

Leg & Foot Massager with Heat

Model NO. FT-081A

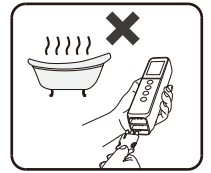
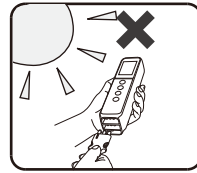
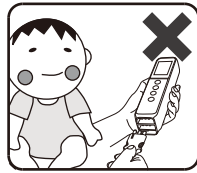
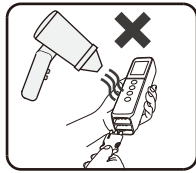
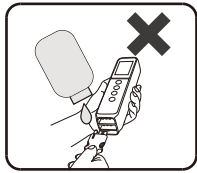
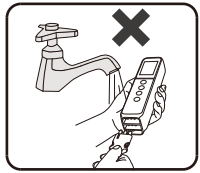


User Manual

Safety precautions

Warnings

1. Those with any of the following conditions or persons who are receiving medical treatment should consult the doctor before using the product:
 - (1) Using pacemaker or other medical devices which are susceptible to electrical interference;
 - (2) Suffering from malignant tumors;
 - (3) Suffering from cardiac diseases;
 - (4) Having serious peripheral neuropathy dysfunction or sensory disturbance caused by diabetes;
 - (5) Being unsuitable to do the massage because of traumas on the body;
2. Keep it out of the reach of infants, children, and people without the ability to use it independently.
3. Don't use another power adapter but the original one.
4. Don't scratch, damage, process, excessively bend, pull or twist the power cord of the power adapter. Otherwise, it may cause fire or electric shock.
5. It is not allowed to use when the power adapter dysfunctions or the plug is loose.
6. Don't plug or unplug the power adapter with wet hands.
7. Don't put the controller in the quilt or use the machine in high temperature condition.
8. It is forbidden to remodel, disassemble or repair the product without permission.



Cautions

1. Stop using it immediately if you feel unwell. Don't use it again before consulting the doctor.
2. Don't use it in the bathroom or other humid places.
3. Unplug the power adapter from the socket before you clean and maintain it.
4. Unplug the power adapter when you are not using it.
5. Don't walk around when you are using this item or wearing the sleeves.

