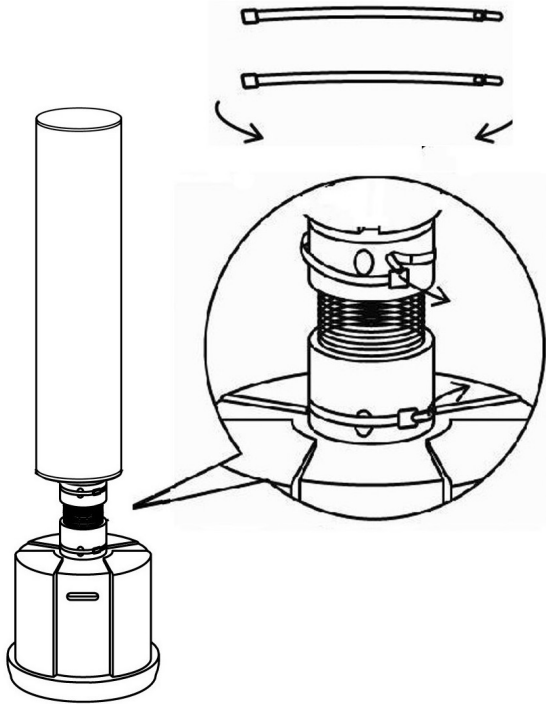
Secure the four holes (two at the top and two at the bottom) of the flexible rubber base attachment using the four rubber plugs on opposite sides to hold it in place.



Assembly

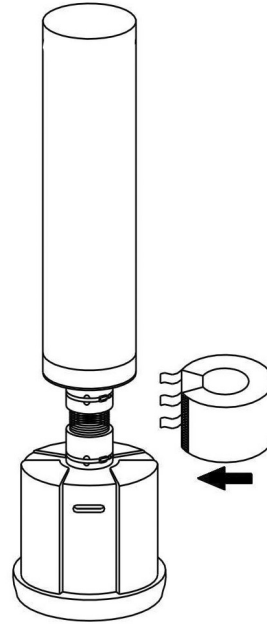
Step 5

Cover the four holes with rubber plugs, insert two steel clamps, and secure them tightly.



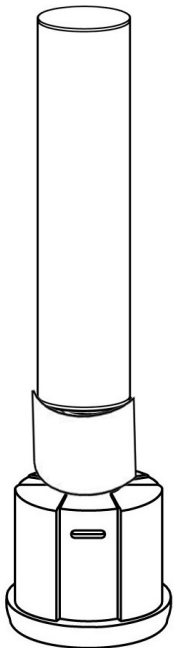
Step 6

Cover the top of the base attachment with the protective sleeve securely.



Step 7

The boxing stand is ready for use.



Please note that the stand can be tilted so the base is at a 45-degree angle, allowing it to be easily rolled to and from the workout area. This makes it more portable and helps keep it out of the way when not in use.

Warranty

The warranty for your device begins on the date of purchase and is valid for 24 months. It covers defects resulting from manufacturing or material faults for products purchased directly from Gorilla Sports GmbH or one of our authorized partners.

THE WARRANTY DOES NOT COVER:

