

Withings

Smart Body Analyzer

The one-stop health tracking scale



Weight

Accurate weight measurement with Position Control™ (helps properly position your body for high-accuracy measurement).



Body Fat

Body fat tracking available in athlete and non-athlete mode: easily assess if you are losing fat or gaining muscle.



Heart Rate

Heart rate measurement by stepping on the scale. Track your standing resting heart rate without extra effort.



Air Quality

Air quality monitoring with automatic carbon dioxide (CO₂) and temperature readings every 30 minutes.



Wireless Sync

Automatically uploads your measurements over your Wi-Fi network or directly to your Bluetooth-enabled smartphone or tablet.



Health Mate App

Visualize your trends, set goals and monitor your progress with the free Withings Health Mate app for iOS and Android.



Multi-user Recognition

Track and automatically recognizes up to 8 different users. Weight measures are automatically recorded in the right user profile.



60+ Compatible Apps

Do more with your weight data thanks to a large variety of compatible health and fitness apps, including Runkeeper, LoseIt!, and MyFitnessPal.

Specifications

Scale

- Large, high-strength tempered glass platform
- Paint-free satin white casing
- Ultra slim design
- Dimensions: 320x320x23mm (12.8 x 12.8 x 0.9 in.)

Weight Sensors

- Four weight sensors
- Weighing range: 5 -> 180 kg (9 -> 396 lb)
- Patent pending body position detector for highly accurate weighing (Position Control™)
- 100g (0.2 lb) graduation

Display

- Large, easy-on-the-eye graphical display (2.4" x 1.6"), 128x64 pixels
- High-contrast lighting
- Weight units: kg, lb, stlb

Wireless

- Wi-Fi 802.11 b/g/n, compatible with WEP/WPA/WPA2-personal networks
- Bluetooth connectivity (Bluetooth Smart Ready)

Wireless

- Temperature and CO2 measurement
- Units: °C, °F for temperature and ppm (parts per million) for carbon dioxide
- Temperature Range: 59°F - 86°F (15°C - 30°C)
- Carbon dioxide range: 300ppm - 8000ppm
- Temperature accuracy: ± 1.5°C
- Carbon dioxide accuracy: ± 10%

Power supply

- 4x 1.5V Alkaline cells (AAA)
- Average battery lifetime of 1 year

Body Fat

- Bioelectrical Impedance Analysis
- Athlete and non-athlete mode
- Unit: body fat %

Storage and memory

- Free and unlimited online storage of weight readings
- Stores up to 116 readings if cannot sync wirelessly

Software requirements

- iPhone, iPad, or iPod touch with iOS 5 or later
- Android device with OS version 2.3.3 or later

Heart rate

- Patent-pending heart rate measurement technology
- Unit: bpm (beats per minute)

Apps

- Withings Health Mate app for iOS or Android
- Withings web dashboard
- 60 + compatible apps and services

In the box

- Wireless Scale
- 4x AAA Alkaline cells
- Carpet feet for high-accuracy weighing on any floor
- Quick Start Guide (english, french, german, italian, spanish)