Names of component

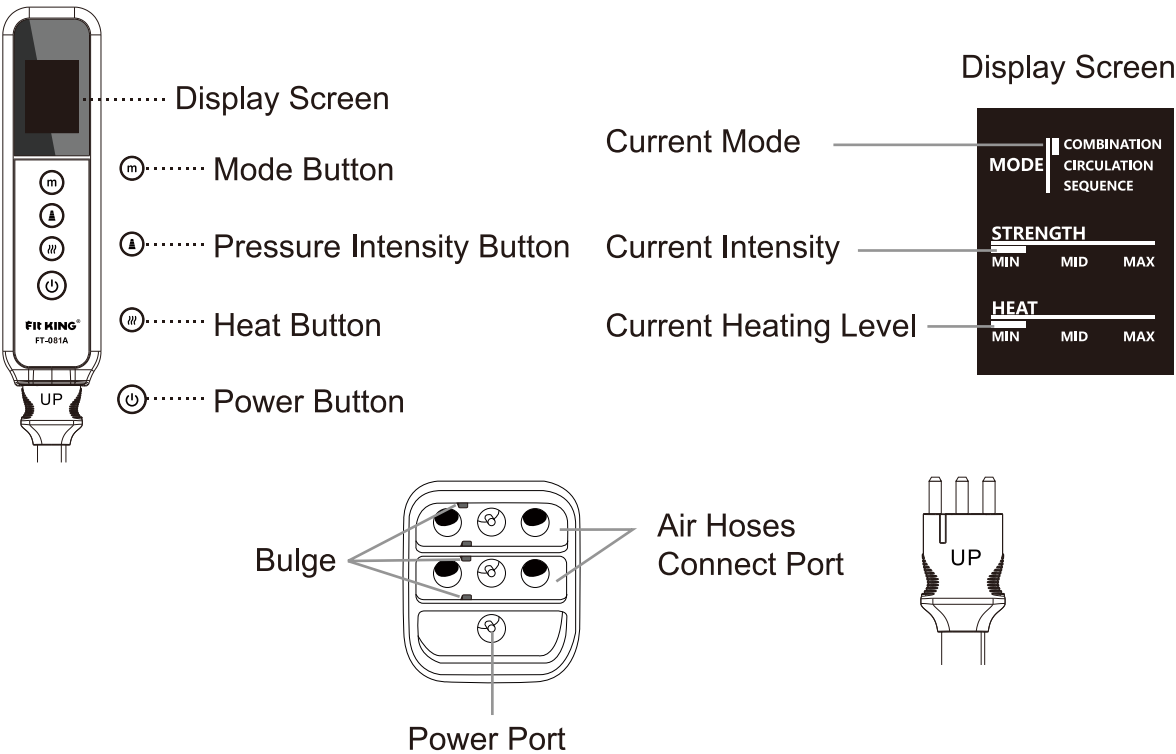


Diagram of the Controller

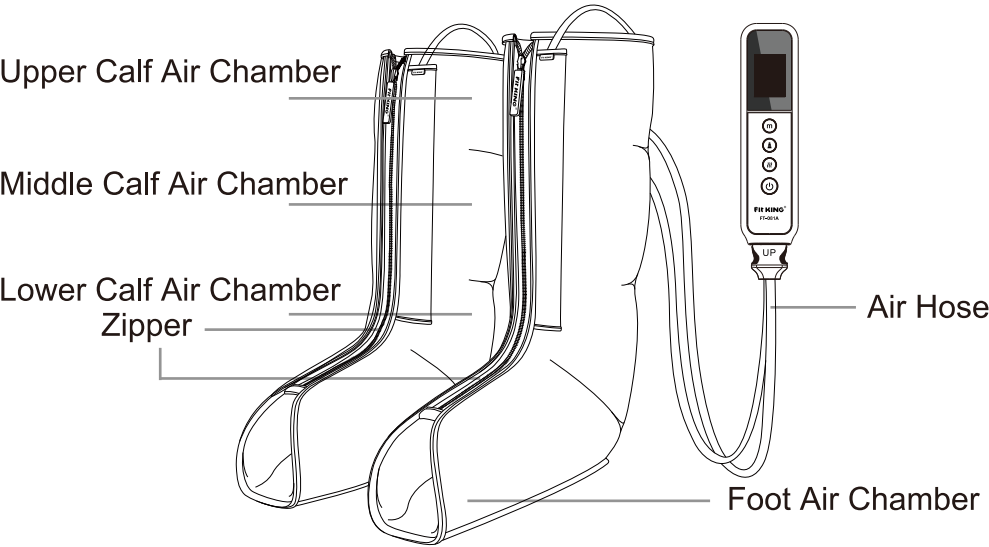


Diagram of the Sleeves

Specifications

Model	FT-081A
Name	Air Compression Leg Massager With Heat
AC/DC Adapter	AC Input: 100~240 Volts, AC 50/60Hz, DC Output: 12V 3A
Rated power	36 W
Timing	20 Minutes

FAQs

Q1: How does this product massage?

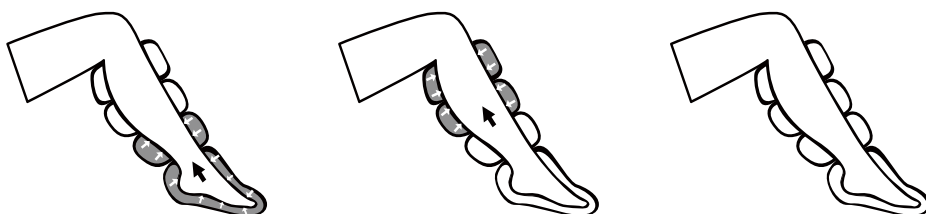
A1: There are 4 large airbag chambers in each sleeve (foot, lower calf , middle calf and upper calf) inflated and deflated with a sophisticated sequence to stimulate hand kneading and stroking, maximizes blood flow throughout the body to help with reduced muscle soreness or pains to the treated areas, and enhanced circulation.