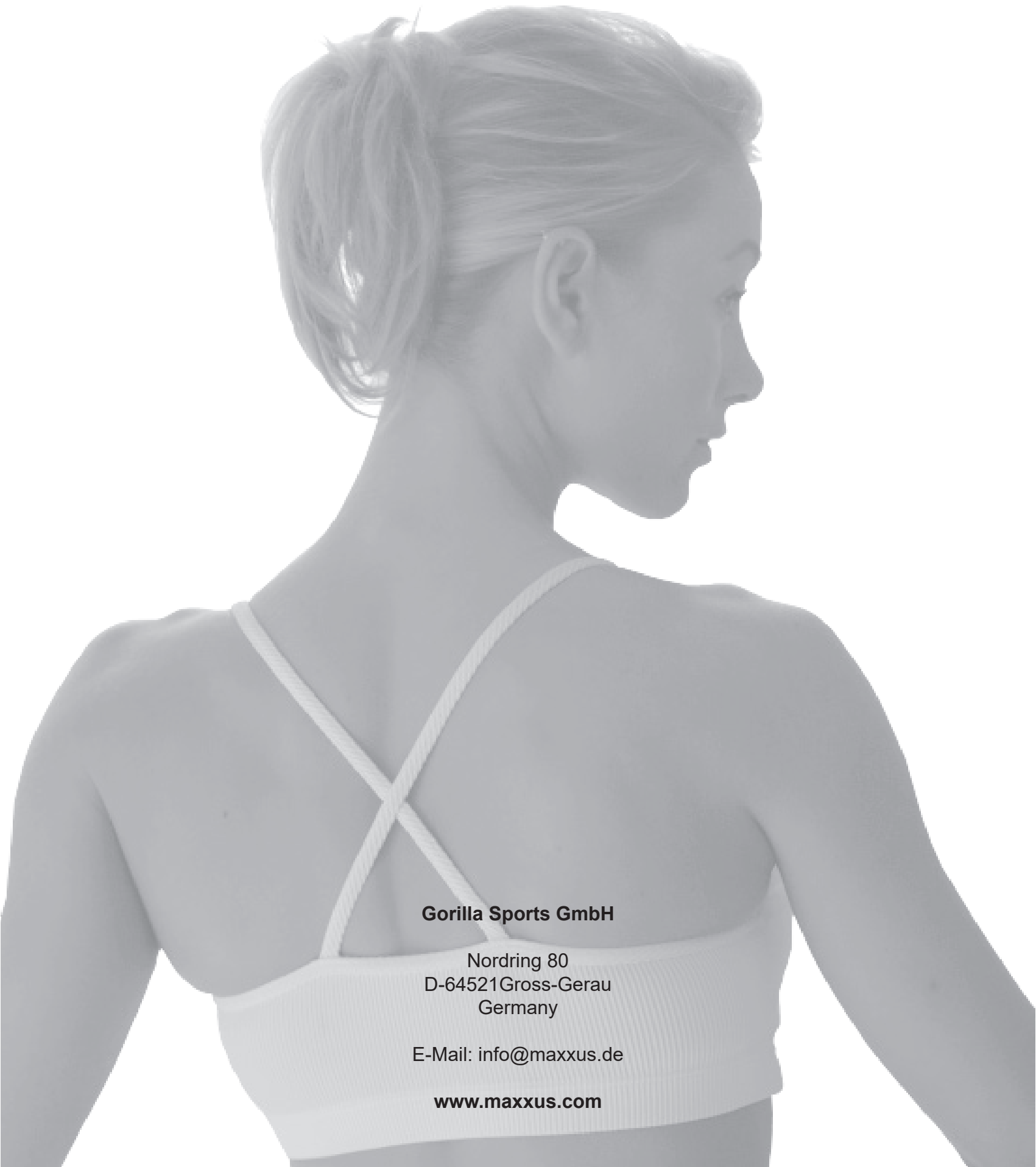
- Damage from improper use, negligence, or intentional harm
- Failure to perform maintenance or cleaning
- Normal wear and tear on parts like bearings, belts, rollers, etc.
- Damage caused by liquids, unauthorized repairs, or non-Gorilla Sports parts
- Issues arising from incorrect assembly
- Devices intended for home use that are used commercially or industrially

To ensure the best protection, we recommend keeping the original packaging during the warranty period in case you need to return the product. Please note that making a warranty claim does not extend the original warranty period.

Our Service Team is here to assist with any questions or concerns during your warranty period. To help us serve you as quickly as possible, please have the product name, date of purchase, and serial number available. Always keep your proof of purchase or invoice to ensure your service case is processed efficiently. Feel free to contact us!

MAXXUS

LEADING BEYOND FITNESS



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