Q2: How many massage modes, and what's the difference?

A2: There are 3 massage modes.

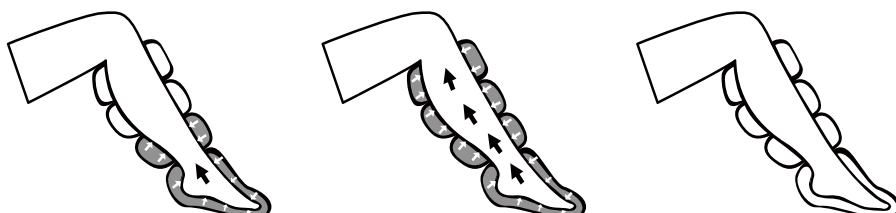
Mode1: Sequence Mode

Foot & Lower calf chamber compress and then release → Middle Calf & Upper Calf chamber compress and then release. There will be a brief rest period and then the cycle will begin again. This will repeat until the session time runs out.



Mode 2: Circulation Mode

Foot & Lower calf chamber compress and hold pressure → Middle Calf & Upper Calf chamber compress and hold pressure → all 4 chambers release at the same time. There will be a brief rest period and then the cycle will begin again. This will repeat until the session time runs out.



Mode 3: Combination Mode






Mode 1 and mode 2 runs alternately in this mode until the session time runs out.

Q3: What should I do if I feel the massage strength is too light or too tight?

A3: There are 3 levels of massage strength selectable via the control unit, please select the strength which is fit for you. If you still feel it's too strong at the lowest setting, please stop using the device, we suggest to consult your doctor before next use.

Usage

Cautions: Please read safety precautions carefully before using the product. In order to get better massage, please wear the sleeves properly.

1. Connect the adapter well with the outlet and the control unit.
2. Insert both air hoses into the controller correctly and completely.
3. Put the sleeves on your leg properly. There is no left-right difference between the sleeves.
4. Press the Power button  to start. It will begin with Mode 1 / Min air pressure strength / Heat off by default.
5. Press Mode button  to change the massage mode. 3 modes available, see the difference in FAQS A2.
6. Press Strength button  to adjust air pressure strength. 3 strength available.
* We suggest you start with the minimum level, gradually increase after you get used to it.
7. Press Heat button  to turn on the heat function, 3 levels available.
* The Heat can be turn on/off anytime per preference.
8. Press the Power Button  to turn it off.

Notes after use

9. Unplug the power adapter from the socket.
10. Pull out the plugs of the power adapter and air hoses from the bottom of the controller.
11. Pack all the accessories into the original package or into the storage bag.

■ Cleaning

Make sure to cut off the power when you clean the machine.

1. If dirty, please wipe the control unit, sleeves and hoses with a damp, clean cloth.
2. Dry thoroughly with a clean cloth.
3. Don't use gasoline, alcohol, diluent and other irritating liquid to wipe the machine in case it causes malfunction or the components are damaged or discolored.
4. Don't allow foreign matters to enter the hoses.
5. Don't dry clean.

■ Storage

- Keep it out of the reach of children.
- Don't disassemble the machine by yourself.
- Don't place it in high temperature and humidity condition.
- Avoid direct sunlight.
- Avoid needles puncture the air bags and hoses.
- Don't place heavy stuff on it.

■ Disposal

Please adhere to the local regulations when you dispose of the wasted.

■ Contact us

If you have any problem during use, please feel free to contact our after-sales service team at any time.

E-mail: service@ifitking.com

Note: Please write the order number together with the problems you meet in the email.